



PESONA SQUARE

+6221 3970 3939

Winter Term Schedule
20th Oct 2025 until 18th Jan 2026

Updated Nov 17th

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday					
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4
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INDEX:

KINDERGARTEN : Pre Primary 5 Pre Primary 6

PRESCHOOL : LEARN & PLAY 1 LEARN & PLAY 2 SMARTOLOGY 3 SMARTOLOGY 4

REGISTER NOW!



PERFORMING ARTS
BASKETBALL FUTSAL
Preschool & KINDERGARTEN
GYMNASTICS PICKLEBALL





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20th Oct 2025 until 18th Jan 2026

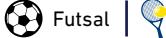
SCAN FOR E-SCHEDULE



Updated Dec 15th

REGISTER NOW!

INDEX:



Elite : up to 90 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

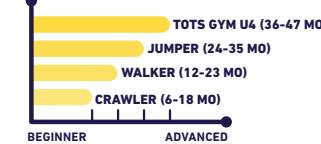
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



GYMNASICS



DANCE



SWIMMING



YOGA



BALLET



MARTIAL ARTS



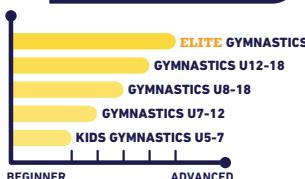
MULTI-SPORTS



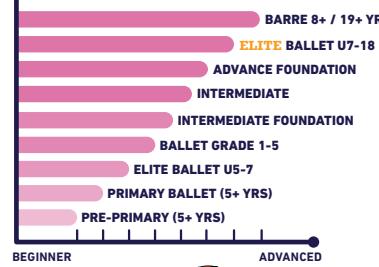
5-18
YRS

ACTIVITY CLASSES

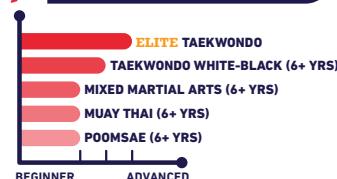
GYMNASICS



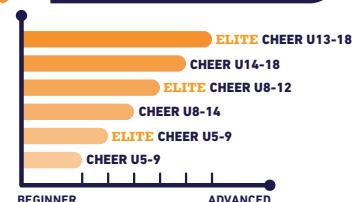
BALLET



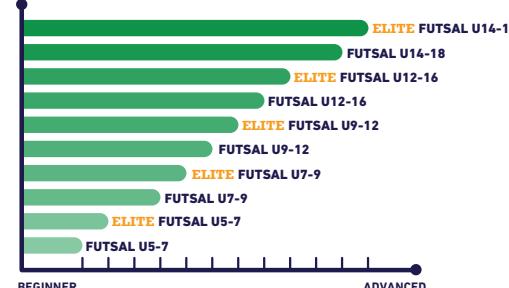
MARTIAL ARTS



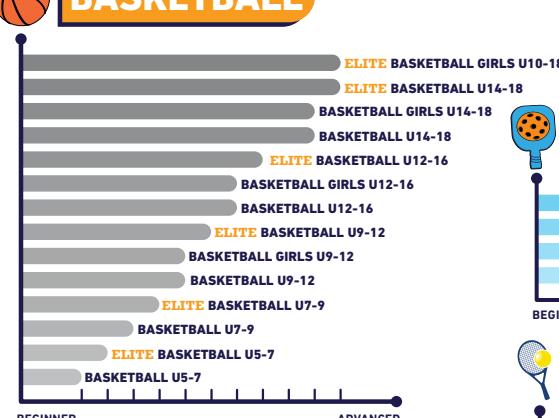
CHEERLEADING



FUTSAL



BASKETBALL



SWIMMING



DANCE



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

GYMNASICS

LEVEL 3-10

Elite Class

- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

ROCKFIT

U8-18 | U5-7

PARKOUR

7+ YRS | 4-7 YRS

PING PONG

ADULT19+ | U8-18 | U5-7

YOGA

U7-18 | U5-7



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Winter Term Schedule
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Adult 19+ Only

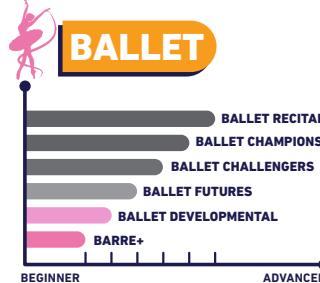
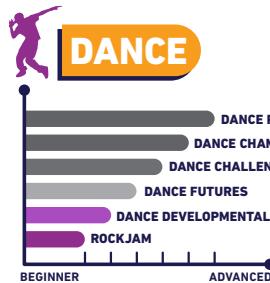
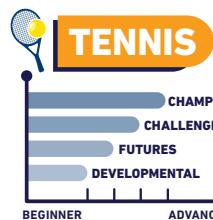
SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.

Dance Recital

Ballet & Contemporary