

### GAJAH MADA PLAZA

**4** +6221 3972 9888

## Fall Term Schedule Jul 21st until Oct 19th 2025



		Mon	day			Tue	sday			Wedn	esday			Thur	sday			Frie	day			Satu	day		Sunday				
Time	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	G	3	4	5	
08.00																													
08.30 08.30	- []		)	<b>-</b> - 6	CE	$\cap$	, 7														DREAM								
09.00			NO.	1		8	2														TEAM								
09.00																													
09.30		KFR	DE	RU	7. L	31 H		-													USA								
09.30 - 10.00				<b>~</b>			رس																						
10.00														<u> </u>							L3-7								
10.30					Crawler 6-18	Baby Dance			Walker 12-23				Crawler 6-18	Baby Dance			Jumper 24-35	Baby Dance				Baby Dance							
10.30					mo	1-3 yrs			mo					1-3 yrs				1-3 yrs				1-3 yrs							
11.00 11.00														-				•				,				0			
11.30					Jumper					Baby		-	Jumper				Walker	Baby			Jumper					Recital			
11.30					24-35 mo	Dance 1-3 yrs				Dance 1-3 yrs			24-35 mo	Dance 1-3 yrs			12-23	Dance 1-3 yrs			24-35 mo					Main Character			
12.00					1110	1-3 yrs				,				1-3 yi 3			mo	1-3 yr 3			1110		D D-11-+1/2			<b>b</b>			
12.00 12.30					Walker	Sports			Jumper	Sports			Walker	Sports				C			Walker	Sports	P-Ballet <sup>1/2</sup>			8	Baby		
12.30					12-23	U3			24-35 mo	Ú4/5			12-23	U3				Sports U3			12-23	U3	7			7	Dance 1-3 yrs		
13.00					mo				1110				mo								mo		3-5 yrs			by invitation	1-3 yı 5		
13.00	Walker	C			USA						Baby			Move&				<b>.</b> .							Jumper				
13.30 13.30	12-23	Sports U3			USA									Groove				Sports U4/5			USA				24-35				
14.00	mo				U4						2-3 yrs			3-5 yrs				04/3			U4				mo				
14.00	<b>I</b>	Baby			<b>I</b>	Move&			USA		P-Ballet <sup>1/2</sup>						<b>I</b>				<b>I</b>	Move&	Primary		<b>10</b> /				
14.30	USA	Dance			USA	Groove			AZU		#			Sports U4/5			USA				USA	Groove	*		USA				
14.30 15.00	U4	1-3 yrs			U5-7	3-5 yrs			U5-7		/\ 3-5 yrs			04/5			U4				U5-7	3-5 yrs	5+ yrs		U4				
15.00											Primary		۔ ما										0+ yrs	Charac					
15.30	Jumper 24-35	Martial Arts	Move&		USA	Muay	Sports		USA	Martial Arts			USA	Stage			USA	Move& Groove			USA	Muay Thai	*	Stage Studio	USA		Move& Groove		
15.30	mo	4-7 yrs	3-5 yrs			Thai 6+ yrs	Ú4/5		U4	4-7 yrs	[_7 <u></u> ]			Studio U5-7				3-5 yrs				6+ vrs	Gr.1	U5-7	U5-7	6+ yrs	3-5 yrs		
16.00 16.00	1	,		U5-9	U5-7	0.,.0		<b>(D)</b>		, , ,	5+ yrs		U4	00 /			03-7	,			U5-7	7.0	(Skill dep.)	)	U5-7	- 7	, ,		
16.30	USA	Muay	Stage	<b>.</b>	USA	Martial	RockFit	Recital	USA	Muay Thai	Recital	K-Pop	USA	H-Hon	RockFit		USA	Martial	K-Pon		USA	Martial	-4		USA	Martial	Stage		
16.30			Studio U5-7			Arts 4-7 yrs	115 7			6+ yrs	<b>F</b> UE 7	U7-18		U7-18	U5-7			Arts	U5-7			Arts	Founda		-20-	Arts 4-7 yrs	Studio		
17.00	U5-7	6+ yrs		U8-18	U8-18	4-7 yi 3		U5-8	U5-7	0+ yi s	<b>7</b> U5-7		U5-7				U8-18	4-7 yrs			U8-18	4-7 yrs	tion & L1		U8-18	4-7 yrs	05-7		
17.00 17.30	USA	Tkd. _[] - <b>[</b>		Recital	Elite	RockFit	Recital	Recital	USA	1			USA	Rock	RockFit		Parkour	Tkd.			Parkour	Elite	Elite			Tkd.			
17.30	_	-		<b>—</b>	<b>Y</b>	U7-18		T.	USA	Gr.1 (Skill dep.)			USA	<b>Jam</b> Adult19+	U8-18		7+ yrs	-			7+ yrs				DREAM	, 🛚 - 🔳			
18.00	U8-18	6+ yrs		20	- X		[Æ `	<i> </i>	U8-18	(Skill dep.)			U8-18					6+ yrs				3			TEAM	6+ yrs			
18.00	Parkour			U5-9		Recital	110.40	/ )	Elite				Elite				Elite	Poom-			Elite	4 L MEG	110 10						
18.30 18.30	7+ yrs						U8-18	U5-18	*				<b>Y</b>				1	sae			<b> </b>	6+ yrs	U8-18		USA				
19.00				Recital					7				X.				1	6+ yrs											
19.00				**													_								L3-7				
19.30				-		U5-9																							
19.30 20.00				U8-18		Recital	1																						
20.00						2																							
20.30																									FNPAI	IMFN	211		
20.30						U8-18																						07	
21.00	le -					1.	-			1.		- 2		44/											ЮW	102	-NI		
INDEX:	USA	Gymnas	tics 🚶	Cheer	leading	🦸 Ball	et 🚽	Conten	nporary D	ance	Broadw	ray   🤾	Dance	Tae	kwondo	Elite	e: up to 9	0 min cla	ass   🍱	TEAM	: up to 1	80 min c	lass	U					



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	Monday Chudia 2		Tues	day	Wedne	esday	Thur	sday	Frie	day	Satu	urday	Sur	nday
Time	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
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08.30														0
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09.00 09.30				&PLAY 1	NO.		( Pro	&PLAY	C KO					
09.30	Primary		Primary	&PLAY	Primary		Primary	&PLAY	Primary			INDE		アリコンコニ
10.00	5&6		5&6	6-18 mo	5&6		5&6	6-18 mo	5&6					
10.00	5-7 yrs		5-7 yrs		5-7 yrs	LEARN	5-7 yrs		5-7 yrs					
10.30	. , ,		. ,,,,	&PLAY 2	. ,	&PLAY 2	","	&PLAY 2	,					
10.30												FNROLL	MENTAS <	
11.00				19-35 mo		19-35 mo		19-35 mo						
11.00 11.30	SMART OLOGY		SMART OLOGY		SMART OLOGY		SMART		SYART OLOGY			ENROLLA NOW (	)PENV	
11.30	4		4		4,		4		<b>4</b>					
12.00	4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs		4-5 yrs					
12.00	SMART		SMART		CMADT				SVART					
12.30	OLOGY		SMART OLOGY		OLOGY				SMART OLOGY					
12.30	3		3		3				3					
13.00 13.00	3-4 yrs		3-4 yrs		3-4 yrs				3-4 yrs					
13.30														
13.30	Primary		Primary		Primary		Primary		Primary					
14.00	5&6		5&6		5 & 6		5&6		5&6					
14.00	5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs		5-7 yrs					
14.30	3-7 yrs		J-7 yrs		J-7 yrs		J-7 yl S							
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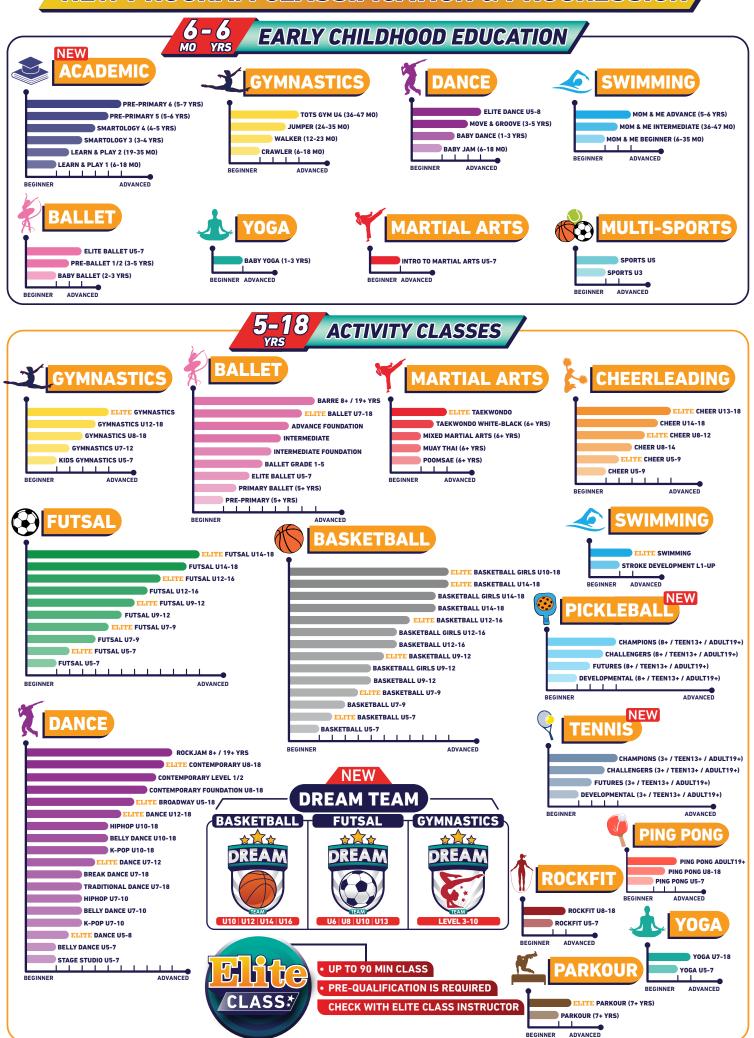
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## Fall Term Schedule Jul 21st until Oct 19th 2025



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Time	Monday  Sports Tennis Swim PingPong				C	Tues	-	DingDong	Cuanta	Wedne	•	DingDong	Thursday  Sports Tennis Swim PingPong				C		day	DinaBona	Cmamba	Satu	-	DinaDona	Cuanta	Sports Tennis Swim PingPong				
7ime 07.00	Sports					Tennis	Swim	PingPong	Sports	Tennis	SWIIII	ringrong	Sports	iennis	SWIIII	ringrong	Sports	Tennis	SWIIII	PingPong	Sports	Tennis	SWIIII	PingPong	Sports	Tennis	SWIIII	ringrong		
08.00			DY FREE				Adult19+								Adult19+															
08.00			le in Spo				FREE Swim Adult19+								FREE						DREAM	<b>(3)</b>			DREAM	3				
09.00 09.00			here are											Adult19+				6			1 🎾	Ci		IEAM						
09.30	Priv	ate ins	struction	S SC	nedul		Swim M&M L1								Swim M&M L1				Swim M&M L1			Adult19+	Swim M&M L1							
09.30 10.00	1						6-35 mo								6-35 mo				6-35 ma		U9 & U11	MATCH PLAY	6-35 mc	o	U9 & U11					
10.00	1	7			<b>&gt;</b> 6																						Continu			
10.30		,																					Swim M&M L2				Swim M&M L2			
10.30 11.00																							3-4 yrs				3-4 yrs			
11.00				$\rightarrow$						Adult19+ &																				
11.30										PLAY													Swim M&M L3	3			Swim M&M L3			
11.30 12.00										فتحص											Elite		5-6 yrs				5-6 yrs			
12.00				$\rightarrow$																	<b>AF</b>									
12.30 12.30																									T31*4 -					
13.00																					U5-7				Elite					
13.00																					AFC)									
13.30 13.30				-	Elite	A																4	Stroke Dev. L1			A	Stroke Dev. L1			
14.00		3-7 yrs			Liite	3-7 yrs															U5-7	3-7 yrs	DCV. LI		U7-16	3-7 yrs	DCV. L1			
14.00										(2)			46	<b>Q</b>					Swim M&M L2		AFC)		Stroke				Stroke			
14.30 14.30									<b>③</b>	9			1	\ \d				Y	M&M L2 3-4 yrs			1	Dev.		<b>③</b>		Dev.			
15.00	U5-7				U5-7				U5-7	3-7 yrs			U5-7	3-7 yrs				3-7 yrs	3 4 yi 3		U9-18	8-18 yrs	L2/3		U5-7	U9-18	L2/3			
15.00			Swim		(C)		Stroke		AFC		Swim						æ								<b>③</b>					
15.30 15.30	<b>③</b>		M&M L2		•	A	Dev.			Y	M&M L2 3-4 yrs		<b>3</b>	Y				Y			(3)			-		Y				
16.00	U8-16		3-4 yrs		U5-7	3-7 yrs	L2	U8-18	U5-7	8-18 yrs	3 4 yi 3		U5-7	8-18 yrs		U8-18	U5-7	8-18 yrs			U5-7	U9-18		U5-7	U9-18	8-18 yrs				
16.00	<b>A</b>		Swim				Swim				Swim				Swim				Stroke		<b>③</b>				AFC)					
16.30 16.30		T	M&M L3			7	M&M L3		<b>3</b>		M&M L3 5-6 yrs				M&M L3 5-6 yrs		$\Theta$		Dev. L1											
17.00	U5-7	U9-18	5-6 yrs		U5-7	8-18 yrs	5-6 yrs	U5-7	U8-16		0 0 7.0		U9-18		3-0 yi 3	U5-7	U5-7	U9-18			U8-16	Adult19+			U9-18	Adult19+				
17.00					M				AFC)		Stroke		<b>③</b>		Stroke				Stroke		Elite	& LADDER			AFC)	& LADDER				
17.30 17.30					•					T	Dev. L1				Dev. L1				Dev. L2/3			PLAY				PLAY				
18.00	U9-18			_	U9-18				U9-18	U9-18			U8-16	U9-18			U9-18		2270		(3)			U8-18	U5-7					
18.00 18.30	Elite							<b>8</b>	Elite				Elite								U5-7				Elite					
18.30	AFC)					T							af C				U8-18				Elite				AFC					
19.00 19.00		Adult19+	FREE	_	U8-16	U9-18		Adult19+					1		FREE	Adult19+	00-10	Adult19+	FREE					Adult19+						
19.30	U9-18	I ADDER	Swim		AFC)			& LADDER	U7-16				U5-7	<b>(3)</b>	Swim	& LADDER		I/ADDED	Swim Adult19+					& LADDER	U9-18					
19.30	FREE	PLAY	Adult19+					PLAY							Adult19+	PLAY		PLAY	Adult194		U9-16			PLAY						
20.00 20.00	PLAY				Adult19+								-	Adult19+			Adult19+ &													
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### **NEW PROGRAM CLASSIFICATION & PROGRESSION**





### **GAJAH MADA PLAZA**

**C** +6221 3972 9888

## Fall Term Schedule Jul 21st until Oct 19th 2025

Adult19+ Only



	Monday																																				
			Monday				1	Tuesday	y		Wednesday					Thursday					Friday						S	aturday	y			Sunday					
Time	Studio	Sports	Tennis	Swim	PP	Studio	Studio Sports Tennis Swim PP					Studio Sports Tennis Swim PP				PP	Studio Sports Tennis Swim PP						Sports	Tennis	Swim	PP	Studio Sports Tennis Swim PP					П					
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### **NEW PROGRAM CLASSIFICATION & PROGRESSION**

### ADULT19+



















### Stills Leveling.

**CHAMPIONS** Advance Level

**CHALLENGERS** Intermediate Level

> **FUTURES** Beginner Level

DEVELOPMENTAL Introductory Level

#### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

#### **Pickleball**

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

#### **Barret**

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

#### RockJam

CHAMPIONSHIPS >

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:





Termly Competition where teams of egual skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience

#### **Ballet & Dance Leveling:**



**Developmental** : Introduction level will help to discover your passion and potential.

**Futures** : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

Champions : Embark on a journey of artistry, mastering complex choreography & routines.

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

#### Sports Team's Divisions: 👂 🦓 🚯 😉 🗻 🌱



**Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

: Sharpen your skills, explore new tactics & enjoy friendly competitions. Challengers

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures** 

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental