



# TAEKWONDO

# EVENT GUIDE



# WELCOME NOTE

## Welcome to RockOlympics 2025!

Dear RockStars,

It's time to step onto the grand stage of **RockOlympics 2025** - our most thrilling and competitive event yet! This is where **determination meets opportunity, talent meets challenge, and passion meets victory.**

At RockStar Academy, we believe that every child is **Born to Compete** - to **push their limits, embrace the journey, and discover their true potential.** RockOlympics is more than just a competition; it's a **test of resilience, sportsmanship, and the drive to be your best.**

This year, we're raising the bar:

- **More academies, more participants, and more intensity!**
- **New categories and expanded opportunities to shine!**
- **Bigger prizes, new sponsors, and world-class venues!**
- **Tennis & Ping Pong debut for even more competitive action!**

This is your time. **Step up, stand tall, and make your moment count.** The journey to greatness starts now!

**Let's compete, inspire, and make history together!**

See you in the arena!

Warmest regards,

**John Franklin**  
CEO, RockStar Academy

## COMPETITION STAGES

SYSTEM			
COMPETITIONS	INDIVIDUAL	TEAM	STAGES
Taekwondo	Knock-Out & Point-Based	X	Final

## SCHEDULE & VENUE

DATE	STAGE	EVENT	VENUE
10 May 2025	Final	Taekwondo	Tennis Court, RSA Gajah Mada Plaza

## REGISTRATION PERIOD

DATE	EVENT	EVENT FEE	PERIOD
10 May 2025	Taekwondo	Early Bird	15 April-4 May 2025
		Regular	5-7 May 2025
		Event Day	N/A

DATE	EVENT	EVENT FEE	PERIOD
10 May 2025	Poomsae	Early Bird	15 April-4 May 2025
		Regular	5-7 May 2025
		Event Day	10 May 2025

## REGISTRATION FEES

### MEMBERSHIPS

REGISTRATION PERIOD	VIP			PREMIERE		
	ALL ACADEMY EXCEPT PK & CS	23 PASKAL BANDUNG ONLY	CIPUTRA WORLD SURABAYA ONLY	ALL ACADEMY EXCEPT PK & CS	23 PASKAL BANDUNG ONLY	CIPUTRA WORLD SURABAYA ONLY
Early Bird	228,000 IDR	178,000 IDR	148,000 IDR	248,000 IDR	198,000 IDR	178,000 IDR
Regular	248,000 IDR	198,000 IDR	168,000 IDR	288,000 IDR	228,000 IDR	198,000 IDR
Event Day	268,000 IDR	228,000 IDR	188,000 IDR	338,000 IDR	248,000 IDR	228,000 IDR

# TAEKWONDO SCHEDULE

**SATURDAY, 10 MAY 2025 | ALL ACADEMIES**  
**TENNIS COURT, ROCKSTAR ACADEMY GAJAH MADA PLAZA**

**09.00 - 10.00** Pre-Registration Poomsae Gibon (White - Yellow) & Taegeuk 1 (Yellow Stripe - Hijau)

COURT <b>A</b>	TIME	CATEGORY	AGE
	10:00 - 11:00	Gibon (White - Yellow)	6 - 9 yo 10 - 13 yo 14 - 17 yo

COURT <b>B</b>	TIME	CATEGORY	AGE
	10:00 - 11:00	Taegeuk 1 (Yellow Stripe - Hijau)	6 - 9 yo 10 - 13 yo 14 - 17 yo

**Awarding Poomsae Gibon (White - Yellow) & Taegeuk 1 (Yellow Stripe - Hijau)**

**10.00 - 11.00** Pre-Registration Poomsae Taegeuk 3 (Hijau Stripe - Blue) & Taegeuk 5 (Blue Stripe - Poom)

COURT <b>A</b>	TIME	CATEGORY	AGE
	11:00 - 12:00	Taegeuk 3 (Hijau Stripe - Blue)	6 - 9 yo 10 - 13 yo 14 - 17 yo

COURT <b>B</b>	TIME	CATEGORY	AGE
	11:00 - 12:00	Taegeuk 5 (Blue Stripe - Poom)	6 - 9 yo 10 - 13 yo 14 - 17 yo

**Awarding Poomsae Taegeuk 3 (Hijau Stripe - Blue) & Taegeuk 5 (Blue Stripe - Poom)**

# TAEKWONDO SCHEDULE

**SATURDAY, 10 MAY 2025 | ALL ACADEMIES  
TENNIS COURT, ROCKSTAR ACADEMY GAJAH MADA PLAZA**

12.00 - 13.00 Pre-Registration Kyorugi 6-9 Boys & Girls			
<b>COURT A</b>	TIME	CATEGORY (BOYS)	AGE
	13:00 - 15:00	U.22	6 - 9 yo
		U.24	
		U.27	
		U.30	
		U.33	
		U.36	
		U.40	
O.40			
<b>COURT B</b>	TIME	CATEGORY (GIRLS)	AGE
	13:00 - 15:00	U.20	6 - 9 yo
		U.22	
		U.24	
		U.27	
		U.30	
		U.33	
		U.36	
O.36			
<b>Awarding Kyorugi 6-9 Boys &amp; Girls</b>			

# TAEKWONDO SCHEDULE

**SATURDAY, 10 MAY 2025 | ALL ACADEMIES  
TENNIS COURT, ROCKSTAR ACADEMY GAJAH MADA PLAZA**


14.00 - 15.00 Pre-Registration Kyorugi 10-13 Boys & Girls			
<b>COURT A</b>	TIME	CATEGORY (BOYS)	AGE
	15.00 - 17.00	U.33	10 - 13 yo
		U.37	
		U.41	
		U.45	
		U.49	
		U.53	
		U.57	
		U.61	
		U.65	
O.65			
<b>COURT B</b>	TIME	CATEGORY (GIRLS)	AGE
	15.00 - 17.00	U.29	10 - 13 yo
		U.33	
		U.37	
		U.41	
		U.44	
		U.47	
		U.51	
		U.55	
		U.59	
O.59			
<b>Awarding Kyorugi 10-13 Boys &amp; Girls</b>			

# TAEKWONDO SCHEDULE

**SATURDAY, 10 MAY 2025 | ALL ACADEMIES  
TENNIS COURT, ROCKSTAR ACADEMY GAJAH MADA PLAZA**

16.00 - 17.00 Pre-Registration Kyorugi 14-17 Boys & Girls			
<b>COURT A</b>	TIME	CATEGORY	AGE
	17.00 - 18.00	U.48	14 - 17 yo
		U.55	
		U.63	
		U.73	
O.73			
<b>COURT B</b>	TIME	CATEGORY	AGE
	17.00 - 18.00	U.44	14 - 17 yo
		U.49	
		U.55	
		U.63	
O.63			
<b>Awarding Kyorugi 14-17 Boys &amp; Girls</b>			

## EVENT FEE

Genre	Category	Age Group	Remarks	Registration Fee	
 <b>TAEKWONDO</b>	1. Poomsae Individual Boy & Girls - Gibon	6+ yrs	Individual; White & Yellow Belt	228,000 IDR	per student
	2. Poomsae Individual Boy & Girls - Taeguk 1	6+ yrs	Individual; Yellow Stripe & Green Belt	228,000 IDR	per student
	3. Poomsae Individual Boy & Girls - Taeguk 3	6+ yrs	Individual; Green Stripe - Blue Belt	228,000 IDR	per student
	4. Poomsae Individual Boy & Girls - Taeguk 5	6+ yrs	Individual; Blue Stripe - Poom	228,000 IDR	per student
	5. Kyorugi Individual Boy - 6-9 yrs	6 - 9 yrs	Individual; Age Dependent	228,000 IDR	per student
	6. Kyorugi Individual Boy - 10-13 yrs	10 - 13 yrs	Individual; Age Dependent	228,000 IDR	per student
	7. Kyorugi Individual Boy - 14-17 yrs	14 - 17 yrs	Individual; Age Dependent	228,000 IDR	per student
	8. Kyorugi Individual Girl- 6-9 yrs	6 - 9 yrs	Individual; Age Dependent	228,000 IDR	per student
	9. Kyorugi Individual Girl - 10-13 yrs	10 - 13 yrs	Individual; Age Dependent	228,000 IDR	per student
	10. Kyorugi Individual Girl - 14-17 yrs	14 - 17 yrs	Individual; Age Dependent	228,000 IDR	per student



# REGISTRATION

1. Participants must register at the Front Office (see General Procedures).
2. All participant must fill the form such as Name, Age, Gender, Category (Poomsae or Kyorugi) Present Belt, Height, Weight, Academy, attach with doctor's note (with weight and height information) and Present Belt Certificate for proof and a doctor letter with a weight details (Valid - max 2 weeks prior the event).
3. Registration will be closed 3 days before the day of event.
4. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
5. Participants must present the proof of payment/registration receipt to the committee on re-registration and receive a chest number.
6. Participants must check and confirm the competition schedule.
7. Participants are required to wait at the designated area and wait to be called by the committee.
8. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not presenting Doctor Letter or the date of the weight check up is more than 2 week prior the Event day.
  - Inappropriate / bully behaviors: physical, emotional, taunting, calling names, talking about one another, etc. If you are a victim of this behavior, you must come to a teacher or Manager immediately so we can address this issue. Do not wait!

# SYSTEM & CODE OF CONDUCTS

1. There are 3 rounds: Elimination - Semi Final - Final.
2. The system being used is Knock-Out or Single elimination (Based on Olympic Competition Games and World Taekwondo 2023 Competition Rules).
3. In all categories, instructing is not allowed. Instructing is considered to be communication, advice or instruction of any kind, audible or visible, to a player while the game is played.
4. Only official and players are allowed to stand by inside Sport area. Parents and spectators are not allowed to get inside the court. Parents and spectators can watch the game outside of the court.
5. Competition officials and volunteers will not tolerate any verbal abusive language and or physical threats. Competition organizers and the facilities are not responsible for any injuries or accidents incurred during the tournament, or for lost and damaged items.

# COMPETITION RULES & REGULATIONS

1. All participants must wear the chest number and make sure that it matches by their bracket. Competition system is on Point-Based Olympic Competition Games approved by World
2. Taekwondo.
3. Score :
  - Valid body punch 1 Point
  - Valid Body (Direct ) 2 Point
  - Valid Head (Direct ) 3 Point
  - Valid Body (Turning ) 4 Point
  - Valid Head (Turning ) 5 Point
4. Timing System each by round :
  - Round 1 there's will be 45 second with break time 15 second per round.
  - (point system gap 25: 0 or 15 :0 by each match).
5. Use system Best of 3  
Example: A vs B  
1<sup>st</sup> round - A win  
2<sup>nd</sup> round - A win  
(A will be the winner)  
  
Example: A vs B  
1<sup>st</sup> round - A win.  
2<sup>nd</sup> round - B win.  
3<sup>rd</sup> round as the final battle to choose the winner.  
Each round duration: 45 sec.

## UNIFORM

1. All participants must wear Taekwondo attire (Dobok) with belt.
2. All participants must have a protector's equipment:
  - Body Protector.
  - Arms guard.
  - Shins guard.
  - Genital guard (Boy and Girl) Gum shield.
  - Head guard.
  - Taekwondo Gloves armor (optional).
3. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.
4. All participants are not allowed to have long nails. Make sure that nails are well-cut before the competitions.
5. All regulations are fully supervised by Indonesia Taekwondo Association.

## VENUE

**TENNIS COURT, ROCKSTAR ACADEMY GAJAH MADA PLAZA**



## AWARDING CEREMONY

1. Awarding Ceremony will be done after each age category match.
2. Winners for each category: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> & 4<sup>th</sup> Positions (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).



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