

HAMPTON SQUARE SERPONG

C +6221 3971 3400

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Updated Dec 1st

		M	londay			Tuesday					Wednesday				Thursday					Friday					Saturday				Sunday				
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3 4	G	1	2 3	4
08.00 08.30																												10			FOR		
08.30																										ור ו	ונרע	K	乃			MING ARTS	
09.00																											ונדע	ון נו				ALL QFUTS AL	
09.00 - 09.30							LEARN &PLAY										LEARN &PLAY							-	/ ₀	LABAR	LONG	HIDO X	Preschool & KINDERGARTEN				
09.30					Primary			&PLAY		Primary					Primary			aPLAT		Primary					Primary	<u> / [</u>	<u>iamp</u>	IUN2	HIPS**	GMN	IASTIC	S PICKLEBALL	ı,
10.00					5&6			6-18 mo		5&6					5&6			6-18 mo		5&6					5&6								_
10.00					5-7 yrs	Crawler		LEARN		5-7 yrs	Walker		LEARN ODL AV		5-7 yrs	Crawler	Dahii	LEARN		5-7 yrs					5-7 yrs	Walker				Walker			
10.30 10.30						6-18 mo		LEAN &PLAY 2			12-23		LEARN & PLAY 2			6-18	Dance 1-3 yrs	&PLAY 2								12-23				12-23			
11.00						1110		19-35 mo			mo		19-35 mo			mo	1-3 yrs	19-35 mo								mo				mo			
11.00	سوا				SMART OLOGY		Dahu		Sports	SMART		Dalas			SMART OLOGY	lumnar	Baby			SMART OLOGY					SMART OLOGY		Date				Date		
11.30 11.30	USA				OLOGY 4	Jumper 24-35	Dance 1-3 yrs	Jam 6-18	Sports U4/5	OLOGY 4	Jumper 24-35	Dance			OLOGY 4	Jumper 24-35	Jam 6-18			OLOGY 4	Jumper 24-35				OLOGY 4		Baby Dance				Baby Dance		
12.00	U4				4-5 yrs	mo	1-3 yrs	mo		4-5 yrs	mo	1-3 yrs			4-5 yrs	mo	mo			4-5 yrs	mo				4-5 yrs		1-3 yrs				1-3 yrs		
12.00					CAMADE										CMADI																		
12.30					SMART OLOGY	Walker 12-23				SMART OLOGY		Sports			SMART OLOGY	Walker 12-23	Sports U3					Baby Dance		Sports	SMART OLOGY	USA			Sports	Jumpei 24-35			
12.30					3 3-4 yrs	mo			U3	3 3-4 yrs		U3			3 3-4 yrs	mo	U3					1-3 yrs		Ū3	3 3-4 yrs	U4			U3	mo			
13.00					3 4 yi 3					3 4 yi 3					,				Dahii						5 4 yi 5							Baby	
	Walker	Snorts			6 79	USA					USA					USA			Baby	(m)	Walker			Sports		Jumper 24-35	K-Pop		Sports	USA		3	
13.30	12-23 mo	U3			rimary 5 & 6	U4				Primary	U4				Primary	U4			*	rimary 5 & 6	12-23 mo			Sports U4/5		24-35 mo	U7-18		U4/5	U4			
14.00					5-7 yrs	04				5&6	U4				5&6	04			2-3 yrs						5&6					04		2-3 yrs	
14.00 14.30	USA	Baby			J-7 yl 3		Martial			5-7 yrs		Sports			5-7 yrs		Move&		P-Ballet	5-7 yrs	 -				5-7 yrs		Move&				Move&	P-Ballet	
14.30		Dance 1-3 yrs					Arts 4-7 yrs					U4/5					Groove 3-5 yrs		*		USA					JUSA	Groove				Groove 3-5 yrs		
15.00	U4	1-3 yrs					4 7 yı 3										3-3 yi 3		3-5 yrs		U4					U5-7	3-5 yrs				3-3 yi s	3-5 yrs	
15.00						سوا	M	•	Move&		ساما	Move&				سعا			Primary		Ie _	Move 8.				USA	Stago		•				
15.30 15.30	Jumper 24-35	Groove				USA	Muay Thai		Groove		USA	Groove				USA	Martial Arts	Sports U4/5	*		USA	Move& Groove				U8-18	Studio		-	USA			
16.00	mo	3-5 yrs				U5-7	6+yrs	U5-9	3-5 yrs		U5-7	3-5 yrs				U5-7	4-7 yrs		/\ 5+ yrs		U5-7	3-5 yrs				U8-18	05-7		U5-9	U5-7			
16.00	1.										la .					ء ما			0.7.0		۔ وا	Chann								la a		Primary	
16.30	USA	Sports U4/5				USA		-			USA	Stage Studio				USA	Muay Thai				USA	Stage Studio		RockFit		Parkour 7+ yrs				USA			
16.30 17.00	U5-7	04/5				U8-18		U8-18			U8-18	U5-7				U8-18	6+yrs				U8-18	U5-7		U5-7		/ + yi 5			U8-18	U8-18			
17.00						00 .0		Broad																					00-10			5+ yrs	
17.30	USA	Stage Studio					Tkd. ☐ -	way			Parkour	K-Pop					Tkd.				Parkour												
17.30 18.00	U8-18	U5-7					0+ yrs	4			7+ yrs	U7-18					6+ yrs				7+ yrs												
18.00 18.00	00 10							Λ																									
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HAMPTON SQUARE SERPONG

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Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

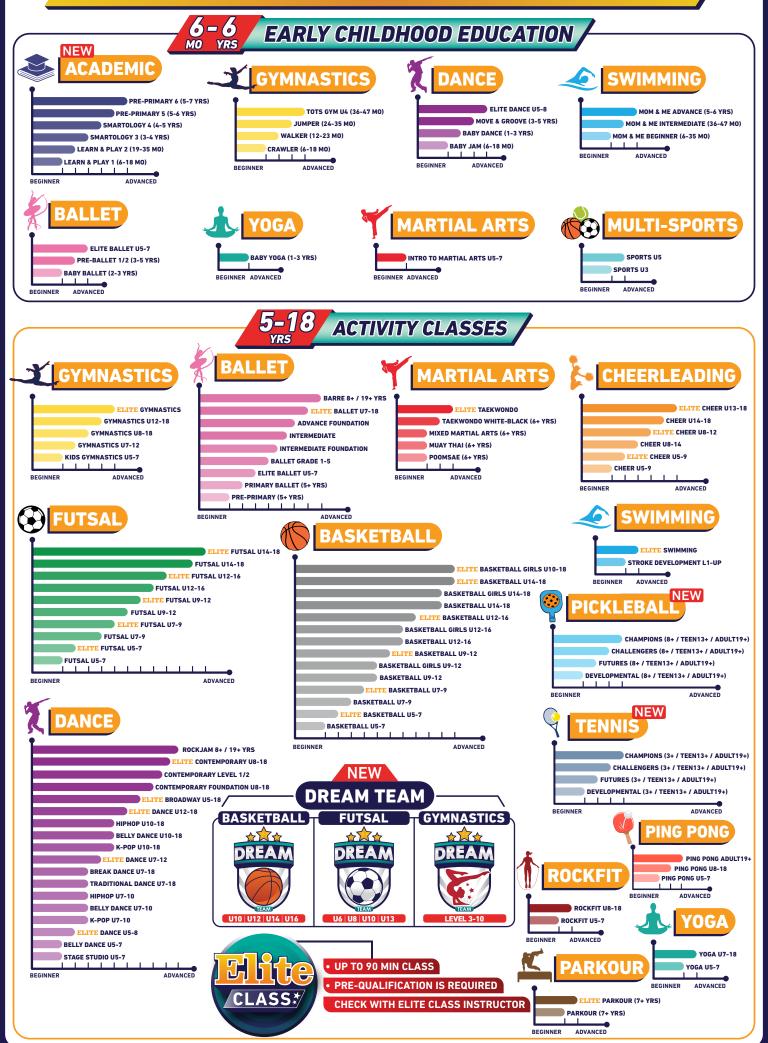
SCAN FOR E-SCHEDULE



Updated Dec 1st

[Monday		Tuesday			Wednesday				Thursday			Friday			Saturday		Sunday		
Time	Sports	orts Tennis & PB Ping Pong Sports Tennis & PB Ping Pong				Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	
08.00																					
08.30 08.30	ַ [רַתּיּט וֹ	PERFORMING ARTS																			
09.00 09.00	BASKETBALL QFUTSAL																Adult19+				
09.00	Prescheel & KINDERGARTEN																MATCH				
09.30	CHAMPIONSHIPS COMMASTICS PICKLEBALL																PLAY				
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11.00					Adult19+						Adult19+										
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14.30	③						③										7				
15.00	U5-7			U5-7			U5-7			U5-7						U8-18	8-18 yrs	U5-7	U8-16	3-7 yrs	
15.00 15.30	AFC)						1			③			AFC)								
15.30		, , , , , , , , , , , , , , , , , , ,															T	7	_		
16.00	U5-7	3-7 yrs		U5-7			U5-7			U5-7			U5-7			U5-7	U9-18	Adult19+	U8-18		
16.00 16.30	③				A Company of the comp		③	9					③					LADDER	affo		
16.30											7					_		PLAY			
17.00	U8-16			U8-18	3-7 yrs		U8-16	3-7 yrs		U8-18	3-7 yrs		U5-7	8-18 yrs		U8-18	Adult19+	فتتتات	U5-7	Adult19+	
17.00 17.30	AFC)			③						③			1				LADDER			LADDER	
17.30				_	1			_		_	\ \ \						PLAY	 		PLAY	
18.00	U8-18	U9-18		U8-18	8-18 yrs		U8-18	U9-18		U8-18	8-18 yrs	U5-7	U8-18	3-7 yrs			التحصات			التنتان	
18.00 18.30													③								
18.30					T			A													
19.00		Adult19+			U9-18		Adult19+ &	8-18 yrs				Adult19+	U8-16	Adult19+							
19.00 19.30		LADDER					MATCH					LADDER	③	LADDER							
19.30		PLAY					PLAY					PLAY		PLAY							
20.00								Adult19+				التحصات	Adult19+								
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20.30								PLAY					PLAY					R	OS	TERIN	(O)\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
21.00								لفتنتسات													
	INDEX:	Basketl	ball 🚱	Futsal 9	Tennis	Pickleb	all 🏻 🌳 P	ing Pong													

NEW PROGRAM CLASSIFICATION & PROGRESSION





HAMPTON SQUARE SERPONG +6221 3971 3400

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026 Adult19+ Only

SCAN FOR E-SCHEDULE



	Monday					Tuesday				Wednesday				Thursday				Fri	day			Satu	rday		Sunday			
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
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13.00			OUT19: 60 min of Drills and Technique training, followed by Ladder Play.																									
13.00				Dy L	adder i	ray.																						
14.00		LADDE		Fast-	-paced	60-mii	nute ma	itch pla	y where	the																		
14.00		Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.																										
15.00 15.00																				=0								
15.30		Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.																										
15.30		PLAY		move	es up/a	lown tn	e Iaaae	r. Bring	your fri	ena/co	lleague	2.																
16.00		MATCH		60 N	linute n	natch n	lay foci	isina oi	Techn	iaue ai	nd													Adult19+				
16.00	- 4	PLAY	, (26	Tean	nwork -	- ideal r	rep for	the nex	t Elite C	iqae,ai Champi	ionship	s												&				
16.30		تان کے ا		roun	WOIK	raour p	or op joi	110 1102	t Linto C	mampi	опотпр													LADDER				
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:







Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦠 🚯 🚱 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental