ROCKSTAR ACADEMY

LIVING WORLD

+6221 2923 9500

Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

UPDATED 16 NOVEMBER 2026

SCAN FOR E-SCHEDULE

Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports
08.00 - 08.30																																		
08.30 - 09.00																														DREAM TEAM				DREAM TEAM
09.00 - 09.30		Pre Primary 5&6 5-7 yrs		SMARTOLOGY 3 3-4 yrs			Pre Primary 5&6 5-7 yrs	LEARN&PLAY 1 6-18 mo	SMARTOLOGY 3 3-4 yrs			Pre Primary 5&6 5-7 yrs		SMARTOLOGY 3 3-4 yrs			Pre Primary 5&6 5-7 yrs	LEARN&PLAY 1 6-18 mo				Pre Primary 5&6 5-7 yrs			SMARTOLOGY 3 3-4 yrs								U10 Mix	U10 Mix
09.30 - 10.00																																		
10.00 - 10.30	U4					Jumper 24-35 mo		LEARN&PLAY 2 19-35 mo	Baby Jam 6-18 mo	Sports U3	Jumper 24-35 mo		LEARN&PLAY 2 19-35 mo	Baby Dance 1-3 yrs	Sports U4/5	Crawler 6-18 mo		LEARN&PLAY 2 19-35 mo	Baby Dance 1-3 yrs	Sports U3	Jumper 24-35 mo			Move& Groove 3-5 yrs		Jumper 24-35 mo					Walker 12-23 mo				DREAM TEAM
10.30 - 11.00																																		
11.00 - 11.30	U4	SMARTOLOGY 3 3-4 yrs				Jumper 24-35 mo	SMARTOLOGY 3 3-4 yrs	LEARN&PLAY 2 19-35 mo	P-Ballet 3-5 yrs	Sports U3	Walker 12-23 mo	SMARTOLOGY 3 3-4 yrs	LEARN&PLAY 2 19-35 mo	Baby Dance 1-3 yrs	Sports U4/5	Walker 12-23 mo		LEARN&PLAY 2 19-35 mo		Sports U3	Walker 12-23 mo	SMARTOLOGY 3 3-4 yrs		Move& Groove 3-5 yrs		Walker 12-23 mo				Sports U3		U8 Mix	Crawler 6-18 mo	Baby Dance 1-3 yrs			U8 Mix
11.30 - 12.00																																		
12.00 - 12.30	U5-7	SMARTOLOGY 4 4-5 yrs	Sports U3			U4	SMARTOLOGY 4 4-5 yrs	Baby Dance 1-3 yrs	Baby Dance 1-3 yrs		Jumper 24-35 mo	SMARTOLOGY 4 4-5 yrs				Jumper 24-35 mo	SMARTOLOGY 4 4-5 yrs	Martial Arts 4-7 yrs				SMARTOLOGY 4 4-5 yrs	Baby Dance 1-3 yrs					Move& Groove 3-5 yrs	Baby Dance 1-3 yrs	Baby 2-3 yrs		U4				DREAM TEAM
12.30 - 13.00																																		
13.00 - 13.30	Walker 12-23 mo		Sports U4/5	Baby Dance 1-3 yrs		Walker 12-23 mo			Move& Groove 3-5 yrs						Sports U3			Baby 2-3 yrs	Move& Groove 3-5 yrs	Elite						U4			P-Ballet 3-5 yrs	U5-7		Move& Groove 3-5 yrs		U12&U14 Mix
13.30 - 14.00																																		
14.00 - 14.30	Jumper 24-35 mo		Move& Groove 3-5 yrs		U5-7			Sports U4/5	Sports U4/5	U5-7	U4			P-Ballet 3-5 yrs	U5-7	U5-7			P-Ballet 3-5 yrs	Sports U4/5	U5-7	U4				Elite	U5-7	Sports U4/5		Primary 5+ yrs NEW!	U7-16		Stage Studio U5-7		U7-12
14.30 - 15.00																																		
15.00 - 15.30	U4		Martial Arts 4-7 yrs		U5-7	U4		U5-9		U5-7	U5-7	Move& Groove 3-5 yrs	Martial Arts 4-7 yrs	U5-9	U7-12	U4			Primary 5+ yrs NEW!	Stage Studio U5-7	U5-7	U5-7	Move& Groove 3-5 yrs		RockFit U5-7	Elite U5-7		RockFit U7-18	Stage Studio U5-7	Gr.1-3 (Skill dep.)	U8-18	U5-7		Muay Thai 5+ yrs	H-Hop U7-18	Elite U5-9
15.30 - 16.00																																		
16.00 - 16.30	U5-7	K-Pop U7-18	Tkd. 5+ yrs			U5-7		U8-18		U9-18	U5-7	RockFit U5-7	Tkd. 5+ yrs		U5-7	U5-7	K-Pop U7-18	Martial Arts 4-7 yrs	Elite U5-7	U8-18		Stage Studio U5-7	Martial Arts 4-7 yrs	RockFit U7-18	U5-7	U8-18			Martial Arts 4-7 yrs		Elite U5-7		Martial Arts 4-7 yrs		Elite U5-12
16.30 - 17.00																																		
17.00 - 17.30	U8-18	Stage Studio U5-7	Tkd. 5+ yrs		Elite U8-18	U8-18	RockFit U5-7	Elite U5-9		U8-18	U8-18	Elite U5-8	Muay Thai 5+ yrs		U8-18	U8-18	Elite U5-9	Tkd. 5+ yrs	Gr.1-5 (Skill dep.)	Elite U5-12	U5-7	H-Hop U7-18			U8-18	Elite				Elite U5-7		Parkour 7+ yrs		Tkd. 5+ yrs	
17.30 - 18.00																																		
18.00 - 18.30			Elite 6+ yrs			Elite		Elite U8-18		Elite U9-18	Elite	Elite U5-18	Elite 6+ yrs		Elite U7-12		Elite U8-18	Tkd. 5+ yrs			U8-18		Tkd. 5+ yrs		Elite U7-12				Elite U7-12			Poom sae 5+ yrs		U8-18
18.30 - 19.00																																		
19.00 - 19.30																																		
19.30 - 20.00																																		
20.00 - 20.30																																		

INDEX:

PRESCHOOL : LEARN&PLAY 1 | LEARN&PLAY 2 | SMARTOLOGY 3 | SMARTOLOGY 4 | KINDERGARTEN : Pre Primary 5 | Pre Primary 6

Gymnastics | Cheerleading | Ballet | Broadway | Basketball | Futsal | Dance | Taekwondo | Elite : up to 90 min class | DREAM TEAM : up to 120 min class

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC
- PRE-PRIMARY 6 (5-7 YRS)
- PRE-PRIMARY 5 (5-6 YRS)
- SMARTOLOGY 4 (4-5 YRS)
- SMARTOLOGY 3 (3-4 YRS)
- LEARN & PLAY 2 (19-35 MO)
- LEARN & PLAY 1 (6-18 MO)

BEGINNER — ADVANCED

GYMNASTICS
- TOTS GYM U4 (36-47 MO)
- JUMPER (24-35 MO)
- WALKER (12-23 MO)
- CRAWLER (6-18 MO)

BEGINNER — ADVANCED

DANCE
- ELITE DANCE U5-8
- MOVE & GROOVE (3-5 YRS)
- BABY DANCE (1-3 YRS)
- BABY JAM (6-18 MO)

BEGINNER — ADVANCED

SWIMMING
- MOM & ME ADVANCE (5-6 YRS)
- MOM & ME INTERMEDIATE (36-47 MO)
- MOM & ME BEGINNER (6-35 MO)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U5-7
- PRE-BALLET (3-5 YRS)
- BABY BALLET (2-3 YRS)

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (3-6 YRS)
- CHALLENGERS (3-6 YRS)
- FUTURES (3-6 YRS)
- DEVELOPMENTAL (3-6 YRS)

BEGINNER — ADVANCED

MARTIAL ARTS
- INTRO TO MARTIAL ARTS U5-7

BEGINNER — ADVANCED

MULTI-SPORTS
- SPORTS U5
- SPORTS U3

BEGINNER — ADVANCED

5-18 YRS ACTIVITY CLASSES

GYMNASTICS
- ELITE GYMNASTICS L1-10
- GYMNASTICS U12-18
- GYMNASTICS U8-18
- GYMNASTICS U7-12
- KIDS GYMNASTICS U5-7

BEGINNER — ADVANCED

SWIMMING
- ELITE SWIMMING
- STROKE DEVELOPMENT L1-UP

BEGINNER — ADVANCED

PARKOUR
- ELITE PARKOUR (7+ YRS)
- PARKOUR (7+ YRS)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U7-18
- BARRE 8+ / 19+ YRS
- ADVANCE
- ADVANCE FOUNDATION
- INTERMEDIATE
- INTERMEDIATE FOUNDATION
- BALLET GRADE 1-5
- ELITE BALLET U5-7
- PRIMARY BALLET (5+ YRS)

BEGINNER — ADVANCED

CHEERLEADING
- ELITE CHEER U13-18
- CHEER U13-18
- ELITE CHEER U8-12
- CHEER U8-12
- ELITE CHEER U5-9
- CHEER U5-9

BEGINNER — ADVANCED

FUTSAL
- ELITE FUTSAL U14-18
- FUTSAL U14-18
- ELITE FUTSAL U12-16
- FUTSAL U12-16
- ELITE FUTSAL U8-12
- FUTSAL U8-12
- ELITE FUTSAL U5-7
- FUTSAL U5-7

BEGINNER — ADVANCED

BASKETBALL
- ELITE BASKETBALL GIRLS U14-18
- ELITE BASKETBALL U14-18
- BASKETBALL GIRLS U14-18
- BASKETBALL U14-18
- ELITE BASKETBALL U8-12
- BASKETBALL GIRLS U8-12
- BASKETBALL U8-12
- ELITE BASKETBALL U5-7
- BASKETBALL U5-7

BEGINNER — ADVANCED

DANCE
- ELITE CONTEMPORARY U8-18
- ELITE BROADWAY U5-18
- ELITE DANCE U7-18
- ROCKJAM 8+ / 19+ YRS
- BREAK DANCE U7-18
- TRADITIONAL DANCE U7-18
- HIPHOP U7-18
- K-POP U7-18
- BELLY DANCE U7-18
- ELITE DANCE U5-8
- K-POP U5-7
- BELLY DANCE U5-7
- STAGE STUDIO U5-7

BEGINNER — ADVANCED

NEW! PICKLEBALL
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

NEW DREAM TEAM

BASKETBALL	FUTSAL	GYMNASTICS
U10 | U12 | U14 | U16	U6 | U8 | U10 | U13	LEVEL 3-10

MARTIAL ARTS
- ELITE TAEKWONDO
- TAEKWONDO WHITE-BLACK (5+ YRS)
- MIXED MARTIAL ARTS (6+ YRS)
- MUAY THAI (5+ YRS)
- POOMSAE (5+ YRS)

BEGINNER — ADVANCED

NEW! PING PONG
- PING PONG ADULT19+
- PING PONG U8-18
- PING PONG U5-7

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

ROCKFIT
- ROCKFIT U8-18
- ROCKFIT U5-7

BEGINNER — ADVANCED

Elite CLASS
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR