



Contemporary Dance Testing

Syllabus 1

Competition Guide

CSTD CONTEMPORARY DANCE TESTING

Summer Term 2025

4th May 2024

Ground Floor Atrium, Gajah Mada Plaza

Registration Period



At every Academy's Front Desk, based on the level that students will get tested

- Participants: All RockStar Academy's students from Contemporary Foundation & Contemporary Level 1 who passed on the performance week.
- All Contemporary Foundation & Contemporary Level 1/2 will be closed at all academies on the D-day according with the Event Rundown.
- Students perform CSTD Contemporary Dance Syllabus Part 1 (Summer Term) and Syllabus Part 2 (Winter Term)

Membership

	Registration Period	VIP			PREMIERE		
		All Academy except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only	All Academy except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only
Early Bird	10 - 27 April 2025	228,000 IDR	178,000 IDR	158,000 IDR	248,000 IDR	228,000 IDR	178,000 IDR
Regular	28 April - 3 May 2025	248,000 IDR	198,000 IDR	178,800 IDR	288,000 IDR	248,000 IDR	198,000 IDR
Event Day	4 May 2025	268,000 IDR	228,000 IDR	198,000 IDR	338,000 IDR	288,000 IDR	228,000 IDR

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Certificate 1 (Summer Term)

Contemporary Foundation

Warm Up 1	Plies	Turns 1	Turns 2	Turns 3	Turns 4	Turns 5	Turns 6
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Contemporary Level 1

Warm Up 1	Plies	Turns					
		single	1.a 1.b	2.a 2.b	3.a 3.b	double	1.c 2.c

Contemporary Foundation

Center Plies	Preparation for Jumps	Transition & 4th Lunge	Choreography
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Scoring System

Score	Result	Award
75 – 100	Distinction	Gold
55 – 74	Merit	Silver
40 – 54	Pass	Bronze
0 – 39	Standard Not Attained	N/A

General Procedures

- All students who are registered in RockStar Academy Contemporary Dance Program are eligible to register for this testing.
- After receiving two (2) certificates, students will be eligible to move level up in RockStar Academy's Contemporary Dance Program and apply for an official CSTD examination.
- Participants must use the Uniform accordingly with their level and CSTD requirements.

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Participant's requirements

Contemporary Foundation, Levels 1/2



1. Long hair must be tied in a bun/ short hair must be tie as neatly groomed and styled off the face.
2. All uniform should be clean and well-fitting, and underwear should not be visible.
3. Jewelry should not be worn, unless required for religious or cultural reasons.
4. Where used, makeup should be kept light and to a minimum.
5. Participants must use the Uniform accordingly with their level and CSTD requirements:
Leotard - black crew neck, short sleeved or sleeveless. Soft black tights or 3/4 pants. Canvas or black leather shoes (split soles allowed). No skirt needed.

Rundown

Level	Academy	Pre-Registration	Testing
Contemporary Foundation	All Academies	17:00 - 18:00	18:40 - 20:30
Contemporary Level 1	All Academies	19:00 - 20:00	20:30 - 21:30
Contemporary Level 2	All Academies	20:00 - 21:30	21:30 - 22:00

General Procedures

1. Students must register based on their Contemporary Dance level at RockStar Academy. Kindly consult with your child's Contemporary Dance Instructor and ensure your child is ready to participate at this testing.
2. There is a distinct schedule that depends on the specific Academy your child is a part of.
3. Registration must be done at our Front Desk. No cash payment is allowed.
4. Parents will receive a receipt as a proof of payment which must be kept and presented during Pre-Registration process on the day of the event.
5. All registration fees are non-refundable.

Pre-Registration

1. Student must pre-register at the registration area, minimum one (1) hour before the testing.
2. D-day registration is available. Please check with the Event Committee.
3. Student must present the proof of payment/registration receipt to the committee on pre-registration and will receive a score card.
4. Committee will write the student's name on the score card.
5. Student must be ready in the correct uniform according to the dress code provided in this booklet.

Testing Rundown

1. Student will standby at the designated location at the Testing Area 60 minutes before the testing time.
2. Student will be seated in the standby area and be provided with a chest number 30 minutes before the Testing.
3. Student is required to wait at the designated space and wait to be called by the committee.
4. Students will perform the routines based on their grade/syllabus in a group.

Prize & Awards

1. After performing the routines in front of the certified CSTD Judge, each student will receive a final score.
2. Based on the score obtained, each student will receive a pin (Gold/Silver/ Bronze), depending on the result (check the scoring system).
3. Pin Ceremony will be done after each individual student completes his/her testing.
4. All students will also receive a Certificate (Certificates will be distributed one month after the event):
 - Certificate of Achievement (1st Certificate of a Level).
 - Certificate of Graduation (2nd Certificate of a Level).
5. After receiving two (2) Certificates, students will be eligible to apply for an official CSTD Examination (minimum passing score from the total of both exams is 125) and move up level in RockStar Academy's Contemporary Dance Program.
6. RockStar Academy will be able to arrange a private class to prepare students for an Official CSTD Examination.

This private preparation class will teach:

 - Repetition of Syllabus 1 & Syllabus 2.
 - The flow of the routine and spotting.
7. All applicants for the Official CSTD Examination should apply through RockStar Academy's Contemporary Dance teachers.
8. If the minimum number of participants has been reached, date and venue of the Official CSTD Examination will be informed upon confirmation from the official organizer.

Testing Venue

Ground Floor Atrium, Gajah Mada Plaza

Location Details



REGISTRATION & PREPARATION AREA
Ground Floor Atrium, Gajah Mada Plaza



WAITING & STANDBY AREA
Ground Floor Atrium, Gajah Mada Plaza



TESTING AREA
Ground Floor Atrium, Gajah Mada Plaza



PHOTOBOOTH & PIN PRESENTATION AREA
Ground Floor Atrium, Gajah Mada Plaza

Ground Floor Atrium, Gajah Mada Plaza



Emergency Procedures

The following procedures shall be implemented whenever a student is injured in the course of activities conducted at Contemporary Dance Testing.

1. The instructor shall immediately notify the health personnel present at the activity and the health personnel shall assume responsibility for the emergency treatment of the student.
2. If no health personnel are present, or if none can be immediately summoned to the student's aid, the instructor shall administer such first aid as may be necessary.
3. If the student's injury requires more than routine first aid, the instructor shall:
 - Summon an emergency personnel.
 - Arrange for the student's transportation to the nearest hospital.
4. The instructor or his/her designee shall promptly notify the Event Manager, the Program Coordinator, and the student's parent(s) or legal guardian(s) of the student's injury and the condition and location of the student.
5. An injured student who has been transported away from the premises must be accompanied by the instructor, a member of the Event Organizer, and the parents/guardians.

Readmission to Competition Activities

A student injured in the course of a competition activity will be permitted to participate in the competition only on the written permission of the medical inspector or designated team doctor, designated school health personnel who must first examine the student to determine his/her fitness to participate in competitions. Written notice of that determination, signed by the medical inspector or designated team doctor as appropriate, shall be given to the student's parent(s) or legal guardian(s).

Disclaimer

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