

HAMPTON SQUARE SERPONG

4 +6221 3971 3400

Sample Schedule

SCAN FOR E-SCHEDULE



1	Monday						Tuesday					Wednesday					Thursday					Friday					S	aturda	ay		Sunday				
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4
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09.30 09.30					Primary			LEARN &PLAY 1							Primary			&PLAY											-	-					
10.00					5&6			6-18 mo							5&6			6-18 mo																	
10.00					5-7 yrs			I = A D XI							5-7 yrs			_																	
10.30						Crawler 6-18		&PLAY			Walker 12-23					Crawlei 6-18	Baby	&PLAY								Walker 12-23					Walker				
10.30						mo		19_35			mo					mo	1-3 yrs	&PLAY 2 19-35 mo								mo					12-23 mo				
11.00 11.00								19-35 mo										mo											-	-					
11.30	USA				SMART OLOGY	Jumper	Baby	Baby Jam 6-18	Sports		Jumper	Baby			SMARI OLOGY	Jumpe	Baby				Jumper	r					Baby					Baby			
11.30	U4				4	24-35 mo	Baby Dance 1-3 yrs	6-18 mo	U4/5		24-35 mo	Dance 1-3 yrs			4	24-35 mo	0-10				24-35 mo						Dance 1-3 yrs					Dance 1-3 yrs			
12.00	04				4-5 yrs		·	1110							4-5 yrs		mo																		
12.00					SMART OLOGY	Walker									SMART OLOGY	Walko						Baby									lumnou				
12.30 12.30					OLOGY 3	12-23 mo			Sports U3			Sports U3			OLOGY 3	Walker 12-23	Sports U3	·				Dance		Sports U3		USA			Sports U3	·	24-35	Sports U4/5			
13.00					3-4 yrs	1110			03						3-4 yrs	mo						1-3 yrs				U4					mo				
13.00						la .			Baby							ے وا			Baby												1.				
13.30	Walker 12-23	Spoi to				USA			3 -		USA					USA	Sports U4/5			976	Walker 12-23			Sports U4/5		Jumper 24-35	K-Pop		Sports	;	USA	Sports U3			
13.30 14.00	mo	U3				U4			*	rimary 5&6	U4					U4	U4/5		/\	rimary 5&6	mo			U4/5		mo	U7-18		U4/5		U4	U3			
14.00									2-3 yrs P-Ballet ^{1/2}	5-7 yrs	<u> </u>								2-3 yrs P-Ballet ^{1/2}	5-7 yrs											-				
14.00	USA	Baby					Martial			. ,		Sports					Move&			,	USA					USA	Move&					Move&			
14.30	_	Dance 1-3 yrs					Arts 4-7 yrs		*			U4/5					Groove 3-5 yrs		*			-				$\overline{}$	Groove 3-5 yrs					Groove 3-5 yrs			
15.00	U4	,					,		3-5 yrs										3-5 yrs		U4					U5-7	0 0 913					,			
15.00							Muay		Move&			Move 8.		*		سعا	Mantia		PP/P			Move&				USA	Stane				le_	Stago			
	24-35	Move& Groove				USA	Muay Thai		Groove		USA	Move& Groove 3-5 yrs				USA	Martia Arts 4-7 yrs	L	*		USA	Move& Groove		RockFit U7-18			Stage Studio		1		USA	Stage Studio U5-7			
15.30 16.00	mo	3-5 yrs				U5-7	6+yrs		3-5 yrs		U5-7	3-5 yrs		U5-9		U5-7	4-7 yrs	5	/\ 5+ yrs		U5-7	3-5 yrs		07 10		U8-18	U5-7		U5-9		U5-7	U5-7			
16.00									PP/P		,					la .			0. yıs		la .										1.				
16.30	USA	Sports U4/5				USA	Н-Нор		*		USA	Stage Studio U5-7		-		USA	Muay Thai		H-Hop		USA	Stage Studio		RockFit		Parkour	Н-Нор		-		USA	K-Pop U7-18			
16.30	U5-7	U4/5				U8-18	U7-18		7		U8-18	U5-7				U8-18	4		U7-18		U8-18			U5-7		7+ yrs	U7-18				U8-18	U7-18			
17.00 17.00	007					06-16			5+ yrs					U8-18		-													U8-18	-					
17.30 17.30 17.30 18.00	USA	Stage Studio					Tkd.				Parkour	K-Pon					Tkd. ☐ - I				Parkoui	r K-Pon													
17.30		Studio V U5-7					[] - [] 6+ yrs				7+ yrs	U7-18					- ∐ - ■ 6+ yrs	,			7+ yrs	U7-18													
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20.00		-A.	G ₁	ymnast	ics	Che	erleadi	ng 🧍	Balle	t	Conte	empora	ry Dan	ce 🏌	Broad	way	Da	ince 🍍	Taek	wondo	Eli	te:up	to 90 n	nin clas	s										



INDEX: Basketball Futsal From Tennis Pickleball

HAMPTON SQUARE SERPONG

4 +6221 3971 3400

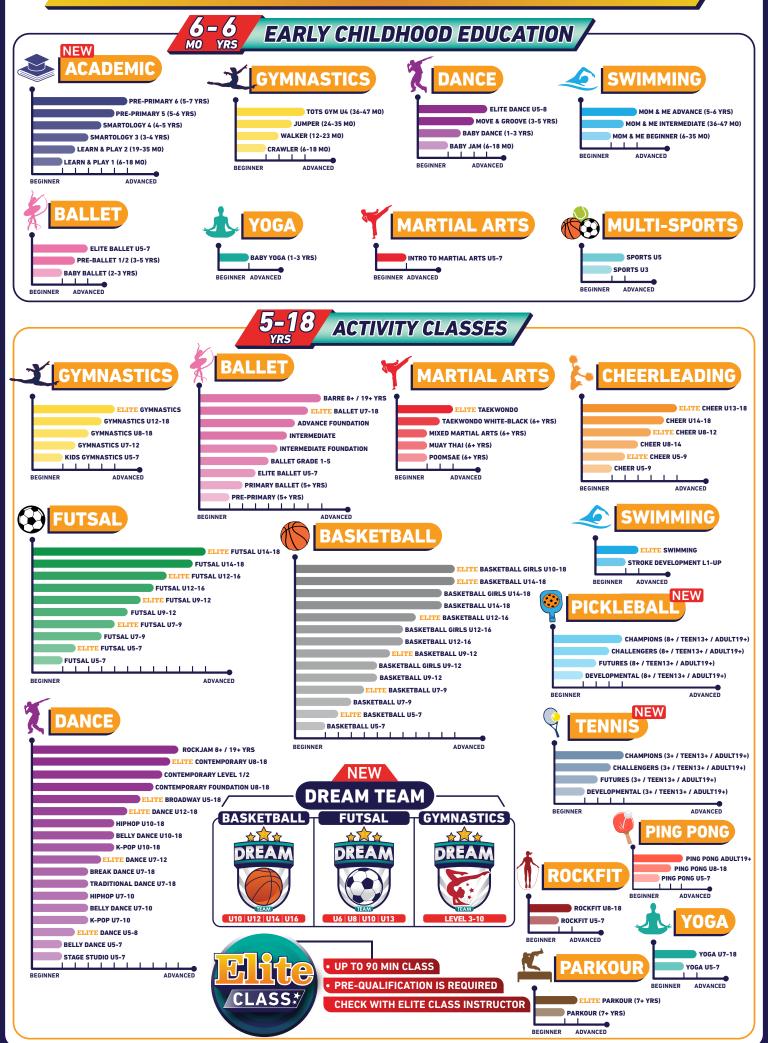
Sample Schedule

SCAN FOR E-SCHEDULE



	Monday Tu					Tuesday					Thursday			Friday			Saturday		Sunday			
Time	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	
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15.00 15.00																	8-18 yrs	U5-7		3-7 yrs		
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16.00	U5-7	3-7 yrs		U5-7			U5-7			U5-7			U5-7			U5-7	U9-18	Adult19+ &	U9-18			
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17.00	U9-18			U9-18	3-7 yrs	U8-18	U9-18	3-7 yrs		U9-18	3-7 yrs	U8-18	U5-7	8-18 yrs		U9-18	Adult19+		U5-7	Adult19+		
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17.30 18.00	U9-18	U9-18		U9-18	8-18 yrs	U5-7	U9-18	U9-18		U9-18	8-18 yrs	U5-7	U9-18	3-7 yrs			PLAY			كلنساي		
18.00											3 .0 ,10											
18.30													(3)									
18.30		Adult19+			U9-18		Adult19+	\				Adult19+	U9-18	Adult19+								
19.00 19.00		& &			U7-18		&	8-18 yrs				&		&								
19.30		LADDER					MATCH					LADDER	③	LADDER								
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20.00								LADDER					MATCH									
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21.00													لنتنتون									

NEW PROGRAM CLASSIFICATION & PROGRESSION





HAMPTON SQUARE SERPONG +6221 3971 3400

Sample Schedule |

SCAN FOR E-SCHEDULE



Adult19+ Only

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	Monday						day		Wednesday				Thursday				Friday					Saturday				Sunday			
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	
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12.30																													
12.30 13.00		ADULT194 60 min of Drills and Technique training, followed by Ladder Play.																											
13.00																													
14.00		LADDER 6 Fast-paced 60-minute match play where the																											
14.00		PLAY winning/losing team moves up/down the ladder.															ĺ												
15.00																													
15.00 15.30	<u> IŅ</u>	MATCH Onger match play where the winning/losing team																											
15.30		PLAY	moves up/down the ladder. Bring your friend/colleague.																										
16.00		MATCH 60 Minute match play focusing on Technique, and																	Adult19+										
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

CHAMPIONSHIPS 🖈

Events&Competitions:





Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 🤎 🦓 🚱 🟖 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental