

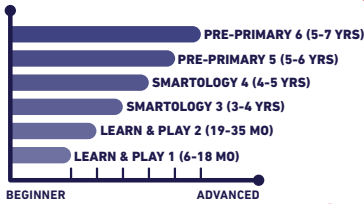
**FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!**

# NEW PROGRAM CLASSIFICATION & PROGRESSION

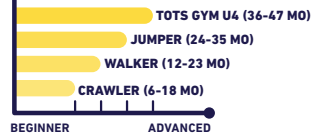
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

### NEW ACADEMIC



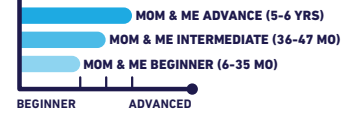
### GYMNASTICS



### DANCE



### SWIMMING



### YOGA



### BALLET



### MARTIAL ARTS



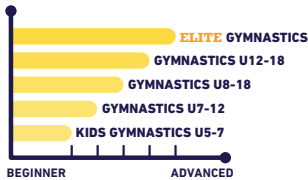
### MULTI-SPORTS



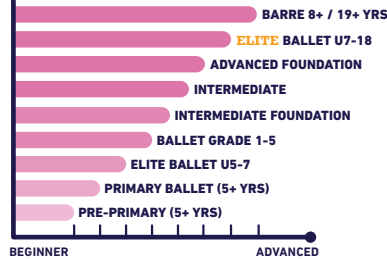
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



### BALLET



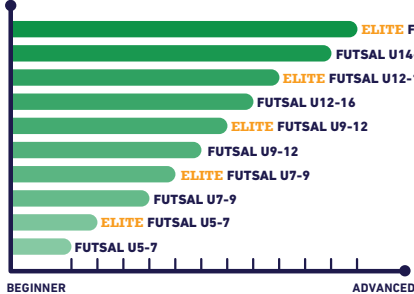
### MARTIAL ARTS



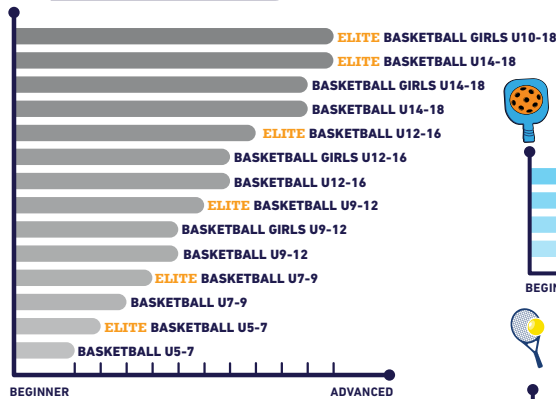
### CHEERLEADING



### FUTSAL



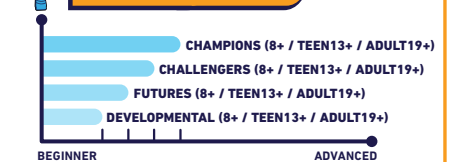
### BASKETBALL



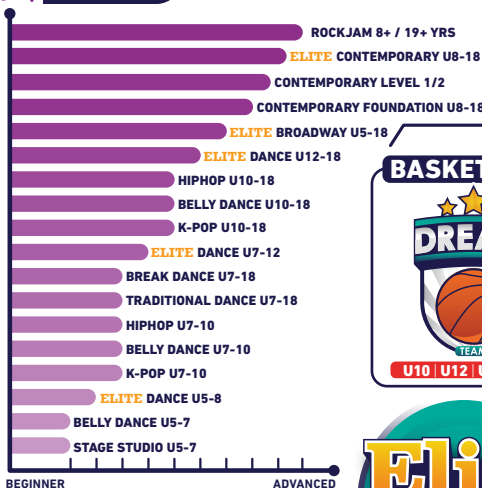
### SWIMMING



### PICKLEBALL



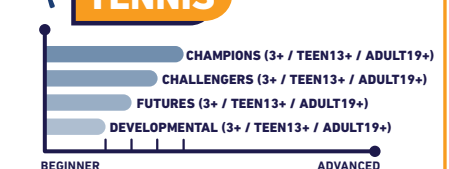
### DANCE



### NEW DREAM TEAM



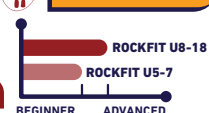
### TENNIS



### PARKOUR



### ROCKFIT



### YOGA



• UP TO 90 MIN CLASS  
• PRE-QUALIFICATION IS REQUIRED  
CHECK WITH ELITE CLASS INSTRUCTOR



**NEO SOHO**  
☎ +6221 5086 0730

**Classes take place at the**



**SCAN FOR  
E-SCHEDULE**



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman
09.00							
09.30							
09.30							
10.00							
10.00							
10.30							
10.30				Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo
11.00							
11.00							
11.30							
11.30						Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs
12.00							
12.00							
12.30							
12.30							
13.00							
13.00							
13.30							
13.30							
14.00							
14.00							
14.30							
14.30							
15.00							
15.00							
15.30				Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs
15.30							
16.00				Swim Mom & Me L3 5-6 yrs	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs
16.00							
16.30							
16.30							
17.00							
17.00							
17.30							
17.30							
18.00							
18.00							
18.30							
18.30							
19.00							

### ARRIVAL & CLASS ENTRY:

1. Head to the Pullman Central Park main entrance & proceed to the elevator.
2. Take the Elevator to Level 1.
3. Check in at the Registration Desk with Hotel staff.
4. Proceed through the Gym Area & take the stairs down to the Ground floor.
5. Changing rooms & Shower are available on Level 1 & at the pool area.
6. Present your ID Card & tap in at the class entry point.
7. Enjoy the Class!

### Class Rules:

1. Only pre-registered students are allowed to join the class.
2. No walk-ins will be accepted.

**CLASS REGISTRATION REQUIRED! PLEASE CONTACT ACADEMY MANAGER!**