



**Rock Olympics** 2025  
**BORN TO COMPETE!**

**SWIMMING**

U7 | U12 | U16 | U18

**EVENT GUIDE**



# WELCOME NOTE

## Welcome to RockOlympics 2025!

Dear RockStars,

It's time to step onto the grand stage of **RockOlympics 2025** - our most thrilling and competitive event yet! This is where **determination meets opportunity, talent meets challenge, and passion meets victory.**

At RockStar Academy, we believe that every child is **Born to Compete** - to **push their limits, embrace the journey, and discover their true potential.** RockOlympics is more than just a competition; it's a **test of resilience, sportsmanship, and the drive to be your best.**

This year, we're raising the bar:

- **More academies, more participants, and more intensity!**
- **New categories and expanded opportunities to shine!**
- **Bigger prizes, new sponsors, and world-class venues!**
- **Tennis & Ping Pong debut for even more competitive action!**

This is your time. **Step up, stand tall, and make your moment count.** The journey to greatness starts now!

**Let's compete, inspire, and make history together!**

See you in the arena!

Warmest regards,

**John Franklin**  
CEO, RockStar Academy

## COMPETITION STAGES

SYSTEM			
COMPETITIONS	INDIVIDUAL	TEAM	STAGES
Swimming	Time - Based	X	Semi Final - Final

## SCHEDULE & VENUE

DATE	STAGE	VENUE
11 May 2025	Semi Final	Swimming Pool, RockStar Academy Kota Kasablanka
25 May 2025	Final	

## REGISTRATION PERIOD

DATE	EVENT	EVENT FEE	PERIOD
11 May 2024	Swimming	Early Bird	15 April-4 May 2025
		Regular	12-16 May 2025
		Event Day	17 May 2025

## REGISTRATION FEES

### MEMBERSHIPS

REGISTRATION PERIOD	VIP			PREMIERE		
	ALL ACADEMY EXCEPT PK & CS	23 PASKAL BANDUNG ONLY	CIPUTRA WORLD SURABAYA ONLY	ALL ACADEMY EXCEPT PK & CS	23 PASKAL BANDUNG ONLY	CIPUTRA WORLD SURABAYA ONLY
Early Bird	188,000 IDR	158,000 IDR	138,000 IDR	218,000 IDR	188,000 IDR	158,000 IDR
Regular	218,000 IDR	178,000 IDR	158,000 IDR	238,000 IDR	218,000 IDR	178,000 IDR
Event Day	238,000 IDR	198,000 IDR	178,000 IDR	258,000 IDR	238,000 IDR	198,000 IDR

# SWIMMING SCHEDULE SEMI-FINAL

ALL ACADEMIES

SWIMMING POOL, ROCKSTAR ACADEMY KOTA KASABLANKA

<p style="text-align: center;"><b>Sunday, 11 May 2025</b></p>	PRE-REGISTRATION	COMPETITION	CATEGORY
	07.00 - 08.00	08.00 - 09.00	<p>1. Mom &amp; Me L2</p> <ul style="list-style-type: none"> <li>Swimming Challenge</li> <li>Swimming Kicking with board 25 meter</li> </ul>
	08.00 - 09.00	09.00 - 10.00	<p>2. Mom &amp; Me L3</p> <ul style="list-style-type: none"> <li>Swimming Challenge</li> <li>25m Dogs Paddles</li> </ul>
	10.00 - 11.00	11.00 - 12.00	<p>3. U7 Boys 25m</p> <ul style="list-style-type: none"> <li>Board Kick</li> <li>Freestyle</li> <li>Backstroke</li> <li>Breaststroke</li> </ul>
	11.00 - 12.00	12.00 - 13.00	<p>4. U7 Girls 25m</p> <ul style="list-style-type: none"> <li>Board Kick</li> <li>Freestyle</li> <li>Backstroke</li> <li>Breaststroke</li> </ul>
	12.00 - 13.00	13.00 - 14.00	<p>5. U12 Boys 50m</p> <ul style="list-style-type: none"> <li>Freestyle</li> <li>Backstroke</li> <li>Breaststroke</li> <li>Butterfly</li> </ul>
	12.00 - 13.00	13.00 - 14.00	<p>6. U12 Girls 50m</p> <ul style="list-style-type: none"> <li>Freestyle</li> <li>Backstroke</li> <li>Breaststroke</li> <li>Butterfly</li> </ul>

# SWIMMING SCHEDULE SEMI-FINAL

ALL ACADEMIES

SWIMMING POOL, ROCKSTAR ACADEMY KOTA KASABLANKA

Sunday, 11 May 2025	PRE-REGISTRATION	COMPETITION	CATEGORY
	14.00 - 15.00	15.00 - 15.30	7. U16/18 Boys 50m • Freestyle • Backstroke • Breaststroke • Butterfly
	14.30 - 15.30	15.30 - 16.30	8. U16/18 Girls 50m • Freestyle • Backstroke • Breaststroke • Butterfly

# SWIMMING SCHEDULE FINAL

## ALL ACADEMIES

### SWIMMING POOL, ROCKSTAR ACADEMY KOTA KASABLANKA

<b>Sunday, 25 May 2025</b>	PRE-REGISTRATION	COMPETITION	CATEGORY
	07.00 - 08.00	08.00 - 09.00	<b>1. Mom &amp; Me L2</b> <ul style="list-style-type: none"> <li>• Swimming Challenge</li> <li>• Swimming Kicking with board 25 meter</li> </ul>
	08.00 - 09.00	09.00 - 10.00	<b>2. Mom &amp; Me L3</b> <ul style="list-style-type: none"> <li>• Swimming Challenge</li> <li>• 25m Dogs Paddles</li> </ul>
	10.00 - 11.00	11.00 - 12.00	<b>3. U7 Boys 25m</b> <ul style="list-style-type: none"> <li>• Board Kick</li> <li>• Freestyle</li> <li>• Backstroke</li> <li>• Breaststroke</li> </ul>
	11.00 - 12.00	12.00 - 13.00	<b>4. U7 Girls 25m</b> <ul style="list-style-type: none"> <li>• Board Kick</li> <li>• Freestyle</li> <li>• Backstroke</li> <li>• Breaststroke</li> </ul>
	12.00 - 13.00	13.00 - 14.00	<b>5. U12 Boys 50m</b> <ul style="list-style-type: none"> <li>• Freestyle</li> <li>• Backstroke</li> <li>• Breaststroke</li> <li>• Butterfly</li> </ul>
	12.00 - 13.00	13.00 - 14.00	<b>6. U12 Girls 50m</b> <ul style="list-style-type: none"> <li>• Freestyle</li> <li>• Backstroke</li> <li>• Breaststroke</li> <li>• Butterfly</li> </ul>

# SWIMMING SCHEDULE FINAL

## ALL ACADEMIES

### SWIMMING POOL, ROCKSTAR ACADEMY KOTA KASABLANKA

Sunday, 25 May 2025	PRE-REGISTRATION	COMPETITION	CATEGORY
	14.00 - 15.00	15.00 - 15.30	7. U16/18 Boys 50m • Freestyle • Backstroke • Breaststroke • Butterfly
	14.30 - 15.30	15.30 - 16.30	8. U16/18 Girls 50m • Freestyle • Backstroke • Breaststroke • Butterfly

# EVENTS PER GENRE

GENRE	CATEGORY	AGE GROUP	REMARKS	REGISTRATION FEE	
 <b>SWIMMING</b>	1. Intermediate (3-4 yrs)	3 - 4 yrs	Individual; Mom & Me	188,000 IDR	per student
	2. Advanced (5-6 yrs)	5 - 6 yrs	Individual; Mom & Me	188,000 IDR	per student
	3. U7 Boys Board Kick	6 - 7 yrs	Individual	188,000 IDR	per student
	4. U7 Girls Board Kick	6 - 7 yrs	Individual	188,000 IDR	per student
	5. U12 Boys Butterfly	8 - 12 yrs	Individual	188,000 IDR	per student
	6. U12 Girls Butterfly	8 - 12 yrs	Individual	188,000 IDR	per student
	7. U16/18 Boys Butterfly	13+ yrs	Individual	188,000 IDR	per student
	8. U16/18 Girls Butterfly	13+ yrs	Individual	188,000 IDR	per student
	9. U7 Boys Freestyle	6 - 7 yrs	Individual	188,000 IDR	per student
	10. U7 Girls Freestyle	6 - 7 yrs	Individual	188,000 IDR	per student
	11. U12 Boys Freestyle	8 - 12 yrs	Individual	188,000 IDR	per student
	12. U12 Girls Freestyle	8 - 12 yrs	Individual	188,000 IDR	per student
	13. U16/18 Boys Freestyle	13+ yrs	Individual	188,000 IDR	per student
	14. U16/18 Girls Freestyle	13+ yrs	Individual	188,000 IDR	per student
	15. U7 Boys Backstroke	6 - 7 yrs	Individual	188,000 IDR	per student
	16. U7 Girls Backstroke	6 - 7 yrs	Individual	188,000 IDR	per student
	17. U12 Boys Backstroke	8 - 12 yrs	Individual	188,000 IDR	per student
	18. U12 Girls Backstroke	8 - 12 yrs	Individual	188,000 IDR	per student
	19. U16/18 Boys Backstroke	13+ yrs	Individual	188,000 IDR	per student
	20. U16/18 Girls Backstroke	13+ yrs	Individual	188,000 IDR	per student
	21. U7 Boys Breaststroke	6 - 7 yrs	Individual	188,000 IDR	per student
	22. U7 Girls Breaststroke	6 - 7 yrs	Individual	188,000 IDR	per student
	23. U12 Boys Breaststroke	8 - 12 yrs	Individual	188,000 IDR	per student
	24. U12 Girls Breaststroke	8 - 12 yrs	Individual	188,000 IDR	per student
	25. U16/18 Boys Breaststroke	13+ yrs	Individual	188,000 IDR	per student
	26. U16/18 Girls Breaststroke	13+ yrs	Individual	188,000 IDR	per student



## REGISTRATION

1. Participants must register at the Front Office (see General Procedures).
2. On the day of the event, participants must re-register at the registration room, minimum one (1) hour before the competition starts.
3. Participants must present the proof of payment/registration receipt to the committee on re-registration and receive an identity wristband.
4. Participants must check and confirm the competition schedule.
5. Participants are required to wait at the designated area and wait to be called by the committee.
6. Disqualification will be given to participants who are late and are not able to present themselves after being called three (3) times.
7. Disqualification results will be announced after the competition.

## SYSTEM

1. All swimming competitions use Time-Based system.
2. A rematch will be done in case of a draw (same finish time).

## COMPETITION REGULATIONS

1. Stroke Development Participants must listen to the instruction & cue to start.
2. Participants who start before the instruction & cue to start will be disqualified.
3. Participants who do not exercise the correct style will be disqualified.
4. Participants are required to finish by using both hands for breaststroke and butterfly styles.
5. Those who do not follow these requirements will be disqualified.
6. Participants must reach the finish line.
7. Disqualifications will not apply to all U7 participants.

# COMPETITION PROCEDURES

## Mom & Me Level 2

Participants must be assisted by one parent/ guardian Skills to be performed:

### 1<sup>st</sup> Stage:

- Start with knee position.
- Front kick and bubbles with board.
- Up to the matt.
- Back kick with board to Finish.

### 2<sup>st</sup> Stage:

- Start with knee position.
- Kicking and bubbles with board - 25m until finish line.

## Mom & Me Level 3

Participants must be assisted by one parent/ guardian Skills to be performed:

### 1<sup>st</sup> Stage:

- Start with Backstroke position.
- Back kick with board.
- Up to the matt.
- Front kick and bubbles with board
- Finish.

### 2<sup>st</sup> Stage:

- Start with knee position.
- Dog paddles - 25m until finish line.

## U7

Styles: Board Kick, Free Style, Back Stroke, Breaststroke Distance: 25m.

## U12

Styles: Freestyle, Back Stroke, Breaststroke, Butterfly Distance: 50m.

## U16/18

Styles: Freestyle, Back Stroke, Breaststroke, Butterfly Distance: 50m.

# UNIFORM

## ATTIRE

Participants (including parents for Mom & Me category) must wear a proper swimsuit, goggles, and swim.

## VENUE

**SWIMMING POOL, ROCKSTAR ACADEMY KOTA KASABLANKA**



## AWARDING CEREMONY

1. Awarding Ceremony will be done after each age category match.
2. Winners for each category: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Positions (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).



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