

GAJAH MADA PLAZA

4 +6221 3972 9888

Fall Term Schedule

Jul 21st until Oct 19th 2025

Updated Aug 18th





		Мог	nday			Tues	sday			Wedn	esday			Thur	sday			Frie	day			Satu	rday		Sunday				
Time	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	
08.00 08.30 08.30 09.00						T NC															DREAM (TEAM)								
09.30 09.30 10.00	L	<u>d</u>				y emp count		s													USA								
10.00 10.30 10.30 11.00					Crawler 6-18 mo	Baby Dance 1-3 yrs			Walker 12-23 mo	Baby Dance 1-3 yrs			Crawler 6-18 mo	Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs			L3-7	Baby Dance 1-3 yrs							
11.00 11.30 11.30 12.00					Jumper 24-35 mo	Baby Dance 1-3 yrs				Baby Dance 1-3 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs			Walker 12-23 mo	Baby Dance 1-3 yrs			Jumper 24-35 mo					Recital Main Character			
12.00 12.30 12.30 13.00					Walker 12-23 mo	Sports U3			Jumper 24-35 mo	Sports U4/5			Walker 12-23 mo	Sports U3				Sports U3			Walker 12-23 mo	Sports U3	P-Ballet ^{1/2}			by invitation	Baby Dance 1-3 yrs		
13.00 13.30 13.30 14.00	Walker 12-23 mo	Sports U3			U4						Baby 2-3 yrs			Move& Groove 3-5 yrs				Sports U4/5			USA U4				Jumper 24-35 mo				
14.30 14.30 14.30 15.00	USA U4	Baby Dance 1-3 yrs			U5-7	Move& Groove 3-5 yrs			U5-7		P-Ballet ^{1/2}			Sports U4/5			USA U4				U5-7	Move& Groove 3-5 yrs			U4				
15.00 15.30 15.30 16.00	Jumper 24-35	Martial Arts 4-7 yrs	Move& Groove 3-5 yrs	U5-9	U5-7	Muay Thai 6+ yrs	Sports U4/5		USA	Martial Arts 4-7 yrs	Primary 5+ yrs		USA U4	Stage Studio U5-7			USA	Move& Groove 3-5 yrs			U5-7	Muay Thai 6+ yrs	*	Stage Studio U5-7	U5-7	Thai	Move& Groove 3-5 yrs		
16.00 16.30 16.30 17.00	U5-7	Muay Thai 6+ yrs	Stage Studio U5-7	U8-18	U8-18	Martial Arts 4-7 yrs	RockFit U5-7	Recital U5-8	U5-7	Muay Thai 6+ yrs	Recital U5-7	K-Pop U7-18	U5-7	H-Hop U7-18	RockFit U5-7		U8-18	Martial Arts 4-7 yrs	K-Pop U5-7		U8-18	Martial Arts 4-7 yrs	1		U8-18	Martial Arts 4-7 yrs	Studio		
17.00 17.30 17.30 18.00	U8-18	Tkd. □-∎ 6+ yrs		Recital	Elite	RockFit U7-18	Recital	Recital	U8-18	Gr.1 (Skill dep.)			U8-18		RockFit U8-18		Parkour 7+ yrs	Tkd. □-∎ 6+ yrs			Parkour 7+ yrs	Elite	Elite		DREAM TEAM	Tkd. □ - I 6+ yrs			
18.00 18.30 18.30 19.00	Parkour 7+ yrs	Rectial		U5-9		Recital	U8-18	/) U5-18	Elite			K-Pop U5-7	Elite				Elite	Poom- sae 6+ yrs			Elite	6+ yrs	U8-18		USA				
19.00 19.30 19.30 20.00		U8-18				U5-9 Recital																			L3-7				
20.00 20.30 20.30 21.00						U8-18																							
INDEX	USA	Gymna	stics	Cheer	leading	F Ball	et 🔳	Conten	nporary D	ance	Broadw	/ay 🤾	Dance	Tae	kwondo	Elite	e: up to 9	0 min cla	iss 🍱	EAM TEAM	: up to 1	80 min o	class						



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SCAN FOR E-SCHEDULE



ı	Mon	day	Tues	day	Wedne	esday	Thur	sday	Fric	lay	Satı	urday	Sui	nday
Time	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
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08.30														
08.30														0
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09.30	Primary		Primary	1	Primary		Primary	1	Primary			INDE	RUCK	5 TLINIII
10.00	5&6		5&6	6-18 mo	5 & 6		5&6	6-18 mo	5&6					
10.00	5-7 yrs		5-7 yrs	&PLAY 2	5-7 yrs	&PLAY	5-7 yrs	&PLAY 2	5-7 yrs			I		
10.30 10.30				&PLAY 2		&PLAT		&PLAY				CNDOLLA		
11.00				19-35 mo		19-35 mo		19-35 mo				ENROLLM NOW (IEM IS	
11.00	SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART OLOGY			MOUNC	NPFNI	
11.30	OLOGY 4		OLOGY i 4		OLOGY L		OLOGY I 4		OLOGY 4					
11.30 12.00	4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs					المتتب
12.00			-		SMART		,		SMART					
12.30	SMART OLOGY 3		SMART OLOGY 3		OLOGY				OLOGY					
12.30					3				3					
13.00 13.00	3-4 yrs		3-4 yrs		3-4 yrs				3-4 yrs					
13.30									Tro.					4
13.30	Primary		Primary		Primary		Primary		Primary					
14.00	5&6		5&6		5&6		5&6		5&6					
14.00	5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs					
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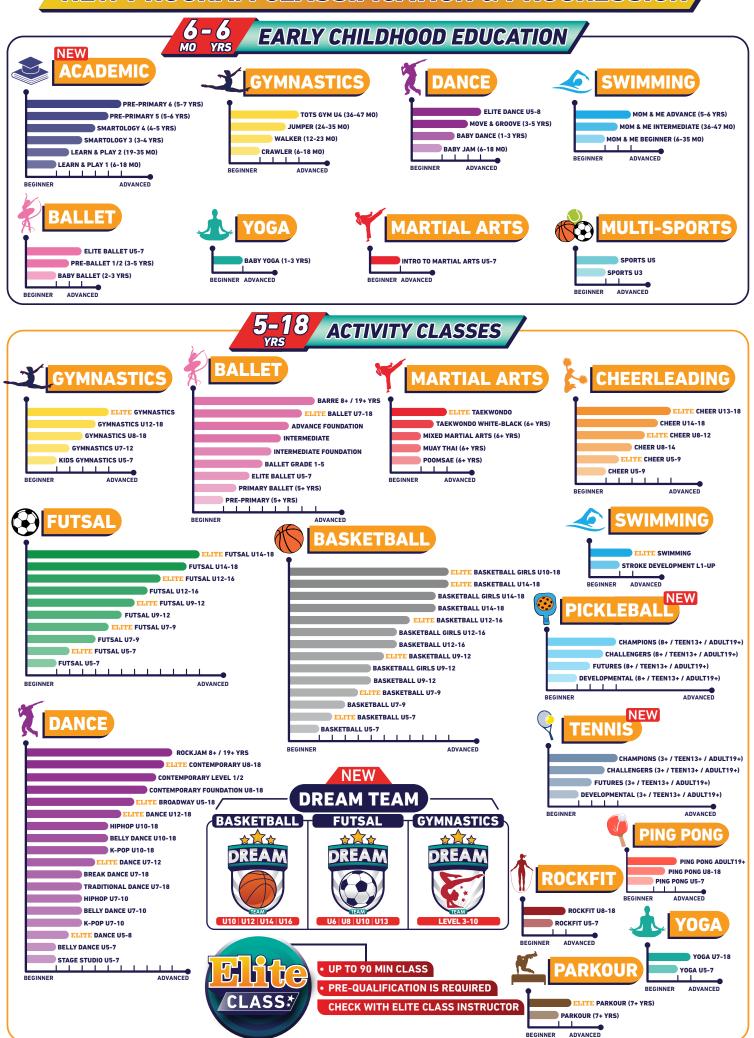
Fall Term Schedule Jul 21st until Oct 19th 2025 Updated Aug 18th

SCAN FOR E-SCHEDULE



		Mon	dav			Tues	veh			Wedne	osdav			Thur	sday			Fri	day			Satu	rdav		Sunday				
Time	Sports	Tennis	-	PingPong	Sports	Tennis	-	PingPong	Sports		•	PingPong	Sports			PingPong	Sports		•	PingPong	Sports	Tennis	-	PingPong	Sports		-	PingPong	
07.00	Sports	Termis	J	i iiigi oiig	Sports	Termis	A	i iligi olig	Эрогтэ	iciiiis	3111111	i iiigi ong	эрогчэ	Termis	A	i ingi ong	Sports	Terrino	344	r mgr ong	Sports	Termis	Own	i iiigi ong	эрога	Termis	3441111	i iiigi oiig	
08.00							Adult19+								Adult19+														
08.00							FREE								FREE						DREAM				DREAM	1			
09.00 09.00							Adult19+								Adult19+							1 🦻		-	IFAM.				
09.30							Swim M&M L1								Swim M&M L1				Swim M&M L1			Adult19+	Swim M&M L1						
09.30							6-35 mo								6-35 mo				6-35 mg		U9 & U11	MATCH) PLAY	6-35 mg		U9 & U11				
10.00																					07 & 011				07 & 011				
10.00 10.30		—	VED		A N.		-																Swim				Swim		
10.30			MPC	JK I	AN	INC				🧐													M&M L2 3-4 yrs				M&M L2 3-4 yrs		
11.00			o NO	T tran	sfer n	nonev	to an	v		Adult19+													3-4 yr 3				3 4 yi 3		
11.00					ademy					& LADDER													Swim				Swim		
11.30 11.30					nal ac					PLAY											Elite		M&M L3				M&M L3		
12.00				0.00	nar a o																Elite		5-6 yrs	1			5-6 yrs		
12.00																					AFC)								
12.30 12.30																									T21*4 -				
13.00																					U5-7				Elite				
13.00																					46								
13.30																							Stroke			4	Stroke		
13.30		1			Elite	3-7 yrs															U5-7	3-7 yrs	Dev. L1		U7-16	3-7 yrs	Dev. L1		
14.00 14.00		3-7 yrs				3-7 yrs																3-7 yrs		-	_	3-7 yis			
14.30					\odot				3	9			1						Swim M&M L2		1		Stroke Dev.		③		Stroke Dev.		
14.30	U5-7				U5-7									1				1	3-4 yrs		U9-18	<u> </u>	L2/3		U5-7	T	L2/3		
15.00 15.00	U5-7				_				U5-7	3-7 yrs			U5-7	3-7 yrs		<u>~</u>		3-7 yrs			_	8-18 yrs		<u>~</u>	_	U9-18			
15.30	3		Swim				Stroke		AFO		Swim		③		Stroke		AF												
15.30			M&M L2 3-4 yrs		U5-7	Y	Dev. L2	🕇			M&M L2 3-4 yrs				Dev. L2/3			1			U5-7			7		Y			
16.00	U8-16		0 4 313		05-7	3-7 yrs		U8-18	U5-7				U5-7			U8-18	U5-7	8-18 yrs			03-7	U9-18		U5-7	U9-18	8-18 yrs			
16.00	A		Swim				Swim				Swim		AFC)		Swim				Stroke						#				
16.30 16.30		7	M&M L3			7	M&M L3		③		M&M L3 5-6 yrs				M&M L3		\odot		Dev. L1										
17.00	U5-7	U9-18	5-6 yrs		U5-7	8-18 yrs	5-6 yrs	U5-7	U8-16		3 0 yi 3		U9-18		5-6 yrs	U5-7	U5-7	U9-18			U8-16	Adult19+			U9-18	Adult19+			
17.00	#		5		4				46								46		Stroke		Elite	& LADDER			46	& LADDER			
17.30 17.30			Stroke Dev. L1								Stroke Dev. L1		③		Stroke Dev. L1		1		Dev.		_	PLAY		-		PLAY			
18.00	U9-18	8-18 yrs			U9-18				U9-18	U9-18	501.21		U8-16	U9-18	5011.21		U9-18		L2/3					U8-18	U5-7				
18.00	Elite								Elite				Elite			<u></u>					U5-7				Elite				
18.30					$ \mathfrak{D} $					4					4				Stroke Dev. L4										
18.30 - 19.00	AS I		~		U8-16	U9-18		7		8-18 yrs	Swim		AFC)	8-18 yrs		7	U8-18		Dev. L4		Elite				AFC)				
19.00	W	Adult19+ &	FREE			07-10		Adult19+		0-10 yrs			<u>U</u>	0-10 yrs	FREE	Adult19+	<u> </u>	Adult19+ &						Adult19+	110.10				
19.30	U9-18	PLAY	Storm Adult19+		1 AC)			LADDER	U7-16		FREE		U5-7		Swim Adult19+	LADDER		PLAY						LADDER	U9-18				
19.30	IKEE		Auditi					PLAY			Adult19+				Audit 171	PLAY			E		U9-16			PLAY					
20.00	PLAY				Adult19+									Adult19+			Adult19+ &		FREE										
20.30	(3)				MATCH								1	LADDER			MATCH	1	Swim										
20.30					PLAY								Adult19+	PLAY			PLAY		Adult19+										
21.00						Adult19+ &							&																
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NEW PROGRAM CLASSIFICATION & PROGRESSION





GAJAH MADA PLAZA

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Fall Term Schedule Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



Adult19+ Only

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	Monday Tuesday									Wednesday						Thursday						Friday				S	Saturday	у			Sunday				
	Studio	Sports Ter	nnis Swim	m PP	Studio	Sports T	ennis	Swim	PP	Studio	Sports	Tennis	Swim	PP	Studio Sports Tennis Swim PI			PP	P Studio Sports Tennis Swim			PP	Studio	Sports	Tennis	Swim	PP	Studio	Sports	Tennis S	Swim	PP			
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14.30 14.30		PLAY			Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.											\longrightarrow	Ч-	-	-						-	-	-	-	+						
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15.30															L				-						-	-	-	-	-						
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling.

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

CHAMPIONSHIPS >

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦓 🚯 😉 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental