



**LOTTE MART
BINTARO**
☎ +6221 3971 4200

Summer Term Schedule
20th Apr until 19th Jul 2026

**SCAN FOR
E-SCHEDULE**



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday			
	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	
08.00																						
08.30																						
08.30																						
09.00																						
09.30																						
10.00																						
10.30					Adult19+ & LADDER PLAY					Adult19+ & LADDER PLAY												
11.00																						
11.30				Sports U3			Sports U3					Sports U3					U5-7			U5-7		
12.00																						
12.30				Sports U3			Sports U3			Sports U3							Elite U5-7			U9-18		
13.00																						
13.30				Sports U4/5	3-6 yrs		Sports U4/5	3-6 yrs										3-6 yrs	U8-18	U8-18		
14.00																						
14.30	Sports U4/5	3-6 yrs		Sports U4/5	3-6 yrs		Elite U5-8	3-6 yrs					U5-7	3-6 yrs		U9-18	7+ yrs	U5-7	U5-7	3-6 yrs		
15.00		U5-7		U5-7				U8-18	U5-7	3-6 yrs		U9-18	3-6 yrs		U5-7	7+ yrs	Adult19+ & LADDER PLAY	U5-7	U5-7	7+ yrs		
15.30	U5-7	3-6 yrs		U5-7			U5-8	U8-18	U5-7	3-6 yrs		U9-18	3-6 yrs		U5-7	7+ yrs	Adult19+ & LADDER PLAY	U5-7	U5-7	7+ yrs		
16.00	U5-7	7+ yrs		U5-7	7+ yrs		Elite U5-7	U5-7	U5-7	7+ yrs		U5-7	3-6 yrs		U8-18	Adult19+ & LADDER PLAY	LADDER PLAY	U5-7	U8-18	Adult19+ & LADDER PLAY		
16.30	U5-7	7+ yrs		U5-7	7+ yrs		Elite U5-7	U5-7	U5-7	7+ yrs		U5-8	3-6 yrs		U8-18	Adult19+ & LADDER PLAY	LADDER PLAY	U5-7	U8-18	Adult19+ & LADDER PLAY		
17.00	U5-7	7+ yrs		U5-7	7+ yrs		Elite U5-7	U5-7	U5-7	7+ yrs		U5-8	3-6 yrs		U8-18	Adult19+ & LADDER PLAY	LADDER PLAY	U5-7	U8-18	Adult19+ & LADDER PLAY		
17.30	U5-12			U9-18	7+ yrs		Elite U5-7	U5-7	U5-7	7+ yrs		U5-8	3-6 yrs		U8-18	Adult19+ & LADDER PLAY	LADDER PLAY	U5-7	U8-18	Adult19+ & LADDER PLAY		
18.00	U5-12			U9-18	7+ yrs		Elite U5-7	U5-7	U5-7	7+ yrs		U5-8	3-6 yrs		U8-18	Adult19+ & LADDER PLAY	LADDER PLAY	U5-7	U8-18	Adult19+ & LADDER PLAY		
18.30				U9-18	7+ yrs		U9-18	U5-7	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
19.00				U9-18	7+ yrs		U9-18	U5-7	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
19.30				U9-18	7+ yrs		U9-18	U5-7	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
20.00							Adult19+ & LADDER PLAY	LADDER PLAY	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
20.30							Adult19+ & LADDER PLAY	LADDER PLAY	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
21.00							Adult19+ & LADDER PLAY	LADDER PLAY	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						
21.30							Adult19+ & LADDER PLAY	LADDER PLAY	U7-16	7+ yrs		U7-18	7+ yrs		U7-18	7+ yrs						



**Registration Opens
April 2026**



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Summer Term Schedule
20th Apr until 19th Jul 2026

SCAN FOR
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2
09.00														
09.30														
09.30														
10.00														
10.30					Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo	
10.30														
11.00														
11.00														
11.30														
11.30									Swim M&M L1 6-35 mo		Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs	
12.00														
12.30			Swim M&M L1 6-35 mo								Stroke Dev. L1	Stroke Dev. L3	Swim M&M L3 5-6 yrs	
12.30														
13.00														
13.30											Swim M&M L1 6-35 mo			Stroke Dev. L1
13.30														
14.00														
14.30					Swim M&M L2 3-4 yrs		Swim M&M L1 6-35 mo				Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs	
14.30														
15.00														
15.30	Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs					Swim M&M L2 3-4 yrs		Swim M&M L3 5-6 yrs	Stroke Dev. L1	
15.30														
16.00														
16.30	Swim M&M L3 5-6 yrs		Stroke Dev. L1		Swim M&M L3 5-6 yrs			Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs	Stroke Dev. L1		Swim M&M L1 6-35 mo	
16.30														
17.00														
17.30			Stroke Dev. L2		Stroke Dev. L3								Stroke Dev. L2	
17.30										Stroke Dev. L1				
18.00														
18.00														
18.30														
18.30										Stroke Dev. L2				
19.00														
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20.00														
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INDEX:



Swimming

Elite: up to 90 min class

Registration Opens
April 2026

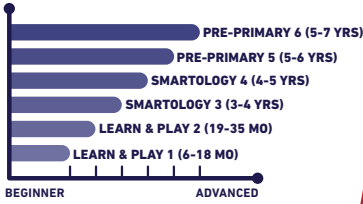
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

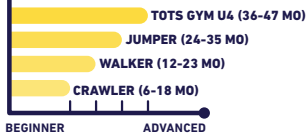
EARLY CHILDHOOD EDUCATION

NEW!

ACADEMIC



GYMNASTICS



DANCE



SWIMMING

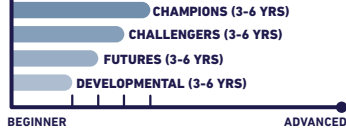


BALLET



NEW!

TENNIS



MARTIAL ARTS



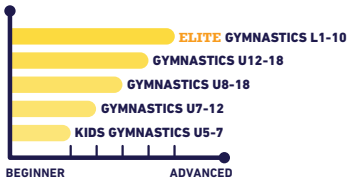
MULTI-SPORTS



5-18
YRS

ACTIVITY CLASSES

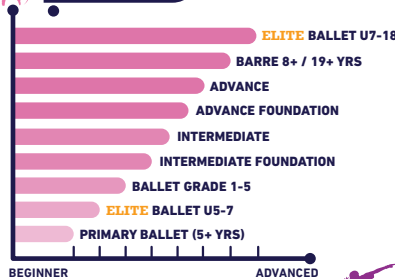
GYMNASTICS



SWIMMING



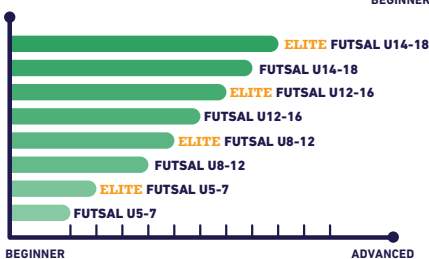
BALLET



CHEERLEADING



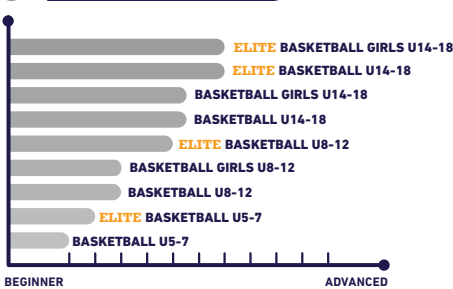
FUTSAL



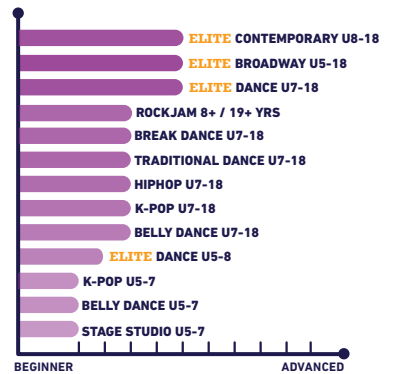
PARKOUR



BASKETBALL

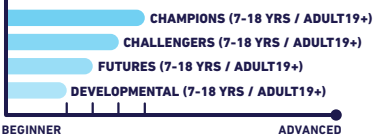


DANCE



NEW!

PICKLEBALL

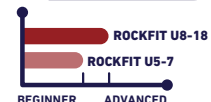


NEW!

PING PONG



ROCKFIT



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

GYMNASTICS

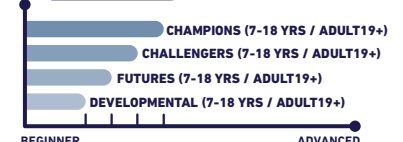
LEVEL 3-10

MARTIAL ARTS



NEW!

TENNIS



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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Summer Term Schedule 20th Apr until 19th Jul 2026

ADULT19+

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
08.00																												
08.30																												
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30 Days

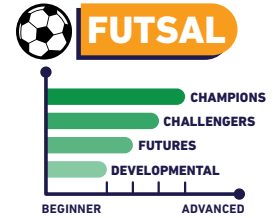
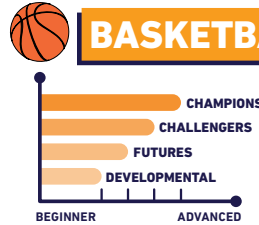
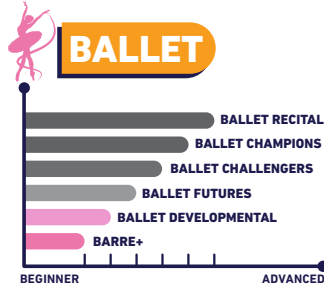
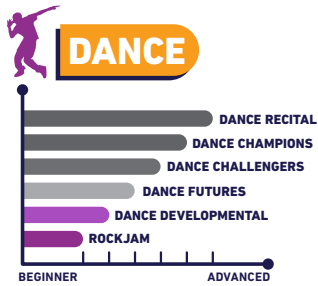
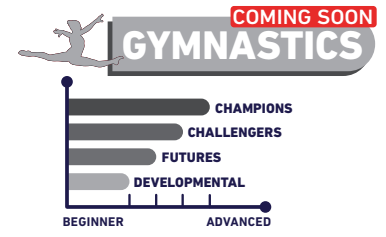
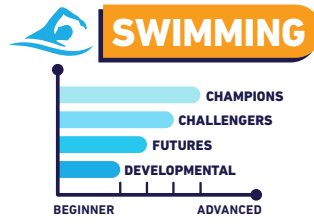
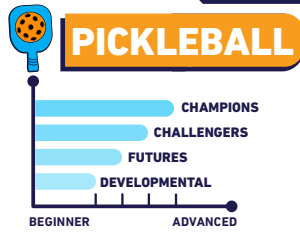
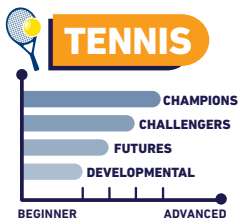
Free Trial for ADULT19+

Ajak teman, rekan kerja, atau anggota keluarga anda untuk menikmati 30 hari Kelas Gratis! Penawaran ini berlaku selama Summer Term 2026 & anda diharuskan untuk hadir pada saat penukaran.

INDEX: Basketball | Futsal | Pickleball | Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.