KOTA KASABLANKA

+6221 2961 2708

Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

UPDATED 16 NOVEMBER 2026

SCAN FOR E-SCHEDULE

PERFORMING ARTS · Preschool & KINDERGARTEN · BASKETBALL · FUTSAL · ADULT19+ · Elite CHAMPIONSHIPS · GIMNASTICS · BABY GYM · PARKOUR · TENNIS · PINGPONG · PICKLEBALL

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
06.00 - 07.00																												
07.00 - 08.00																												
08.00 - 08.30																												
08.30 - 09.00																												
09.00 - 09.30			LEARN & PLAY 2 19-35 mo	Pre Primary 5&6 5-7 yrs	Jumper 24-35 mo		LEARN & PLAY 1 6-18 mo	Pre Primary 5&6 5-7 yrs			LEARN & PLAY 2 19-35 mo	Pre Primary 5&6 5-7 yrs			LEARN & PLAY 1 6-18 mo	Pre Primary 5&6 5-7 yrs			LEARN & PLAY 2 19-35 mo	Pre Primary 5&6 5-7 yrs	Walker 12-23 mo							
09.30 - 10.00																												
10.00 - 10.30	Jumper 24-35 mo				Crawler 6-18 mo	Sports U3	LEARN & PLAY 2 19-35 mo		Walker 12-23 mo		LEARN & PLAY 2 19-35 mo		Crawler 6-18 mo		LEARN & PLAY 2 19-35 mo		Crawler 6-18 mo				Jumper 24-35 mo				U7-12			
10.30 - 11.00																												
11.00 - 11.30				SMARTOLOGY 3 3-4 yrs	Jumper 24-35 mo	Baby Dance 1-3 yrs	Sports U3	SMARTOLOGY 3 3-4 yrs	Jumper 24-35 mo	Baby Dance 1-3 yrs	LEARN & PLAY 2 19-35 mo	SMARTOLOGY 3 3-4 yrs	Jumper 24-35 mo	Baby Dance 1-3 yrs	LEARN & PLAY 2 19-35 mo	SMARTOLOGY 3 3-4 yrs	Walker 12-23 mo	Baby Jam 6-18 mo	LEARN & PLAY 2 19-35 mo	SMARTOLOGY 3 3-4 yrs	U4	Baby Dance 1-3 yrs	Gr.1-3 (Skill dep.)		U5-7		Sports U3	
11.30 - 12.00																												
12.00 - 12.30	U5-7	SMARTOLOGY 3 3-4 yrs	Baby 2-3 yrs	SMARTOLOGY 4 4-5 yrs	Walker 12-23 mo	Baby Dance 1-3 yrs		SMARTOLOGY 4 4-5 yrs	Jumper 24-35 mo	SMARTOLOGY 3 3-4 yrs		SMARTOLOGY 4 4-5 yrs	Walker 12-23 mo		Baby 2-3 yrs	SMARTOLOGY 4 4-5 yrs	Jumper 24-35 mo	Baby Dance 1-3 yrs	P-Ballet 3-5 yrs	SMARTOLOGY 4 4-5 yrs	U7-12	Muay Thai 5+ yrs	Move& Groove 3-5 yrs		U4			
12.30 - 13.00																												
13.00 - 13.30	U4	Baby Dance 1-3 yrs			U5-7	SMARTOLOGY 3 3-4 yrs			U4	Baby Dance 1-3 yrs			Jumper 24-35 mo	Move& Groove 3-5 yrs			U4	Baby Dance 1-3 yrs			U5-7	Martial Arts 4-7 yrs	P-Ballet 3-5 yrs		Crawler 6-18 mo	Sports U4/5	K-Pop U7-18	
13.30 - 14.00																												
14.00 - 14.30	Jumper 24-35 mo	Move& Groove 3-5 yrs			U4				U4	Martial Arts 4-7 yrs	P-Ballet 3-5 yrs		U5-7		P-Ballet 3-5 yrs		Jumper 24-35 mo	Move& Groove 3-5 yrs			U5-7	Elite U5-18	Primary 5+ yrs		U5-7	Baby Dance 1-3 yrs	H-Hop U7-18	
14.30 - 15.00																												
15.00 - 15.30	U4	Martial Arts 4-7 yrs			U5-7	Move& Groove 3-5 yrs	RockFit U5-7		U5-7	Move& Groove 3-5 yrs	U5-9		U4	U5-9			U5-7	Stage Studio U5-7	Primary 5+ yrs		U7-18				Jumper 24-35 mo	Elite U8-18	Move& Groove 3-5 yrs	
15.30 - 16.00																												
16.00 - 16.30	U5-7				U7-12	Stage Studio U5-7			U5-7	Stage Studio U5-7	Gr.1-4 (Skill dep.)		Elite U7-18	U8-18	Elite U5-7		U5-7	Tkd. 5+ yrs			Elite	Poom sae 5+yrs			U7-12			
16.30 - 17.00																												
17.00 - 17.30	U7-12	Tkd. 5+ yrs	Stage Studio U5-7			H-Hop U7-18	RockFit U7-18		U7-12	K-Pop U5-7	Elite U7-18		Elite U5-9	Gr.1/4 (Skill dep.)			U7-12	Elite 6+ yrs			Elite	Tkd. 5+ yrs			Elite			
17.30 - 18.00																												
18.00 - 18.30		Tkd. 5+ yrs	Elite U5-8			Elite U8-18				Elite U5-9	Gr.5-Advance Foundation (Skill dep.)		U7-12	Elite U8-18								Tkd. 5+ yrs							
18.30 - 19.00																												
19.00 - 19.30										Elite U8-18												Tkd. 6+ yrs						
19.30 - 20.00																												
20.00 - 20.30																												
20.30 - 21.00																												

INDEX:

PRESCHOOL : LEARN&PLAY 1 · LEARN&PLAY 2 · SMARTOLOGY 3 · SMARTOLOGY 4 | KINDERGARTEN : Pre Primary 5 · Pre Primary 6

Gymnastics · Cheerleading · Ballet · Contemporary Dance · Broadway · Dance · Taekwondo · Elite : up to 90 min class

ROCKSTAR ACADEMY

KOTA KASABLANKA

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UPDATED 16 NOVEMBER 2026

SCAN FOR E-SCHEDULE

Enjoy FREE PLAY!

Available in Sports Court whenever there are no classes or Private Instructios scheduled!

PERFORMING ARTS · Preschool & KINDERGARTEN · BASKETBALL · FUTSAL · ADULT19+

Elite CHAMPIONSHIPS

GIMNASTICS · BABY GYM · PARKOUR · TENNIS · PINGPONG · PICKLEBALL

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal
07.30 - 08.00																					DREAM TEAM U8 Mix	NEW DREAM TEAM U12 Boys	Adult19+ MATCH PLAY	DREAM TEAM U6 / U9 U13				DREAM TEAM U6 / U9
08.00 - 08.30																									DREAM TEAM U8 Mix	DREAM TEAM U12 Girls	3-6 yrs	U7-16
08.30 - 09.00																					DREAM TEAM U10 Mix							
09.00 - 09.30																									DREAM TEAM U10 Mix			
09.30 - 10.00																					Elite U5-10				NEW DREAM TEAM U12 Boys	U5-7	U9-18	U5-7
10.00 - 10.30									Sports U3				Sports U3												Elite U9-18	Elite U9-18	7+ yrs	Elite U5-7
10.30 - 11.00																												
11.00 - 11.30									Sports U3				Sports U3															
11.30 - 12.00																												
12.00 - 12.30	Sports U3								Sports U3				Sports U3															
12.30 - 13.00																												
13.00 - 13.30	Sports U4/5				Sports U4/5				Sports U4/5																			
13.30 - 14.00																												
14.00 - 14.30	RockFit U5-7		3-6 yrs				3-6 yrs				3-6 yrs		Sports U4/5		3-6 yrs		U5-7		3-6 yrs		Elite U9-18		7+ yrs	Elite U7-16				
14.30 - 15.00																						NEW DREAM TEAM U12 Girls			U9-18	Elite U9-18	7+ yrs	U5-7
15.00 - 15.30	U5-7				U5-7		7+ yrs	U5-7			7+ yrs	U5-12	U5-7		7+ yrs	U5-7	U9-18		7+ yrs	U5-7			3-6 yrs	Elite U5-9				
15.30 - 16.00																												Elite U7-12
16.00 - 16.30	U9-18			U5-7	U9-16		3-6 yrs	U7-12	U5-7		7+ yrs	U8-18	U9-18			U7-16			7+ yrs	U7-12	U9-18		7+ yrs					
16.30 - 17.00																												
17.00 - 17.30			Adult19+ & LADDER PLAY	U8-16			7+ yrs	Elite U8-16	U9-18		Adult19+ & LADDER PLAY		Elite U8-18		7+ yrs		Elite U5-9	Elite U5-10						U5-7				
17.30 - 18.00																												Elite U7-12
18.00 - 18.30																								U7-12				
18.30 - 19.00																												Elite U8-18
19.00 - 19.30																												
19.30 - 20.00																												
20.00 - 20.30																												
20.30 - 21.00																												

INDEX: Basketball | Futsal | Tennis | Pickleball | Elite : up to 90 min class | DREAM TEAM : up to 120 min class

FOR DREAM TEAM CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

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SCAN FOR E-SCHEDULE

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3
07.00 - 07.30	PERFORMING ARTS Preschool & KINDERGARTEN BASKETBALL FUTSAL ADULT19+			Elite CHAMPIONSHIPS			GIMNASTICS BABY GYM PARKOUR TENNIS PINGPONG PICKLEBALL														
07.30 - 08.00																					
08.00 - 08.30																					
08.30 - 09.00																					
09.00 - 09.30																					
09.30 - 10.00																					
10.00 - 10.30				Swim M&M L1 6-35 mo						Swim M&M L1 6-35 mo			Swim M&M L1 6-35 mo			Swim M&M L2 3-4 yrs	Swim M&M L1 6-35 mo	Swim M&M L3 5-6 yrs	Swim M&M L3 5-6 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
10.30 - 11.00																					
11.00 - 11.30																Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3	Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3
11.30 - 12.00																					
12.00 - 12.30																					
12.30 - 13.00																					
13.00 - 13.30																					
13.30 - 14.00																Elite (Skill dep.)			Elite (Skill dep.)		
14.00 - 14.30																	Stroke Dev. L4			Stroke Dev. L3	
14.30 - 15.00																					
15.00 - 15.30				Swim M&M L2 3-4 yrs									Swim M&M L2 3-4 yrs			Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3	Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L4
15.30 - 16.00																					
16.00 - 16.30		Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L1			Swim M&M L2 3-4 yrs			Stroke Dev. L1			Stroke Dev. L1	Swim M&M L3 5-6 yrs		Swim M&M L1 6-35 mo	Swim M&M L3 5-6 yrs	Swim M&M L2 3-4 yrs	Swim M&M L3 5-6 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
16.30 - 17.00																					
17.00 - 17.30	Stroke Dev. L3			FREE Swim Adult19+						Stroke Dev. L2			Stroke Dev. L2			Stroke Dev. L2	Stroke Dev. L1				
17.30 - 18.00																NEW Stroke Dev. L4					
18.00 - 18.30																					
18.30 - 19.00																					
19.00 - 19.30																					
19.30 - 20.00																					
20.00 - 20.30																					
20.30 - 21.00																					

INDEX: Swimming | Elite : up to 90 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

6 MO - 6 YRS EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC
- PRE-PRIMARY 6 (5-7 YRS)
- PRE-PRIMARY 5 (5-6 YRS)
- SMARTOLOGY 4 (4-5 YRS)
- SMARTOLOGY 3 (3-4 YRS)
- LEARN & PLAY 2 (19-35 MO)
- LEARN & PLAY 1 (6-18 MO)

BEGINNER — ADVANCED

GYMNASTICS
- TOTS GYM U4 (36-47 MO)
- JUMPER (24-35 MO)
- WALKER (12-23 MO)
- CRAWLER (6-18 MO)

BEGINNER — ADVANCED

DANCE
- ELITE DANCE U5-8
- MOVE & GROOVE (3-5 YRS)
- BABY DANCE (1-3 YRS)
- BABY JAM (6-18 MO)

BEGINNER — ADVANCED

SWIMMING
- MOM & ME ADVANCE (5-6 YRS)
- MOM & ME INTERMEDIATE (36-47 MO)
- MOM & ME BEGINNER (6-35 MO)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U5-7
- PRE-BALLET (3-5 YRS)
- BABY BALLET (2-3 YRS)

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (3-6 YRS)
- CHALLENGERS (3-6 YRS)
- FUTURES (3-6 YRS)
- DEVELOPMENTAL (3-6 YRS)

BEGINNER — ADVANCED

MARTIAL ARTS
- INTRO TO MARTIAL ARTS U5-7

BEGINNER — ADVANCED

MULTI-SPORTS
- SPORTS U5
- SPORTS U3

BEGINNER — ADVANCED

5-18 YRS ACTIVITY CLASSES

GYMNASTICS
- ELITE GYMNASTICS L1-10
- GYMNASTICS U12-18
- GYMNASTICS U8-18
- GYMNASTICS U7-12
- KIDS GYMNASTICS U5-7

BEGINNER — ADVANCED

SWIMMING
- ELITE SWIMMING
- STROKE DEVELOPMENT L1-UP

BEGINNER — ADVANCED

PARKOUR
- ELITE PARKOUR (7+ YRS)
- PARKOUR (7+ YRS)

BEGINNER — ADVANCED

BALLET
- ELITE BALLET U7-18
- BARRE 8+ / 19+ YRS
- ADVANCE
- ADVANCE FOUNDATION
- INTERMEDIATE
- INTERMEDIATE FOUNDATION
- BALLET GRADE 1-5
- ELITE BALLET U5-7
- PRIMARY BALLET (5+ YRS)

BEGINNER — ADVANCED

CHEERLEADING
- ELITE CHEER U13-18
- CHEER U13-18
- ELITE CHEER U8-12
- CHEER U8-12
- ELITE CHEER U5-9
- CHEER U5-9

BEGINNER — ADVANCED

FUTSAL
- ELITE FUTSAL U14-18
- FUTSAL U14-18
- ELITE FUTSAL U12-16
- FUTSAL U12-16
- ELITE FUTSAL U8-12
- FUTSAL U8-12
- ELITE FUTSAL U5-7
- FUTSAL U5-7

BEGINNER — ADVANCED

BASKETBALL
- ELITE BASKETBALL GIRLS U14-18
- ELITE BASKETBALL U14-18
- BASKETBALL GIRLS U14-18
- BASKETBALL U14-18
- ELITE BASKETBALL U8-12
- BASKETBALL GIRLS U8-12
- BASKETBALL U8-12
- ELITE BASKETBALL U5-7
- BASKETBALL U5-7

BEGINNER — ADVANCED

DANCE
- ELITE CONTEMPORARY U8-18
- ELITE BROADWAY U5-18
- ELITE DANCE U7-18
- ROCKJAM 8+ / 19+ YRS
- BREAK DANCE U7-18
- TRADITIONAL DANCE U7-18
- HIPHOP U7-18
- K-POP U7-18
- BELLY DANCE U7-18
- ELITE DANCE U5-8
- K-POP U5-7
- BELLY DANCE U5-7
- STAGE STUDIO U5-7

BEGINNER — ADVANCED

NEW! PICKLEBALL
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

NEW DREAM TEAM

BASKETBALL	FUTSAL	GYMNASTICS
U10 | U12 | U14 | U16	U6 | U8 | U10 | U13	LEVEL 3-10

MARTIAL ARTS
- ELITE TAEKWONDO
- TAEKWONDO WHITE-BLACK (5+ YRS)
- MIXED MARTIAL ARTS (6+ YRS)
- MUAY THAI (5+ YRS)
- POOMSAE (5+ YRS)

BEGINNER — ADVANCED

NEW! PING PONG
- PING PONG ADULT19+
- PING PONG U8-18
- PING PONG U5-7

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

ROCKFIT
- ROCKFIT U8-18
- ROCKFIT U5-7

BEGINNER — ADVANCED

Elite CLASS
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

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19th Oct 2026 until 17th Jan 2027

ADULT19+

SCAN FOR E-SCHEDULE

ADULT19+ Free Trial

Parents of RockStar Students:
30 Days FREE

Guests & New Members:
7 Days FREE

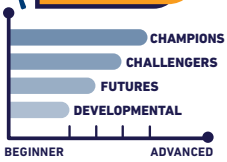
- **ADULT19+ SPORTS CLASSES** — *60 min of Drills and Technique training, followed by Ladder Play.*
- **LADDER PLAY** — *Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.*
- **MATCH PLAY** — *Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.*
- **MATCH PLAY** — *60 Minute match play focusing on Technique,and Teamwork - ideal prep for the next Elite Championships*

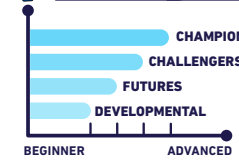
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07.00 - 07.30							
07.30 - 08.00							
08.00 - 08.30						Adult19+ MATCH PLAY	
08.30 - 09.00							
09.00 - 09.30							
09.30 - 10.00							
10.00 - 10.30							
10.30 - 11.00							
11.00 - 11.30							
11.30 - 12.00							
12.00 - 13.00							
13.00 - 14.00							
14.00 - 14.30							
14.30 - 15.00							
15.00 - 15.30							
15.30 - 16.00							
16.00 - 16.30							
16.30 - 17.00							
17.00 - 17.30	Adult19+ & LADDER PLAY	FREE Swim Adult19+	Adult19+ & LADDER PLAY		Adult19+ & LADDER PLAY		
17.30 - 18.00							
18.00 - 18.30							
18.30 - 19.00							
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20.00 - 20.30							
20.30 - 21.00							
21.00 - 22.00							

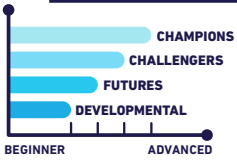
INDEX: Basketball | Futsal | Pickleball | Swimming

NEW PROGRAM CLASSIFICATION & PROGRESSION

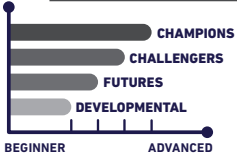
ADULT19+

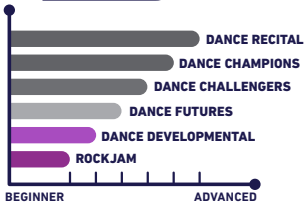
TENNIS


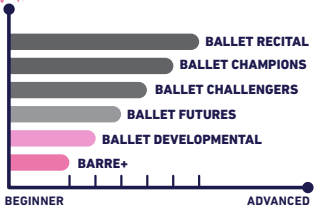
PICKLEBALL


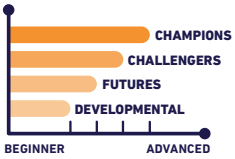
SWIMMING


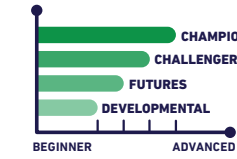
GYMNASTICS
COMING SOON

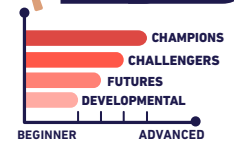


DANCE


BALLET


BASKETBALL


FUTSAL


PING PONG


Tennis
Fun racquet sport with elements of skill, strategy, & athleticism.
Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball
Dynamic paddle sport with elements of Tennis, Badminton & Ping pong.
Connect with other members & enjoy friendly matches.

Barre+
Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam
High-energy workout with elements of Zumba, PoundFit & Cardio.
Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

FUTURES Beginner Level

DEVELOPMENTAL Introductory Level

Events & Competitions:

Elite CHAMPIONSHIPS

Termly Competition where teams of equal skill divisions compete against each other.

Dance Recital — **Ballet & Contemporary Recital**

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

Developmental	*: Introduction level will help to discover your passion and potential.*
Futures	*: Learn fundamentals & build a strong foundation.*
Challengers	*: Elevate your skills, refined techniques & challenge yourself.*
Champions	*: Embark on a journey of artistry, mastering complex choreography & routines.*
Recital Adult19+	*: Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.*

Sports Team's Divisions:

Champions	*: Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.*
Challengers	*: Sharpen your skills, explore new tactics & enjoy friendly competitions.*
Futures	*: Dive into the game basics, build a strong foundation & be part of developmental team.*
Developmental	*: Introduction level will help you ease into the game, discovering your passion and potential.*