



LIPPO PLAZA EKALOKASARI

+62251 310 1100

Fall Term Schedule
20th Jul until 18th Oct 2026

Updated 17th Aug

SCAN FOR
E-SCHEDULE



	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday				
Time	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong		
08.00	ENJOY FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructions scheduled! 																 Adult19+ MATCH PLAY						
08.30																							
09.00																							
09.30																							
10.00																							
10.30																							
11.00																							
11.30																							
12.00																							
12.30				Sports U3			Sports U3			Sports U3						 U5-7							
13.00																							
13.30				Sports U4/5			Sports U4/5			Sports U4/5						Elite  U5-7			 U5-7	 7+ yrs			
14.00																							
14.30	 U5-7									 U5-7	 3-6 yrs		Sports U4/5			 3-6 yrs		 U9-18	 3-6 yrs				
15.00							Elite  U5-7	 3-6 yrs								Elite  U5-9			 U9-18	 Adult19+ & LADDER PLAY			
15.30	 U5-7	 3-6 yrs		 U5-7						 U8-18			 U5-7			 7+ yrs		 U9-18	 Adult19+ & LADDER PLAY				
16.00																							
16.30	 U9-18			 U9-18	 3-6 yrs		 U5-7	 3-6 yrs		Elite  U5-9			 U5-7	 7+ yrs	 U5-7	 U8-18	 Adult19+ & LADDER PLAY	 U5-7	 LADDER PLAY				
17.00																							
17.30	 U7-18			Elite  U7-18			 U9-18		 U5-7	 7+ yrs		 U9-18	 3-6 yrs	 Adult19+ & LADDER PLAY	 U9-18	 LADDER PLAY		Elite  U5-7					
18.00							Elite  U8-18		 Adult19+ & LADDER PLAY				Elite  U7-18	 Adult19+ & LADDER PLAY	 LADDER PLAY	 U8-18							
18.30	 Adult19+ & MATCH PLAY				 7+ yrs																		
19.00																							
19.30																							
19.30																							
20.00																							
20.30																							
21.00																							

INDEX:  Basketball  Futsal  Tennis  Pickleball  Ping Pong

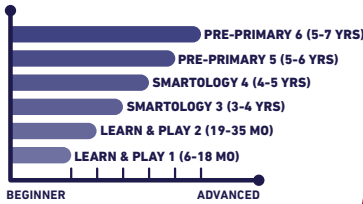
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

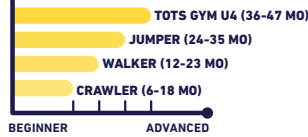
EARLY CHILDHOOD EDUCATION

NEW!

ACADEMIC



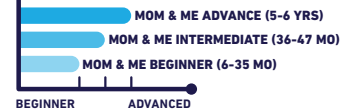
GYMNASTICS



DANCE



SWIMMING

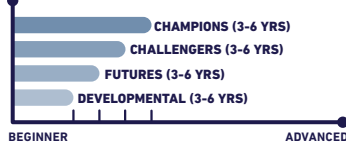


BALLET



NEW!

TENNIS



MARTIAL ARTS



MULTI-SPORTS

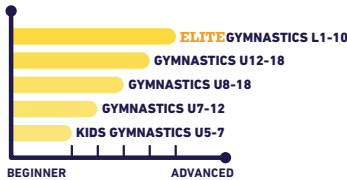


5-18
YRS

ACTIVITY CLASSES



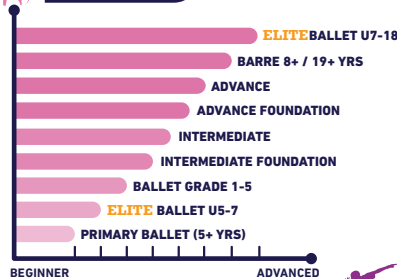
GYMNASTICS



SWIMMING



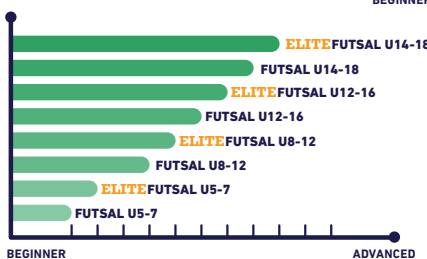
BALLET



CHEERLEADING



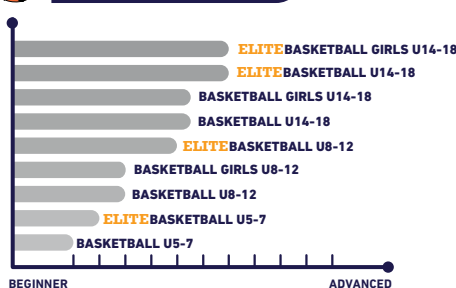
FUTSAL



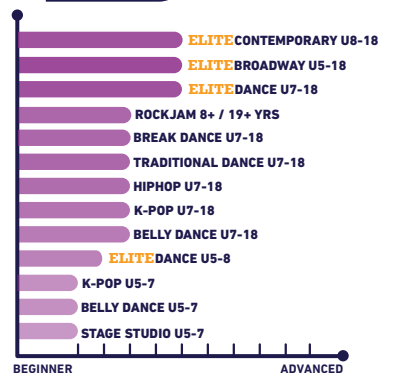
PARKOUR



BASKETBALL



DANCE



NEW!

PICKLEBALL

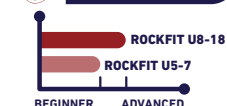


NEW!

PING PONG



ROCKFIT

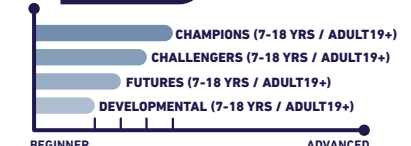


MARTIAL ARTS



NEW!

TENNIS



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

GYMNASTICS

LEVEL 3-10



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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Fall Term Schedule
20th Jul until 18th Oct 2026

ADULT19+

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
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ADULT19+ Free Trial

Parents of RockStar Students:
30 Days FREE

Guests & New Members:
7 Days FREE

Adult19+
&
LADDER
PLAY

Adult19+
MATCH
PLAY

Adult19+
&
LADDER
PLAY

Adult19+
&
LADDER
PLAY

Adult19+
&
LADDER
PLAY

Adult19+
&
LADDER
PLAY

Adult19+
&
LADDER
PLAY

Adult19+
&
LADDER
PLAY

Barre+
Adult19+

Rock
Jam
Adult19+

Adult19+
&
MATCH
PLAY

INDEX:



Basketball



Futsal



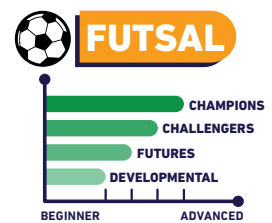
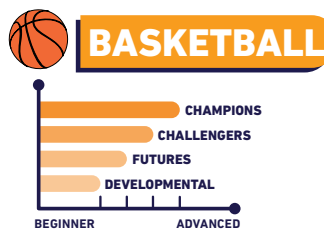
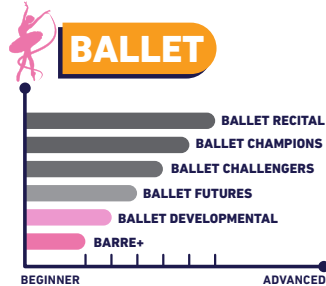
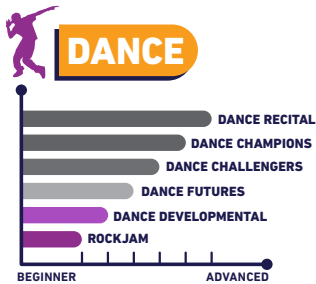
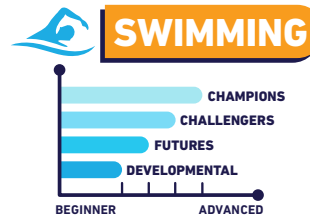
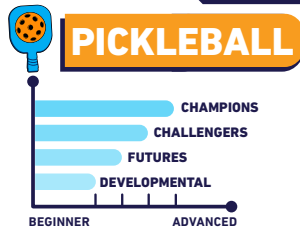
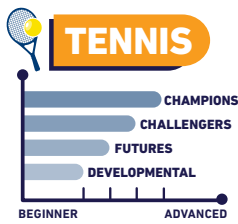
Pickleball



Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.