

Gymnastics

Cheerleading

🦊 Ballet

KOTA KASABLANKA I

C +6221 2961 2708

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

Updated Nov 17th

SCAN FOR E-SCHEDULE



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Time		Monday		•	Tuesday		Wednesday			Thursday G 1 2				Friday			Saturday		Sunday				
06.00	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2		
07.00																_ 5 =	151 0	Л	PERF	ORMIN	GARTS		
07.00																	יַרווֹגַן	í Pa			QFUTSAL.		
08.00 08.00																	<u>' </u>	U S	- A				
08.30															LH/	MPIONS	HIDC *	Trescheel & KINDERGARTEN GIMNASTICS PICKLEBALL					
08.30 09.00															/ CIIIA	INII IUNU	IIII U *	GIVINAS IACS PICALEBA					
09.00			LEARN &PLAY	lumnor		LEARN			LEARN &PLAY			LEARN			LEARN &PLAY	Walker							
09.30 09.30		Premary	&PLAY	Jumper 24-35	Primary	&PLAY		Primary	&PLAY		Primary	&PLAY		Primary	&PLAY	12-23							
10.00		5 & 6	19-35 mo	mo	5 & 6	6-18 mo		5 % 6	19-35 mo		5 % 6	6-18 mo		5 & 6	19-35 mo	mo							
10.00		300		Crawler	300	I FAPN	Walker	300	LEARN	Crawler	300	LEARN	Crawler	300		Jumper							
10.30 10.30		5-7 yrs		6-18	5-7 yrs	&PLAY	12-23	5-7 yrs	&PLAY 2	6-18	5-7 yrs	&PLAY 2	6-18	5-7 yrs		24-35			USA				
11.00			NEW	mo		19-35 mo	mo		19-35 mo	mo		19-35 mo	mo			mo			U7-12				
11.00 11.30		SMART OLOGY	2	Jumper	SMART OLOGY	Baby	Jumper	SMART OLOGY	Baby	Jumper	SMART OLOGY	Baby	Walker	SMART OLOGY	Baby	USA	Baby	*	USA	Elite	Consulta		
11.30		4	Baby 🧍	24-35	4	Dance 1-3 yrs	24-35	4	Dance	24-35	4	Dance	12-23	4	Jam	JUSA	Dance		USA		Sports U3		
12.00		4-5 yrs	2-3 yrs	mo	4-5 yrs	1-3 yrs	mo	4-5 yrs	1-3 yrs	mo	4-5 yrs	1-3 yrs	mo	4-5 yrs	6-18 mo	U4	1-3 yrs	Gr.1-3 (Skill dep.)	U5-7				
12.00 12.30	USA	SMART OLOGY	SMART' OLOGY	Walker	SMART OLOGY	Baby	Jumper	SMART OLOGY	SMART' OLOGY	Walker	SMART OLOGY	Baby	Jumper	SMART OLOGY	P-Ballet	USA	Muay Tha	Move&	USA	U8-18	Baby		
12.30		3	3	12-23 mo	3	Dance 1-3 yrs	24-35 mo	3	3	12-23 mo	3	7	24-35	3	1		6+ yrs	Groove 3-5 yrs			Jam 6-18 mo		
13.00 13.00	U5-7	3-4 yrs	3-4 yrs		3-4 yrs	-	NEW	3-4 yrs	3-4 yrs		3-4 yrs	2-3 yrs	mo	3-4 yrs	3-5 yrs	U7-12		P-Ballet	U4		0-101110		
13.30	USA	 pre	Baby	USA	⊕ re	SMART OLOGY	USA	p re	Baby Dance	Jumper 24-35	e e	Move& Groove	USA	⊜ re	Baby Dance	USA	Martial	L	Crawler	Sports	K-Pop		
13.30	U4	rimary	Dance 1-3 yrs		rimary	3 3-4 yrs	U4	rimary	1-3 yrs	24-35 mo	rimary	3-5 yrs		rimary	1-3 yrs	U5-7	Arts 4-7 yrs	7	6-18 mo	Ú4/5	U7-18		
14.00 14.00		5&6		U5-7	5&6	3-4 yrs		5&6	P-Ballet		5&6	P-Ballet	U4	5&6		1	-	3-5 yrs Primary	1	Dahu			
14.30	Jumper 24-35	5-7 yrs	Move& Groove	USA	5-7 yrs		USA	5-7 yrs	*	USA	5-7 yrs	1	Jumper 24-35	5-7 yrs	Move& Groove	USA	Trad. Dance	*	USA	Baby Dance	H-Hop		
14.30 15.00	mo		3-5 yrs	U4			U4		/ \ 3-5 yrs	U5-7	·	3-5 yrs	mo		3-5 yrs	U5-7	U7-18	5+ yrs	U5-7	1-3 yrs	U7-18		
15.00	10 /	Martial	-		Move&			Move&				0 0 313	10 /	Stage	Primary	1		Elite	Jumper	Elite	Move&		
15.30 15.30	USA	Arts		USA	Groove	RockFit	USA	Groove	-	USA			USA	Studio	¥	USA		- A	24-35	**	Groove		
16.00	U4	4-7 yrs		U5-7	3-5 yrs	U5-7	U5-7	3-5 yrs	U5-9	U4			U5-7	U5-7	5+ yrs	U7-18			mo		3-5 yrs		
16.00	•			USA	Stage			Stage	K	Elite	-	Elite		Tkd.	Danner	Elite	Doomsoo	1 110 10		110.10			
16.30 16.30	USA			USA	Studio		USA	Studio	7			₩ U5-7	USA	- I	8+ yrs		Poomsae 6+yrs	U8-18 Elite	USA	U8-18	-		
17.00	U5-7			U7-12	U5-7		U5-7	U5-7	Gr.1-4 (Skill dep.)	USA	U5-9	۸ - ۱	U5-7	6+ yrs	, , , -	USA		ra.	U7-12				
17.00 17.30	USA	Tkd.	Stage		Tkd.	Dool/Eit	USA	Elite	Elite		\$	b	USA		-		Tkd.	1	Elite				
17.30			Studio U5-7		, [RockFit U7-18		\$	2	lo _		#		Elite	Foundation	Elite	4 Urs						
18.00 18.00	U7-12	6+ yrs	03-7		6+ yrs		U7-12		7	USA	U8-18	() ()	U7-12		& L1/2	1	6+ yrs	U5-18	USA				
18.30		Tkd.	Н-Нор		H-Hop			U5-9	U7-18	U7-12	Elite	Gr.1-4 (Skill dep.)		0	Elite	USA	Tkd.						
18.30		- - 6+ yrs	U7-18		U7-18				6		k _			41,000			6+ yrs						
19.00 19.00		Elite			Trlan-				Car					6+ yrs									
19.30		Elite			Elite				Gr.5- Advance		U5-9				U8-18		Tkd. - ■						
19.30		U5-8							Foundation (Skill dep.)		Elite						6+ yrs						
20.00		7 7			N				(Skill dep.)		\$												
20.30					U8-18													PE	ACT	BON			
20.30 21.00											U8-18							كلما		אונעב			
21.00		PRESCH	DOL: LEAF	N&PLAY	1 LEAR	N&PLAY2	2 SMART	OLOGY3	SMART	OLOGY 4	KINDE	RGARTEN :	Primary	5 Pr	imary 6								

Taekwondo

Dance

Elite: up to 90 min class

Contemporary Dance



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Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Updated Nov 17th

		Mond	lay			Tues	sday			Wedne	esday			Thur	sday			Fric	day			Satu	rday		Sunday				
	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	
08.00 08.30		¬ ¬			(S)	FOR	AIN IO	A D.T.C																					
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09.00		n) []		읝				UTSAL																					
09.00					Preschool & KINDERGARTEN																Adult19+								
09.30 09.30	- ∕CHAMPIONSHIPS ्⊁⁄				GMNASTICS PICKLEBALL®)												DREAM		MATCH PLAY	U10 & U13	DREAM			U10 & U13		
10.00																					1				1		_		
10.00 10.30					Cnarta																						Q		
10.30					Sports U3																U8 & U10				U8 & U10		Y		
11.00																											3-7 yrs	U7-16	
11.00 11.30					Cnarta				C				Cnorto																
11.30					Sports U3				Sports U3				Sports U3								Elite								
12.00																					Effte								
12.00 12.30									Cnorte				Cnorte								1								
12.30	Sports U3								Sports U3				Sports U3								_								
13.00																					U5-10								
13.00 13.30	Sports				Sports				Sports												1	1							
13.30	U4/5				Sports U4/5				Sports U4/5													_							
14.00																					U5-7	U9-18							
14.00 14.30	RockFit		9						Martial		Q-		Sports				1		Q		Elite			Elite	1	AS I			
14.30	U5-7		7				1		Arts 4-7 yrs		7		Sports U4/5		7		_		1		550		1 👕	③	115.5		Y	U5-7	
15.00		3	3-7 yrs				3-7 yrs		,		3-7 yrs				3-7 yrs		U5-7		3-7 yrs				U9-18		U5-7	U9-18	8-18 yrs		
15.00 - 15.30	AS						9	③				3		1		(3)	1		9		U9-18		9	U7-16		Elite		Elite	
15.30	U5-7				U5-7		7				7	U5-12		_		U5-7			1				1	Elite		AFO!	Y		
16.00	05-7				U5-7		8-18 yrs	U5-7			U9-18	05-12		U5-7	8-18 yrs	05-7	U9-18		8-18 yrs	U5-7			3-7 yrs				3-7 yrs	$ \mathfrak{S} $	
16.00 - 16.30	AS				1			③	AFO		G			M			Elite				1					U9-18		U5-7	
16.30	110.10			U5-7							Y			_			AF						7	U5-16				Elite	
17.00 17.00	U9-18				U9-16			U7-12	U5-7		8-18 yrs			U9-18		U7-16			U9-18	U7-12	U9-18		8-18 yrs				U9-18		
				3				Elite						Elite		Elite	U5-12			Elite				③				$ \mathfrak{B} $	
17.30 17.30			>	U8-16				$ \mathfrak{S} $				U8-18		#C	1					(3)								U7-12	
18.00 18.00		A	Adult19+	00-10			U9-18				Adult19+	06-16		1	U9-18				Adult19+					U5-7					
18.30			& ADDER					U8-16			& LADDER			U8-18		U5-9			& LADDER	U8-16				3				Elite	
18.30		Ē	PLAY					NEW			PLAY								PLAY	*				U7-12				$ \mathfrak{S} $	
19.00 19.00			\rightarrow																					07-12					
19.30					AFC)															③								U9-18	
19.30																				Adult19+									
20.00					Adult19+															&									
20.30					MATCH															MATCH PLAY						VOO	777		
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21.00										1	7711					AN													
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KOTA KASABLANKA |

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Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

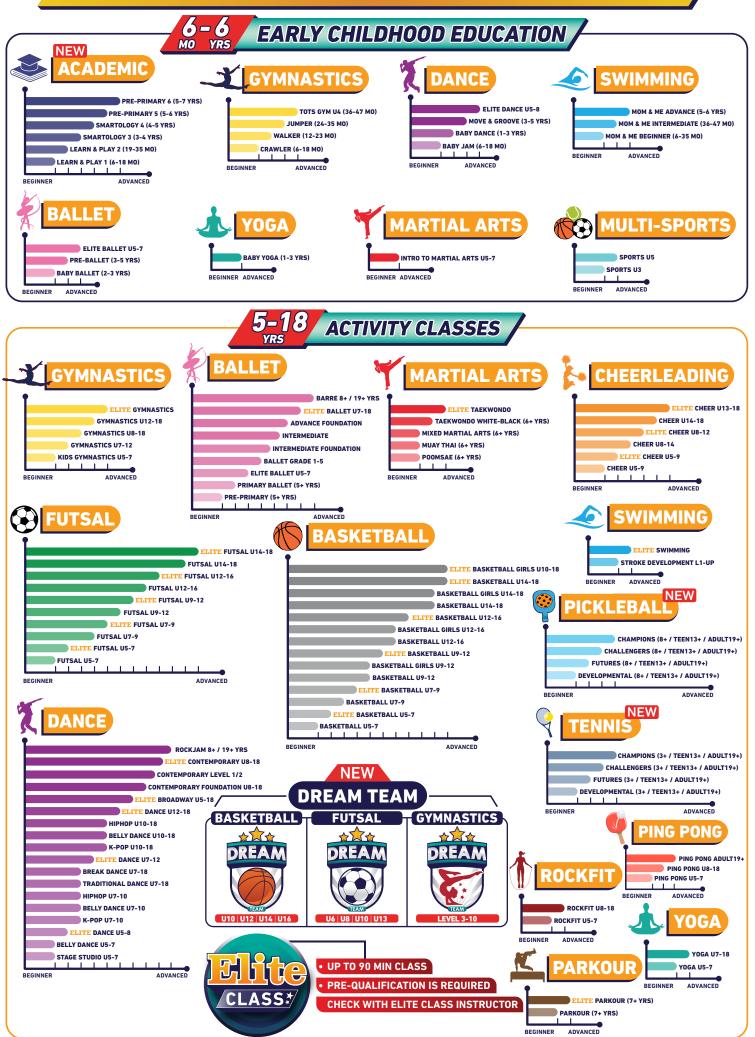
Updated Nov 17th

SCAN FOR E-SCHEDULE



		Monday			Tuesday		Wednesday				Thursday			Friday			Saturday				
Time	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3
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08.00						<i>PEUTSAL</i>															
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08.30 09.00	CHVN	HZMNIDI	IIDS 🖈																		
09.00 09.00	<u> CHAMPIONSHIPS</u>			GIMNAS	SINCS PIC	CKLEBALI															
09.30							_														
09.30																					
10.00																					
10.00 10.30				Swim M&M L1			Swim			Swim			Swim			Swim	Swim	Swim	Swim	Swim	Swim
10.30				M&M L1 6-35 mo			Swim M&M L1			Swim M&M L1			Swim M&M L1			M&M L2	Swim M&M L1	M&M L3	M&M L3	Swim M&M L1	M&M L2
11.00				6-35 mo			6-35 mo			6-35 mo			6-35 mo			3-4 yrs	6-35 mo	5-6 yrs	5-6 yrs	6-35 mo	3-4 yrs
11.00																		<u>.</u>	<u> </u>		
11.30 11.30																Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3	Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L3
12.00																Dev. Li	Dev. LZ	Dev. L3	Dev. Li	Dev. LZ	Dev. L3
12.00																					
12.30																					
12.30 13.00																					
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13.30																					
13.30																Elite			Elite	i	
14.00 14.00																					
14.30																	Stroke			Stroke	
14.30																	Stroke Dev. L4			Stroke Dev. L3	
15.00																(Skill dep.)			(Skill dep.)		
15.00 15.30				Swim M&M L2									Swim M&M L2	Swim M&M L1		Stroke	Stroko	Stroke	Stroko	Stroko	Stroke
15.30				M&M L2									M&M L2	M&M L1 6-35 mo		Dev. L1	Stroke Dev. L2	Dev. L3	Stroke Dev. L1	Stroke Dev. L2	Dev. L4
16.00				3-4 yrs									3-4 yrs	0-35 1110							
16.00 16.30		Charles	Charles	NEW			Swim						Charles	Swim		Swim	Swim	Swim	Swim	Swim	Swim
16.30		Stroke Dev. L1	Stroke Dev. L2	Stroke Dev. L1			Swim M&M L2			Stroke Dev. L1			Stroke Dev. L1	Swim M&M L3		Swim M&M L1	Swim M&M L3	M&M L2	Swim M&M L3	Swim M&M L1	Swim M&M L2
17.00	NEW			DEV. LI			3-4 yrs							5-6 yrs		6-35 mo	5-6 yrs	3-4 yrs	5-6 yrs	6-35 mo	3-4 yrs
17.00													<u> </u>								
17.30 17.30	Stroke Dev. L3									Stroke Dev. L2			Stroke Dev. L2			Stroke Dev. L2	Stroke				
18.00	Dev. Lo				1					Dev. LZ			DEV. LZ			DEV. LZ	Dev. L1				
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20.30	30																	الحكما		الماكمك	
21.00	INDEX:		Swimmin	ig :	Elite : ເ	up to 90 min	ı class														

NEW PROGRAM CLASSIFICATION & PROGRESSION





KOTA KASABLANKA \$\mathbb{C} +6221 2961 2708

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026 Adult19+ Only

SCAN FOR E-SCHEDULE



	Monday					Tuesday					Wednesday				Thursday					Friday					Saturday					Sunday					
	Studio	Studio Sports Tennis Swim Futsa			Futsal	Studio Sports Tennis Swim Futsal			Studio Sports Tennis Swim Futsal S				Studio	Sports	Tennis	Swim	Futsal	Studio Sports Tennis Swim Futsal				Futsal	al Studio Sports Tennis Swim Futsa					Studio Sports Tennis Swim				utsal			
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12.00		SPORT	S CLAS	SSES		adde						Jr .	,																						
12.00																-																			
13.00 13.00		Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.																																	
14.00		PLAY winning/losing team moves up/down the ladder.																																	
14.00		MATCH (Longer match play where the winning/losing team																																	
14.30		MATCH Sometimes to the winning/losing team moves up/down the ladder. Bring your friend/colleague.																																	
14.30 15.00																																			
15.00	MATCH 60 Minute match play focusing on Technique, and																																		
15.30		60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships																																	
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16.00 16.00																_				-														\rightarrow	
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22.00	INDE	EX:	Ва	asketb	all (Fi	utsal	🍳	Tennis	. 🥶	Pick	leball	_		Swin	nming																			

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

















PING PONG CHAMPIONS CHALLENGERS DEVELOPMENTAL

Stills Leveling

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

CHAMPIONSHIPS 🖈

Events&Competitions:





Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦠 🚯 🚱 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental