



CREATING
FUTURE LIFE
CHAMPIONS



BALLET TESTING

Syllabus 1

Competition Guide



RAD BALLETT TESTING

Summer Term 2024

11th & 12nd May 2024

Neo Atrium, Neo Soho Mall

Registration Period



At every Academy's Front Desk, based on the level that students will get tested

Membership

Category	Registration Period	VIP		PREMIERE	
		All Academy except PK	PK Only	All Academy except PK	PK Only
Early Bird	22 April - 5 May 2024	198,000 IDR	168,000 IDR	248,000 IDR	198,000 IDR
Regular	6 - 10 May 2024	248,000 IDR	198,000 IDR	298,000 IDR	248,000 IDR
Event Day	11 & 12 May 2024	298,000 IDR	248,000 IDR	358,000 IDR	298,000 IDR

About RAD Ballet Testing

1. RockStar Academy RAD Ballet Testing is a part of RockStar Academy's commitment to facilitate our Ballet students in preparing themselves to take Official RAD Exams and obtain International Certification in Ballet.
2. Students perform RAD syllabus 1 (Summer Term) and RAD syllabus 2 (Winter Term)
3. Upon completion of the testing, students will receive a Gold, Silver or Bronze Pin and a Certificate based on the results.
4. RockStar Academy RAD Ballet Testing is judged by an internationally certified RAD Ballet Instructor.

Scoring System

Score	Result	Award
75 – 100	Distinction	Gold
55 – 74	Merit	Silver
40 – 54	Pass	Bronze
0 – 39	Standard Not Attained	N/A

Certificate 1 (Summer Term)

Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Warm up	Warm up	Plies	Plié	Plié	Plié
Legs & feet	Legs & Arms	Battements tendus	Battement Tendus and Battement Glissé	Battement Tendus and Battement Glissé	Battement Tendus and Battement Glissé
Arms & Head	Port de bras	Preparation for grands battement	Battement Tendu and Battement fondue	Fondu	Rond de jambe and Fondus
Bend & Run	Demi-pliés	Port de bras	Grand Battement	Developpé	Developpé
Bend & Point	Sauté	Fondus	Grand Battement to second and derrière	Grand Battement	Grand Battement
Transfer of weight	Petit Jetés	Sautés and soubresauts	Port de bras	Port de Bras	Port de Bras
Jumps	Spring Points	Echappés and petit jetés	Sautés and Changements	Sauté Echappés and sauté changement	Petit Allegro
			Glissades sissones and assembles	Jete ordinaires and temps levé	Glissade and Sissones

Intermediate Foundation	Intermediate
Pliés	Pliés
Battement Tendus	Battement Tendus
Battements glissés	Battements glissés
Ronds de jambe à terre	Ronds de jambe à terre
Battements fondus	Battements fondus
Battements frappés and petits battements	Battements frappés
Adage	Petits battements sur le cou-de-pied
Grands battements and grands battements en cloche	Ronds de jambe en l'air
Pointe: Rises	Adage
Pointe: Echappés relevés and courus	Grand Battements
Pointe: Echappés relevés and classical walks	Pointe: Barre – Rises
	Pointe: Relevés passés derrière
	Pointe: Relevés passés devant
	Pointe: Posé-and-coupé-fouetté

Participant's Requirements

1. All RockStar Academy Students from Pre-Primary/Primary, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Intermediate Foundation & Intermediate who passed on the performance week.
2. Long hair must be tied in a bun/ short hair must be tie as neatly groomed and styled off the face and neck so that the line of the head and neck is not obscured.
3. All uniform should be clean and well-fitting, and underwear should not be visible.
4. Jewelry should not be worn, unless required for religious or cultural reasons.
5. Where used, makeup should be kept light and to a minimum.
6. Participants must use the Uniform accordingly with their level and RAD requirements:



Leotard - marine blue, short sleeves or sleeveless
Wrap skirt (color match to leotard)
Pink socks.
Soft shoes (prefer leather).
No stockings needed.

Pre-Primary/Primary



Leotard - scooped neck baby pink, short sleeves or sleeveless, with or without elastic belt.
Canvas or leather shoes.
Soft pink tights.
No skirt needed.

Grade 1



Leotard - scooped neck lavender, short sleeve or sleeveless, with or without elastic belt.
Canvas or leather shoes (split sole is permitted).
Soft pink tights.
No skirt needed.

Grade 2



Leotard - scooped neck fuchsia pink, short sleeve or sleeveless, with elastic belt.
Canvas or leather shoes (split sole is permitted).
Soft pink tights.
No skirt needed.

Grade 3



Leotard - scooped neck red, short sleeve or sleeveless with elastic belt.
Canvas or leather shoes (split sole is permitted).
Soft pink tights.
No skirt needed.

Grade 4



Leotard - scooped neck navy, short sleeve or sleeveless with elastic belt. No skirt needed.
Canvas or leather shoes (split sole is permitted). Soft pink tights.
Pointe shoes (Intermediate Foundation only).

Grade 5 / Intermediate Foundation & Intermediate

Rundown

Saturday, 11 May 2024

RAD Grade	Academy	PRE-REGISTRATION	Testing
Pre-Primary/Primary	PI, KK, PA, NS	09:00 - 10:00	10:00 - 12:00
Pre-Primary/Primary	KV, MI, GC	11:00 - 12:00	12:00 - 14:00
BREAK TIME			
Pre-Primary/Primary	PV, LP, BX, TC	14:00 - 15:00	15:00 - 17:00
Pre-Primary/Primary	LW, GB, AS, PK, AB	16:00 - 17:00	17:00 - 19:00
Grade 3 & 4	All Academies	18:00 - 19:00	19:00 - 20:00
Grade 5, Intermediate Foundation & Intermediate	All Academies	19:00 - 20:00	20:00 - 22:00

Sunday, 12 May 2024

RAD Grade	Academy	PRE-REGISTRATION	Testing
Grade 1	PI, KV, KK, PA, PK, AS, TC	09:00 - 10:00	10:00 - 12:00
Grade 1	BX, PV, GC, GB, LP	11:00 - 12:00	12:00 - 14:00
BREAK TIME			
Grade 1	MI, NS, LW, AB	14:00 - 15:00	15:00 - 16:00
Grade 2	All Academies	15:00 - 16:00	16:00 - 18:00

General Procedures

1. All students who are registered in RockStar Academy Ballet Program are eligible to register for this testing.
2. Students must register based on their level (PP/Primary /Grade 1-5 / Intermediate Foundation). Kindly consult with your child's Ballet Instructor and ensure your child's ballet level before registering.
3. There is a different schedule for each level. Kindly check the schedule before registration.
4. Registration must be done at our Front Desk. No cash payment is allowed.
5. Parents will receive a receipt as a proof of payment which must be kept and presented during Pre-Registration process on the day of the event.
6. All registration fees are non-refundable.

Pre-registration

1. Student must pre-register at the registration area, minimum one (1) hour before testing.
2. D-day registration can be done at the Front Desk RockStar Academy Neo Soho Mall.
3. Student must present the proof of payment/registration receipt to the committee on pre-registration and will receive a score card.
4. Committee will write the student's name on the score card.
5. Student must be ready in the correct costume according to the dress code provided in this booklet.

Testing Rundown

1. Student will standby at the designated location at the Testing Area 30 minutes before the testing time, Neo Atrium, Neo Soho Mall.
2. Student will be seated in the standby area and be provided with a chest number 30 minutes before Testing.
3. Student is required to wait at the designated space and wait to be called by the committee.
4. Students will perform the routines based on their grade/syllabus in a group.

Prize & Awards

1. After performing the routines in front of the certified RAD Judge, each student will receive a final score.
2. Based on the score obtained, each student will receive a pin (Gold/Silver/Bronze), depending on the final result (check the scoring system).
3. Pin Ceremony will be done after each individual student completes his/her testing.
4. All students will also receive a Certificate (Certificates will be distributed one month after the event):
 - Certificate of Achievement (1st Certificate of a Level)
 - Certificate of Graduation (2nd Certificate of a Level)
5. After receiving two (2) Certificates, students will be eligible to apply for an official RAD Examination (minimum passing score from the total of both exams is 125) and move up level in RockStar Academy Ballet Program.
6. RockStar Academy will be able to arrange a private preparation class to prepare for an Official RAD Examination, where there is a minimum number of 4 or 8 students who have achieved minimum passing score from the total of both exams. This private preparation class will teach:
 - Character Dance (required additional outfit and shoes),
 - Repetition of Syllabus 1
 - The flow of the routine and spotting
7. All applicants for the Official RAD Examination should apply through our Ballet Instructors.
8. If the minimum number of participants has been reached, date and venue of the Official RAD Examination will be informed upon confirmation from the official organizer.

Testing Venue

Neo Atrium, Neo Soho Mall
Jl. Letjen S. Parman, Jakarta Barat.
Phone: +6221 56989999

Location Details



REGISTRATION & PREPARATION AREA
Neo Atrium, Neo Soho Mall



WAITING & STANDBY AREA
Neo Atrium, Neo Soho Mall

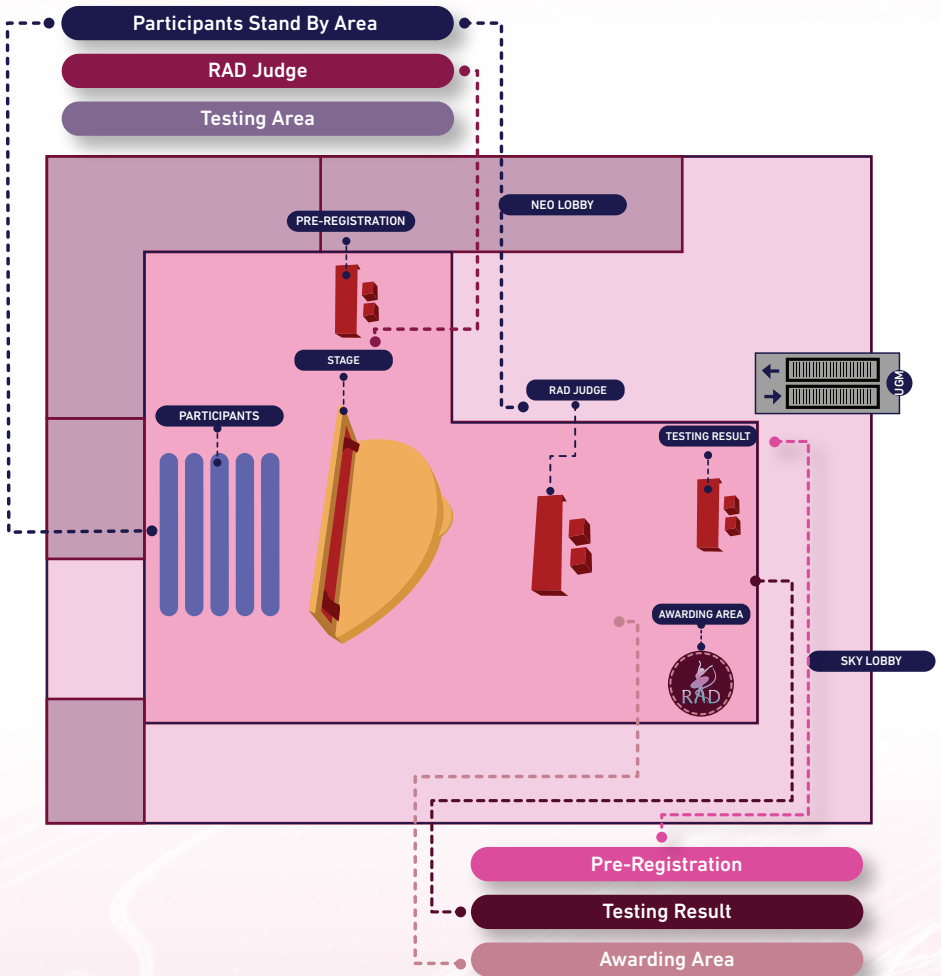


TESTING AREA
Neo Atrium, Neo Soho Mall



PHOTOBOOTH & PIN PRESENTATION AREA
Neo Atrium, Neo Soho Mall

Neo Atrium, Neo Soho Mall



Recommended Warm Up Routines

Split - 1 minute



Demi - Pliés - 10 times



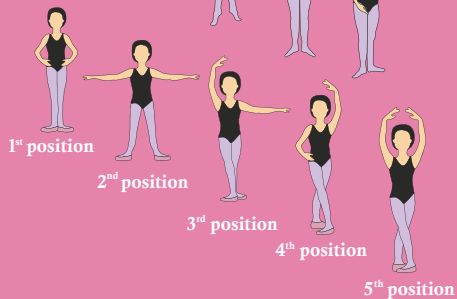
Grand Pliés - 5 times



Relevés - 10 times



Check your positions



Emergency Procedures

The following procedures shall be implemented whenever a student is injured in the course of activities conducted at RAD Ballet Testing.

1. The instructor shall immediately notify the health personnel present at the activity and the health personnel shall assume responsibility for the emergency treatment of the student.
2. If no health personnel are present, or if none can be immediately summoned to the student's aid, the instructor shall administer such first aid as may be necessary.
3. If the student's injury requires more than routine first aid, the instructor shall:
 - Summon an emergency personnel
 - Arrange for the student's transportation to the nearest hospital
4. The instructor or his/her designee shall promptly notify the Event Manager, the Program Coordinator, and the student's parent(s) or legal guardian(s) of the student's injury and the condition and location of the student.
5. An injured student who has been transported away from the premises must be accompanied by the instructor, a member of the Event Organizer, and the parents/guardians.

Readmission to Competition Activities

A student injured in the course of a competition activity will be permitted to participate in the competition only on the written permission of the medical inspector or designated team doctor, designated school health personnel who must first examine the student to determine his/her fitness to participate in competitions. Written notice of that determination, signed by the medical inspector or designated team doctor as appropriate, shall be given to the student's parent(s) or legal guardian(s).

Disclaimer

The information provided in this Guide is of a general nature, and has been provided solely on the basis that users will be responsible for making their own assessment of it, having regard to their own circumstances, needs & requirements. While RockStar Academy endeavors to provide up to date information and guidance for your use, it may be open to misunderstanding or misinterpretation. Consequently, you should consult further with respective coordinators where you intend using this information. RockStar Academy expressly disclaims any liability associated with, or arising from the use or incorporation of the information provided in this Guide by the user.



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