



LIPPO MALL PURI
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Winter Term Schedule
20th Oct 2025 until 18th Jan 2026
Updated Nov 17th

SCAN FOR
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports	G	1	2	3	Sports
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INDEX:

PRESCHOOL: LEARN & PLAY 1, LEARN & PLAY 2, SMART OLOGY 3, SMART OLOGY 4

KINDERGARTEN: Primary 5, Primary 6

Activities: Gymnastics, Cheerleading, Ballet, Contemporary Dance, Broadway, Basketball, Futsal, Dance, Taekwondo, Elite: up to 120 min class, DREAM TEAM: up to 120 min class

PERFORMING ARTS

BASKETBALL **FUTSAL**

Preschool & KINDERGARTEN

GYMNASTICS **PICKLEBALL**

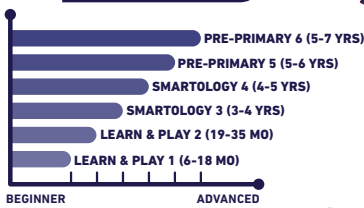
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

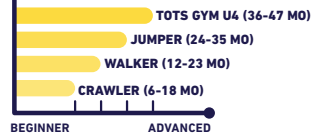
EARLY CHILDHOOD EDUCATION



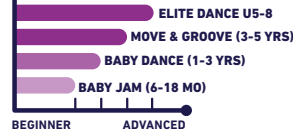
NEW ACADEMIC



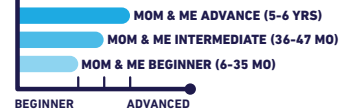
GYMNASTICS



DANCE



SWIMMING



YOGA



BALLET



MARTIAL ARTS



MULTI-SPORTS

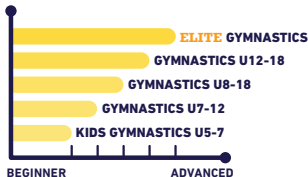


5-18
YRS

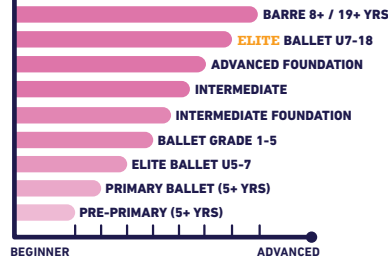
ACTIVITY CLASSES



GYMNASTICS



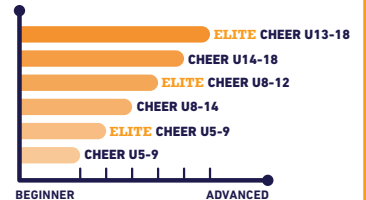
BALLET



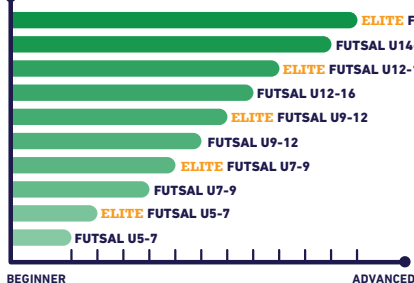
MARTIAL ARTS



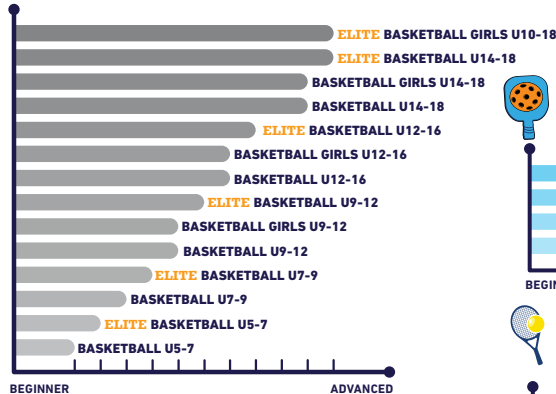
CHEERLEADING



FUTSAL



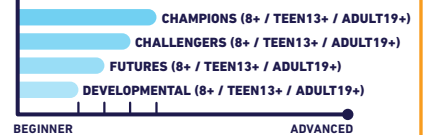
BASKETBALL



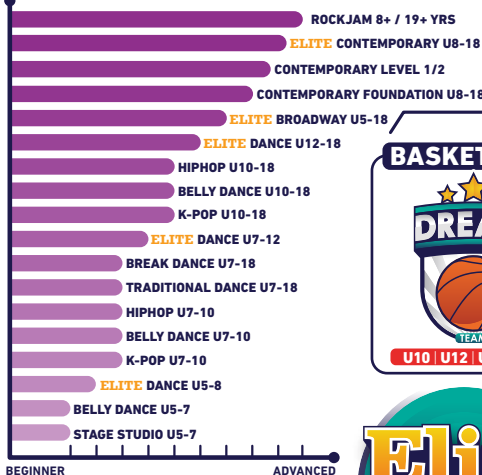
SWIMMING



PICKLEBALL



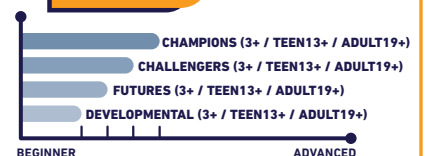
DANCE



NEW DREAM TEAM



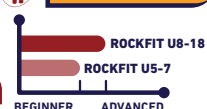
TENNIS



PARKOUR



ROCKFIT



YOGA



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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JAKARTA CENTRAL PARK

Starting 8th Dec 2025

**SCAN FOR
E-SCHEDULE**



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman
09.00 - 09.30							
09.30 - 10.00							
10.00 - 10.30							
10.30 - 11.00							
11.00 - 11.30							
11.30 - 12.00							
12.00 - 12.30							
12.30 - 13.00							
13.00 - 13.30							
13.30 - 14.00							
14.00 - 14.30	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo				
14.30 - 15.00							
15.00 - 15.30	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs				
15.30 - 16.00							
16.00 - 16.30	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs				
16.30 - 17.00							
17.00 - 17.30	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs				
17.30 - 18.00							
18.00 - 18.30							
18.30 - 19.00							

ARRIVAL & CLASS ENTRY:

1. Arrive at Pullman Hotel Central Park - Enter through the main entrance & take the elevator.

2. Go to Level 1 at FIT&SPA.

3. Begin check-in at the Registration Desk handled by Hotel Staff.

4. Walk through the Area - Look for the staircase. Take the stairs to the L Floor - This leads directly to the Swimming Pool.

5. Changing rooms & Shower are available on Level 1 & at the pool area.

6. Bring your ID Card & tap at the pool entrance, where our Instructor & Class Assistant will welcome you.

7. Enjoy the Class!

Class Rules:

1. Only pre-registered students are allowed to join the class.

2. No walk-ins will be accepted.

CLASS REGISTRATION REQUIRED! PLEASE CONTACT ACADEMY MANAGER!

PROGRAM CLASSIFICATION & PROGRESSION

6 mo - 6 yrs



SWIMMING



5 - 18 yrs



SWIMMING



SWIMMING POOL RULES HEALTH RULES:

- 1.** Please wear proper swimming attire. No nudity allowed.
- 2.** Swimmers are requested to shower before using the swimming pool.
- 3.** No cloth or disposable diapers will be allowed in the water.
- 4.** No one with open sores or wearing bandages/band aids should enter the pool.
- 5.** No one shall use the swimming pool while knowingly suffering from any contagious or skin disease.
- 6.** No gum. No spitting. No food or drinks are to be taken into the water.
- 7.** Only food and beverage served by the hotel may be consumed within the designated pool areas.
- 8.** Please put litter in proper receptacles.

SAFETY RULES:

- 1.** Children under 12 years old must be accompanied by an adult, who shall be responsible for their safety.
- 2.** No pets allowed.
- 3.** Nobody is allowed to swim when there is heavy-rain, thunderstorms or lightning. The swimming pool will be closed during these inclement conditions.
- 4.** Guests using the swimming pool do so at their own risk. The hotel is not responsible for any injury or accident sustained by guests.
- 5.** Guests are reminded not to leave their valuables unattended.
- 6.** No diving allowed and no dunking or throwing people in the pool.

Please use the swimming pool at your own risk. No lifeguard on duty.