

NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

EARLY CHILDHOOD EDUCATION

NEW ACADEMIC

- PRE-PRIMARY 6 (5-7 YRS)
- PRE-PRIMARY 5 (5-6 YRS)
- SMARTOLOGY 4 (4-5 YRS)
- SMARTOLOGY 3 (3-4 YRS)
- LEARN & PLAY 2 (19-35 MO)
- LEARN & PLAY 1 (6-18 MO)

BEGINNER ADVANCED

GYMNASTICS

- TOTS GYM U4 (36-47 MO)
- JUMPER (24-35 MO)
- WALKER (12-23 MO)
- CRAWLER (6-18 MO)

BEGINNER ADVANCED

DANCE

- MOVE & GROOVE (3-5 YRS)
- BABY DANCE (1-3 YRS)
- BABY JAM (6-18 MO)

BEGINNER ADVANCED

SWIMMING

- MOM & ME ADVANCE (5-6 YRS)
- MOM & ME INTERMEDIATE (36-47 MO)
- MOM & ME BEGINNER (6-35 MO)

BEGINNER ADVANCED

BALLET

- PRE-BALLET 1/2 (3-5 YRS)
- BABY BALLET (2-3 YRS)

BEGINNER ADVANCED

YOGA

- BABY YOGA (1-3 YRS)

BEGINNER ADVANCED

MARTIAL ARTS

- INTRO TO MARTIAL ARTS U5-7

BEGINNER ADVANCED

MULTI-SPORTS

- SPORTS U5
- SPORTS U3

BEGINNER ADVANCED

5-18
YRS

ACTIVITY CLASSES

GYMNASTICS

- ELITE GYMNASTICS
- GYMNASTICS U12-18
- GYMNASTICS U8-18
- GYMNASTICS U7-12
- KIDS GYMNASTICS U5-7

BEGINNER ADVANCED

BALLET

- BARRE 13+ / 19+ YRS
- ELITE BALLET U7-18
- INTERMEDIATE
- INTERMEDIATE FOUNDATION
- BALLET GRADE 1-5
- PRIMARY BALLET (5+ YRS)
- PRE-PRIMARY (5+ YRS)

BEGINNER ADVANCED

MARTIAL ARTS

- ELITE TAEKWONDO
- TAEKWONDO WHITE-BLACK (6+ YRS)
- MIXED MARTIAL ARTS (6+ YRS)
- MUAY THAI (6+ YRS)
- POOMSAE (6+ YRS)

BEGINNER ADVANCED

CHEERLEADING

- ELITE CHEER U13-18
- CHEER U14-18
- ELITE CHEER U8-12
- CHEER U8-14
- ELITE CHEER U5-9
- CHEER U5-9

BEGINNER ADVANCED

FUTSAL

- ELITE FUTSAL U14-18
- FUTSAL U14-18
- ELITE FUTSAL U12-16
- FUTSAL U12-16
- ELITE FUTSAL U9-12
- FUTSAL U9-12
- ELITE FUTSAL U7-9
- FUTSAL U7-9
- ELITE FUTSAL U5-7
- FUTSAL U5-7

BEGINNER ADVANCED

BASKETBALL

- ELITE BASKETBALL GIRLS U10-18
- ELITE BASKETBALL U14-18
- BASKETBALL GIRLS U14-18
- BASKETBALL U14-18
- ELITE BASKETBALL U12-16
- BASKETBALL GIRLS U12-16
- BASKETBALL U12-16
- ELITE BASKETBALL U9-12
- BASKETBALL GIRLS U9-12
- BASKETBALL U9-12
- ELITE BASKETBALL U7-9
- BASKETBALL U7-9
- ELITE BASKETBALL U5-7
- BASKETBALL U5-7

BEGINNER ADVANCED

SWIMMING

- ELITE SWIMMING
- STROKE DEVELOPMENT L1-UP

BEGINNER ADVANCED

PICKLEBALL

- CHAMPIONS (TEEN13+ / ADULT19+)
- CHALLENGERS (TEEN13+ / ADULT19+)
- FUTURES (TEEN13+ / ADULT19+)
- DEVELOPMENTAL (TEEN13+ / ADULT19+)

BEGINNER ADVANCED

DANCE

- ROCKJAM 13+ / 19+ YRS
- ELITE CONTEMPORARY U8-18
- CONTEMPORARY LEVEL 1
- CONTEMPORARY FOUNDATION U8-18
- ELITE BROADWAY U5-18
- ELITE DANCE U12-18
- HIPHOP U10-18
- BELLY DANCE U10-18
- K-POP U10-18
- ELITE DANCE U7-12
- BREAK DANCE U7-18
- TRADITIONAL DANCE U7-18
- HIPHOP U7-10
- BELLY DANCE U7-10
- K-POP U7-10
- ELITE DANCE U5-7
- BELLY DANCE U5-7
- STAGE STUDIO U5-7

BEGINNER ADVANCED

NEW DREAM TEAM

BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CONSULT ELITE CLASS INSTRUCTOR

TOUCH TENNIS

- CHAMPIONS (3+ / TEEN13+ / ADULT19+)
- CHALLENGERS (3+ / TEEN13+ / ADULT19+)
- FUTURES (3+ / TEEN13+ / ADULT19+)
- DEVELOPMENTAL (3+ / TEEN13+ / ADULT19+)

BEGINNER ADVANCED

PING PONG

- PING PONG ADULT19+
- PING PONG U8-18
- PING PONG U5-7

BEGINNER ADVANCED

ROCKFIT

- ROCKFIT U8-18
- ROCKFIT U5-7

BEGINNER ADVANCED

PARKOUR

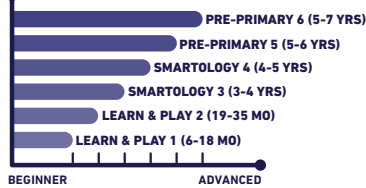
- ELITE PARKOUR (7+ YRS)
- PARKOUR (7+ YRS)

BEGINNER ADVANCED

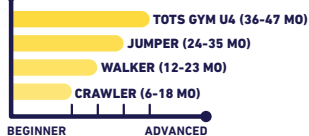
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6-6 MO YRS EARLY CHILDHOOD EDUCATION

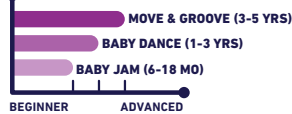
NEW ACADEMIC



GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS

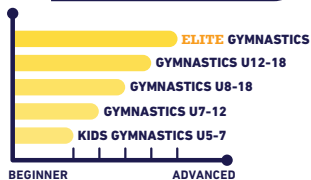


MULTI-SPORTS

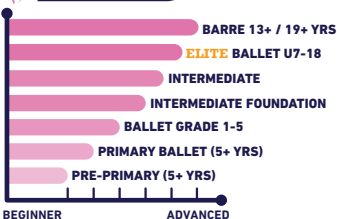


5-18 YRS ACTIVITY CLASSES

GYMNASTICS



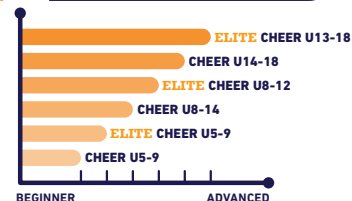
BALLET



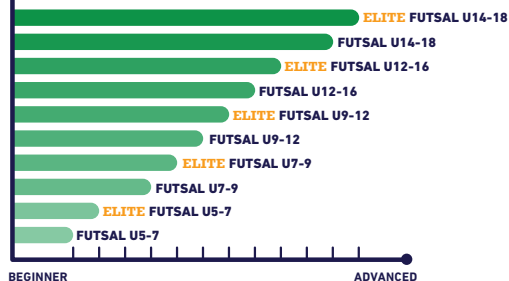
MARTIAL ARTS



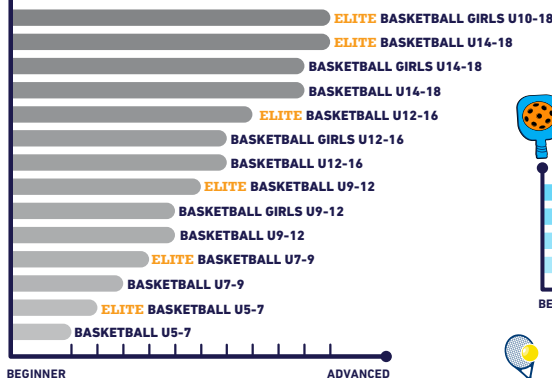
CHEERLEADING



FUTSAL



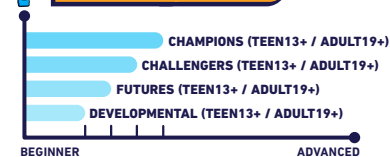
BASKETBALL



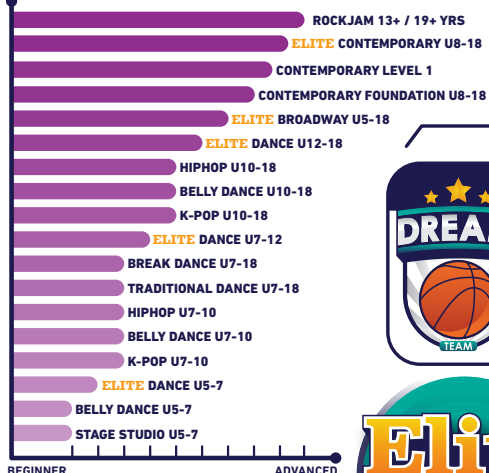
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

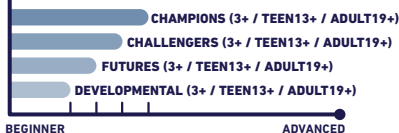
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