



Rock Olympics 2024
CULTIVATING TALENTS

TAEKWONDO

WELCOME NOTE

Welcome to RockOlympics 2024!

At RockStar Academy, we are committed to cultivating talents, and RockOlympics serves as an extraordinary platform for our students to showcase their skills and create lasting memories.

We firmly believe that participation in this event offers our students valuable experiences and fosters essential qualities such as discipline, respect, friendship, leadership, teamwork, and resilience. RockOlympics is not just about competition; it's about instilling important life lessons and values in our students.

This year's RockOlympics promises to be the biggest and best yet, with exciting new additions including:

- Baby Competitions in Walker, Jumper & Tots Gym
- Dance Move & Groove Competitions
- Parkour Speed & Freestyle Competitions
- Individual Singing Competitions
- Semi-Finals & Finals held in the Mall Atrium
- Best Costume Awards for the Performing Arts Individual & Team Competitions

Additionally, our students in performance arts programs will have the opportunity to perform in the Neo Atrium of Neo Soho Mall during both the Semi-Finals and Grand Finals.

We want to extend our best wishes to all the students participating in RockOlympics 2024. Let's continue to cultivate the talents of our future life champions!

Warmest regards,

John Franklin
CEO, RockStar Academy

COMPETITION STAGES

COMPETITIONS	SYSTEM		STAGES
	INDIVIDUAL	TEAM	
TAEKWONDO	Knock-Out & Point-based	X	Semi Final - Final

SCHEDULE

DATE	STAGE	EVENT	VENUE
25 May 2024	Semi Final - Final	Taekwondo	RSA Lippo Mall Puri

REGISTRATION

DATE	EVENT	EVENT FEE	PERIOD
25 May 2024	Taekwondo	Early Bird	1 - 19 May 2024
		Regular	20 - 22 May 2024
		Event Day	N/A

REGISTRATION FEES

Registration Period	VIP		Premiere	
	All Academy (except PK)	23 Paskal Only	All Academy (except PK)	23 Paskal Only
Early Bird	188,000 IDR	158,000 IDR	238,000 IDR	188,000 IDR
Regular	238,000 IDR	188,000 IDR	288,000 IDR	238,000 IDR

TAEKWONDO SCHEDULE

Saturday, 25 May 2024 - ALL ACADEMIES - Sports Court RSA Lippo Mall Puri

09.00 - 10.00

Pre-Registration Poomsae Gibon (White - Yellow) & Taegeuk 1 (Yellow Stripe - Hijau)

COURT A	TIME	CATEGORY	AGE
	10.00 - 11.00	Gibon (White - Yellow)	6 - 9 yo 10 - 13 yo 14 - 17 yo
COURT B	TIME	CATEGORY	AGE
	10.00 - 11.00	Taegeuk 1 (Yellow Stripe - Hijau)	6 - 9 yo 10 - 13 yo 14 - 17 yo

Awarding Poomsae Gibon (White - Yellow) & Taegeuk 1 (Yellow Stripe - Hijau)

10.00 - 11.00

Pre-Registration Poomsae Taegeuk 3 (Hijau Stripe - Blue) & Taegeuk 5 (Blue Stripe - Poom)

COURT A	TIME	CATEGORY	AGE
	11.00 - 12.00	Taegeuk 3 (Hijau Stripe - Blue)	6 - 9 yo 10 - 13 yo 14 - 17 yo
COURT B	TIME	CATEGORY	AGE
	11.00 - 12.00	Taegeuk 5 (Blue Stripe - Poom)	6 - 9 yo 10 - 13 yo 14 - 17 yo

Awarding Poomsae Taegeuk 3 (Hijau Stripe - Blue) & Taegeuk 5 (Blue Stripe - Poom)

TAEKWONDO SCHEDULE

Saturday, 25 May 2024 - ALL ACADEMIES - Sports Court RSA Lippo Mall Puri

12.00 - 13.00			
Pre-Registration Kyorugi 6-9 Boys & Girls			
COURT A	TIME	MALE	AGE
	13.00 - 15.00	U.22 U.24 U.27 U.30 U.33 U.36 U.40 0.40	6 -9 yo
COURT B	TIME	FEMALE	AGE
	13.00 - 15.00	U.20 U.22 U.24 U.27 U.30 U.33 U.36 0.36	6 -9 yo
Awarding Kyorugi 6-9 Boys & Girls			

TAEKWONDO SCHEDULE

Saturday, 25 May 2024 - ALL ACADEMIES - Sports Court RSA Lippo Mall Puri

14.00 - 15.00		Pre-Registration Kyorugi 10-13 Boys & Girls		
COURT A	TIME	MALE	AGE	
	15.00 - 17.00	U.33 U.37 U.41 U.45 U.49 U.53 U.57 U.61 U.65 0.65	10 -13 yo	
COURT B	TIME	FEMALE	AGE	
	15.00 - 17.00	U.33 U.37 U.41 U.45 U.49 U.53 U.57 U.61 U.65 0.65	10 -13 yo	

Awarding Kyorugi 10-13 Boys & Girls

TAEKWONDO SCHEDULE

Saturday, 25 May 2024 - ALL ACADEMIES - Sports Court RSA Lippo Mall Puri

16.00 - 17.00		Pre-Registration Kyorugi 14-17 Boys & Girls		
COURT A	TIME	MALE	AGE	
	17.00 - 18.00	U.48 U.55 U.63 U.73 O.73	14 -17 yo	
COURT B	TIME	FEMALE	AGE	
	17.00 - 18.00	U.44 U.49 U.55 U.63 O.63	14 -17 yo	
Awarding Kyorugi 14-17 Boys & Girls				

EVENT FEE

GENRE	CATEGORY	AGE GROUP	REMARKS	REGISTRATION FEE
Taekwondo	Poomsae Individual Boys & Girls - Gibon	6+ yrs	Individual; White & Yellow Belt	188,000 IDR per student
	Poomsae Individual Boys & Girls - Taeguk 1	6+ yrs	Individual; Yellow Stripe & Green Belt	188,000 IDR per student
	Poomsae Individual Boys & Girls - Taeguk 3	6+ yrs	Individual; Green Stripe - Blue Belt	188,000 IDR per student
	Poomsae Individual Boys & Girls - Taeguk 5	6+ yrs	Individual; Blue Stripe - Poom	188,000 IDR per student
	Kyorugi Individual Boys - 6-9 yrs	6 - 9 yrs	Individual; Age Dependent	188,000 IDR per student
	Kyorugi Individual Boy - 10-13 yrs	10 - 13 yrs	Individual; Age Dependent	188,000 IDR per student
	Kyorugi Individual Boys - 14-17 yrs	14- 17 yrs	Individual; Age Dependent	188,000 IDR per student
	Kyorugi Individual Girls - 6-9 yrs	6 - 9 yrs	Individual; Age Dependent	188,000 IDR per student
	Kyorugi Individual Girls - 10-13 yrs	10 - 13 yrs	Individual; Age Dependent	188,000 IDR per student
	Kyorugi Individual Girls - 14-17 yrs	14- 17 yrs	Individual; Age Dependent	188,000 IDR per student

REGISTRATION

1. Participants must register at the Front Office (see General Procedures).
2. All participant must fill the form such as Name, Age, Gender, Category (Poomsae or Kyorugi) Present Belt, Height, Weight, Academy, attach with doctor's note (with weight and height information) and Present Belt Certificate for proof and a doctor letter with a weight details (Valid - max 2 weeks prior the event).
3. Registration will be closed 3 days before the day of event.
4. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
5. Participants must present the proof of payment/registration receipt to the committee on re-registration and receive a chest number.
6. Participants must check and confirm the competition schedule.
7. Participants are required to wait at the designated area and wait to be called by the committee.
8. Disqualification will be given to participants who are:
 - Late and are not able to present themselves after being called three (3) times.
 - Not presenting Doctor Letter or the date of the weight check up is more than 2 weeks prior the Event day.
 - Inappropriate / bully behaviors: physical, emotional, taunting, calling names, talking about one another, etc. If you are a victim of this behavior, you must come to a teacher or Manager immediately so we can address this issue. Do not wait!

SYSTEM & CODE OF CONDUCTS

1. There are 3 rounds: Elimination - Semi Final - Final.
2. The system being used is Knock-Out or Single elimination (Based on Olympic Competition Games and World Taekwondo 2023 Competition Rules).
3. In all categories, instructing is not allowed. Instructing is considered to be communication, advice or instruction of any kind, audible or visible, to a player while the game is played.
4. Only official and players are allowed to stand by inside Sport area. Parents and spectators are not allowed to get inside the court. Parents and spectators can watch the game outside of the court.
5. Competition officials and volunteers will not tolerate any verbal abusive language and or physical threats. Competition organizers and the facilities are not responsible for any injuries or accidents incurred during the tournament, or for lost and damaged items.

COMPETITION RULES & REGULATIONS

1. All participants must wear the chest number and make sure that it matches by their bracket.
2. Competition system is on Point-Based Olympic Competition Games approved by World Taekwondo.
3. Score :
 - Valid body punch 1 Point
 - Valid Body (Direct) 2 Point
 - Valid Head (Direct) 3 Point
 - Valid Body (Turning) 4 Point
 - Valid Head (Turning) 5 Point
4. Timing System each by round :
 - Round 1 there's will be 45 second with break time 15 second per round.
 - (point system gap 25: 0 or 15 :0 by each match).
5. Use system Best of 3
Example: A vs B
1st round - A win
2nd round - A win
(A will be the winner)

Example: A vs B
1st round - A win.
2nd round - B win.
3rd round as the final battle to choose the winner.
Each round duration: 45 sec.

UNIFORM

1. All participants must wear Taekwondo attire (Dobok) with belt.
2. All participants must have a protector's equipment:
 - Body Protector.
 - Arms guard.
 - Shins guard.
 - Genital guard (Boy and Girl) Gum shield.
 - Head guard.
 - Taekwondo Gloves armor (optional).
3. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.
4. All participants are not allowed to have long nails. Make sure that nails are well-cut before the competitions.
5. All regulations are fully supervised by Indonesia Taekwondo Association.

MEDAL CEREMONY

1. Medal Ceremony will be done after each Event.
2. Winners for each category: 1st Position (Gold), 2nd Position (Silver), 3rd & 4th Positions (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).



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