



LIPPO PLAZA EKALOKASARI

+62251 310 1100

Spring Term Schedule 19th Jan until 19th Apr 2026

SCAN FOR
E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong
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13.00																					
13.30				Sports U4/5			Sports U4/5			Sports U4/5											
14.00																					
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14.30	U5-7			U5-7			U5-7			U5-7											
15.00																					
15.30																					
15.30	U5-7	3-6 yrs		U5-7			U5-7			U5-7											
16.00																					
16.30																					
16.30	U9-18			U9-18	3-6 yrs		U9-18	3-6 yrs		U9-18	3-6 yrs		U5-7	7+ yrs	U5-7	U9-18	Adult19+ & LADDER PLAY				
17.00																					
17.30																					
17.30	U9-18	7+ yrs		U9-18			U9-18	7+ yrs	U5-7	U9-18	7+ yrs		U9-18	3-6 yrs	Adult19+ & LADDER PLAY						
18.00																					
18.30																					
18.30	Adult19+ & MATCH PLAY																				
19.00																					
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19.30																					
20.00							Adult19+ & LADDER PLAY														
20.30																					
20.30																					
21.00																					

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

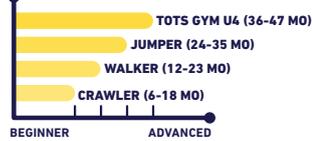
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

NEW ACADEMIC



GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



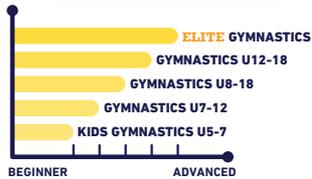
MULTI-SPORTS



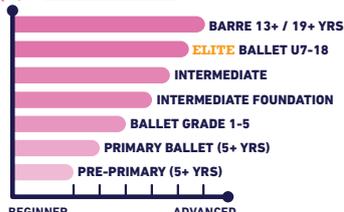
5-18
YRS

ACTIVITY CLASSES

GYMNASTICS



BALLET



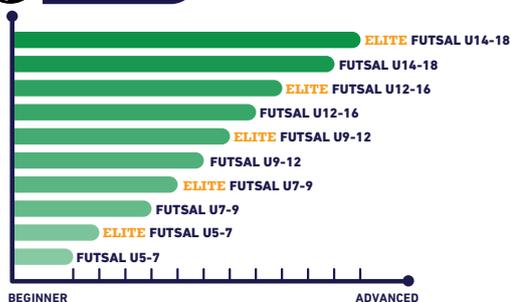
MARTIAL ARTS



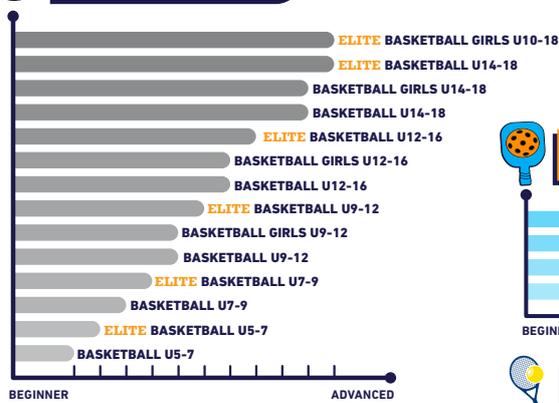
CHEERLEADING



FUTSAL



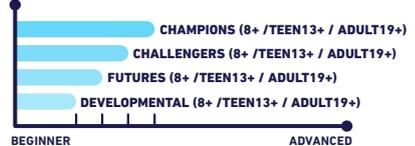
BASKETBALL



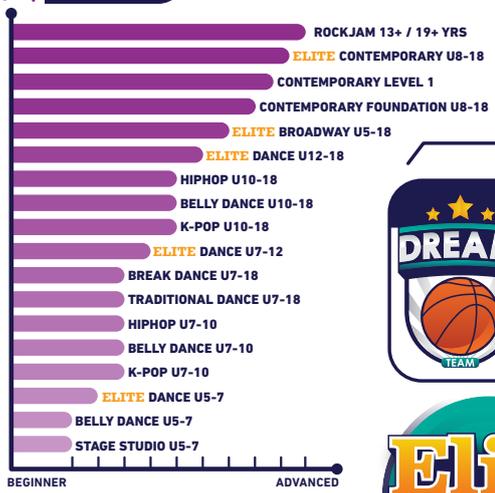
SWIMMING



PICKLEBALL



DANCE



NEW DREAM TEAM

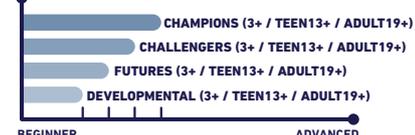
BASKETBALL

- BASKETBALL U10
- BASKETBALL U12
- BASKETBALL U14
- BASKETBALL U16

FUTSAL

- FUTSAL U6
- FUTSAL U8
- FUTSAL U10
- FUTSAL U13

TOUCH TENNIS



PARKOUR

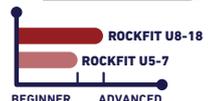


- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

YOGA



ROCKFIT





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Sample Schedule

ADULT19+

SCAN FOR
E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday			
	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	
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ADULT19+ SPORTS CLASSES 60 min of Drills and Technique training, followed by Ladder Play.

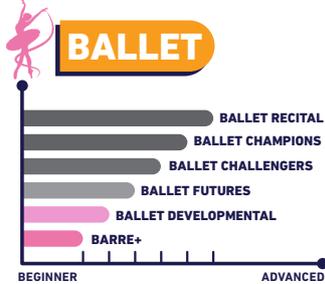
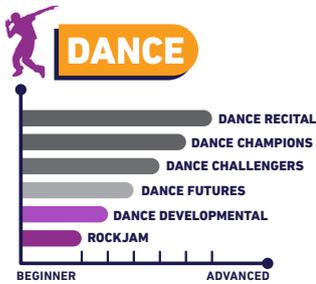
LADDER PLAY Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.

MATCH PLAY Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.

MATCH PLAY 60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.