

**FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!**



# GAJAH MADA PLAZA

+6221 3972 9888
























## Preschool & Kindergarten


### Winter Term Schedule


20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026

SCAN FOR  
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2				
08.00																		
08.30																		
08.30																		
09.00																		
09.00	 Primary 5 & 6 5-7 yrs		 Primary 5 & 6 5-7 yrs	 LEARN &PLAY 1 6-18 mo	 Primary 5 & 6 5-7 yrs		 LEARN &PLAY 1 6-18 mo	 Primary 5 & 6 5-7 yrs										
09.30																		
09.30																		
10.00																		
10.00																		
10.30				 LEARN &PLAY 2 19-35 mo		 LEARN &PLAY 2 19-35 mo		 LEARN &PLAY 2 19-35 mo										
11.00																		
11.00	 SMART OLOGY 4 4-5 yrs		 SMART OLOGY 4 4-5 yrs		 SMART OLOGY 4 4-5 yrs		 SMART OLOGY 4 4-5 yrs		 SMART OLOGY 4 4-5 yrs									
11.30																		
12.00																		
12.00	 SMART OLOGY 3 3-4 yrs		 SMART OLOGY 3 3-4 yrs		 SMART OLOGY 3 3-4 yrs				 SMART OLOGY 3 3-4 yrs									
12.30																		
12.30																		
13.00																		
13.00	 Primary 5 & 6 5-7 yrs		 Primary 5 & 6 5-7 yrs		 Primary 5 & 6 5-7 yrs		 Primary 5 & 6 5-7 yrs		 Primary 5 & 6 5-7 yrs									
13.30																		
13.30																		
14.00																		
14.00																		
14.30																		
14.30																		
15.00																		
15.00																		
15.30																		
15.30																		
16.00																		
16.00																		
16.30																		
16.30																		
17.00																		
17.00																		
17.30																		
17.30																		
18.00																		
18.00																		
18.30																		
18.30																		
19.00																		
19.00																		
19.30																		
19.30																		
20.00																		
20.00																		
21.00																		







**IMPORTANT NOTICE**  
Do **NOT** transfer money to any RockStar Academy employee's personal account.

INDEX: PRESCHOOL : **LEARN & PLAY 1** **LEARN & PLAY 2** **SMART OLOGY 3** **SMART OLOGY 4** KINDERGARTEN : **Pre Primary 5** **Pre Primary 6**

**FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!**



# GAJAH MADA PLAZA

+6221 3972 9888

Winter Term Schedule  
20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026  
Updated Nov 17<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong
07.00																												
08.00							Adult19+ FREE Swim Adult19+							Adult19+ FREE Swim Adult19+														
08.00																												
09.00																												
09.30							Swim M&M L1 6-35 mo																					
10.00																												
10.30																												
11.00																												
11.30																												
12.00																												
12.30																												
13.00																												
13.30																												
14.00																												
14.30																												
15.00																												
15.30																												
16.00																												
16.30																												
17.00																												
17.30																												
18.00																												
18.30																												
19.00																												
19.30																												
20.00																												
20.30																												
21.00																												
22.00																												

INDEX:



Basketball



Futsal



Tennis



Pickleball



Ping Pong



Swimming

Elite : up to 90 min class



DREAM TEAM : up to 120 min class

REGISTER NOW!

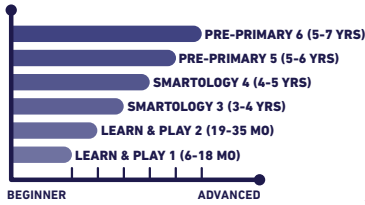
# NEW PROGRAM CLASSIFICATION & PROGRESSION

**6-6**  
MO YRS

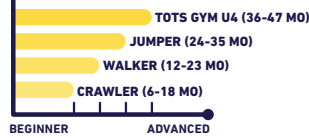
## EARLY CHILDHOOD EDUCATION



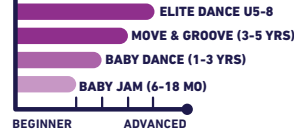
### NEW ACADEMIC



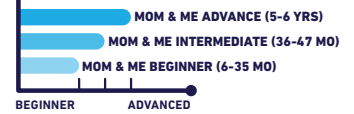
### GYMNASTICS



### DANCE



### SWIMMING



### YOGA



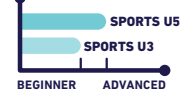
### BALLET



### MARTIAL ARTS



### MULTI-SPORTS

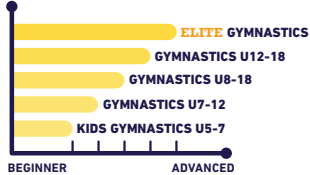


**5-18**  
YRS

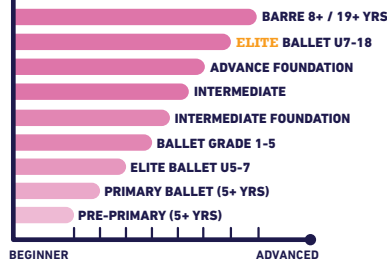
## ACTIVITY CLASSES



### GYMNASTICS



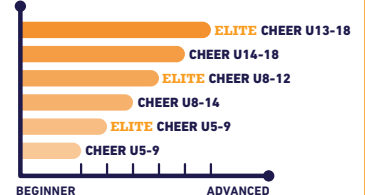
### BALLET



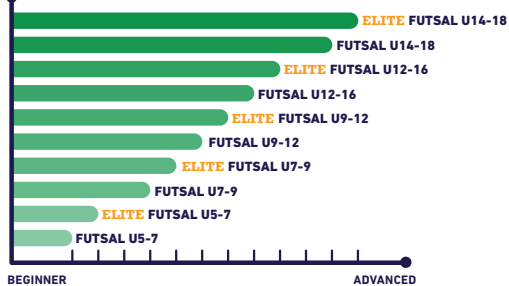
### MARTIAL ARTS



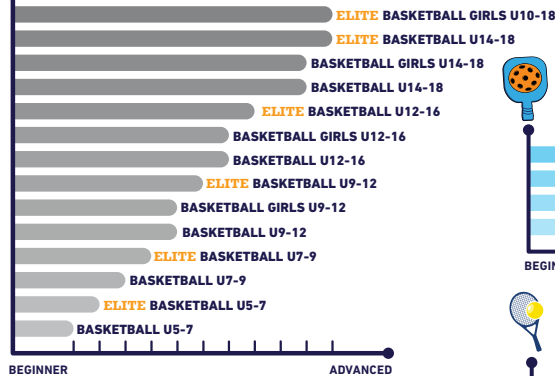
### CHEERLEADING



### FUTSAL



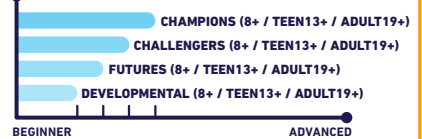
### BASKETBALL



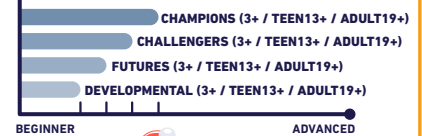
### SWIMMING



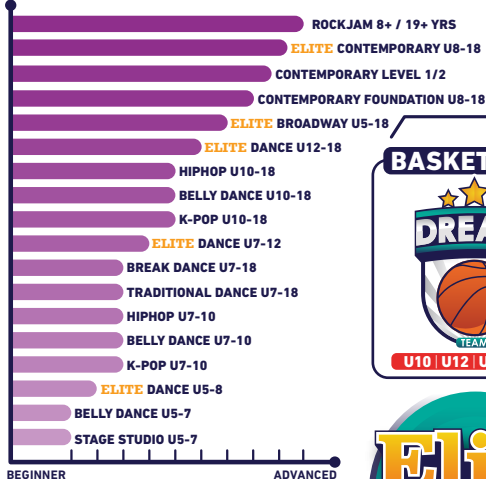
### PICKLEBALL



### TENNIS



### DANCE



## NEW DREAM TEAM



### ROCKFIT



### PING PONG



### YOGA



### PARKOUR



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR





# GAJAH MADA PLAZA

+6221 3972 9888

Winter Term Schedule  
20<sup>th</sup> Oct 2025 until 18<sup>th</sup> Jan 2026  
**Adult19+ Only**

SCAN FOR  
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP
07.00																																			
07.30																																			
07.30																																			
08.00																																			
08.00																																			
08.30																																			
09.00																																			
09.00																																			
09.30																																			
09.30																																			
10.00																																			
10.00																																			
10.30																																			
10.30																																			
11.00																																			
11.00																																			
11.30																																			
11.30																																			
12.00																																			
12.00																																			
13.00																																			
13.00																																			
14.00																																			
14.00																																			
14.30																																			
14.30																																			
15.00																																			
15.00																																			
15.30																																			
15.30																																			
16.00																																			
16.00																																			
16.30																																			
16.30																																			
17.00																																			
17.00																																			
17.30																																			
17.30																																			
18.00																																			
18.00																																			
18.30																																			
18.30																																			
19.00																																			
19.00																																			
19.30																																			
19.30																																			
20.00																																			
20.00																																			
20.30																																			
20.30																																			
21.00																																			
21.00																																			
21.30																																			
21.30																																			
21.30																																			
22.00																																			

**ADULT19+ SPORTS CLASSES** 60 min of Drills and Technique training, followed by Ladder Play.

**LADDER PLAY** Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.

**MATCH PLAY** Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.

**MATCH PLAY** 60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships

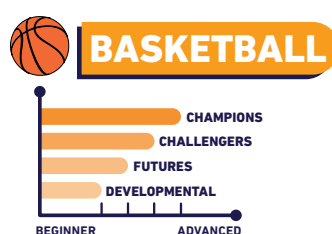
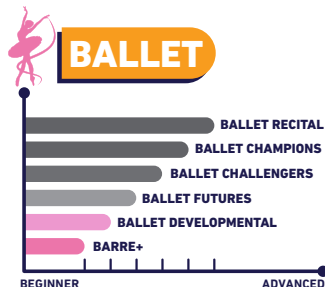
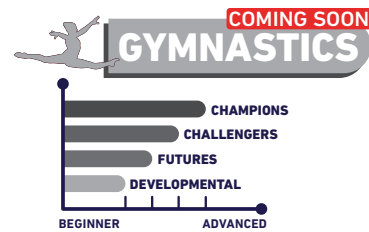
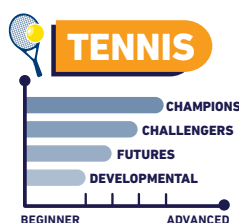
**RockJam** High-energy fusion of dance fitness and PoundFit for a full-body workout.

**Barre+** A ballet-inspired fitness class that blends strength, flexibility, and grace.

**INDEX:** Basketball Futsal Tennis Pickleball Ping Pong Swimming

# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite

CHAMPIONSHIPS ★

### Events & Competitions:



## Dance Recital

Ballet & Contemporary

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

### Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.