

GAJAH MADA PLAZA

4 +6221 3972 9888

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



| | | Mon | ıday | | | Tues | sday | | | Wedn | esday | | | Thur | sday | | | Frie | day | | | Satu | rday | | | Sun | day | |
|----------------|-------------|----------------|---------|--|-----------------|----------------------------|----------------|---|-----------------|-----------------|----------------------|-------|-----------------|-------------------|------------------|-------|-------------------|---------------------------------|-------|------|-------------------|-----------------|----------------|----------------|-------|-------------------|----------------|---|
| Time 08.00 | G | 3 | 4 | 5 | G | 3 | 4 | 5 | G | 3 | 4 | 5 | G | 3 | 4 | 5 | G | 3 | 4 | 5 | G | 3 | 4 | 5 | G | 3 | 4 | 5 |
| 08.00 | | | \ | | îDED | | | DTC |) | | | | | | | | | | | | | | | | | | | |
| 08.30 |] [7 | ᆜᅵᅥ | 17 Þ | | | FORM KETBAL | | | | | | | | | | | | | | | DREAM TEAM | | | | | | | |
| 09.00 09.00 | ⊒ ہے | <u> </u> | ֈֈ | ば | | feel & K | | | | | | | | | | | | | | | | | | | | | | |
| 09.30 09.30 | (CH) | MPIO | MSHIP | | | ASTICS | | | | | | | | | | | | | | | USA | | | | | | | |
| 10.00 | ZUIIA | VIVII IO | Itolill | 0 ★ | G!MN/ | 451/05 | PICKLE | BALL | J | | | | | | | | | | | | | | | | | | | |
| 10.00 | | | | | Crawler | Baby | | | Walker | | | | Crawler | Baby | | | Jumper | Baby | | | L3-7 | Baby | | | | | | |
| 10.30 10.30 | | | | | 6-18 | Dance | | | 12-23 | | | | 6-18 | Dance | | | 24-35 | Dance | | | | Dance | | | | | | |
| 11.00 | | | | | mo | 1-3 yrs | | | mo | | | | mo | 1-3 yrs | | | mo | 1-3 yrs | | | | 1-3 yrs | | | | | | |
| 11.00 11.30 | | | | | Jumper | | | | | Baby Dance | | | Jumper | | | | Walker | Baby | | | Jumper | | | | | Recital | | |
| 11.30 12.00 | | | | | 24-35 mo | Dance 1-3 yrs | | | | 1-3 yrs | | | 24-35 mo | Dance 1-3 yrs | | | 12-23 mo | Dance 1-3 yrs | | | 24-35 mo | | | | | Main Character | | |
| 12.00 | | | | | \A/= II. = | | | | lumnor | | | | | - | | | | | | | VA/ - 11 | | P-Ballet | | | 2 | | |
| 12.30 12.30 | | | | | Walker 12-23 | Sports U3 | | | Jumper 24-35 | Sports U4/5 | | | Walker 12-23 | Sports U3 | | | | Sports | | | Walker 12-23 | Sports U3 | # | | | 7 | | |
| 13.00 | | | | | mo | | | | mo | 0 | | | mo | 03 | | | | Ū3 | | | mo | | 3-5 yrs | | | by invitation | | |
| 13.00 13.30 | Walker | Sports | | | USA | | | | | | Baby | | | Move& | | | | Sports | | | USA | | | | | | | |
| 13.30 | 12-23 mo | U3 | | | | | | | | | * | | | Groove 3-5 yrs | | | | U4/5 | | | | | | | | | | |
| 14.00 14.00 | | | | | U4 | | | | ا ما | | 2-3 yrs P-Ballet | | | 3-3 yi 3 | | | 1. | | | | U4 | | Primary | | 1 | | | |
| 14.30 | USA | Baby Dance | | | USA | Move& Groove | | | USA | | * | | | Sports | | | USA | | | | USA | Move& Groove | | | USA | | | |
| 14.30 15.00 | U4 | 1-3 yrs | | | U5-7 | 3-5 yrs | | | U5-7 | | 7\ 3-5 yrs | | | U4/5 | | | U4 | | | | U5-7 | 3-5 yrs | 5+ vrs | | U4 | | | |
| 15.00 | lumner | Martial | Move& | * | USA | Muay | _ | | USA | Martial | Primary | | I | Stage | | | USA | Move& | | | | Musy | | Stage | USA | Muay | Move& | |
| 15.30 15.30 | 24-35 | Arts | Groove | | | Thai | Sports U4/5 | | USA | Arts 4-7 yrs | 5+ yrs | | USA | Studio | | | | Groove | | | USA | Thai 6+ yrs | 7 | Studio U5-7 | | Thai | Groove | |
| 16.00 | mo | 4-7 yrs | 3-5 yrs | U5-9 | U5-7 | 6+ yrs | | | U4 | | v · j · v | | U4 | U5-7 | | | U5-7 | 3-5 yrs | | | U5-7 | 6+ yrs | (Skill dep. |) 05-7 | U5-7 | 6+ yrs | 3-5 yrs | |
| 16.00 16.30 | USA | Muay | | | USA | Martial Arts 4-7 yrs | RockFit | Recital | USA | Muay Thai | Recital | K-Pop | USA | Н-Нор | RockFit | | AZU | Martial | K-Pop | | USA | Martial | -4 | | USA | Martial | Stage | |
| 16.30 | | Thai 6+ yrs | | 110.40 | U8-18 | Arts 4-7 yrs | U5-7 | U5-8 | | 6+ yrs | 1 U5-7 | | U5-7 | U7-18 | U5-7 | | 110.10 | Arts 4-7 yrs | U5-7 | | | Arts 4-7 yrs | Founda- | | U8-18 | Arts 4-7 yrs | Studio U5-7 | |
| 17.00 17.00 | U5-7 | | | U8-18 | U8-18 | <u> </u> | (P | P * C | U5-7 | , | 11 | | | | | | 08-18 | | | | | Elite | tion & L1 | | 08-18 | | | |
| 17.30 17.30 | USA | Tkd. []-∎ | | Recital | | RockFit U7-18 | 2 6 000 | 1 de la | USA | | Gr.1 | | USA | | RockFit U8-18 | | Parkour 7+ yrs | Tkd. [] - [6+ yrs | | | Parkour 7+ yrs | | and the second | | DREAM | Tkd. ∏-∎ | | |
| 18.00 | U8-18 | 6+ yrs | | - | | . 07-18 | | T | U8-18 | | Gr.1 (Skill dep.) | | U8-18 | | 00-10 | | / 1 y 1 3 | 6+ yrs | | | 7. 3.3 | 9 | 5 | | TEAM | 6+ yrs | | |
| 18.00 | Parkour | | | U5-9 | | Recital | U8-18 | U5-18 | Elite | | NEW | K-Pop | Elite | | | | Elite | Poom- | | | Elite | 6+ yrs | 110_10 | | USA | | | |
| 18.30 | 7+ yrs | Rockal | | | | 1 | 00-10 | 03-10 | Y | | Barre+ Adult19+ | U5-7 | | | | | 9 | sae 6+ yrs | | | Y | 01 y13 | 00-10 | | USA | | | |
| 19.00 19.00 | | * | | | | 50 | | | <u> </u> | | | | | | | | 3 | 01 y13 | | | 2 | | | | | | | |
| 19.30 | | - | | | | U5-9 | | | | | | | | | | | | | | | | | | | L3-7 | | | |
| 19.30 20.00 | | U8-18 | | | | Recital | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | \$ | | | | | | | | | | | | | | | | | | | | | | |
| 20.30 20.30 | | | | | | E. | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 | | | | | | U8-18 | | | | | | | | | | | | | | | | | | LR: | GE. | 113 | 31N@ | |
| INDEX: | USA | Gymnas | stics | Cheer | leading | 🧗 Ball | et 🔳 | Conten | nporary D | ance | Broadw | vay 🤾 | Dance | Tae | kwondo | Elite | e: up to 9 | 0 min cla | iss 🍱 | TEAM | : up to 1 | 80 min o | class | | | | | |



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Greekeel & Control & Contr

SCAN FOR E-SCHEDULE



Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

| | Mon | day | Tues | day | Wedne | esday | Thurs | sday | Fric | lay | Satu | rday | Su | nday | | | | |
|----------------|----------------|--------------|----------------|----------------------|----------------|----------------------|---|----------------|---------------------|----------|----------|-----------------|----------|----------|--|--|--|--|
| Time | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | | | | |
| 08.00 | | | | | | | | | | | | | | | | | | |
| 08.30 08.30 | | | | | | | | | | | | NROLLME OW O | NT/10 | | | | | |
| 09.00 | | | | | | | | | | | | MKOLLIIL | min | | | | | |
| 09.00 | | | | I FA ON | | | | | | | | | DEMI | | | | | |
| 09.30 | Primary | | Primary | &PLAY | Primary | | Primary Primary | &PLAY | Primary | | | | ا للكار | | | | | |
| 09.30 10.00 | 5&6 | | 5&6 | 6-18 mo | 5 & 6 | | 5&6 | 6-18 mo | 5&6 | | | | | W | | | | |
| 10.00 | 5-7 yrs | | 5-7 yrs | | 5-7 yrs | IFAON | 5-7 yrs | | 5-7 yrs | | | | | | | | | |
| 10.30 | , , , | | , . | &PLAY | , . | LEARN & PLAY 2 | . , | LEARN &PLAY | · | | | | | | | | | |
| 10.30 11.00 | | | | 2 19-35 mo | | ∠ 19-35 mo | | 2 19-35 mo | | | | | | | | | | |
| 11.00 | CVADT | | CVADT | 17-331110 | CVADE | 17 00 1110 | CVADE | 17-331110 | CVADE | | | | | | | | | |
| 11.30 | SMART OLOGY | | SMART OLOGY | | SMART OLOGY | | SMART OLOGY | | SMART OLOGY | | | | | | | | | |
| 11.30 | 4 4-5 yrs | | 4 4-5 yrs | | 4 | | 4 4-5 yrs | | 4 | | | | | | | | | |
| 12.00 12.00 | • | | - | | 4-5 yrs | | 4-0 yrs | | 4-5 yrs | | | | | | | | | |
| 12.30 | SMART OLOGY | | SMART OLOGY | | SMART OLOGY | | | | SMART OLOGY 3 | | | | | | | | | |
| 12.30 | 3 | | 3 | | 3 | | | | | | | | | | | | | |
| 13.00 13.00 | 3-4 yrs | | 3-4 yrs | | 3-4 yrs | | | | 3-4 yrs | | | | | | | | | |
| 13.30 | (FO | | | | (F) | | (F) | | ₽ re | | | | | | | | | |
| 13.30 | Primary | | Primary | | Primary | | Primary | | Primary | | | | | | | | | |
| 14.00 | 5 & 6 | | 5&6 | | 5&6 | | 5&6 | | 5&6 | | | | | | | | | |
| 14.00 14.30 | 5-7 yrs | | 5-7 yrs | | 5-7 yrs | | 5-7 yrs | | 5-7 yrs | | | | | | | | | |
| 14.30 | | | | | - | | | | | | | | | | | | | |
| 15.00 | | | | | | | | | | | | | | | | | | |
| 15.00 15.30 | | | | | | | | | | | | | | | | | | |
| 15.30 | | | | | | | | | | | | | | | | | | |
| 16.00 | | | | | | | | | | | | | | | | | | |
| 16.00 16.30 | | | | | | | | | | | | | | | | | | |
| 16.30 | | | | | | | | | | | - | | | | | | | |
| 17.00 | | | | | | | | | | | | | | | | | | |
| 17.00 | | | | | | | | | | | | | | | | | | |
| 17.30 17.30 | | | | | | | IMPOR | IANTN | OTICE | | | | | | | | | |
| 18.00 | | | | | | | Do NOT tra | nsfer mone | v to anv | | | | | | | | | |
| 18.00 | | | | | | | RockStar A | cademy em | plovee's | | | | | | | | | |
| 18.30 18.30 | | | | | | | RockStar Academy employee's personal account. | | | | | | | | | | | |
| 19.00 | | | | | | | | | | | | | | | | | | |
| 19.00 | | | | | | | | | | | | | | | | | | |
| 19.30 19.30 | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | | | | | | | | | | | | | |
| 21.00 | | | | | | | | | | | | | | | | | | |
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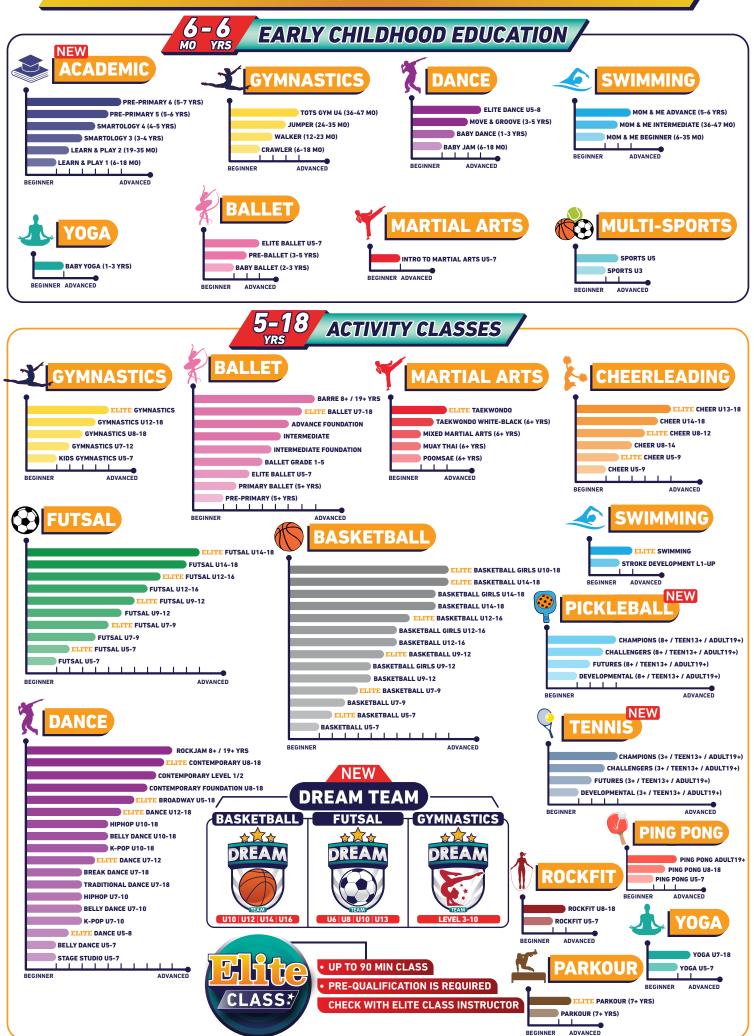
Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



| | | Mon | day | | | Tues | sday | | | Wedn | esday | | | Thur | sday | | | Fri | day | | | Satu | rday | | | Sun | day | $\overline{}$ |
|----------------|----------|---------------|-------------------|--------------------------|-----------------|----------------|--------------------|----------|------------------|--------------|-------------------|----------|----------------|----------|-------------------|----------|---------------|-----------|-------------------|----------|----------|----------------|-------------------|----------------|------------|-------------|---------------------|---------------|
| Time | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim | PingPong | Sports | Tennis | Swim F | PingPong |
| 07.00 | | | | | | | & | | | | | | | | & | | | | | | | | | | | | | |
| 08.00 08.00 | | | | | | | Adult19+ FREE Swim | | | | | | | | Adult19+ | | | | | | DREAM | | | | DOEAAA | | | |
| 09.00 | | | | | | | Adult19+ | | | | | | | | Adult19+ | | | | | | DREAM | | | | DREAM | | | |
| 09.00 09.30 | | | | | | | Swim | | | | | | | | Swim | | | | Swim | | | Adult19+ | Swim | | | | | |
| 09.30 | | | | | | | M&M L1 6-35 mo | | | | | | - | | M&M L1 6-35 mg | | | | M&M L1 6-35 mo | | | MATCHI PLAY | M&M L1 6-35 mo | | | | | |
| 10.00 | | | | | | | | | | | | | | | | | | | | | U9 & U11 | PLAT | | | U9 & U11 | | | |
| 10.00 10.30 | | | <u> </u> | | (DED) | | | DTC |) | | | | | | | | | | | | | | Swim | | | | Swim | |
| 10.30 | ן ן | ካገ [5 | 亿 | | | FORM | | | | | | | | | | | | | | | | | M&M L2 3-4 yrs | | | | M&M L2 = 3-4 yrs | |
| 11.00 11.00 | ⊔ ل ا | ע עד | LLH | (궁 | | KETBAL | | | | Adult19+ | | | | | | | | | | | | | . , | | | | | |
| 11.30 | CIL | MIDIO | Menn | $\widetilde{\mathbf{C}}$ | | reel & Ki | | | | & LADDER | | | | | | | | | | | | | Swim | | | | Swim | |
| 11.30 | /Ln/ | <u>ampioi</u> | ИЭПІР | 3 ★7 | GMN/ | AST/CS | PICKLE | BALL® | | PLAY | | | | | | | | | | | Elite | | M&M L3 5-6 yrs | | | | M&M L3 = 5-6 yrs | |
| 12.00 12.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | 7 | |
| 12.30 | | | | | | | | | | | | | | | | | | | | | 1 | | | | | | | |
| 12.30 | | | | | | | | | | | | | | | | | | | | | U5-7 | | | | Elite | | | |
| 13.00 13.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13.30 | | | | | | | | | | | | | | | | | | | | | | | Stroke | | | | Stroke | |
| 13.30 14.00 | | 3-7 yrs | | | Elite | 3-7 yrs | | | | | | | | | | | | | | | U5-7 | 3-7 yrs | Dev. L1 | | U7-16 | 3-7 yrs | Dev. L1 | |
| 14.00 | | 3 7 y13 | | | | 0 / 3.0 | | | | | | | | | | | | | Swim | | 4 | 7,10 | Stroke | | <u> </u> | | Stroke | |
| 14.30 14.30 | | | | | ③ | | | | | A | | | 1 | | | | | A | M&M L2 | | | 4 | Dev. | | | | Dev. | |
| 15.00 | U5-7 | | | | U5-7 | | | | U5-7 | 3-7 yrs | | | U5-7 | 3-7 yrs | | | | 3-7 yrs | 3-4 yrs | | U9-18 | 8-18 yrs | L2/3 | | U5-7 | U9-18 | L2/3 | |
| 15.00 | | | Swim | | Æ | | Stroke | | AF | | Swim | | | | Stroke | | A | G | | | | | | 8 | | Q | | |
| 15.30 15.30 | | | M&M L2 | | | 7 | Dev. | | | | M&M L2 3-4 yrs | | 3 | | Dev. L2/3 | | | A | | | | | | | (3) | Y | | |
| 16.00 | U8-16 | | 3-4 yrs | | U5-7 | 3-7 yrs | L2 | U8-18 | U5-7 | | 5 4 yrs | | U5-7 | | LE70 | U8-18 | U5-7 | 8-18 yrs | | | U5-7 | U9-18 | | U5-7 | U9-18 | 8-18 yrs | | |
| 16.00 | A | | Swim | | ③ | | Swim | | | | Swim | | (T) | | Swim | | | © | Stroke | | | | | | AFO. | | | |
| 16.30 16.30 | | | M&M L3 5-6 yrs | | | A | M&M L3 5-6 yrs | | $ \mathfrak{G} $ | | M&M L3 5-6 yrs | | | | M&M L3 5-6 yrs | | | " | Dev. L1 | | (3) | | | | () | | | |
| 17.00 | U5-7 | U9-18 | 3 0 yi 3 | | U5-7 | 8-18 yrs | 0 0 313 | U5-7 | U8-16 | | | | U9-18 | | , | U5-7 | U5-7 | U9-18 | | | U8-16 | Adult19+ | | <u></u> | U9-18 | Adult19+ | | |
| 17.00 17.30 | AFC) | | Stroke | | 1 | | | | | | Stroke | | 3 | | Stroke | | | | Stroke | | Elite | & LADDER | | | AFC) | & LADDER | | |
| 17.30 17.30 | U9-18 | Y | Dev. L1 | | U9-18 | | | | U9-18 | T | Dev. L1 | | U8-16 | | Dev. L1 | | U9-18 | | Dev. L2/3 | | | PLAY | | | U5-7 | PLAY | | |
| 18.00 18.00 | Elite | 8-18 yrs | | | _ | | | | Elite | U9-18 | | | Elite | U9-18 | | | 07 10 | | | | 3 | | | U8-18 | Elite | | | |
| 18.30 | Linte | | 4 | | | | | | Liite | | | | Litte | | | | | | Stroke | | U5-7 | | | | Effice | | | |
| 18.30 | M | | () | | U8-16 | U9-18 | | | | | Swim Adult19+ | | AFC) | 8-18 yrs | | | U8-18 | | Dev. L4 | | Elite | | | | | | | |
| 19.00 19.00 | U9-18 | Adult19+ & | FREE | | | 07-10 | | Adult19+ | U7-16 | | | | U5-7 | 0-10 yrs | FREE | Adult19+ | | Adult19+ | | | | | | Adult19+ | U9-18 | | | |
| 19.30 | | PLAY | Adult19+ | | 1940 | | | PLAY | 07-16 | | FREE | | 03-7 | | Adult19+ | PLAY | | PLAY | 1 | | 3 | | | LADDER PLAY | 07-16 | | | |
| 19.30 20.00 | FREE | التحت | | | Adult19+ | | | | | | Adult19+ | | | | | | Adult19+ | فتنتان | | | U9-16 | | | | | | | |
| 20.00 | (3) | | | | & | | | | | | | | æ | Adult19+ | | | & | | FREE | | | | | | | | | |
| 20.30 20.30 | 0 | | | | MATCHI IPLAY | | | | | | | | | PLAY | | | MATCH PLAY | | Adult19+ | | | | | | | | | |
| 21.00 | | | | | | Adult19+ | | | | | | | Adult19+ | | | | GEAU | | | | | | | | | | | TVVD |
| 21.00 | | | | | | LADDER PLAY | | | | | | | MATCH IPLAY | | | | | | | | | | | | SELE. | لحالا | SING | |
| 22.00 | INDE | v 4 | D . | 1 | <u> </u> | 10 | T . | l 🚜 | D: 11 | L - 11 - 1 4 | · | | | | | 77111 | | | . 1 | | VV | | , . | | | | | |
| | INDE | X: 🏀 | Bask | etball | 🚱 Fu | ıtsal | Tenni | ıs 떝 | Pickle | ball | 💘 Pir | ig Pong | | Swim | ming | Elit | 🦰 : up t | to 90 mir | n class | DRE/ | : up | to 120 | min clas | SS | | | | |

NEW PROGRAM CLASSIFICATION & PROGRESSION





GAJAH MADA PLAZA

4 +6221 3972 9888

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Adult19+ Only

| | Monday | | | | | | | | | | | | | | | | | | | idtt i /+ Oilty | | | | | | | | | | | | | | | |
|-----------------|----------------|-----------|----------|------------------|------|---------------|---------------|-------------------|---------------|---------------|--------------------|-----------|----------------|------------------|--------|-------------------|-------------------|--|-------------------|-----------------|-----------|----------|------------------|--------------|---------|-------------------|---------------|---------------|---------|-----------------|----------|---------|----------|------|---------|
| | Monday Tuesday | | | | | | | | | | Wednesday | | | | | Thursday | | | | | Friday | | | | | | S | Saturday | у | | Sunday | | | | |
| | Studio | Sports T | Tennis S | Swim | PP S | Studio 5 | Sports | Tennis | Swim | PP | Studio | Sports To | ennis S | Swim | PP | Studio | Sports 1 | Tennis | Swim | PP | Studio | Sports | Tennis | Swim | PP | Studio | Sports | Tennis | Swim | PP | Studio | Sports | Tennis S | Swim | PP |
| 07.00 | | | | | | '] | | '] | A | | | | | | | 1 | | 1 | A | 1 | | | | | | | | | | | | | | | |
| 07.30 07.30 | | | | | | | - | | Swim | \rightarrow | | | | | | - | \longrightarrow | - | Swim | \vdash | | | | | | - | <u></u> | - | - | + | | | | | |
| 08.00 | | | | | | 1 | · | | Adult19+ | | | | | | | 1 | 1 | 1 | Adult19+ | 1 1 | | | | | | 1 | (, | 1 | | | | | | | |
| 08.00 | | | | | | | $\overline{}$ | \rightarrow | FREE | | | | | | | | | | FREE | | | | | | | | Ψ, | 1 | \top | | | | | | |
| 08.30 | | | | | | ' | | | Swim _ | | | | | | | · | | | Swim | | | | | | | | | | | | | | | | |
| 08.30 | | | | | | 1 | | | Adult19+ | | | | | | | 1 | | 1 | Adult19+ | 1 | | | | | | | | | | | | | | | |
| 09.00 09.00 | | | | | | - | - | - | - | \rightarrow | | | | | | <u> </u> | \longrightarrow | \leftarrow | \longrightarrow | \vdash | | | | | | - | | Adult19+ | - | +- | | | | | |
| 09.30 | | | | | | ' | 1 | 1 | ' | | | | | | | 1 | | 1 | 1 | 1 1 | | | | | | 1 | | MATCH Play | ľ | | | | | | |
| 09.30 | | | | | | + | \rightarrow | | | | | | | | | | | | | | | | | | | | , | JEHT! | | \top | | | | | |
| 10.00 | | | | | | ` | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 | | | | | | ' | | 1 | ' | | | | | (| | | | | | | | | | | | | | | 1 | | | | | | |
| 10.30 10.30 | | | | | | - | - | | - | | | | | | A | | T19 | % 6 | | | ills and | d Tech | hnique | e trair. | ning, f | ollowe | ?d | | 1 | + | | | | | |
| 11.00 | | | | | | 1 | | 1 | ' | | | Ad | Adult19+ | | SPC | ORTS C | CLASSES | 's b | y Lado | der Pl | ay. | | | | | | | | 1 | | | | | | |
| 11.00 | | | | | | | $\overline{}$ | $\overline{}$ | | | | | & | | | NDDE | 3 🔊 | o E | ast-no | TCed 6 | 60-mir | nute m | natch | play | where | the | | | | \top | | | | | |
| 11.30 | | | | | | ' | | | | | | i. | LADDER PLAY | | | LAY | 741 | | | | ing teal | | | | | | r. | | 1 | | | | | | |
| 11.30 | | | | | | 1 | | 1 | ' | | | L L | التنتار | | | | | | | | | | | | | | | - | 1 | | | | | | |
| 12.00 12.00 | | | | | | | \rightarrow | - | - | \rightarrow | | | | | MA | VTCH | y 🔞 | | | | ch play | | | | | | | A | 1 | + | | | | | |
| 13.00 13.00 | | | | | | ' | | '_ | | | | | | | P | LAY | | n | noves | up/dc | own th | ne ladu | der. Bı | rıng y | our fr | end/c | ollear | gue. | | | | | | | |
| | | | | | | | | | | | | | | | MA | АТГОН | 100 | - 6º | 0 Min | ute m | atch p | lay fo | Cusin | g on | Techn | ique c | ınd | | | | | | | | |
| 14.00 | | | | | | '—— | | | | | | | | | Ϋ́P̈́L | VAY | a (12¢ | ⋑ 76 | eamw | ork - | ideal p | rep fo | or the | next | Elite C | `hamp | nionsh | nips | 1 | - | | | | | |
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| 14.30 | | | | | | + | - | | + | \rightarrow | | | | | 1 | R DA | ockJai | | | | fusior | | ance j | fitnes | s and | Pounc | dFit fc | or | 1 | + | | | | | |
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| 15.00 | | | | | | | | | | | | | | | L | | | Λ | balle | 1-iner | oired fit | tness | class | that | blend | setron | aath | | | | | | | | |
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| 18.00 | | | | FREE | | 1 | | | ` \ | | NEW | | | A | | | | | EDEE | | | | | | | | | | | | | | | | |
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| 19.00 | | | Adult19+ | Miles | | $\overline{}$ | $\overline{}$ | \rightarrow | | Adult19+ & | | | | FREE | | $\overline{}$ | \vdash | \neg | 1 | Adult19+ | | | Adult19+ & | | | | | + | + | _ Adult19+ & | * | | | | |
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| 19.30 | | FREE | PLAY | | | | | | · · | KLAY | | | | dult19+ | | 1 | | | Adult19+ | FLAY | | | PLAY | | | | | | | PLAY | Y | | | | |
| 20.00 20.00 | | FREE PLAY | | | | ¹^ | Adult19+ | \longrightarrow | | \rightarrow | | | | | | | \Box | Adult19+ | \longrightarrow | ldet | | Adult19+ | | 1 | | \longrightarrow | | - | | — | | | | | |
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| 20.30 | | | | | | ` h | MATCH Play | | - | | | | | | | i — | I | PLAY | | \vdash | | PLAY | | Adult19+ | 1 | | | | + | + | | | | | |
| 21.00 | | | | | | | - | Adult19+ | | | | | | | | | Adult19+ | ــــــــــــــــــــــــــــــــــــــ | | | | | | | | | L | | | | | | | | |
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling.

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

CHAMPIONSHIPS >

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦓 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental