

LOTTE MART BINTARO \$\infty\$ +6221 3971 4200

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Updated Nov 17th

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		ı	Monday	,			1	uesday	,			We	ednesda	ay			1	Thursda	ay				Friday				Satur	day			Sunday			
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1 2	2 3	4	G	1 2	3	4	
08.00 - 08.30																									ľ					(DED		NIG AI		
08.30																										ነ ፴	אן ני	亿			FORMI			
09.00																										♩╚	ע ער	ԼԼե			SKETBALL	-		
09.00 09.30								LEARN &PLAY	,									LEARN								CILA	MADION	ICILLE	$\widetilde{\mathbf{A}}$		hool & KIN			
09.30		Primary					rimary	&PLAY				Primary					Primary	&PLAY				Primary			-	/LHA	MPION	191111	2*2	GMN/	ASTICS 🗜	ICKLEE	ALL®	
10.00		5&6					5&6	6-18 mo				5&6					5&6	6-18 mo				5&6												
10.00		5-7 yrs					5-7 yrs	LEARN			Walker	5-7 yrs	LEARN &PLAY	Dahii			5-7 yrs	LEA: N			lumnor	5-7 yrs								0				1
10.30 10.30						Crawler 6-18		&PLAY 2			12-23		2	Dance		Walker 12-23		&PLAY			Jumper 24-35					lumper 24-35 —				Crawler 6-18				1
11.00			NEW			mo		19-35 mo			mo		19-35 mo	1-3 yrs		mo		19-35 mo			mo		NEW			mo				mo				1
11.00	۔ ما	SMART	LEARN				SMART	Baby	NEW			SMART	LEARN				SMART					SMART	LEARN			ر ما	Dat	D-			Bab	v	Baby	
11.30	USA	OLOGY 4	&PLAY			Jumper 24-35	OLOGY 4	lam	Baby Dance		Jumper 24-35	OLOGY 4	&PLAY	Dance		Jumper 24-35		Illance			Crawler 6-18	OLOGY 4	2	Dance		USA	Dan	oy Bal ice Dan	ce	Walker 12-23	Jan 6-1	i	#	1
11.30	U4	4-5 yrs	19-35 mo			mo	4-5 yrs	mo	1-3 yrs		mo	4-5 yrs	19-35 mo	1-3 yrs		mo	4-5 yrs	1-3 yrs			mo	4-5 yrs	19-35	1-3 yrs		U4	1-3	yrs 1-3	yrs	mo	mo	.		
12.00 12.00		SMART	1110			NEW						SMART	1110		Baby										Baby			+					2-3 yrs P-Ballet	1
12.30		OLOGY				Jumper 24-35		Baby Dance				OLOGY			1			Baby Dance			Walker 12-23	OLOGY			E		Mov	ve& ove Spo	rts		Baby Danc		*	1
12.30		3 3-4 yrs				mn l	3 3-4 yrs	1-3 yrs				3 3-4 yrs			7			1-3 yrs			mo	3 3-4 yrs			7) 2-3 yrs		3-5	yrs U	3		1-3 y	rs		1
13.00 13.00		,								Baby		-			2-3 yrs										P-Ballet	-	Eli	to	_	+			3-5 yrs Primary	1
13.30			Baby			Walker 12-23	ENTE:			3 .		(O)	Move&			Jumper		Move&			USA	Este.			2			Mar			Move Groov	&		1
13.30		rimary 5&6	Dance 1-3 yrs			mo	rimary 5&6			*			Groove 3-5 yrs			24-35 mo		Groove 3-5 yrs			U4	rimary 5&6			*		T'	4-7	yrs		3-5 y		*	
14.00		5-7 yrs					5-7 yrs			2-3 yrs		5-7 yrs					5-7 yrs					5-7 yrs	NEW	-	3-5 yrs		/ <u>'</u>	∟ د		_		160	5+ yrs	
14.00 14.30	Jumper			Martial		USA	, , ,			P-Ballet	USA			Martial		USA	, .	Stage			Jumper		Move&		P-Ballet	USA	U5-	1 12	d.	USA	Stag	е 🧎 🧾		
14.30	24-35 mo			Arts 4-7 yrs	7	U4				*	U4			Arts 4-7 yrs		U5-7		Studio U5-7			24-35 mo		Groove 3-5 yrs		*	U5-7		6+3	rs	U4	Stud U5-			
15.00					3-5 yrs					3-5 yrs	04			·		03-7							0 0 ,10		3-5 yrs	03-7		\perp				U8-18		
15.00 15.30	USA		Move&		Primary	USA		Trad.	RockFit		USA		Belly		P-Ballet	USA			Sports		USA			Sports	Primary	USA		Tk		Jumper				
15.30			Groove 3-5 yrs		*	U5-7		Dance U7-18	U5-7				Dance U5-12		*	_		-	Sports U4/5					U4/5	*	U8-18				24-35 mo				
16.00	U4		5 5 yi 5		5+ yrs	U5-7					U5-7		03 12		3-5 yrs	U4		U5-9			U5-7				5+ yrs	00-10		6+)	/rs			U5-9		
16.00 -				Tkd	1	USA		Elite					Stage	Muav		روا			Martial						Elite					اسما	Dah			
16.30 16.30	USA			Tkd.	7	U8-18		1					Studio	Thai		USA			Martial Arts 4-7 yrs	K-Pop			K-Pop U7-18		5					USA	Baby Danc	e		
17.00	U5-7			6+ yrs	Gr.1-4 (Skill dep.)	00-10		U5-8					U5-7	6+ yrs		U8-18			4-/ yrs	0, 10			0, 10		U5-7					U5-7	1-3 yı	'S		
17.00	,			Tkd.						NEW	10				<i>b</i>			Elite	I I	Elite	۔ ما		NEW		b									
17.30	USA			- I				H-Hop U7-18		Barre+ Adult19+	USA				7				Tkd.		USA		K-Pop U5-7		*									
17.30 18.00	U8-18			6+ yrs							U8-18				Gr.1/2 (Skill dep.)			20	6+ yrs	1	U8-18		U5-7		Gr.2-5 Skill dep.)									
18.00	Elite			Daam				Elite	Elite		Elite							U5-9	Elite	**					-+									
18.30	10			Poom- sae				•	-											U8-18					1									
18.30 19.00	USA			6+ yrs				6	0		USA							Elite	1						Founda- tion U8-18									
19.00								U5-9	, <u>#</u>				Elite					\$. #						30-10									
19.30 19.30									6+ yrs				•					-	6+ yrs														2002	
20.00								Elite					100					U8-18												71=(3)	STE	311/16	NN/A	
20.00								1					U13-18																					
20.30 20.30	0 10 10								KINDE					RGAR	TEN:	Pr	imary 5	Pr	imary (5 PF	RESCH	00L :	LEARN	&PLA	1 154	RN&F	LAY2	SMAR	TOLOGY	3 SM	PRT OLOG	θ Υ 4		
21.00										INDEX: Gymnastics					د د	heerlea		¥ Bal		-t	ntempo	orary Da	ance	P Broa	dway	Dan	ce 🖣	Taekwo						
														,	1.5	F			/\	-	_	10.5	,	/	λ		13 2411	Dance Taekwondo Elite: up to 90 min class						



LOTTE MART **BINTARO 4200 4200**

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Updated Nov 17th

		Monday		Tuesday			•	Wednesday			Thursday			Friday			Saturday		Sunday				
Time	Sports	Tennis & PB Pi	na Pona	Sports Tennis & PB Ping Pong			Sports Tennis & PB Ping Pong			Sports	Tennis & PB	Pina Pona	Sports	Tennis & PB	Pina Pona	Sports	Tennis & PB	Ping Pong	Sports Tennis & PB Ping Pong				
08.00	Sports	Tellills & T B	ng r ong	Sports	Tellilla & LD	T mg T ong	Эрогіз	Tellilla & LD	r mg r ong	Эрогіз	Tellilla & LD	r mg r ong	Эрогіз	Tellilla & LD	r mg r ong	Эрогіз	Tellilla & LD	1 mg r ong	Sports	Tellilla & F B	Tilly Tolly	1 1	
08.30		70-		DEDECADA MARC ADTO																		4 1	
08.30	ורש (RFORMING ARTS																	4 I	
09.00		רו רו	용	PEASKAISALL QUISAL Prescheel & KINDERGARTEN												Adult19+					4 1		
09.00		עטנע																			1 1		
09.30	CHAM	PIONSHIPS															MATCH					4 1	
09.30	/ UNAIW	PIUMONIF		GMNASTICS PICKLEBALL®													PLAY					4 1	
10.00																							
10.00																						4 /	
10.30																Sports						4 1	
10.30																Ú4/5						4 1	
11.00					Adult19+ &						Adult19+ &											4 1	
11.00					LADDER						LADDER					aff			AFC			4 /	
11.30				Sports	PLAY		Sports				PLAY		Sports									4 1	
11.30				U3	التتسا		U3						U3			U5-7			U5-7				
12.00																						4 /	
12.00 12.30				.			Casada			Cnorto						Elite							
12.30				Sports U3			Sports U3			Sports U3						\$							
13.00				US			US			00									U9-18				
13.00																							
13.30				Sports			Sports									U5-7			③			4 1	
13.30				Sports U4/5			Ú4/5										1 7						
14.00				0470										NEW			3-7 yrs	U8-18	U8-18			4 /	
14.00													10			46						1 1	
14.30	Sports			Sports																9		4 /	
14.30	Ú4/5	\ \		U4/5	Λ		7714	Y					_	Y		_	\					1 1	
15.00		3-7 yrs			3-7 yrs		Elite	3-7 yrs					U5-7	3-7 yrs		U9-18	8-12 yrs	U5-7	U5-7	3-7 yrs			
15.00	A									\$			4						Elite				
15.30				③												\odot							
15.30	U5-7			U5-7			U5-8			_	1		U9-18				1						
16.00	03-7			U5-7			03-0		U8-18	U5-7	3-7 yrs		07 10			U5-7	U9-18	Adult19+		U9-18		4 1	
16.00				A			Elite						Elite			\odot		& LADDER	Girls U9-18	(3)			
16.30	③				A			A		\odot								PLAY	09-18] 👺		4 1	
16.30	U5-7	U9-18		U5-7	0.10			8-18 yrs	115.77	U5-7	0.10			3-7 yrs		U8-18							
17.00		07.10			8-18 yrs			0-10 yis	U5-7		8-18 yrs						Adult19+ &			Adult19+ &		4 I	
17.00 17.30	Elite						U5-7			Elite			U5-8			Elite	LADDER			LADDER			
17.30					7									7			PLAY			PLAY			
17.30				U9-18	U9-18		Elite	U9-18					③	8-18 yrs			ست			التحاق			
18.00							SE									_							
18.30	U5-12			Elite						U7-16			U7-18			U5-12							
18.30				aff			_							T									
19.00							U9-18		Adult19+		U9-18			U9-18									
19.00									&													1	
19.30				U9-18					LADDER	U7-16													
19.30						ĺ			PLAY	<u> </u>												1	
20.00								Adult19+		(3)				Adult19+								1	
20.00				_				LADDER						LADDER									
20.30				Adult19+				PLAY		Adult19+				PLAY				le le	PAIC	TERIN	MM		
20.30				&				اللحطاي		&				اللحظام				LVA		الالالكال			
21.00				MATCH						MATCH													
21.00			l'	PLAY						PLAY	INDEX:	G Ten	nis 😥	Pickleball	Ping	Pona Æ	Basketbal	l 🚱 Fu	tsal E1	ite: up to	90 min cl	255	
21.30											INDEX.	A 1611	📆	. ichtebatt	I T ring	and	Daskeindi	1 🐼 ru	wat 🛂	_ • • · up to	, 0 111111 CL	222	



LOTTE MART BINTARO \$\infty\$ +6221 3971 4200

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

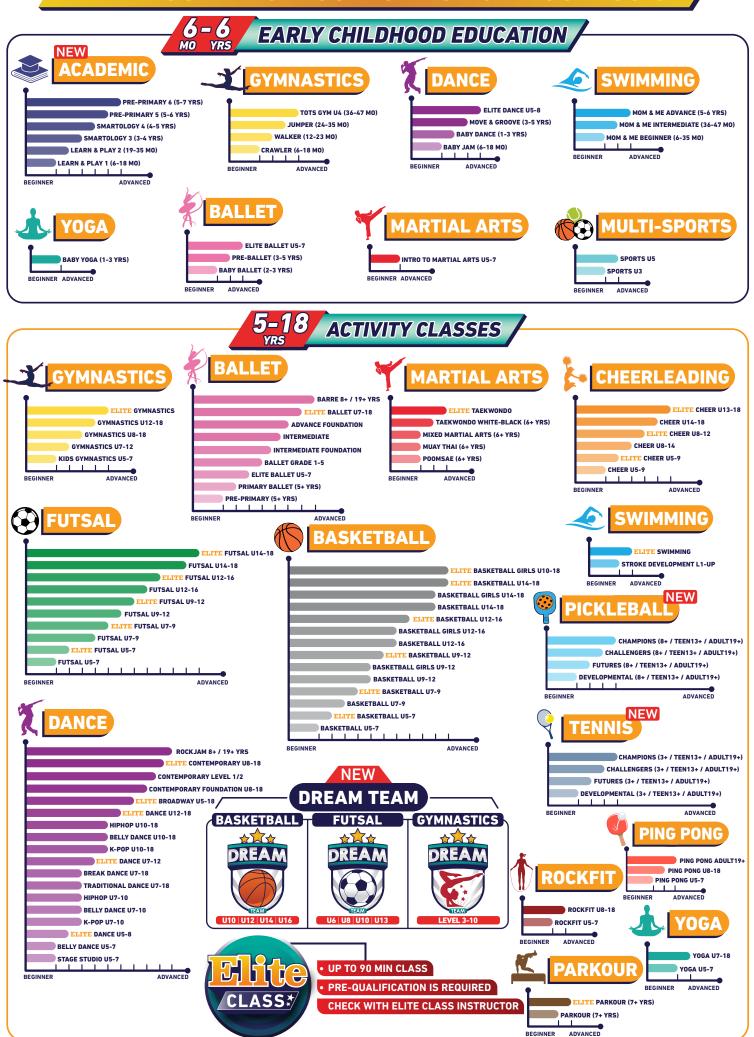
SCAN FOR E-SCHEDULE



Updated Nov 17th

	Мо	nday	Tue	sday	Wedne	esday	Thur	sday	Frie	lay	Satu	rday	Sunday		
Time	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	
09.00															
09.30 09.30	ן לע _י הו ל ן,			PERFORMING ARTS											
10.00	Nall,			BASKETBALL QFUTSAL											
10.00				Preschool & KINDERGARTEN					Swim		Swim		Swim		
10.30 10.30	/CHAMPI	CHAMPIONSHIPS 🖈		PICKLEBALI®	Swim M&M L1		-		Swim M&M L1		Swim M&M L1		Swim M&M L1		
11.00		TO III O K	GIVINASTACS	PICKLEDALIS	6-35 mo				6-35 mo		6-35 mo		6-35 mo		
11.00									Swim			Swim		Swim	
11.30 11.30									Swim M&M L1			M&M L2		Swim M&M L2	
12.00									6-35 mo			3-4 yrs		3-4 yrs	
12.00			Swim										Swim		
12.30 12.30			M&M L1								Stroke Dev. L1	Stroke Dev. L3	Swim M&M L3		
13.00			6-35 mo								502.	DCV. 23	5-6 yrs		
13.00											Swim				
13.30 13.30			-				-				M&M L1			Stroke Dev. L1	
14.00					NEW						6-35 mo			Dev. L1	
14.00							Custon				Consider		Continu		
14.30 14.30					Swim M&M L2		Swim M&M L1				Swim M&M L2		Swim M&M L2		
15.00	NEW				3-4 yrs		6-35 mo				3-4 yrs		3-4 yrs		
15.00															
15.30	Swim M&M L2		Swim M&M L2		Swim M&M L2					Swim M&M L2		Swim M&M L3	Stroke Dev. L1		
15.30 16.00	3-4 yrs		3-4 yrs		3-4 yrs					3-4 yrs		5-6 yrs	Dev. L1		
16.00	NEW				C i					Ci.			Continu		
16.30	Swim M&M L3		Stroke Dev. L1		Swim M&M L3			Swim M&M L3		Swim M&M L3	Stroke Dev. L1		Swim M&M L1		
16.30 17.00	5-6 yrs		Dev. L1		5-6 yrs			5-6 yrs		5-6 yrs	Dev. LT		6-35 mo		
17.00	NEW														
17.30	Stroke		Stroke Dev. L2		Stroke Dev. L3			Stroke		Stroke Dev. L1	Stroke Dev. L2		Stroke Dev. L2		
17.30 18.00	Dev. L1		Dev. L2		Dev. L3			Dev. L4		Dev. L1	Dev. LZ		Dev. L2		
18.00															
18.30										Stroke Dev. L2					
18.30 19.00										DCV. LZ					
19.00															
19.30															
19.30 20.00															
20.00															
20.30															
20.30															
21.00		^	Т.									PB	OSTER		
21.30	INDEX:	Swimming	Elite: up t	o 90 min class								لكاناتات			

NEW PROGRAM CLASSIFICATION & PROGRESSION





LOTTE MART BINTARO

4 +6221 3971 4200

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Adult19+ Only

		Mon	day			Tues	day		Wednesday				Thursday					Fri	day			Satu	rday			Sunday			
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	
08.00																													
08.30 08.30																													
09.00																													
09.00																							Adult19+	\vdash					
09.30																							MATCH PLAY	i l					
09.30																							PLAY						
10.00																													
10.00																													
10.30																													
10.30																													
11.00							Adult19+								Adult19+														
11.00 11.30							& LADDER								& LADDER														
11.30							PLYAY								PLAY	\vdash													
12.00															J														
12.00																							-						
12.30																													
12.30																													
13.00													nd Tec	hnique	traini	ng, foll	owed												
13.00							SPO	PRTS CLI	ASSES	by Lo	adder F	Play.																	
14.00																													
14.00							PLAY Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.																						
15.00										winn	ing/ios	sing te	am mc	ves up	_														
15.00							MATCH (Longer match play where the winning/losing team																						
15.30							MATCH Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.																						
15.30 16.00							UTL			mov	es up/c	JOVVIII	ne ida	uei. bii	ing yo	ui jiieii	u/cone	ague.						1					
16.00							IM/A	TCHI	A	60 N	linute i	match	play fo	ocusin	a on T	echniq	ue ano							Adult19+ &					
16.30							"ipi			Tean	nwork	- ideal	nren f	or the	next F	lite Ch	ampini	shins						LADDER					
16.30							9.5			7047	,,,,	racar	p. 0p j	07 4770	mont 2			ioiiipo						PLAY					
17.00					CTI ATT					A ba	llot_inc	nirod:	fitnacc	clacc	that h	lends s	tronat	h					Adult19+				Adult19+		
17.00					NEW			Ba	rre+	flovil	bility, a	spireu j ind ara	100	ciuss	uiutb	ierius s	uengu	'',					&				&		
17.30					Barre+			1		JIEAII	Jility, G	iiiu gi u	ice.										PLAY				PLAY		
17.30					Adult19+																								
18.00																													
18.00																													
18.30																													
18.30 19.00																													
19.00												Adult19+																	
19.30												LADDER																	
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20.00						AFC)					Adult19+								Adult19+										
20.00						1					&			3					&										
20.30						Adult19+					LADDER			Adult19+					LADDER	3									
20.30											PLAY								PLAY	1									
21.00						MATCH PLAY								MATCH PLAY															
21.00																													
21.30																													
21.30					<u> </u>	. 1 @	_	1 🙉		1	8																		
22.00	INDEX		Baske	tball (🚱 Fut	sal 🧖	Tenni	is 🧛	Picklel	ball 🔻	🥊 Ping	Pong																	
				•			-																						

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

















PING PONG CHAMPIONS CHALLENGERS DEVELOPMENTAL

Stills Leveling.

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

CHAMPIONSHIPS >

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦣 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental