



# GAJAH MADA PLAZA

+6221 3972 9888

## Winter Term Schedule 20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026

Updated Dec 15<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5
08.00	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%; border: 2px solid orange; padding: 5px;"> <h3 style="margin: 0;">Elite</h3> <p style="margin: 0;">CHAMPIONSHIPS</p> </div> <div style="width: 45%; border: 2px solid orange; padding: 5px;"> <p style="margin: 0; font-weight: bold;">PERFORMING ARTS</p> <p style="margin: 0; font-size: small;">BASKETBALL FUTSAL</p> <p style="margin: 0; font-size: x-small;">Preschool &amp; KINDERGARTEN</p> <p style="margin: 0; font-size: small;">GIMNASTICS PICKLEBALL</p> </div> </div>																				<div style="border: 1px solid black; padding: 2px;"> <p style="margin: 0; font-weight: bold; font-size: small;">DREAM TEAM</p> <p style="margin: 0; font-size: x-small;">L3-7</p> </div>							
08.30																												
08.30																												
09.00																												
09.00					Crawler 6-18 mo				Walker 12-23 mo				Crawler 6-18 mo				Jumper 24-35 mo				Baby Dance 1-3 yrs							
09.30					Baby Dance 1-3 yrs								Baby Dance 1-3 yrs															
09.30					Jumper 24-35 mo				Baby Dance 1-3 yrs				Jumper 24-35 mo				Walker 12-23 mo											
10.00					Walker 12-23 mo				Sports U3				Walker 12-23 mo				Sports U3											
10.30					Sports U3				NEW Move & Groove 3-5 yrs				Baby 2-3 yrs P-Ballet				Sports U4/5											
11.00					U4				U5-7				U4				U4											
11.30					U5-7				U5-7				U5-7				U5-7											
12.00					U5-7				U5-7				U5-7				U5-7											
12.30					U5-7				U5-7				U5-7				U5-7											
13.00					U5-7				U5-7				U5-7				U5-7											
13.00	Walker 12-23 mo				Sports U3				U4				NEW Move & Groove 3-5 yrs				Sports U4/5											
13.30	U4				U5-7				U5-7				U5-7				U5-7											
13.30	U4				U5-7				U5-7				U5-7				U5-7											
14.00	U4				U5-7				U5-7				U5-7				U5-7											
14.00	U4				U5-7				U5-7				U5-7				U5-7											
14.30	U4				U5-7				U5-7				U5-7				U5-7											
14.30	U4				U5-7				U5-7				U5-7				U5-7											
15.00	U4				U5-7				U5-7				U5-7				U5-7											
15.00	U4				U5-7				U5-7				U5-7				U5-7											
15.30	U4				U5-7				U5-7				U5-7				U5-7											
15.30	U4				U5-7				U5-7				U5-7				U5-7											
16.00	U4				U5-7				U5-7				U5-7				U5-7											
16.00	U4				U5-7				U5-7				U5-7				U5-7											
16.30	U4				U5-7				U5-7				U5-7				U5-7											
16.30	U4				U5-7				U5-7				U5-7				U5-7											
17.00	U4				U5-7				U5-7				U5-7				U5-7											
17.00	U4				U5-7				U5-7				U5-7				U5-7											
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17.30	U4				U5-7				U5-7				U5-7				U5-7											
18.00	U4				U5-7				U5-7				U5-7				U5-7											
18.00	U4				U5-7				U5-7				U5-7				U5-7											
18.30	U4				U5-7				U5-7				U5-7				U5-7											
18.30	U4				U5-7				U5-7				U5-7				U5-7											
19.00	U4				U5-7				U5-7				U5-7				U5-7											
19.00	U4				U5-7				U5-7				U5-7				U5-7											
19.30	U4				U5-7				U5-7				U5-7				U5-7											
19.30	U4				U5-7				U5-7				U5-7				U5-7											
20.00	U4				U5-7				U5-7				U5-7				U5-7											
20.00	U4				U5-7				U5-7				U5-7				U5-7											
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20.30	U4				U5-7				U5-7				U5-7				U5-7											
21.00	U4				U5-7				U5-7				U5-7				U5-7											

REGISTER NOW!

INDEX: Gymnastics Cheerleading Ballet Contemporary Dance Broadway Dance Taekwondo **Elite**: up to 90 min class **DREAM TEAM**: up to 180 min class

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



GAJAH MADA PLAZA

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Preschool & KINDERGARTEN

Winter Term Schedule

20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026

SCAN FOR E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday						
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2					
08.00																			
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08.30																			
09.00																			
09.00	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs										
09.30				LEARN & PLAY 2 19-35 mo				LEARN & PLAY 2 19-35 mo											
10.00																			
10.30																			
11.00																			
11.00	SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs										
11.30																			
12.00	SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs				SMART OLOGY 3 3-4 yrs										
12.30																			
13.00																			
13.00	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs										
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**IMPORTANT NOTICE**  
Do **NOT** transfer money to any RockStar Academy employee's personal account.

INDEX: PRESCHOOL : LEARN & PLAY 1 | LEARN & PLAY 2 | SMART OLOGY 3 | SMART OLOGY 4 | KINDERGARTEN : Pre Primary 5 | Pre Primary 6

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## Winter Term Schedule 20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026

Updated Dec 15<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong				
07.00																																
08.00																																
08.00							<b>FREE Swim</b> Adult19+								<b>FREE Swim</b> Adult19+																	
09.00																																
09.00							Swim M&M L1 6-35 mo								Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo									
09.30																																
10.00																																
10.00	<b>Elite CHAMPIONSHIPS</b>								<b>PERFORMING ARTS</b> BASKETBALL FUTSAL PRESCHOOL & KINDERGARTEN GIMNASTICS PICKLEBALL								<b>NEW</b> 															
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INDEX: Basketball Futsal Tennis Pickleball Ping Pong Swimming **Elite** : up to 90 min class **DREAM TEAM** : up to 120 min class

**REGISTER NOW!**

# NEW PROGRAM CLASSIFICATION & PROGRESSION

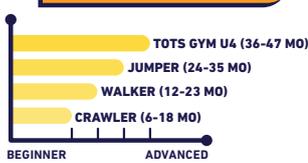
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

### NEW ACADEMIC



### GYMNASICS



### DANCE



### SWIMMING



### YOGA



### BALLET



### MARTIAL ARTS



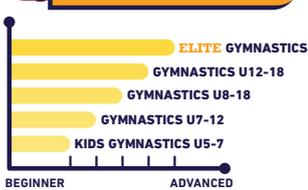
### MULTI-SPORTS



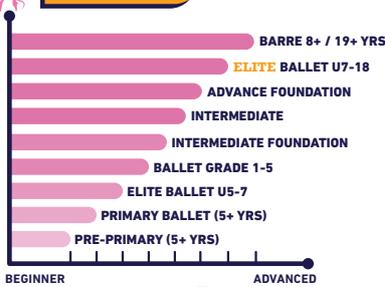
**5-18**  
YRS

## ACTIVITY CLASSES

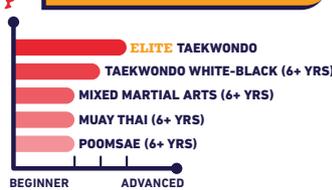
### GYMNASICS



### BALLET



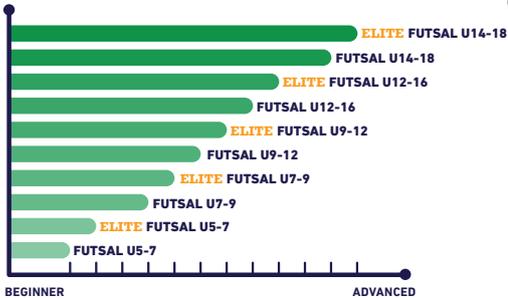
### MARTIAL ARTS



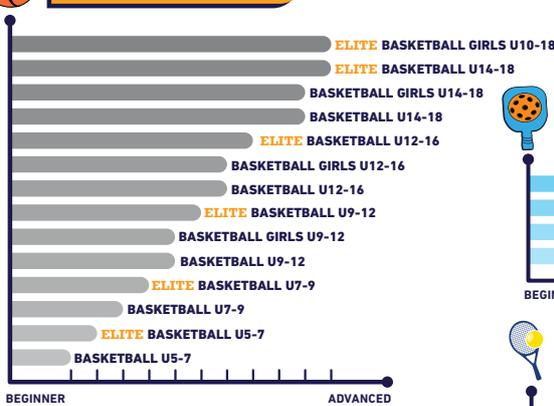
### CHEERLEADING



### FUTSAL



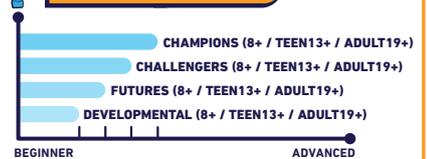
### BASKETBALL



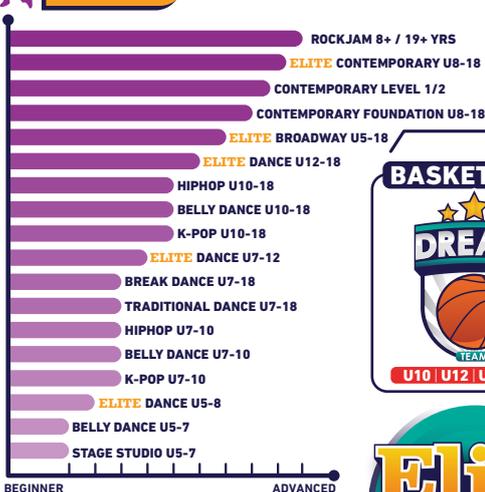
### SWIMMING



### PICKLEBALL



### DANCE



### NEW DREAM TEAM

**BASKETBALL**

U10 | U12 | U14 | U16

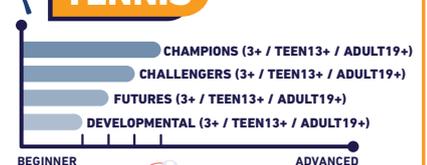
**FUTSAL**

U6 | U8 | U10 | U13

**GYMNASICS**

LEVEL 3-10

### TENNIS



### PING PONG



### ROCKFIT



### YOGA



### PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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Winter Term Schedule  
20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026

SCAN FOR  
E-SCHEDULE



Adult 19+ Only

Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday						
	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP		
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**ADULT19+ SPORTS CLASSES** 60 min of Drills and Technique training, followed by Ladder Play.

**LADDER PLAY** Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.

**MATCH PLAY** Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.

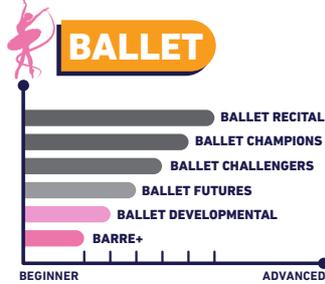
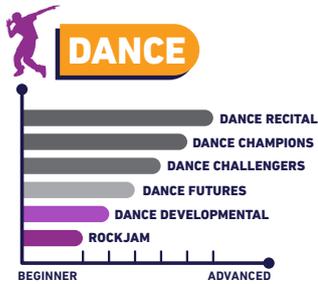
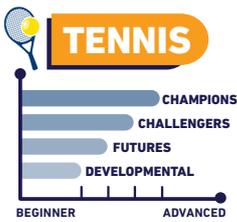
**MATCH PLAY** 60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships

**RockJam** High-energy fusion of dance fitness and PoundFit for a full-body workout.

**Barre+** A ballet-inspired fitness class that blends strength, flexibility, and grace.

# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite CHAMPIONSHIPS

### Events & Competitions:



## Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

### Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.