



GAJAH MADA PLAZA

+6221 3972 9888

Preschool & KINDERGARTEN

Spring Term Schedule
19th Jan until 19th Apr 2026

SCAN FOR E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2		
08.00																
08.30																
08.30																
09.00																
09.00	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs							
09.30				LEARN & PLAY 2 19-35 mo				LEARN & PLAY 2 19-35 mo								
10.00																
10.30																
11.00																
11.30	SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs							
12.00																
12.30	SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs							
13.00																
13.30	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs							
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IMPORTANT NOTICE
Do **NOT** transfer money to any RockStar Academy employee's personal account.

INDEX: PRESCHOOL : **LEARN & PLAY 1** | **LEARN & PLAY 2** | **SMART OLOGY 3** | **SMART OLOGY 4** | KINDERGARTEN : **Pre Primary 5** | **Pre Primary 6**

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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Spring Term Schedule

19th Jan until 19th Apr 2026

Updated Feb 16th

SCAN FOR E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong				
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INDEX:



Elite : up to 90 min class

DREAM TEAM : up to 120 min class

Registration Opens April 2026

NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC



GYMNASTICS



DANCE



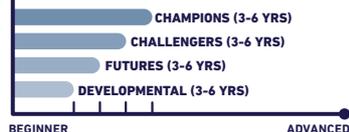
SWIMMING



BALLET



NEW! TENNIS



MARTIAL ARTS

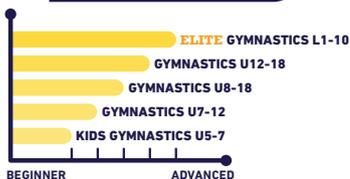


MULTI-SPORTS



5-18 YRS ACTIVITY CLASSES

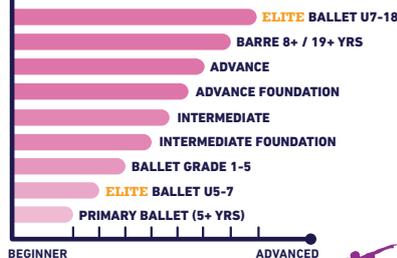
GYMNASTICS



SWIMMING



BALLET



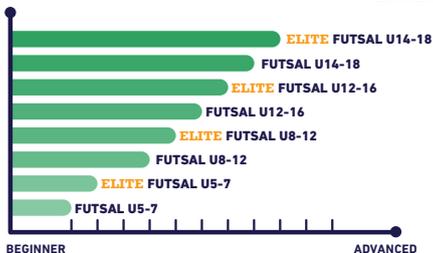
CHEERLEADING



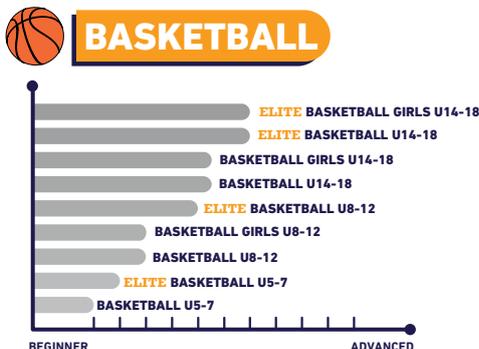
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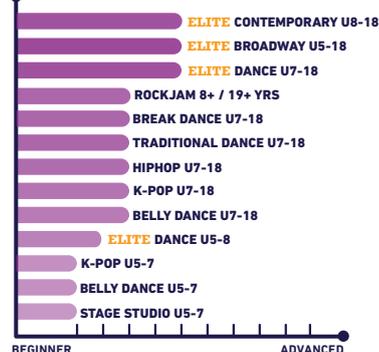
FUTSAL



BASKETBALL



DANCE



NEW! PICKLEBALL



MARTIAL ARTS



NEW! PING PONG



NEW DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

GYMNASTICS

LEVEL 3-10

ROCKFIT



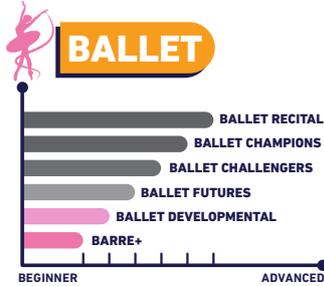
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

NEW! TENNIS



NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Dance Recital Ballet & Contemporary Recital

Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.



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Classes take place at the



SCAN FOR
E-SCHEDULE



Time	Monday Swimming Pool Pullman	Tuesday Swimming Pool Pullman	Wednesday Swimming Pool Pullman	Thursday Swimming Pool Pullman	Friday Swimming Pool Pullman	Saturday Swimming Pool Pullman	Sunday Swimming Pool Pullman						
09.00	<div style="border: 1px solid black; padding: 10px; background-color: #e0f2f1;"> <p>ARRIVAL & CLASS ENTRY:</p> <ol style="list-style-type: none"> 1. Arrive at Pullman Hotel Central Park - Enter through the main entrance & take the elevator. 2. Go to Level 1 at FIT&SPA. 3. Begin check-in at the Registration Desk handled by Hotel Staff. 4. Walk through the Area - Look for the staircase. Take the stairs to the L Floor - This leads directly to the Swimming Pool. 5. Changing rooms & Shower are available on Level 1 & at the pool area. 6. Bring your ID Card & tap at the pool entrance, where our Instructor & Class Assistant will welcome you. 7. Enjoy the Class! </div>												
09.30													
10.00													
10.30								Swim Mom & Me L1 6-35 mo					
11.00												Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs
11.30													
12.00													
12.30													
13.00													
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14.00													
14.30	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo	Swim Mom & Me L1 6-35 mo										
15.00													
15.30	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L2 3-4 yrs	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L2 3-4 yrs							
16.00													
16.30	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs	Swim Mom & Me L3 5-6 yrs	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs							
17.00													
17.30	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs	Stroke Development L1 7+ yrs										
18.00													
18.30													
19.00													

**EXCLUSIVELY FOR ROCKSTAR STUDENTS OF CENTRAL PARK 2, LIPPO MALL PURI, PLUIT VILLAGE & GAJAH MADA PLAZA!
 NO PRE-REGISTRATION REQUIRED!**

PROGRAM CLASSIFICATION & PROGRESSION

6 mo - 6 yrs



SWIMMING



5 - 18 yrs



SWIMMING



SWIMMING POOL RULES HEALTH RULES:

1. Please wear proper swimming attire. No nudity allowed.
2. Swimmers are requested to shower before using the swimming pool.
3. No cloth or disposable diapers will be allowed in the water.
4. No one with open sores or wearing bandages/band aids should enter the pool.
5. No one shall use the swimming pool while knowingly suffering from any contagious or skin disease.
6. No gum. No spitting. No food or drinks are to be taken into the water.
7. Only food and beverage served by the hotel may be consumed within the designated pool areas.
8. Please put litter in proper receptacles.

SAFETY RULES:

1. Children under 12 years old must be accompanied by an adult, who shall be responsible for their safety.
2. No pets allowed.
3. Nobody is allowed to swim when there is heavy-rain, thunderstorms or lightning. The swimming pool will be closed during these inclement conditions.
4. Guests using the swimming pool do so at their own risk. The hotel is not responsible for any injury or accident sustained by guests.
5. Guests are reminded not to leave their valuables unattended.
6. No diving allowed and no dunking or throwing people in the pool.

Please use the swimming pool at your own risk. No lifeguard on duty.