

LOTTE MART BINTARO ♥ +6221 3971 4200

Fall Term Schedule Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



		ا	Monday	,			Tuesday				Wednesday				Thursday					Friday					Saturday				Sunday					
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1 2	3	4
08.00																													~		_			
08.30 08.30									_																		Α		R			RT		
09.00																											ВС			69 (K	
09.00								LEARN										LEARN																
09.30		Primary					Primary	&PLAY				rimary					Primary	&PLAY				Primary							TD	ER	U)		en	
09.30		5&6					5&6	1 6-18 mo				5&6					5&6	1 6-18 mo				5&6												6-67
10.00 10.00		5-7 yrs					5-7 yrs					5-7 yrs	IEADYI				5-7 yrs					5-7 yrs	_											
10.30						Crawler		LEARN &PLAY			Walker		&PLAY 2	Baby		Walker		LEARN &PLAY			Jumper					Jumper	&PLAY	&PLAY			Crawler			
10.30						6-18 mo		2			12-23 mo		2 19-35	Dance 1-3 yrs		12-23		2			24-35 mo					24-35 mo	1	2			6-18 mo			
11.00								19-35 mo					mo	,		mo		19-35 mo									6-18 mo	19-35 mo						
11.00	6	SMART					SMART	Baby				SMART	D .				SMART					SMART				سا	SMART	Baby	Dahu			Bab	v	Baby
11.30	USA	OLOGY 4				Jumper 24-35	OLOGY 4	Jam 6-18			Jumper 24-35	OLOGY	Baby Dance			Jumper 24-35	OLOGY 4	Baby Dance			Crawler 6-18	OFFI	Baby Dance			USA	OLOGY	Dance	Baby Dance		Walker 12-23	Jan 6-1	i	- 1
11.30	U4	4-5 yrs				mo	4-5 yrs					4 4-5 yrs	1-3 yrs				4-5 yrs	1 2			mo	4 4-5 yrs	1-3 yrs	;		U4	3-4 yrs	1-3 yrs	1-3 yrs		mo	mo		
12.00 12.00									_						-							-			Date	-	. ,			-	-		-	2-3 yrs P-Ballet ^{1/2}
12.30		SMART OLOGY					SMART OLOGY	Baby				SMART OLOGY			Baby			Baby			Walker	SMART OLOGY	,		Baby		SMART OLOGY	Move& Groove	Sports			Bab	y	V
12.30		3					3	Dance 1-3 yrs				3			1			Dance 1-3 yrs			12-23 mo	3			#		-	2 5 vrc	U3			Danc 1-3 y	rs	- 4
13.00		3-4 yrs					3-4 yrs	·				3-4 yrs			2-3 yrs			,				3-4 yrs			2-3 yrs		4-5 yrs	,						3-5 yrs
13.00			Baby			Walker				Baby			Move&								USA				P-Ballet ^{1/2}			$R_{\!e\!clital}$	Martial			Move	.2	Primary
13.30		Primary	Dance			12-23	Primary			#			Groove			Jumper 24-35	Primary	Move& Groove				Primary	//		#	-	Primary	ر ھ 1	Arts		-	Groov	ve	4
13.30 14.00		5&6	1-3 yrs			mo	5&6			2-3 yrs		5&6	3-5 yrs			mo	5&6	3-5 yrs			U4	5&6			3-5yrs		5&6	T	4-7 yrs			3-5 y	rs	/\ 5+ yrs
14.00		5-7 yrs			P-Ballet ^{1/2}	la .	5-7 yrs			P-Ballet ^{1/2}	,	5-7 yrs				-	5-7 yrs					5-7 yrs			P-Ballet ^{1/3}		5-7 yrs	/)		-	la .		_	0. yıs
14.30	Jumper 24-35			Martial Arts	<u>k</u>	USA				*	USA			Martial Arts		USA		Stage Studio			Jumper 24-35	1			K	USA		U5-18	Tkd.		USA	Stag Stud	e io	
14.30	mo			4-7 yrs		U4					U4			4-7 yrs		U5-7		U5-7			mo				*	U5-7			6+ yrs		U4	U5-	/	
15.00					3-5 yrs					3-5 yrs															3-5yrs								U8-18	
15.00 15.30	USA		Move&		Primary	USA		Trad. Dance	RockFit				Belly		P-Ballet ^{1/2}	USA			Sports		USA			Sports	Primary	USA			Tkd.		Jumper		- 1	
15.30			Groove 3-5 yrs		7	U5-7		Dance U7-18	U5-7		USA		Dance U5-12		7			-	Ú4/5					U4/5		U8-18	-		■		24-35 mo			
16.00	U4		3-3 yi 3		5+ yrs	U5-7					U5-7		03-12		3-5 yrs	U4		U5-9			U5-7				5+ yrs	06-16			6+ yrs				U5-9	
16.00	سوا			Tival	b	USA		Rectial					Ctono	Musu		la a			M = = +1 = 1						Recital									
16.30	USA			Tkd.	7	_		1					Stage Studio	Thai		USA			Martial Arts	K-Pop			K-Pop		K						USA	Baby Dang	y e	
16.30 17.00	U5-7			6+ yrs	Gr.1-4 (Skill dep.)	U8-18		U5-8					U5-7	6+ yrs		U8-18			4-7 yrs	U7-18			U7-18		7 U5-7						U5-7	1-3 y		
17.00					(5кіш аер.)		-		-) _			Recital		Partner					7								+	
17.30	USA			Tkd.				Н-Нор			USA				4			2(g.ii.ii	Tkd. ∏	- @mm	USA				*									
17.30				<mark>- </mark>				U7-18			U8-18				Gr.1/2			\$	6+ yrs		U8-18				Gr.2-5									
18.00	U8-18														(Skill dep.)			F.		1	30-10				(Skill dep.)						4 00		3	1/2
18.00 18.30	Elite			Poom-				Recital	Elite		Elite							U5-9	Elite	U8-18					1			X	Y				3 - \	= :
18.30	USA			sae 6+ yrs				\$			6							(P							Founda-		H	R		~	كيرو	Jan	}	3
19.00				- ,.J					7		USA							Recital	T						tion U8-18			<u>UV</u>	131	y 16				
19.00								U5-9	6+ yrs				Reptial					E.	6+ yrs								Q			7			1	
19.30 19.30									J 1 y 1 3				1					-	0+ yr S									NG	13 [1]	TC (ME	CP/	<u> </u>	28
20.00								Recital					-					U8-18																
20.00								2					U13-18																					
20.30 20.30								-					515-10		KINDE	RGAR	TEN:	P	imary 5	P	imary (6 PI	RESCH	100L :	LEARN	&PL	AY1	LEARN	&PL/	AY2	SMAR	TOLOGY	3 SM	ARTOLOGY
21.00								U8-18			INI	DEX:	*	Gymna			heerle		2	llet	-d	ntemp			7 3 .		-		44/			Elite :up		
											1141	JLA.	USA	Jymna	ระแตร	ا 🚰	пеегіе	aumg	₹ Ba	iiei -		memp	orary D	ance	V RLOS	adway	18	Dance] [] la	aekwon	uo I	arrec : up	10 70 IN	III Class



LOTTE MART BINTARO \$\infty\$ +6221 3971 4200

Fall Term Schedule Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



ĺ		Monday			Tuesday			Wednesday			Thursday			Friday		Saturday			Sunday		
Time	Sports	Tennis & PB	Ping Pong	Sports Tennis & PB Pir		Ping Pong			Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports Tennis & PE		Ping Pong Sports		Tennis & PB	Ping Pong
08.00												<u> </u>									
08.30 08.30																					
09.00																					
09.00																	Adult19+				
09.30																	MATCH PLAY				
09.30																					
10.00																					
10.30																Sports					
10.30																Ú4/5					
11.00					Adult19+ &						Adult19+ &										
11.00					LADDER						LADDER					aff			AFC)		
11.30 11.30				Sports U3	PLAY		Sports U3				PLAY		Sports U3								
12.00				03	تحدق		US				تتك		03			U5-7			U5-7		
12.00																Elite			46		
12.30				Sports			Sports			Sports											
12.30				U3			U3			U3									U9-18		
13.00																_		<u>~</u>			
13.00 13.30				Sports			Sports									U5-7			③		
13.30				U4/5			Sports U4/5											7			
14.00																	3-7 yrs	U8-18	U8-18		
14.00		Q											1			1					
14.30 14.30	Sports U4/5	A		Sports	Y												7		③	Y	
15.00	04/3	3-7 yrs		U4/5	3-7 yrs		Elite	3-7 yrs					U5-7			U9-18	8-12 yrs	U5-7	U5-7	3-7 yrs	
15.00	(,		46			A						Elite		
15.30				\odot						1						3					
15.30	U5-7			U5-7			U5-8			U5-7	3-7 yrs		U9-18			U5-7	U9-18			U9-18	
16.00 16.00									U5-7									Adult19+ &	Girls		
16.30	③						Elite			③			Elite			3		LADDER	U9-18		
16.30				U5-7	1			1					3	Y				PLAY			
17.00	U5-7	U9-18		05-7	8-18 yrs			8-18 yrs	U8-18	U5-7	8-18 yrs			3-7 yrs		U8-18	Adult19+ &			Adult19+ &	
17.00	Elite						U5-7			Elite			U5-8			Elite	LADDER			LADDER	
17.30 17.30				_										J			PLAY			PLAY	
18.00				U8-18	U9-18		Elite	U9-18		③			③	8-18 yrs							
18.00	U5-12			Elite			AFC)			U7-16											
18.30	03-12			_						07-10			U7-18			U5-12					
18.30							U9-18				U9-18			⊎ U9-18							
19.00 19.00				_					Adult19+ &	③	07 10										
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19.30				(PLAY				Ì	_							
20.00								Adult19+ &						Adult19+ &							
20.00				Adult19+				LADDER		Adult19+				LADDER							
20.30				&				PLAY		& &				PLAY							
21.00				MATCHI						MATCH											
21.00				PLAY						PLAY	INDEX	₹ Ten	nis 📀	Dieklehall	Die e	D ME	D111 - 11	I Ø	1 1713	* O	00
21.30											INDEX:	en 🔻 ien	1115 🍟	rickleball	Ying	rong 🌘	y Basketball	i 😍 Fut	sal 🔼	tte: up to	90 min class



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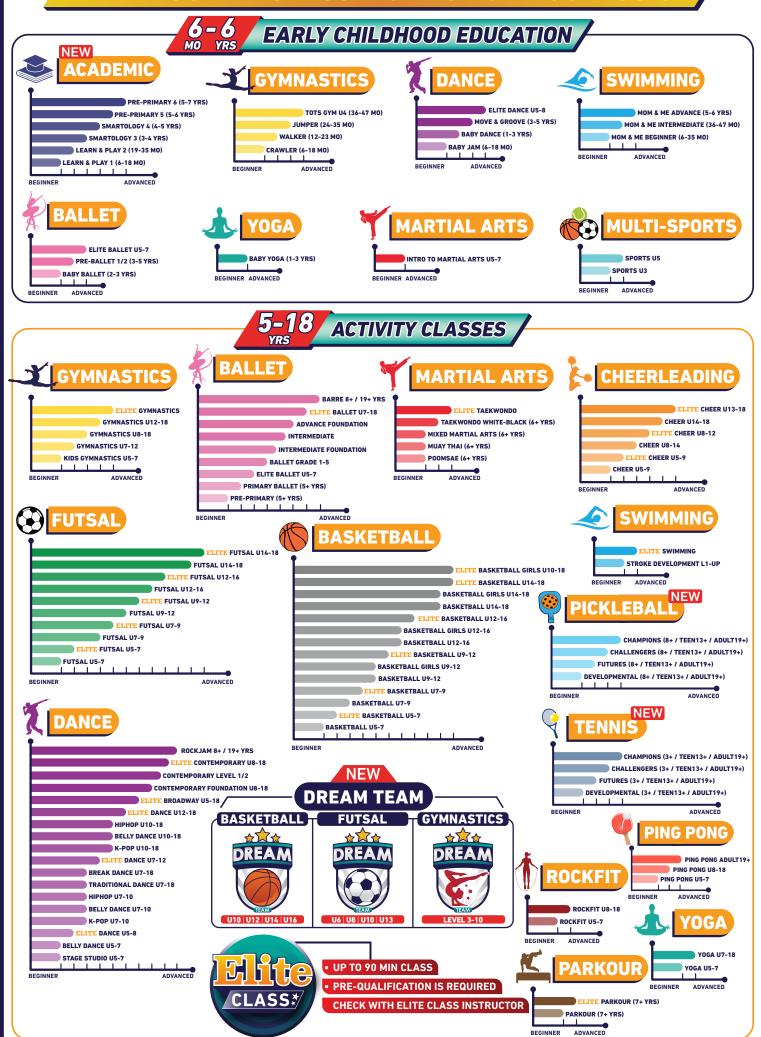
Fall Term Schedule Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



_	Monday		Tues	sday	Wedne	esday	Thurs	sday	Frid	ay	Satu	rday	Sunday					
Time	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2				
09.00																		
09.30																		
09.30																		
10.00 10.00																		
10.30					Swim				Swim M&M L1		Swim M&M L1		Swim M&M L1					
10.30					M&M L1				M&M L1		M&M L1		M&M L1					
11.00					6-35 mo				6-35 mo		6-35 mo		6-35 mo					
11.00																		
11.30									Swim M&M L1			Swim M&M L2		Swim M&M L2				
11.30									6-35 mo			3-4 yrs		3-4 yrs				
12.00												,		. , , ,				
12.00 12.30			Swim								Charles	<u> </u>	Swim					
12.30			M&M L1								Stroke Dev. L1	Stroke Dev. L3	Swim M&M L3					
13.00			6-35 mo								502.	Dev. 25	5-6 yrs					
13.00																		
13.30											Swim M&M L1			Stroke				
13.30											6-35 mo			Dev. L1				
14.00											0 000							
14.00							Swim				Swim		Swim					
14.30 14.30							Swim M&M L1				Swim M&M L2		Swim M&M L2					
15.00							6-35 mo				3-4 yrs		3-4 yrs					
15.00																		
15.30			Swim M&M L2		Swim M&M L2					Swim M&M L2		Swim M&M L3	Stroke					
15.30			M&M L2		M&M L2					M&M L2 3-4 yrs		M&M L3	Dev. L1					
16.00			3-4 yrs		3-4 yrs					3-4 yrs		5-6 yrs						
16.00					Curim			6 .		Cusima			Cwim					
16.30			Stroke		Swim M&M L3			Swim M&M L3		Swim M&M L3	Stroke	Stroke	Swim M&M L1					
16.30			Dev. L1		5-6 yrs			5-6 yrs		5-6 yrs	Dev. L1	Dev. L2	6-35 mo					
17.00 17.00																		
17.30			Charles		Charles			Camalia	Stroke	Stroke			Charles					
17.30			Stroke Dev. L2		Stroke Dev. L3			Stroke Dev. L4	Stroke Dev. L2	Dev. L1			Stroke Dev. L2					
18.00								_ .										
18.00																		
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19.00 19.00																		
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20.00																		
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20.30														NOTICE				
20.30												Do NOT transfer money to ar						
21.00												RockStar	Academy e	mplovee's				
21.00	INDEX:	Continue to a	Flitount	o 90 min class									rsonal accou					
21.30	INDEX:	Swimming	Litte. up t	o 70 mm class								he	i 30iiai accot	arre.				

NEW PROGRAM CLASSIFICATION & PROGRESSION





LOTTE MART BINTARO +6221 3971 4200

Fall Term Schedule
Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



Adult19+ Only

		Monday			Tuesday		Wednesday				Thursday			Friday			Saturday			Sunday		
Time	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	
08.00																						
08.30																						
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09.00 09.30																	Adult19+					
09.30																	MATCH PLAY					
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11.00					Adult19+						Adult19+											
11 <u>.</u> 00 11.30					&						&											
11.30					PLAY						PLAY											
12.00																						
12.00																						
12.30																						
12.30							V Total															
13.00			LT19 +	60 min	of Drills	and Tech	nnique tr	aining, fo	llowed													
13.00		SPORTS	CLASSES	by Lad	der Play.																	
14.00 14.00		LADDE																				
15.00				Fast-p	aced 60-	minute n	natch pla	y where	the													
15.00		PLA	Y T	winnin	g/losing	team mo	ves up/d	own the l	adder.													
15.30							., .	• "														
15.30			ヺ゚ (👀)					nning/los														
16.00		PLAY		moves	up/aowr	tne laac	ier. Bring	your frie	na/colle	ague.								Adult19+				
16.00		MATC	4	60 Min	ute mata	h play fo	cusina a	n Techni	aue and									&				
16.30 16.30		PLAY						xt Elite C		shins								LADDER				
17.00		اللبيكان		reality	ork ide	ai piep je	or tile rie	At Linte Of	шпроп	Silips								PLAY				
17.00																	Adult19+ &			Adult19+		
17.30																	LADDER			LADDER		
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20.00				_				&						&								
20.30				Adult19+				LADDER		Adult19+				LADDER								
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21.00				PLAY						PLAY												
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21.30																						
22.00	INDEX	Pi	ckleball	Dia D		asketball	Futsa															
	INDEX:	PI	ckiebali 🚺	🥊 Ping Po	ng I 🍆 B	asketball	rutsa 🕶	l														

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

















PING PONG CHAMPIONS CHALLENGERS DEVELOPMENTAL

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

CHAMPIONSHIPS >

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦣 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental