

LIPPO MALL PURI \$\infty\$ +6221 225 82777

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

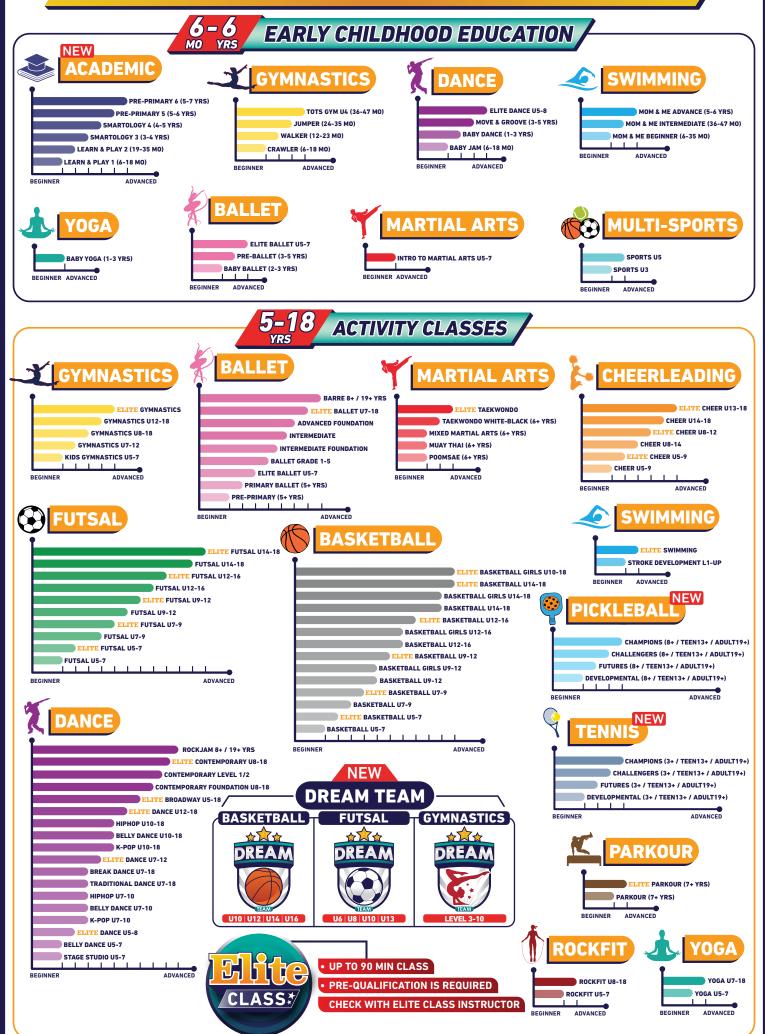
Updated Nov 17th

SCAN FOR E-SCHEDULE



1	Monday					Tuesday						Wednesday				Thursday				Friday					Saturday					Sunday					
Time	G	1	onday 2	2	Sports	G	1	Tuesday 2		Sports	G	1	anesaa 2	•	Sports	G	1	nursa:	•	Sports	G	1	2	3	Sports	G	1	2	•	Sports	G	1	Sunday 2		Sports
08.00			2	3	Spoi ts		<u> </u>	2	3	Sports	G	•			Sports		<u>'</u>		3	Sports	0	<u>'</u>	2	3	Spoi ts	0	_		3	Sports	-	<u> </u>		3	Sports
08.30																								_ [ו וה	177	<u>_</u>	Д							
08.30 09.00																										7 I I	ו ו			DOE A					
09.00								LEARN										LEARN						_ [/ <u></u>	15.5	<u>' ' ' '</u>		<u> </u>	DREAN					
09.30		rimary					Primary	&PLAY				rimary					Primary	&PLAY	7			Primary			<u>CHA</u>	<u>MPI</u>	<u>ons</u>	HIPS	**	1					DREAM
09.30 10.00	ľ	5&6					5&6	6-18 mo				5&6					5&6	6-18 mo				5&6								' I					
10.00		5-7 yrs					5-7 yrs	I FARW				5-7 yrs	LEADY				5-7 yrs	I EARNI				5-7 yrs					-	+	+	U12 Boy U12 Girl:		_	\vdash		1
10.30						Walker 12-23		&PLAY 2		Sports	Walker		LEARN & PLAY 2		Sports	Walker		&PLAY	7	Sports	Walker				Sports	Walker 12-23					Walker				U12 Boys
10.30						mo		19-35 mo		U3	12-23 mo		19-35 mo		U3	12-23 mo		2 19-35 mo		U3	12-23 mo				Ū3	mo				AE	12-23 mo				U12 Girls
11.00								mo					mo			-		mo	-					-				-	-	- 6		-	\vdash		
11.30	USA	SMART DLOGY				Crawler	SMART OLOGY	Baby		Sports	Jumper 24-35	OLOGY	Baby	Baby	Sports U4/5	USA	SMARI	Baby			Jumper	SMART OLOGY	Baby		Sports	Jumper	Baby			Girls U8-18	Jumpe	r			
11.30		4				mn	4	1-3 yrs		U3		4 4-5 yrs	Dance 1-3 yrs	1-3 yrs	Ú4/5		4	1-3 vrs	Dance 1-3 yrs		24-35 mo	/ E	Dance 1-3 yrs		U3			Elite	Э	Elite	24-35 mo				
12.00	04	4-5 yrs					4-5 yrs	<u> </u>				4-3 yı 3				U4	4-5 yrs													_	NEW	_			
12.00 12.30		SMART OLOGY				Jumper	SMART	&PLAY			Jumper	SMART	& PI AV	Baby		Jumper		&PLAY	,		Jumper	SMART	Baby Dance 1-3 yrs			USA	Baby	1	k	1	Crawle	r Baby			
12.30		3				24-35	3	2			24-33	3	7/2	Dance 1-3 yrs		24-35 mo		2	<u> </u>		24-35 mo	3	Dance - 1-3 yrs			U4	Dance 1-3 yrs	-		1	6-18 mo	Dance 1-3 yrs	5		③
13.00		3-4 yrs					3-4 yrs	19-35 mo				3-4 yrs	19-35 mo					19-35 mo				3-4 yrs				04		U8-18		U9-18					U5-7
13.00	Walker		Baby			USA		Baby						P-Ballet							Crawler		Move&	Baby		USA	Move8	Elite	Baby	affe a			Martial		\odot
	12-23	Hilling	Dance -		Sports U4/5		Primary	Dance				rimary	Sports U4/5	*	Elito	USA	Primary				6-18 mo		Groove 3-5 yrs	*		U5-7	Groove	ھ اد	#		USA	_	Arts 4-7 yrs		
14.00	mo	00.0	1-3 yrs			U4	5&6	1-3 yrs				5&6		/\ 3-5 yrs	Elite	U4	5&6				mo			-3 yrs		U5-7	3-5 yrs		2-3 yr	u5-7	U4		4-7 yıs		U7-16
14.00		5-7 yrs	Martial	.4		L	5-7 yrs		Move&		۔ ما	5-7 yrs			AFO.		5-7 yrs	Martial	l Move&		10	5-7 yrs	Р	-Ballet		سا		U8-18			سوا				Elite
	Jumper 24-35		Martial Arts	Groove		USA			Groove		USA		Move& Groove					Arts	Groove 3-5 yrs	17124-	USA			*	Sports U4/5	USA	K-Pop U7-18					Sports U4/5	IIIdi		
15.00	mo	ľ	4-7 yrs ;	3-5 yrs		U5-7			3-5 yrs		U5-7		3-5 yrs		U5-10			4-7 yrs	5 3-3 yrs	Elite	U5-7		3	/\ -5 yrs		U8-18		EIIte	=	U5-7	U5-7	0 0	6+ yrs		
15.00				_		Elite			Elite		l.		F	Primary		١.	-				la a	-	P	rimary		ر ما	Elite	, 2	Primar	ту	ء ما				U5-7
15.30	USA		Muay Thai	Studio	(3)		Sports	Martial Arts		1	USA	RockFit U7-18		1	1	USA		Sports	RockFit	3	USA	20	Martial Arts	*	1	USA	•		*	1	USA	Move& Groove			
15.30 16.00	U4		6+ yrs		U5-7	USA	U4/5	4-7 yrs	S.	U5-7	U4	07-18		* T	U5-7	U5-7		U4/5	U5-7	U5-7	U4	U5-9	4-7 yrs	*	U5-7	U8-18		U8-18		U9-18		3-5 yrs	s 6+ yrs		Æ
16.00									U5-8					5+ yrs			U5-9			Elite	-	*		+ yrs		Elite	1		5+ yr:		Elite		\vdash		
16.30	USA		Tkd.		\odot			Tkd.	K-Pop	AFO	USA	RockFit		Stage Studio	1	USA	.360	K-Pop	RockFit		USA	1	Stage Studio	20	AS		U8-18	Tkd.	1	3			Tkd.		U5-7
16.30	U5-7		6+ yrs			Elite	U5-7	6+ yrs	U5-7	U9-16	U8-18	U5-7			U9-16	U5-7	S	U7-18	RockFit U7-18		U8-18	U8-18	U5-7	*	U9-16	USA	Elite	6+ yrs	Gr.1-	3 U9-18	USA		6+ yrs		Elite
17.00 17.00				NEW	Flite	ا ما				Elite	Flite				Elite	-	1				Elite	00-18	U	J5-7	Elite				(Skill dep	Elite	-				
17.30	USA		Tkd. □ - ■	Н-Нор	Elite	USA		Muay	K-Pop	Liite	Elite		Tkd.	K-Pop	Liite	USA	U5-9	NEW		U7-16	Liite		RockFit	*	Liite		6	Tkd.		Elite			Poom-		$ \mathfrak{G} $
17.30	U8-18		- ■ 6+ yrs	U7-18	③			- Thai 6+ yrs	U7-18	AC	USA		[] - [6+ yrs	U7-18	æ	_	Elite	Elite			USA		U7-18	/\ ir.1-3	AFO!		U5-9	6+ yrs	,	(3)			sae 6+yrs		U7-16
18.00					0						USA					U8-18	12	%			- Nosa			kill dep.)			00 /	,			Parkou	r			0, 10
18.00 18.30	Elite		Elite		U7-12			Tkd.		U5-12			Poom-		U9-18	Parkour	A	1							U9-18		Elite	Elite	9	U8-16	7+ yrs				
18.30	USA							6+ yrs					sae 6+yrs		Elite	7+ yrs	1	U5-8				Elite			Elite		T.	1			b e				DTC
19.00			1										-				U5-18										X	1					RMI		
19.00 19.30			6+ yrs												3	Elite Parkour						-			1		U5-18	6+ yrs	5				BALL		JTSAL
19.30															U7-18	l _						110.42			_						Fres	chôol	& KIN	DERG/	arten
20.00 20.00							4		1145											re		U8-18			U14-18				-		GM	NAST	CS PI	ICKLE	BALL®
-	INDE	/.	SCHO Gyr				1 LEA	RN&PI	_AY2 Ballet	SMAR	TOLO		SMA v Dance	- 49	OGY 4 Broady	1	<u> </u>	ARTEN sketbal		rimary Futsa		rimar Dance						20 min					20 min c		

NEW PROGRAM CLASSIFICATION & PROGRESSION





LIPPO MALL PURI \$\inpurp +6221 225 82777\$

Classes take place at the



JAKARTA CENTRAL PARK

Starting 8th Dec 2025

SCAN FOR E-SCHEDULE



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday							
Time	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullma	n Swimming Pool Pullman	Swimming Pool Pullman	Swimming Pool Pullman							
09.00				1										
09.30						0.000								
09.30 10.00					ARRIVAL'&'C	LASS ENTRY								
10.00														
10.30					Arrive at Pullman	Arrive at Pullman Hotel Central Park - Enter								
10.30						through the main entrance & take the elevator.								
11.00					3									
11.00				2	Go to Level 1 at FIT	%SPA.								
11.30					• • • • • • • • • • • • • • • • • • • •	40.7								
11 <u>.</u> 30 12.00					Begin check-in at t	the Registration De	sk							
12.00				3	 handled by Hotel S 	Begin check-in at the Registration Desk handled by Hotel Staff.								
12.30					manada by meter s									
12.30				Λ	Walk through the	Area - Look for the	staircase.							
13.00				4	Walk through the ITake the stairs to t	ads								
13.00 13.30					directly to the Swimming Pool.									
13.30					01	01	.1.							
14.00				5	Changing rooms &	Shower are availal	oie							
14.00					on Level 1 & at the	pool area.								
14.30	Swim Mom & Me L1	Swim Mom & Me L1	Swim Mom & Me L1		Bring your ID Card & tap at the pool entrance, where our Instructor & Class Assistant will									
14.30	6-35 mo	6-35 mo	6-35 mo	6	where our Instruct	or & Class Assistar	nt will							
15.00					welcome you.									
15.00 15.30	Swim	Swim	Swim											
15.30	Mom & Me L2	Mom & Me L2	Mom & Me L2	7 .	Enjoy the Class!									
16.00	3-4 yrs	3-4 yrs	3-4 yrs											
16.00	Continu	C :	C :		Class	Rules:								
16.30	Swim Mom & Me L3	Swim Mom & Me L3	Swim Mom & Me L3											
16.30	5-6 yrs	5-6 yrs	5-6 yrs	1	Only pre-registere allowed to join the	ed students are								
17.00					allowed to join the	class.								
17.00 17.30	Stroke	Stroke	Stroke											
17.30	Development L1 7+ yrs	Development L1 7+ yrs	Development L1 7+ yrs	2	No walk-ins will be	No walk-ins will be accepted.								
18.00	/ + yı S	/ + yi S	/ + yı S											
18.00														
18.30					7									
18.30														
19.00														

PROGRAM CLASSIFICATION & PROGRESSION

SWIMMING

MOM & ME ADVANCE (5-6 YRS)

MOM & ME INTERMEDIATE (36-47 MO)

MOM & ME BEGINNER (6-35 MO)

SWIMMING

STROKE DEVELOPMENT L1-UP

BEGINNER ADVANCED

SWIMMING POOL RULES HEALTHRULES:

- Please wear proper swimming attire. No nudity allowed.
- 2 Swimmers are requested to shower before using the swimming pool.
- 3 No cloth or disposable diapers will be allowed in the water.
- No one with open sores or wearing bandages/band aids should enter the pool.
- No one shall use the swimming pool while knowingly suffering from any contagious or skin disease.
- No gum. No spitting. No food or drinks are to be taken into the water.
- Only food and beverage served by the hotel may be consumed within the designated pool areas.
- **8** Please put litter in proper receptacles.

SAFETY RULES:

- Children under 12 years old must be accompanied by an adult, who shall be responsible for their safety.
- 2 No pets allowed.
- Nobody is allowed to swim when there is heavy-rain, thunderstorms or lightning.

 The swimming pool will be closed during these inclement conditions.
- Guests using the swimming pool do so at their own risk. The hotel is not responsible for any injury or accident sustained by guests.
- **5** Guests are reminded not to leave their valuables unattended.
- 6 No diving allowed and no dunking or throwing people in the pool.

Please use the swimming pool at your own risk. No lifeguard on duty.