



KOTA KASABLANKA

+6221 2961 2708

Fall Term Schedule

20th Jul until 18th Oct 2026

Updated 21st Sep

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
06.00																												
07.00																												
07.30																												
08.00																												
08.30																												
09.00																												
09.30																												
10.00																												
10.30																												
11.00																												
11.30																												
12.00																												
12.30																												
13.00																												
13.30																												
14.00																												
14.30																												
15.00																												
15.30																												
16.00																												
16.30																												
17.00																												
17.30																												
18.00																												
18.30																												
19.00																												
19.30																												
20.00																												
20.30																												
21.00																												

Elite

CHAMPIONSHIPS

BASKETBALL **FUTSAL**

Fresh **Preschool** **& KINDERGARTEN**

GYMNASTICS **BABY GYM**

PICKLEBALL **PINGPONG**

ADULT 19+ **PARKOUR**

INDEX:

PRESCHOOL : LEARN&PLAY1		LEARN&PLAY2		SMARTOLOGY3		SMARTOLOGY4		KINDERGARTEN : P^{re}primary5		P^{re}primary6	
 Gymnastics	 Cheerleading	 Ballet	 Contemporary Dance	 Broadway	 Dance	 Taekwondo	Elite : up to 90 min class				



KOTA KASABLANKA

+6221 2961 2708

Fall Term Schedule

20th Jul until 18th Oct 2026

Updated 21st Sep

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal	Sports 1	Sports 2	Tennis	Futsal																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
07.30	ENJOY FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructions scheduled! 																												Elite CHAMPIONSHIPS BASKETBALL FUTSAL PRESCHOOL & KINDERGARTEN GYMNASICS BABY GYM PICKLEBALL PINGPONG ADULT19+ PARKOUR																DREAM TEAM U8 Mix				Adult19+ & LADDER PLAY U6 / U9 U13				DREAM TEAM U8 Mix				3-6 yrs U7-16																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
08.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
08.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
08.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
09.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
09.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
09.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
09.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
10.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
10.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
10.30	Sports U3				Sports U3				Sports U3				Sports U3				Elite U5-10				U5-7 U9-18 3-6 yrs				Elite U5-7 U9-18 7+ yrs U7-16 Elite U9-18 U5-9 U5-7 U7-12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
11.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
11.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
11.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
11.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
12.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
12.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
12.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
12.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
13.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
13.00	Sports U4/5				Sports U4/5				Sports U4/5				Sports U4/5				U5-7 U9-18 3-6 yrs				U5-7 U9-18 7+ yrs U7-16 Elite U9-18 U5-9 U5-7 U7-12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
13.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
13.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
14.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
14.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
14.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
14.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
15.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
15.00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
15.30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
15.30	U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7				U5-7</			

INDEX:



Basketball



Futsal



Tennis



Pickleball

Elite : up to 90 min class



DREAM TEAM : up to 120 min class

FOR DREAM TEAM CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



KOTA KASABLANKA

+6221 2961 2708

Fall Term Schedule
20th Jul until 18th Oct 2026
Updated 17th Aug

SCAN FOR
E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3	Swim 1	Swim 2	Swim 3
07.00	Elite CHAMPIONSHIPS BASKETBALL FUTSAL Preschool & KINDERGARTEN GIMNASTICS BABY GYM PICKLEBALL PINGPONG ADULT19+ PARKOUR																				
07.30																					
07.30																					
08.00																					
08.30																					
08.30																					
09.00																					
09.00																					
09.30																					
09.30																					
10.00																					
10.00				Swim						Swim			Swim			Swim	Swim	Swim	Swim	Swim	Swim
10.30				M&M L1						M&M L1			M&M L1			M&M L2	M&M L1	M&M L3	M&M L3	M&M L1	M&M L2
10.30				6-35 mo						6-35 mo			6-35 mo			3-4 yrs	6-35 mo	5-6 yrs	5-6 yrs	6-35 mo	3-4 yrs
11.00																					
11.00																					
11.30																Stroke	Stroke	Stroke	Stroke	Stroke	Stroke
11.30																Dev. L1	Dev. L2	Dev. L3	Dev. L1	Dev. L2	Dev. L3
12.00																					
12.00																					
12.30																					
12.30																					
13.00																					
13.00																					
13.30																					
13.30																					
14.00																Elite			Elite		
14.00																					
14.30																(Skill dep.)			(Skill dep.)		
14.30																Stroke			Stroke		
15.00																Dev. L4			Dev. L3		
15.00																					
15.30				Swim									Swim			Stroke	Stroke	Stroke	Stroke	Stroke	Stroke
15.30				M&M L2									M&M L2			Dev. L1	Dev. L2	Dev. L3	Dev. L1	Dev. L2	Dev. L4
16.00				3-4 yrs									3-4 yrs								
16.00																					
16.30		Stroke	Stroke	Stroke			Swim			Stroke			Stroke	Swim		Swim	Swim	Swim	Swim	Swim	Swim
16.30		Dev. L1	Dev. L2	Dev. L1			M&M L2			Dev. L1			Dev. L1	M&M L3		M&M L1	M&M L3	M&M L2	M&M L3	M&M L1	M&M L2
16.30							3-4 yrs							5-6 yrs		6-35 mo	5-6 yrs	3-4 yrs	5-6 yrs	6-35 mo	3-4 yrs
17.00																					
17.00	Stroke									Stroke			Stroke			Stroke	Stroke				
17.30	Dev. L3									Dev. L2			Dev. L2			Dev. L2	Dev. L1				
17.30																					
18.00				FREE																	
18.00				Swim																	
18.30				Adult19+																	
18.30																					
19.00																					
19.00																					
19.30																					
19.30																					
20.00																					
20.00																					
20.30																					
20.30																					
21.00																					

INDEX:



Swimming

Elite : up to 90 min class

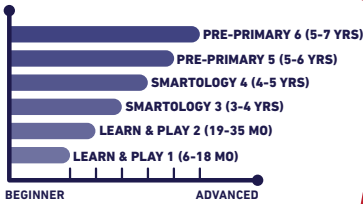
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

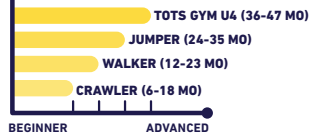
EARLY CHILDHOOD EDUCATION

NEW!

ACADEMIC



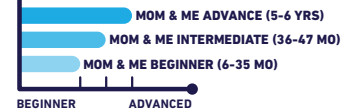
GYMNASTICS



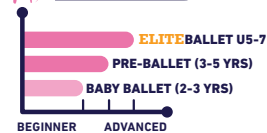
DANCE



SWIMMING

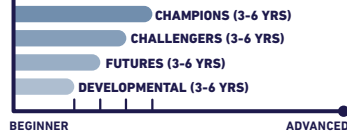


BALLET



NEW!

TENNIS



MARTIAL ARTS



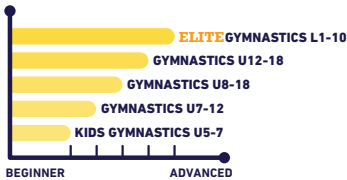
MULTI-SPORTS



5-18
YRS

ACTIVITY CLASSES

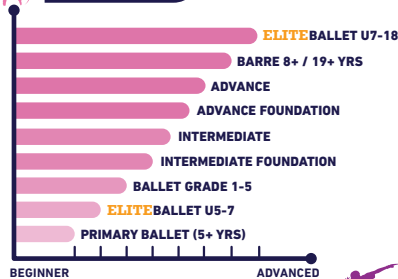
GYMNASTICS



SWIMMING



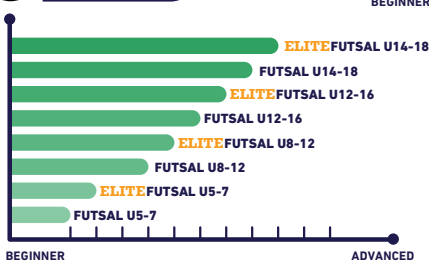
BALLET



CHEERLEADING



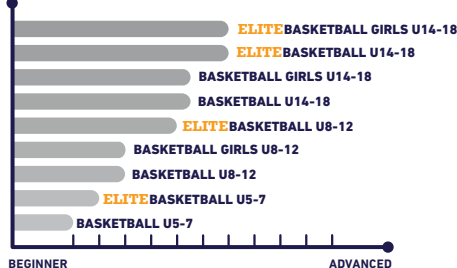
FUTSAL



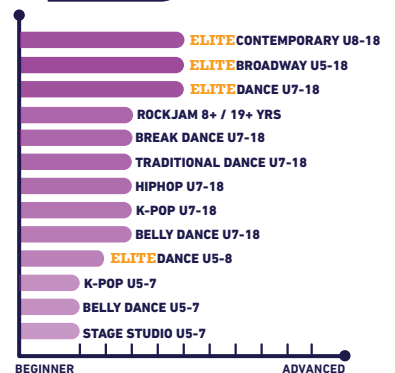
PARKOUR



BASKETBALL

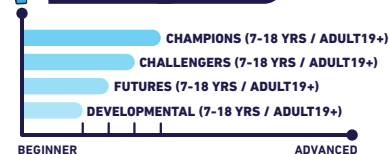


DANCE



NEW!

PICKLEBALL



NEW

DREAM TEAM

BASKETBALL



U10 | U12 | U14 | U16

FUTSAL



U6 | U8 | U10 | U13

GYMNASTICS



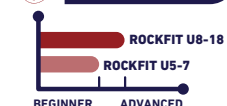
LEVEL 3-10

NEW!

PING PONG



ROCKFIT



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



MARTIAL ARTS



NEW!

TENNIS





KOTA KASABLANKA

+6221 2961 2708

Fall Term Schedule
20th Jul until 18th Oct 2026

ADULT19+

SCAN FOR
E-SCHEDULE



	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
Time	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal	Studio	Sports	Tennis	Swim	Futsal
07.00																																			
07.30																																			
07.30																																			
08.00																																			
08.00																																			
08.30																																			
08.30																																			
-																																			
09.00																																			
09.00																																			
09.30																																			
09.30																																			
10.00																																			
10.00																																			
10.30																																			
10.30																																			
11.00																																			
11.00																																			
11.30																																			
11.30																																			
12.00																																			
12.00																																			
13.00																																			
13.00																																			
14.00																																			
14.00																																			
14.30																																			
14.30																																			
15.00																																			
15.00																																			
15.30																																			
15.30																																			
16.00																																			
16.00																																			
16.30																																			
16.30																																			
17.00																																			
17.00																																			
17.30																																			
17.30																																			
18.00																																			
18.00																																			
18.30																																			
18.30																																			
19.00																																			
19.00																																			
19.30																																			
19.30																																			
-																																			
20.00																																			
20.00																																			
20.30																																			
20.30																																			
21.00																																			
21.00																																			
22.00																																			

ADULT19+ Free Trial

Parents of RockStar Students:
30 Days FREE

Guests & New Members:
7 Days FREE

INDEX:

Basketball

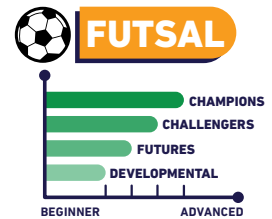
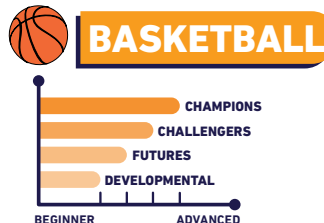
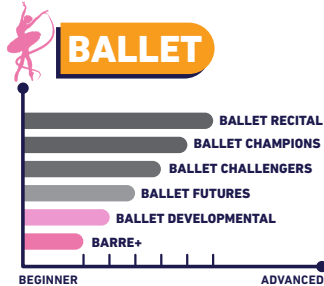
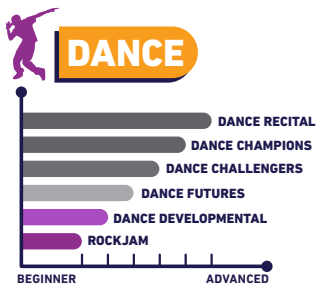
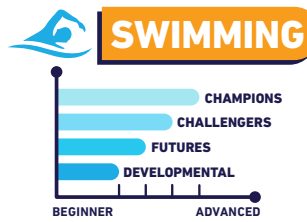
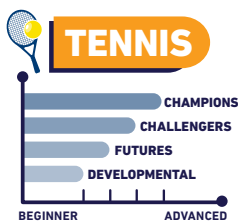
Futsal

Pickleball

Swimming

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Dance Recital Ballet & Contemporary Recital

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.