

GAJAH MADA PLAZA

\(+6221 3972 9888

Summer Term Schedule

Apr 21st until Jul 20th 2025

Updated May 19th





		Mon	day			Tues	sday			Wedn	esday			Thur	sday			Frie	day			Satu	rday			Sun	day
Time	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4 5
08.00 08.30 08.30 09.00 09.00 09.30 09.30		D ¹⁰	TH An	nual	2	02	5														DREAM TEAM						025
09.30 10.00																											
10.00 10.30 10.30 11.00					Crawler 6-18 mo	Baby Dance 1-3 yrs			Walker 12-23 mo				Crawler 6-18 mo	Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs			L3-7	Baby Dance 1-3 yrs					
11.00 11.30 11.30 12.00 12.00					Jumper 24-35 mo					Baby Dance 1-3 yrs	Barre + Adult19+		Jumper 24-35 mo	Baby Dance 1-3 yrs			Walker 12-23 mo	Baby Dance 1-3 yrs			Jumper 24-35 mo		P-Ballet ^{1/2}		Walker 12-23 mo		
12.30 12.30 13.00					Walker 12-23 mo	Sports U3			Jumper 24-35 mo	Sports U4/5	Baby		Walker 12-23 mo	U3				Sports U3			Walker 12-23 mo	Sports U3	3-5 yrs			Baby Dance 1-3 yrs	
13.00 13.30 13.30 14.00 14.00	12-23 mo	Sports U3			U4						2-3 yrs P-Ballet ^{1/2}			Move& Groove 3-5 yrs				Sports U4/5			U4		Primary		Jumper 24-35 mo		
14.30 14.30 15.00	U4	Baby Dance 1-3 yrs			U5-7	Move& Groove 3-5 yrs			U5-7		3-5 yrs			Sports U4/5			U4				U5-7	Move& Groove 3-5 yrs	1		U4		
15.00 15.30 15.30 16.00	24-35	Martial Arts 4-7 yrs	Groove	U5-9	U5-7	Muay Thai 6+ yrs	Sports U4/5		U4	Martial Arts 4-7 yrs	U . , . U		U4	Stage Studio U5-7			U5-7	Move& Groove 3-5 yrs			U5-7	Muay Thai 6+ yrs	Gr.1 (Skill dep.	Stage Studio U5-7	U5-7		Move& Groove 3-5 yrs
16.00 16.30 16.30 17.00	U5-7	Muay Thai 6+ yrs	Stage Studio U5-7	U8-18	U8-18	Martial Arts 4-7 yrs	RockFit U5-7	Elite U5-8	U5-7	Muay Thai 6+ yrs	Elite 705-7	K-Pop U7-18	U5-7	H-Hop U7-18	RockFit U5-7		U8-18	Martial Arts 4-7 yrs	K-Pop U5-7		U8-18	Martial Arts 4-7 yrs	Founda- tion & L1		U8-18	Martial Arts 4-7 yrs	Stage Studio U5-7
17.00 17.30 17.30 18.00 18.00	U8-18	Tkd. ☐ - I 6+ yrs		Elite	Elite	RockFit U7-18 Elite	Elite	Elite	U8-18	Gr.1 (Skill dep.)	Dance Adult19+		U8-18 Elite	Rock Jam Adult19+	RockFit U8-18		Parkour 7+ yrs	Tkd. ☐ - I 6+ yrs			Parkour 7+ yrs	Elite			DREAM TEAM	Tkd. ☐ - I 6+ yrs	
18.30 18.30 19.00 19.00	Parkour 7+ yrs			U5-9 Elite			U8-18	U5-18									Elite					6+ yrs			L3-7		
19.30 19.30 20.00 20.00				U8-18		U5-9 Elite																			-R-7/		
20.30 20.30 21.00						U8-18																					
INDEX	USA	Gymnas	stics	• Cheer	leading	🧗 Ball	et 🔳	Conten	nporary D	ance	Broadw	ray 🤾	Dance	Tae	kwondo	Elite	e: up to 9	0 min cla	ss DR	TEAM	: up to 1	80 min o	class				



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Summer Term Schedule
Apr 21st until Jul 20th 2025

SCAN FOR E-SCHEDULE



	Mon	ıday	Tues	day	Wedne	esday	Thur	sday	Fric	lay	Satu	ırday	Sun	day
Time	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
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08.30														
08.30														
09.00 09.00														
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09.30	Primary		Primary	arlai 1	Primary		Primary	arLAI	Primary		BC	Those	LAS X	
10.00	5		5	6-18 mo	5		5	6-18 mo	5		ВС			`
10.00	5-6 yrs		5-6 yrs	LEARN	5-6 yrs	LEARN	5-6 yrs	LEARN	5-6 yrs			MACA	chool 8	
10.30				&PLAY 2		&PLAY		&PLAY 2				MACK		
10.30 11.00				∠ 19-35 mo		19-35 mo		∠ 19-35 mo						8-87
11.00				17-331110		17 00 1110		17-331110						
11.30	SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY					
11.30	4		4		4		4		4					
12.00	4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs				mants -	
12.00 12.30	SMART OLOGY		SMART OLOGY		SMART OLOGY				SMART OLOGY					' -
12.30	0L0GY 3		ULUGY 3		ULUGY 3				ULUGY 3				JUPENS-	
13.00	3-4 yrs		3-4 yrs		3-4 yrs				3-4 yrs			45 4454		
13.00														
13.30	B re		⊜ re		Primary		p re		Primary					
13.30	Primary		Primary				Primary							
14.00 14.00	6		6		6		6		6					
14.30	5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs					
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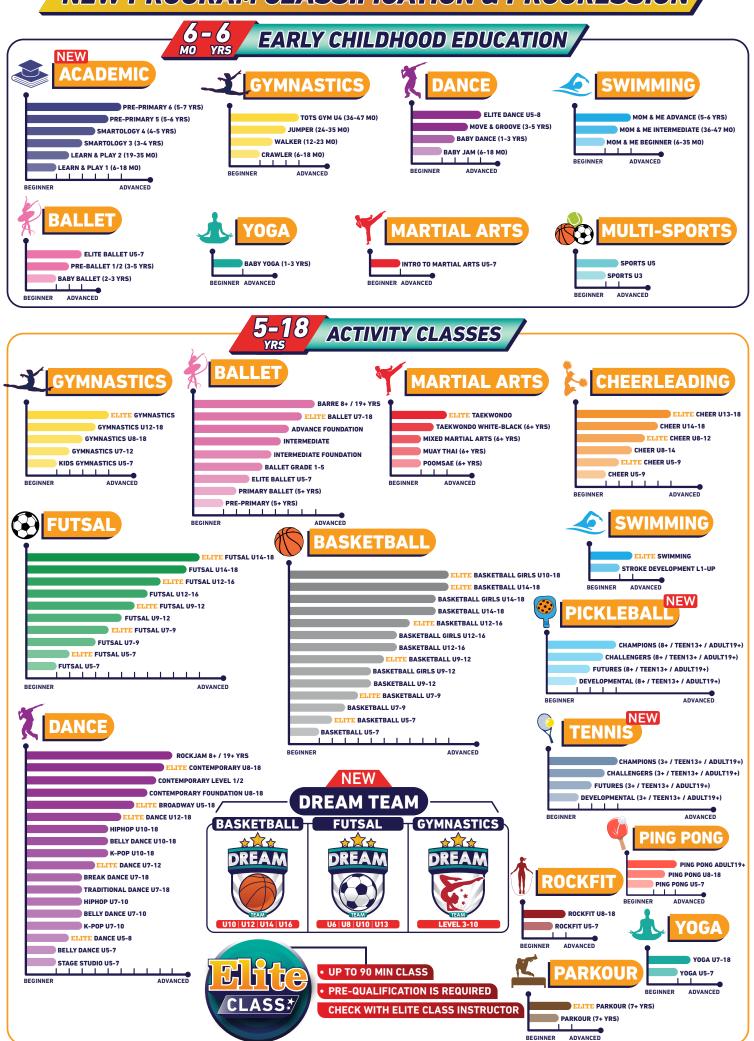
Summer Term Schedule Apr 21st until Jul 20th 2025 Updated May 19th

SCAN FOR E-SCHEDULE



	Monday			Tues	sday	ay		Wedn	esday		Thursday					Frie	day			Satu	rday							
Time	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim P	PingPong
07.00 08.00		ENJ	OY FR	REE PL	AY		Adult19+								Adult19+													
08.00				Sports		t	FREE Swim								FREE Stoim													
09.00 09.00				are no			Adult19+								Adult19+													
07.00	Priv	ate In	struct	ions s	chedu	led!	Swim M&M L1								Swim M&M L1				Swim M&M L1				Swim M&M L1					
09.30	_					_	6-35 mo								6-35 mo				6-35 mo				6-35 mo					
10.00 10.00	at		7			\mathfrak{F}																					<u> </u>	
10.30			1		•					40													Swim M&M L2				Swim M&M L2	
10.30 11.00										Adult19+												Adult19+	3-4 yrs				3-4 yrs	
11.00																											Swim	
11.30 11.30																					Elite						M&M L3	
12.00																					Elite						5-6 yrs	
12.00 12.30																					ACO							
12.30																					U5-7				Elite			
13.00 13.00																									<u> </u>			
13.30		Q				1															1		Stroke				Stroke	
13.30		,			Elite	•															U5-7	27	Dev. L1		U7-16	3-7 yrs	Dev. L1	
14.00 14.00		3-7 yrs				3-7 yrs			_										Continu			3-7 yrs	Charles			3-7 yrs	Civilia	
14.30					\odot				3	9								A	Swim M&M L2		1		Stroke Dev.				Stroke Dev.	
14.30 15.00	U5-7				U5-7				U5-7	3-7 yrs			U5-7	3-7 yrs				3-7 yrs	3-4 yrs		U9-18	8-18 yrs	L2/3		U5-7	⊌ U9-18	L2/3	
15.00			Swim		A		Stroke		4		Swim					<u> </u>	\$							<u> </u>				
15.30 15.30			M&M L2			7	Dev.			A	M&M L2		3	A				Y			3				③	A		
16.00	U8-16		3-4 yrs		U5-7	3-7 yrs	L2	U8-18	U5-7	8-18 yrs	3-4 yrs		U5-7	8-18 yrs		U8-18	U5-7	8-18 yrs			U5-7	U9-18		U5-7	U9-18	8-18 yrs		
16.00 16.30	A		Swim		③		Swim		3		Swim		(5)		Swim				Stroke		3				AFO			
16.30			M&M L3 5-6 yrs			7	M&M L3 5-6 yrs	7			M&M L3 5-6 yrs		U9-18		M&M L3 5-6 yrs		③		Dev. L1			7			U9-18	7		
17.00 17.00	U5-7	U9-18	0 0 113		U5-7	8-18 yrs	0 0 7.0	U5-7	U8-16						, ,	U5-7	U5-7	U9-18			U8-16	Adult19+		<u>~</u>	U7-10	Adult19+		
17.00 17.30 17.30	1				1				1		Stroke		③		Stroke		1		Stroke Dev.		Elite	PLAY			MS			
17.30 18.00	U9-18				U9-18				U9-18	U9-18	Dev. L1		U8-16	U9-18	Dev. L1		U9-18		L2/3		③	700		U8-18	U5-7			
18.00	Elite								Elite	07-10	<u>A</u>		Elite	37-18		4 9					U5-7	Adult19+		00-10	Elite			
18.30 18.30	_		4						_		Adults		_		4		3		1									
19.00	1	Adult19+			U8-16	U9-18		Adult19+			Adults 19+ yrs		1			Adult19+	U8-18				Elite			Adult19+	1			
19.00	U9-18		FREE Swim		æ				U7-16		A		U5-7		FREE Swim				FREE Swim		③			LADDER PLAY	U9-18			
19.30 19.30			Adult19+								FREE			7	Adult19+		②		Adult19+		U9-16							
20.00					Adult19+						Adult19+			Adult19+			Adult19+				07-10			Adult19+				
20.00 20.30													(T)															
20.30						1							_															
21.00 21.00						Adult19+							Adult19+															
22.00																												
INDEX:	M	Basketb	all 🔏	Futsa	al 🛚 🍳	Tennis	🧓 I	Pickleba	ແ 🛚 🀠	Ping	Pong	4	Swimm	ing	Elite	: up to 9	0 min c	lass										

NEW PROGRAM CLASSIFICATION & PROGRESSION





GAJAH MADA PLAZA

4 +6221 3972 9888

Summer Term Schedule Apr 21st until Jul 20th 2025 Adult19+ Only

SCAN FOR E-SCHEDULE



	Monday					Tuesday					Wednesday					Thursday					Friday						S	aturda	у						
	Studio Sports Tennis Swim PP				PP	Studio Sports Tennis Swim PP					Studio	Sports	Tennis	Swim	PP	Studio Sports Tennis Swim PP			Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio Sports Tennis Swim PP						
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling.

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:



An Annual stage showcase featuring variety of arts performed in front of an audience

CHAMPIONSHIPS >

Termly Competition where teams of egual skill divisions compete against each other.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 🧕 🖣 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental