



GAJAH MADA PLAZA

+6221 3972 9888

Fall Term Schedule
20th Jul until 18th Oct 2026

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5
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ENROLLMENT IS NOW OPEN!

INDEX:  Gymnastics  Cheerleading  Ballet  Contemporary Dance  Broadway  Dance  Taekwondo **Elite** : up to 90 min class **DREAM TEAM** : up to 180 min class

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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Preschool & Kindergarten

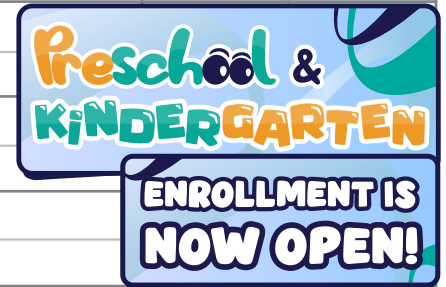
Fall Term Schedule

20th Jul until 18th Oct 2026

SCAN FOR
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
08.00														
08.30														
08.30														
09.00														
09.00	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 2 19-35 mo	Pre Primary 5 & 6 5-7 yrs	LEARN & PLAY 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs					
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09.30														
10.00														
10.00														
10.30		LEARN & PLAY 2 19-35 mo		LEARN & PLAY 2 19-35 mo		LEARN & PLAY 2 19-35 mo		LEARN & PLAY 2 19-35 mo						
11.00														
11.00	SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs		SMART OLOGY 4 4-5 yrs	LEARN & PLAY 2 19-35 mo				
11.30														
12.00														
12.00	SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs		SMART OLOGY 3 3-4 yrs				SMART OLOGY 3 3-4 yrs					
12.30														
12.30														
13.00														
13.00	Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs		Pre Primary 5 & 6 5-7 yrs					
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INDEX: PRESCHOOL : **LEARN & PLAY 1** | **LEARN & PLAY 2** | **SMART OLOGY 3** | **SMART OLOGY 4** | KINDERGARTEN : **Pre Primary 5** | **Pre Primary 6**

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Fall Term Schedule
20th Jul until 18th Oct 2026

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong	Sports	Tennis	Swim	PingPong
07.00	ENJOY FREE PLAY! Play with your friends whenever there are no classes scheduled!						Adult19+ FREE Swim Adult19+							Adult19+ FREE Swim Adult19+														
08.00																												
08.00																												
09.00																					U9 & U11	Adult19+ MATCH PLAY			U9 & U11			
09.30							Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo			Swim M&M L1 6-35 mo					Swim M&M L1 6-35 mo					
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14.30	U5-7																											
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15.30	U8-16	7+ yrs	Swim M&M L2 3-4 yrs																									
15.30																												
16.00																												
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16.30	U5-7	7+ yrs	Swim M&M L3 5-6 yrs																									
16.30																												
17.00																												
17.00																												
17.30	U9-18	7+ yrs	Stroke Dev. L1																									
17.30																												
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18.00	Elite																											
18.30																												
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19.00	U9-18	Adult19+ & LADDER PLAY																										
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INDEX:



Basketball



Futsal



Tennis



Pickleball



Ping Pong



Swimming

Elite : up to 90 min class



DREAM TEAM : up to 120 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

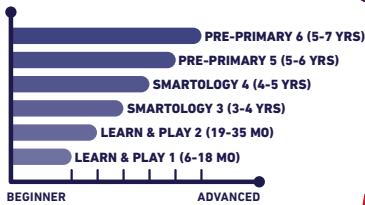
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

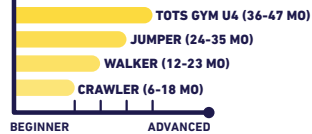


NEW!

ACADEMIC



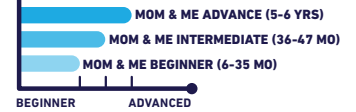
GYMNASTICS



DANCE



SWIMMING

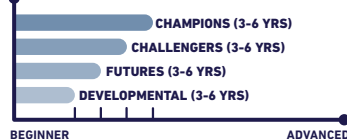


BALLET



NEW!

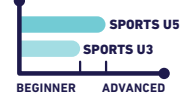
TENNIS



MARTIAL ARTS



MULTI-SPORTS

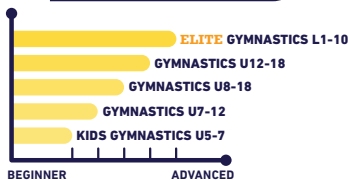


5-18
YRS

ACTIVITY CLASSES



GYMNASTICS



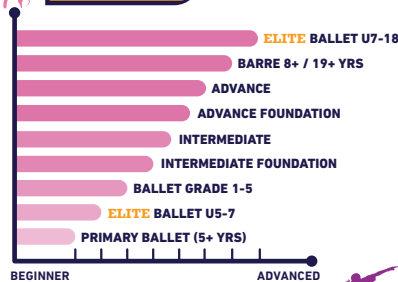
SWIMMING



PARKOUR



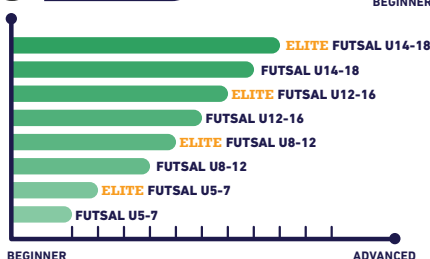
BALLET



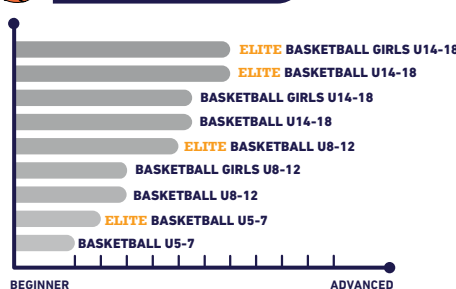
CHEERLEADING



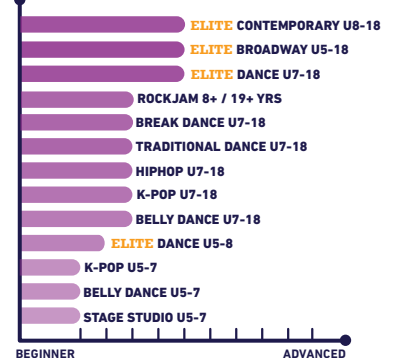
FUTSAL



BASKETBALL

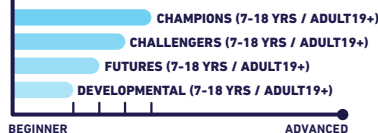


DANCE



NEW!

PICKLEBALL

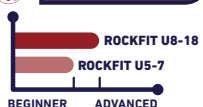


NEW!

PING PONG



ROCKFIT



NEW

DREAM TEAM

BASKETBALL

U10 | U12 | U14 | U16

FUTSAL

U6 | U8 | U10 | U13

GYMNASTICS

LEVEL 3-10



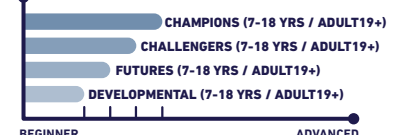
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



MARTIAL ARTS



TENNIS





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Fall Term Schedule
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ADULT19+

SCAN FOR
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis	Swim	PP
07.00																																			
07.30																																			
08.00									FREE										FREE																
08.30																																			
09.00									Adult19+									Adult19+									Adult19+								
09.30																											MATCH PLAY								
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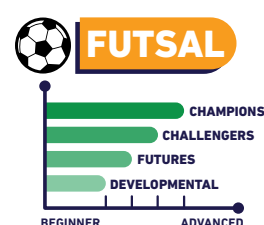
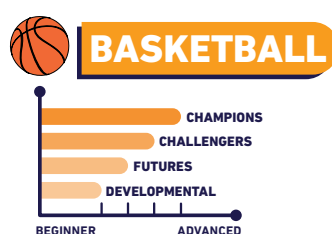
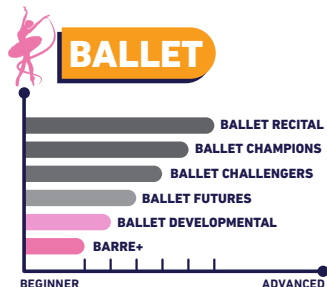
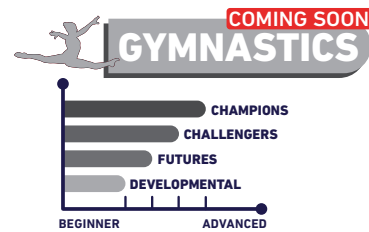
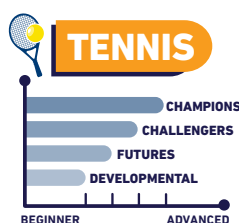
ADULT19+ Free Trial

Parents of RockStar Students:
30 Days FREE

Guests & New Members:
7 Days FREE

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Dance Recital Ballet & Contemporary

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.