





# KOTA KASABLANKA

+6221 2961 2708

Fall Term Schedule  
Jul 21<sup>st</sup> until Oct 19<sup>th</sup> 2025  
Updated Aug 18<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal
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**IMPORTANT NOTICE**  
Do **NOT** transfer money to any RockStar Academy employee's personal account.

INDEX: Basketball | Futsal | Tennis | Pickleball | **Elite** : up to 90 min class | **DREAM TEAM** : up to 120 min class

FOR DREAM TEAM CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3
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07.30	<div><b>IMPORTANT NOTICE</b> Do <b>NOT</b> transfer money to any RockStar Academy employee's personal account.</div>																				
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10.30				M&M L1			M&M L1			M&M L1			M&M L1			M&M L2	M&M L1	M&M L3	M&M L3	M&M L1	M&M L2
10.30				6-35 mo			6-35 mo			6-35 mo			6-35 mo			3-4 yrs	6-35 mo	5-6 yrs	5-6 yrs	6-35 mo	3-4 yrs
11.00																					
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11.30																Stroke	Stroke	Stroke	Stroke	Stroke	Stroke
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14.30																	Dev. L4			Dev. L3	
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15.00																					
15.30				Swim									Swim	Swim		Stroke	Stroke	Stroke	Stroke	Stroke	Stroke
15.30				M&M L2									M&M L2	M&M L1		Dev. L1	Dev. L2	Dev. L3	Dev. L1	Dev. L2	Dev. L4
15.30				3-4 yrs									3-4 yrs	6-35 mo							
16.00																					
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16.30		Stroke	Stroke				Swim			Stroke			Stroke	Swim		Swim	Swim	Swim	Swim	Swim	Swim
16.30		Dev. L1	Dev. L2				M&M L2			Dev. L1			Dev. L1	M&M L3		M&M L1	M&M L3	M&M L2	M&M L3	M&M L1	M&M L2
16.30							3-4 yrs							5-6 yrs		6-35 mo	5-6 yrs	3-4 yrs	5-6 yrs	6-35 mo	3-4 yrs
17.00																					
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17.30										Stroke			Stroke			Stroke	Stroke				
17.30				Adults						Dev. L2			Dev. L2			Dev. L2	Dev. L1				
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INDEX:



Swimming

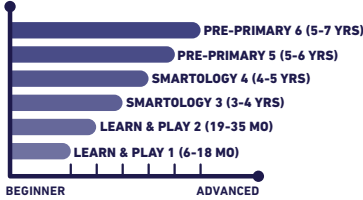
**Elite** : up to 90 min class

# NEW PROGRAM CLASSIFICATION & PROGRESSION

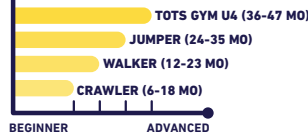
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

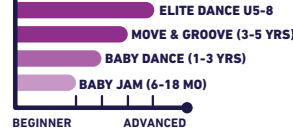
### NEW ACADEMIC



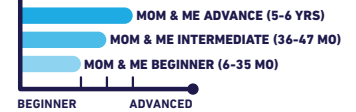
### GYMNASTICS



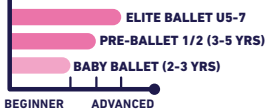
### DANCE



### SWIMMING



### BALLET



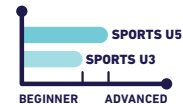
### YOGA



### MARTIAL ARTS



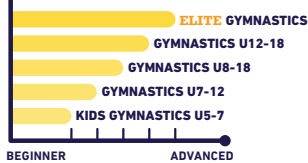
### MULTI-SPORTS



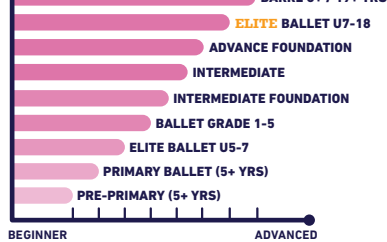
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



### BALLET



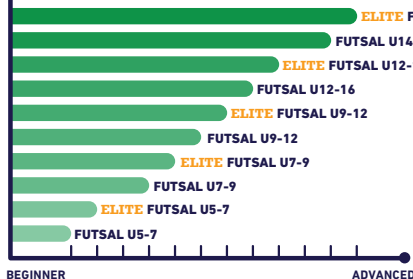
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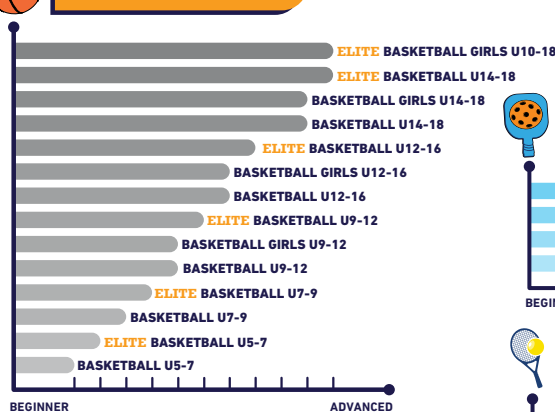
### CHEERLEADING



### FUTSAL



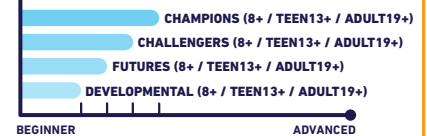
### BASKETBALL



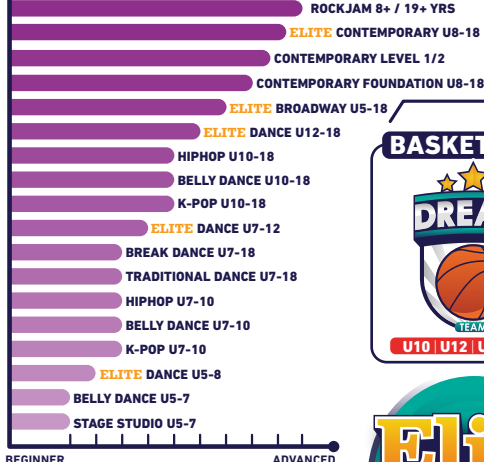
### SWIMMING



### PICKLEBALL



### DANCE



### NEW DREAM TEAM

#### BASKETBALL



U10 | U12 | U14 | U16

#### FUTSAL



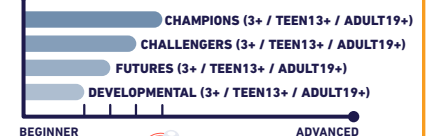
U6 | U8 | U10 | U13

#### GYMNASTICS



LEVEL 3-10

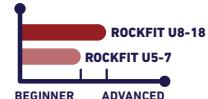
### TENNIS



### PING PONG



### ROCKFIT



### YOGA



### PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



# KOTA KASABLANKA

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Fall Term Schedule  
Jul 21<sup>st</sup> until Oct 19<sup>th</sup> 2025  
**Adult19+ Only**

SCAN FOR  
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal
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**ADULT19+  
SPORTS CLASSES**

60 min of Drills and Technique training, followed by Ladder Play.

**LADDER  
PLAY**



Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.

**MATCH  
PLAY**



Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.

**MATCH  
PLAY**



60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships



INDEX:



Basketball



Futsal



Tennis



Pickleball

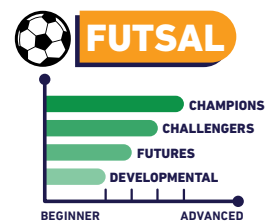
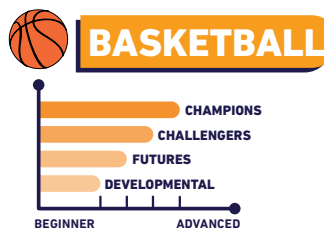
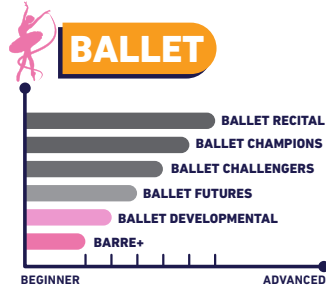
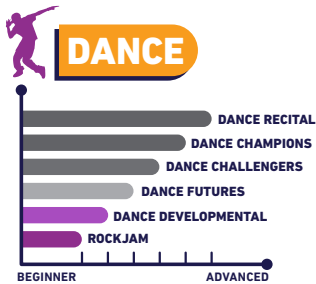
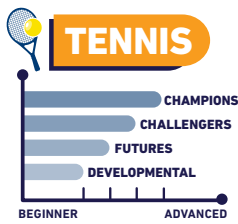


Swimming



# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite CHAMPIONSHIPS

### Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

## Dance Recital Ballet & Contemporary Recital

### Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.