ROCKSTAR ACADEMY

PIK AVENUE

+6221 2257 0990

Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

UPDATED 16 NOVEMBER 2026

SCAN FOR E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	G1	G2	1	2	Sports	G1	G2	1	2	Sports	G1	G2	1	2	Sports	G1	G2	1	2	Sports	G1	G2	1	2	Sports	G1	G2	1	2	Sports	G1	G2	1	2	Sports
08.00 - 08.30																																		
08.30 - 09.00																																		
09.00 - 09.30			Pre Primary 5&6 5-7 yrs					Pre Primary 5&6 5-7 yrs	LEARN & PLAY 1 6-18 mo				Pre Primary 5&6 5-7 yrs	LEARN & PLAY 1 6-18 mo				Pre Primary 5&6 5-7 yrs	LEARN & PLAY 1 6-18 mo				Pre Primary 5&6 5-7 yrs	LEARN & PLAY 1 6-18 mo									
09.30 - 10.00																																		
10.00 - 10.30							Crawler 6-18 mo		LEARN & PLAY 2 19-35 mo		Walker 12-23 mo	Walker 12-23 mo		LEARN & PLAY 2 19-35 mo		Crawler 6-18 mo			LEARN & PLAY 2 19-35 mo			Walker 12-23 mo		Baby Dance 1-3 yrs		Walker 12-23 mo	Elite		Elite U5-12						
10.30 - 11.00																																		
11.00 - 11.30			SMARTOLOGY 3 3-4 yrs	LEARN & PLAY 2 19-35 mo		Jumper 24-35 mo	Jumper 24-35 mo	SMARTOLOGY 3 3-4 yrs	LEARN & PLAY 2 19-35 mo		Jumper 24-35 mo	Jumper 24-35 mo	SMARTOLOGY 3 3-4 yrs	Baby Dance 1-3 yrs			Walker 12-23 mo	LEARN & PLAY 2 19-35 mo	Baby Dance 1-3 yrs		Jumper 24-35 mo	Jumper 24-35 mo	SMARTOLOGY 3 3-4 yrs	Baby Dance 1-3 yrs				Elite	Baby Dance 1-3 yrs	Elite U5-12					
11.30 - 12.00																																		
12.00 - 12.30			SMARTOLOGY 4 4-5 yrs				Walker 12-23 mo	SMARTOLOGY 4 4-5 yrs	Baby 2-3 yrs				SMARTOLOGY 4 4-5 yrs	Baby Dance 1-3 yrs	Sports U4/5	Walker 12-23 mo		SMARTOLOGY 4 4-5 yrs	Baby Dance 1-3 yrs				SMARTOLOGY 4 4-5 yrs	Baby 2-3 yrs	Sports U3	U4	Jumper 24-35 mo		U5-12	Elite					
12.30 - 13.00																																		
13.00 - 13.30	Walker 12-23 mo			Baby Dance 1-3 yrs		U4			Baby Dance 1-3 yrs						Sports U3		Jumper 24-35 mo			Sports U4/5				Move& Groove 3-5 yrs			U5-7	Move& Groove 3-5 yrs		U9-18	Walker 12-23 mo			Martial Arts 4-7 yrs	U5-10
13.30 - 14.00																																		
14.00 - 14.30		Jumper 24-35 mo		Move& Groove 3-5 yrs					Move& Groove 3-5 yrs	U5-9	Martial Arts 4-7 yrs	U4		U5-9			U4		Sports U3		Martial Arts 4-7 yrs	U4		Primary 5+ yrs	Sports U4/5		U7-18		U5-9	U5-7		U5-7			U9-18
14.30 - 15.00																																		
15.00 - 15.30	U4				U5-7		U5-7		P-Ballet 3-5 yrs	U7-16		U5-7		Move& Groove 3-5 yrs	U5-8				Move& Groove 3-5 yrs	U5-7		U5-7	P-Ballet 3-5 yrs	Tkd. 5+ yrs	U7-16		Parkour 7+ yrs	Stage Studio U5-7	Elite U8-18	Elite U5-7			Muay Thai 5+ yrs	U5-9
15.30 - 16.00																																		
16.00 - 16.30		U5-7		K-Pop U7-18	U9-16		U7-18		Stage Studio U5-7	U5-7		Parkour 7+ yrs		Stage Studio U5-7	Elite U5-12		U5-7		K-Pop U7-18	U9-16		U7-18		Tkd. 5+ yrs	U5-7				Elite U8-18			U7-18		U7-12
16.30 - 17.00																																		
17.00 - 17.30		U7-18		Martial Arts 4-7 yrs	Elite U5-7	Elite			Elite U5-9	Elite U7-16	Tkd. 5+ yrs	U7-18		RockFit U5-7	Elite U7-16		U7-18		Elite U5-8	Elite U8-18	Elite				U9-16				Elite U13-18	Elite U9-18				Elite U7-16
17.30 - 18.00																																		
18.00 - 18.30		Parkour 7+ yrs									Elite 6+ yrs	Elite					Parkour 7+ yrs		Elite U8-18					Elite U7-16			Elite							
18.30 - 19.00																																		
19.00 - 19.30									Elite U8-18																									
19.30 - 20.00																																		
20.00 - 20.30																																		

INDEX:

PRESCHOOL : LEARN&PLAY1 | LEARN&PLAY2 | SMARTOLOGY3 | SMARTOLOGY4 | KINDERGARTEN : Pre Primary 5 | Pre Primary 6

Gymnastics | Cheerleading | Ballet | Contemporary Dance | Broadway | Basketball | Futsal | Dance | Taekwondo | Elite : up to 90 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC
- PRE-PRIMARY 6 (5-7 YRS)
- PRE-PRIMARY 5 (5-6 YRS)
- SMARTOLOGY 4 (4-5 YRS)
- SMARTOLOGY 3 (3-4 YRS)
- LEARN & PLAY 2 (19-35 MO)
- LEARN & PLAY 1 (6-18 MO)

BEGINNER — ADVANCED

GYMNASTICS
- TOTS GYM U4 (36-47 MO)
- JUMPER (24-35 MO)
- WALKER (12-23 MO)
- CRAWLER (6-18 MO)

BEGINNER — ADVANCED

DANCE
- ELITE DANCE U5-8
- MOVE & GROOVE (3-5 YRS)
- BABY DANCE (1-3 YRS)
- BABY JAM (6-18 MO)

BEGINNER — ADVANCED

SWIMMING
- MOM & ME ADVANCE (5-6 YRS)
- MOM & ME INTERMEDIATE (36-47 MO)
- MOM & ME BEGINNER (6-35 MO)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U5-7
- PRE-BALLET (3-5 YRS)
- BABY BALLET (2-3 YRS)

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (3-6 YRS)
- CHALLENGERS (3-6 YRS)
- FUTURES (3-6 YRS)
- DEVELOPMENTAL (3-6 YRS)

BEGINNER — ADVANCED

MARTIAL ARTS
- INTRO TO MARTIAL ARTS U5-7

BEGINNER — ADVANCED

MULTI-SPORTS
- SPORTS U5
- SPORTS U3

BEGINNER — ADVANCED

5-18 YRS ACTIVITY CLASSES

GYMNASTICS
- ELITE GYMNASTICS L1-10
- GYMNASTICS U12-18
- GYMNASTICS U8-18
- GYMNASTICS U7-12
- KIDS GYMNASTICS U5-7

BEGINNER — ADVANCED

SWIMMING
- ELITE SWIMMING
- STROKE DEVELOPMENT L1-UP

BEGINNER — ADVANCED

PARKOUR
- ELITE PARKOUR (7+ YRS)
- PARKOUR (7+ YRS)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U7-18
- BARRE 8+ / 19+ YRS
- ADVANCE
- ADVANCE FOUNDATION
- INTERMEDIATE
- INTERMEDIATE FOUNDATION
- BALLET GRADE 1-5
- ELITE BALLET U5-7
- PRIMARY BALLET (5+ YRS)

BEGINNER — ADVANCED

CHEERLEADING
- ELITE CHEER U13-18
- CHEER U13-18
- ELITE CHEER U8-12
- CHEER U8-12
- ELITE CHEER U5-9
- CHEER U5-9

BEGINNER — ADVANCED

FUTSAL
- ELITE FUTSAL U14-18
- FUTSAL U14-18
- ELITE FUTSAL U12-16
- FUTSAL U12-16
- ELITE FUTSAL U8-12
- FUTSAL U8-12
- ELITE FUTSAL U5-7
- FUTSAL U5-7

BEGINNER — ADVANCED

BASKETBALL
- ELITE BASKETBALL GIRLS U14-18
- ELITE BASKETBALL U14-18
- BASKETBALL GIRLS U14-18
- BASKETBALL U14-18
- ELITE BASKETBALL U8-12
- BASKETBALL GIRLS U8-12
- BASKETBALL U8-12
- ELITE BASKETBALL U5-7
- BASKETBALL U5-7

BEGINNER — ADVANCED

DANCE
- ELITE CONTEMPORARY U8-18
- ELITE BROADWAY U5-18
- ELITE DANCE U7-18
- ROCKJAM 8+ / 19+ YRS
- BREAK DANCE U7-18
- TRADITIONAL DANCE U7-18
- HIPHOP U7-18
- K-POP U7-18
- BELLY DANCE U7-18
- ELITE DANCE U5-8
- K-POP U5-7
- BELLY DANCE U5-7
- STAGE STUDIO U5-7

BEGINNER — ADVANCED

NEW! PICKLEBALL
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

NEW DREAM TEAM

BASKETBALL	FUTSAL	GYMNASTICS
U10 | U12 | U14 | U16	U6 | U8 | U10 | U13	LEVEL 3-10

MARTIAL ARTS
- ELITE TAEKWONDO
- TAEKWONDO WHITE-BLACK (5+ YRS)
- MIXED MARTIAL ARTS (6+ YRS)
- MUAY THAI (5+ YRS)
- POOMSAE (5+ YRS)

BEGINNER — ADVANCED

NEW! PING PONG
- PING PONG ADULT19+
- PING PONG U8-18
- PING PONG U5-7

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

ROCKFIT
- ROCKFIT U8-18
- ROCKFIT U5-7

BEGINNER — ADVANCED

Elite CLASS
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR