



# PESONA SQUARE

+6221 3970 3939

## Summer Term Schedule

Apr 21<sup>st</sup> until Jul 20<sup>th</sup> 2025

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong
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INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite** : up to 90 min class

REGISTRATION OPENS  
**APRIL 2025**



**PESONA SQUARE**  
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SCAN FOR  
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
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REGISTRATION OPENS  
**APRIL 2025**

INDEX: KINDERGARTEN : Primary 5 Primary 6 PRESCHOOL : LEARN & PLAY 1 LEARN & PLAY 2 SMARTOLOGY 3 SMARTOLOGY 4

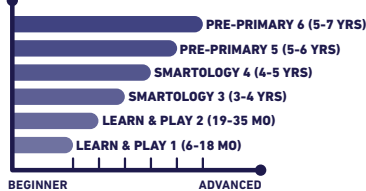
Gymnastics Cheerleading Ballet Contemporary Dance Broadway Dance Taekwondo **Elite** : up to 90 min class

# NEW PROGRAM CLASSIFICATION & PROGRESSION

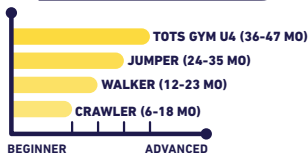
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



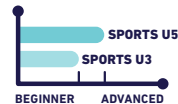
### YOGA



### MARTIAL ARTS



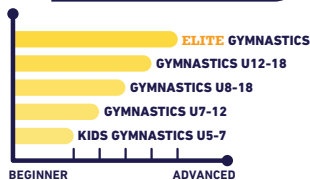
### MULTI-SPORTS



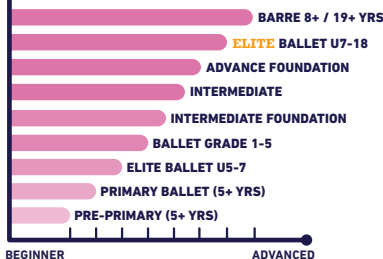
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



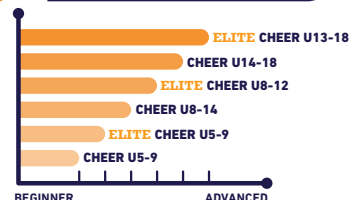
### BALLET



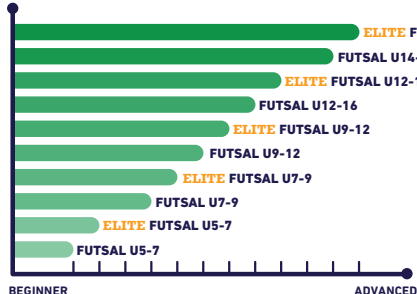
### MARTIAL ARTS



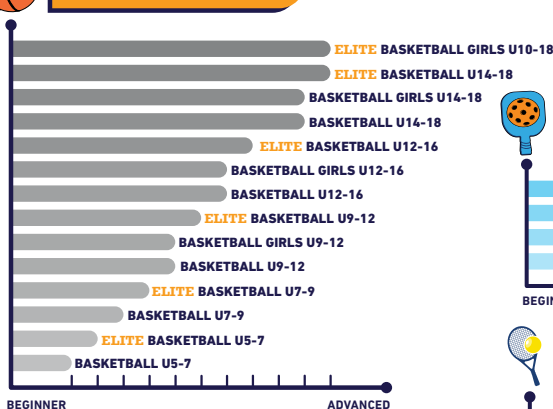
### CHEERLEADING



### FUTSAL



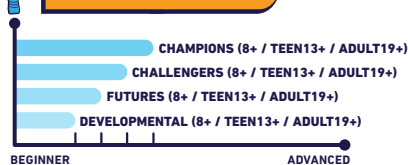
### BASKETBALL



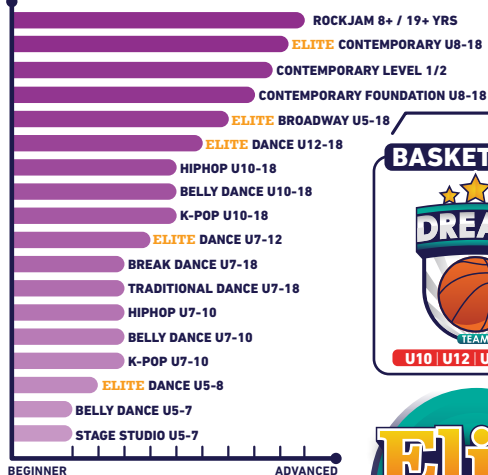
### SWIMMING



### PICKLEBALL



### DANCE



### NEW DREAM TEAM

#### BASKETBALL

U10 | U12 | U14 | U16

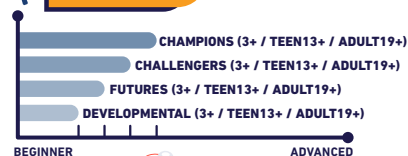
#### FUTSAL

U6 | U8 | U10 | U13

#### GYMNASTICS

LEVEL 3-10

### TENNIS



### PING PONG



### ROCKFIT



### YOGA



### PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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## Summer Term Schedule

Apr 21<sup>st</sup> until Jul 20<sup>th</sup> 2025

**Adult19+ Only**

SCAN FOR  
E-SCHEDULE



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**NEW! Elite CHAMPIONSHIPS ADULT19+**

**REGISTRATION OPENS 1<sup>ST</sup> APRIL 2025**

**60 Min Class Ladder Play for ADULT19+**

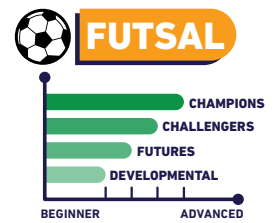
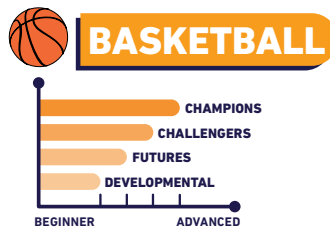
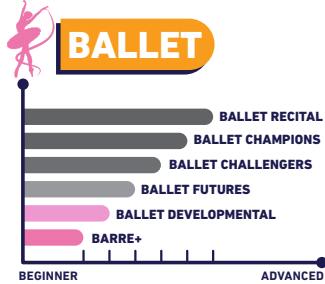
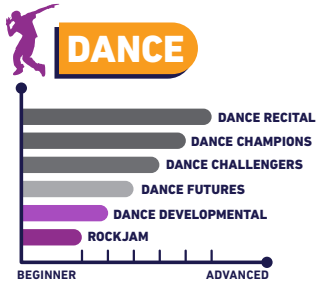
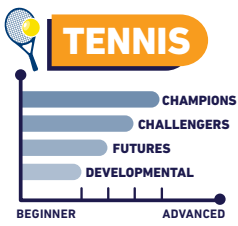
An extension of regular classes, emphasizing competitive gameplay and strategic skill development.

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong



# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite CHAMPIONSHIPS

### Events & Competitions:



## Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

### Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.