

GAJAH MADA PLAZA

4 +6221 3972 9888

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Updated Nov 17th

																						_						
		Mond	day			Tues	day			Wedn	esday			Thur	sday			Fri	day			Satu	rday					
Time 08.00	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5
08.30 08.30 09.00 09.00 09.30 09.30	CHAI	MPION	CONSHIPS		(PEAS Resch	KETEAL Col & Ki	V QEU	TSAL ARTEN													DREAM TEAM							
10.00 10.30 10.30 11.00						Baby Dance 1-3 yrs			Walker 12-23 mo					Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs			L3-7	Baby Dance 1-3 yrs				NEW)		
11.00 11.30 11.30 12.00 12.00						Dance 1-3 yrs				Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs			Walker 12-23 mo	Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs	P-Ballet		NEW	Baby Dance 1-3 yrs		
12.30 12.30 13.00					Walker 12-23 mo	Sports U3			Jumper 24-35 mo	Sports U4/5	Baby		Walker 12-23 mo	Sports U3				Sports U3			mo	Sports U3	3-5 yrs		Jumper 24-35 mo	Sports		
12 20	Walker 12-23 mo	U3			U4				ء ما	N 4 O	2-3 yrs P-Ballet			Move& Groove 3-5 yrs			la .	Sports U4/5			U4		Primary		la .			
14.30 14.30 15.00	U4 1	Baby Dance I-3 yrs			U5-7	Move& Groove 3-5 yrs			U5-7		3-5 yrs Primary			Sports U4/5			U4					Move& Groove 3-5 yrs	1		U4			
		Martial Arts 4-7 yrs	Groove	U5-9	00 /	Muay Thai 6+ yrs	Sports U4/5	77114	U4	Martial Arts 4-7 yrs	5+ yrs		U4	Stage Studio U5-7			03-7	Move& Groove 3-5 yrs			U5-7	Muay Thai 6+ yrs	Gr.1 (Skill dep.	Stage Studio U5-7	U5-7	Thai	Move& Groove 3-5 yrs	
16.30 16.30 17.00	U5-7	Muay Thai 6+ yrs			U8-18	Martial Arts 4-7 yrs	RockFit U5-7	U5-8	05-7	Muay Thai 6+ yrs	Elite 7U5-7	K-Pop U7-18	U5-7	H-Hop U7-18	RockFit U5-7		U8-18		K-Pop U5-7		U8-18	Martial Arts 4-7 yrs			U8-18	Martial Arts 4-7 yrs	Studio	
17.30 17.30		Tkd.		Elite	Elite	RockFit U7-18	Elite	Elite	U8-18		Gr.1 (Skill dep.)		U8-18		RockFit U8-18		Parkour 7+ yrs	Tkd.			Parkour 7+ yrs	Elite	Elite		DREAM TEAM	Tkd.		
18 30		Elite		U5-9		Elite	U8-18	Ú5-18	Elite		Barret Adult19+	K-Pop U5-7	Elite				Elite	Poom- sae 6+ yrs			Elite	6+ yrs	U8-18		L3-7			
19.30 20.00 20.00		U8-18				U5-9 Elite																						
20.30 20.30 21.00	USA	Gymnas	tics 🏃	Cheerl	eading	U8-18	et 🚄	Contem	nporary D	ance 3	Broadw	vav 🥻	Dance	₹ Tae	kwondo	Elite	e: up to 9	70 min cla	ass Di	REAM	: up to 1	80 min (class	RE	<u>els</u>	TE.	RING	



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SCAN FOR E-SCHEDULE



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	Mon	day	Tues	day	Wedne	esday	Thurs	sday	Fric	lay	Satu	rday	Su	nday
Time	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
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08.30 08.30												NROLLME OW O	NT/10	
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09.30 10.00	5&6		5&6	6-18 mo	5 & 6		5&6	6-18 mo	5&6					W
10.00	5-7 yrs		5-7 yrs		5-7 yrs	IFAON	5-7 yrs		5-7 yrs					
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10.30 11.00				2 19-35 mo		∠ 19-35 mo		2 19-35 mo						
11.00	CVADT		CVADT	17-331110	CVADE	17 00 1110	CVADE	17-331110	CVADE					
11.30	SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY					
11.30	4 4-5 yrs		4 4-5 yrs		4		4 4-5 yrs		4					
12.00 12.00	•		-		4-5 yrs		4-0 yrs		4-5 yrs					
12.30	SMART OLOGY		SMART OLOGY		SMART OLOGY				SMART OLOGY 3					
12.30	3		3		3									
13.00 13.00	3-4 yrs		3-4 yrs		3-4 yrs				3-4 yrs					
13.30	(FO				(F)		(F)		₽ re					
13.30	Primary		Primary		Primary		Primary		Primary					
14.00	5 & 6		5&6		5&6		5&6		5&6					
14.00 14.30	5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs					
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Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

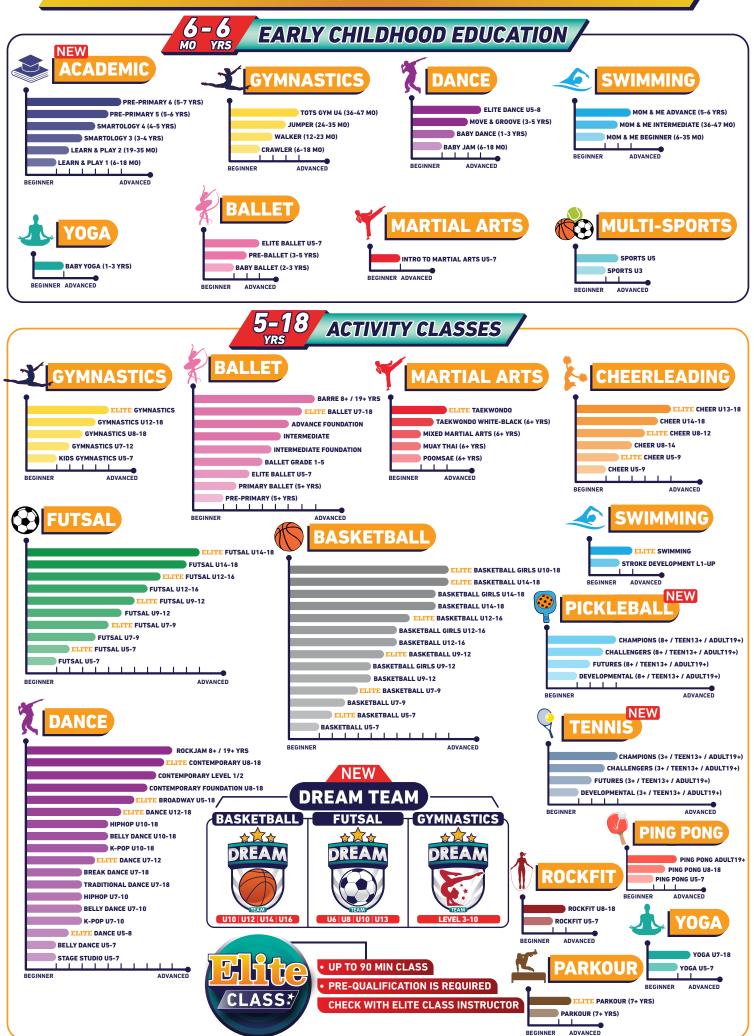
SCAN FOR E-SCHEDULE



Updated Nov 17th

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		Mon	ıday			Tue	sday			Wedn	esday			Thur	sday			Frie	day			Satu	rday			Sun	day	
Time	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim Pi	ingPong
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08.00 08.00							Adult19+						 		Adult19+													
09.00							Swim Adult19+								Swim Adult19+						DREAM				DREAM			
09.00							Swim								Swim				Swim			Adult19+	Swim					
09.30 09.30							M&M L1 6-35 mo								M&M L1 6-35 mo				M&M L1 6-35 mo			BARTOUL	M&M L1 6-35 mo					
10.00							0-33 1110								0-33 1110			NEW	0 33 1110		U9 & U11	PLAY	0-33 1110		U9 & U11			
10.00									ì														Swim				Swim	
10.30 10.30	ו ל	אן לע	275		PERI	FORM	IING	ARTS					 										M&M L2 3-4 yrs				M&M L2 _ 3-4 yrs	
11.00		ם נד		윉			L QE			Adult19+								Adult19+					3-4 yi S				3-4 yrs	
11.00 11.30	/OULA	MANIA			Presch	cel & K	NDERG	arten		& LADDER								& LADDER					Swim				Swim	
11.30	/CHA	MPIU	<u>NSHIP</u>	5 * Y	GMNA	AST/CS	PICKLE	BALL®		PLAY								PLAY			Elite		M&M L3 5-6 yrs				M&M L3	
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12.30																					A 1							
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13.30		P																			1		Stroke				Stroke	
13.30		-			Elite	Α,															U5-7	Λ	Dev. L1		U7-16	-	Dev. L1	
<u>14.00</u> 14.00		3-7 yrs				3-7 yrs																3-7 yrs				3-7 yrs		
14.30					③				3	9			1	9					Swim M&M L2				Stroke Dev.		③		Stroke Dev.	
14.30	U5-7				U5-7				U5-7				U5-7					Y	3-4 yrs		110 10	2 10	L2/3		U5-7	U9-18	L2/3	
15.00 15.00	-							49	05-7	3-7 yrs				3-7 yrs		<u> </u>		3-7 yrs				8-18 yrs		4 9				
15.30			Swim M&M L2				Stroke Dev.		1		Swim M&M L2		③		Stroke Dev.		1									9		
15.30 16.00	U8-16		3-4 yrs		U5-7	3-7 yrs	L2	U8-18	U5-7		3-4 yrs		U5-7		L2/3	U8-18	U5-7	8-18 yrs			U5-7	U9-18		U5-7	110 10	8-18 yrs		
16.00	-					3-7 yrs		00-10		NEW	6					60 10						07-16		03-7	16	0-10 yrs		
16.30	1 AS 1		Swim M&M L3				Swim M&M L3		③		Swim M&M L3		1		Swim M&M L3				Stroke Dev. L1		$ \mathfrak{G} $							
16.30 17.00	U5-7	ĕ U9-18	5-6 yrs		U5-7	8-18 yrs	5-6 vrs	U5-7		8-18 yrs	5-6 yrs		U9-18		5-6 yrs	U5-7	U5-7	U9-18	501.21		U8-16				U9-18			
17.00	(0 10 113			(6 10 yis						00 /	<u> </u>	07 10	Stroke		Elite	Adult19+			16	Adult19+ &		
17.30 17.30		A I	Stroke Dev. L1		9						Stroke Dev. L1				Stroke Dev. L1				Dev.			PLAY			(D)	PLAY		
18.00	U9-18	8-18 yrs	201121		U9-18				U9-18	U9-18	DCV. L1		U8-16	U9-18	DCV. L1		U9-18		L2/3		$ \odot $	5—0		U8-18	U5-7			
18.00	Elite							<u>~</u> 0	Elite		A		Elite		NEW	<u>~</u> 9					U5-7				Elite			
18.30 18.30											Swim			Y	Stroke Dev. L4				Stroke Dev. L4									
19.00	1	Adult19+			U8-16	U9-18		Adult19+			Adult19+		1	8-18 yrs		Adul+10.	U8-18	Adult19+			Elite			Adul+10+	9			
19.00	U9-18	& I/ADDER	FREE Swim		\$			LADDER	U7-16		FREE		U5-7			Adult19+ & LADDER		& LADDER						Adult19+ & LADDER	U9-18			
19.30 19.30	FREE		Adult19+					PLAY			Swim					PLYAY		PLAY						PLAY				
20.00	PLAY				Adult19+						Adult19+			Adult19+	FREE		Adult19+		FREE		U9-16							
20.00					& Matchi	(i)							MO	& LADDER	Swim		& MATCH		Swim									
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NEW PROGRAM CLASSIFICATION & PROGRESSION





GAJAH MADA PLAZA

4 +6221 3972 9888

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SCAN FOR E-SCHEDULE



Adult19+ Only

	Manday																			Additi 7: Only																
	Monday Tuesday							Wednesday					Thursday					Friday						S	aturda	ıy			Sunday							
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14.30		PL			,	winning/losing team moves up/down the ladder.																														
14.30 15.00		MA	тен	1 🔞		Longer match play where the winning/losing team																														
15.00		PL	AY			Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.																									+-					
15.30			ТСН		~	60 Mi	inuto i	match	nlavi	focus	ina on	Tachn	ique,a	nd	-1																					
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22.00																		Ĺ			NDE)	K: (Bask	ketball	$ \Theta $	Futsa	ι 🍳	Tenni	s 🍳	Pickl	leball		Ping P	ong _		Swir

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling.

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

CHAMPIONSHIPS >

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦓 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental