



# GAJAH MADA PLAZA

+6221 3972 9888

## Sample Schedule

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
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**Proposed & Not Final Schedule**

**RockJam (Teen & Adults)** - High-impact Dance Cardio Class, Mix of Zumba, Pound Fit, & Aerobic

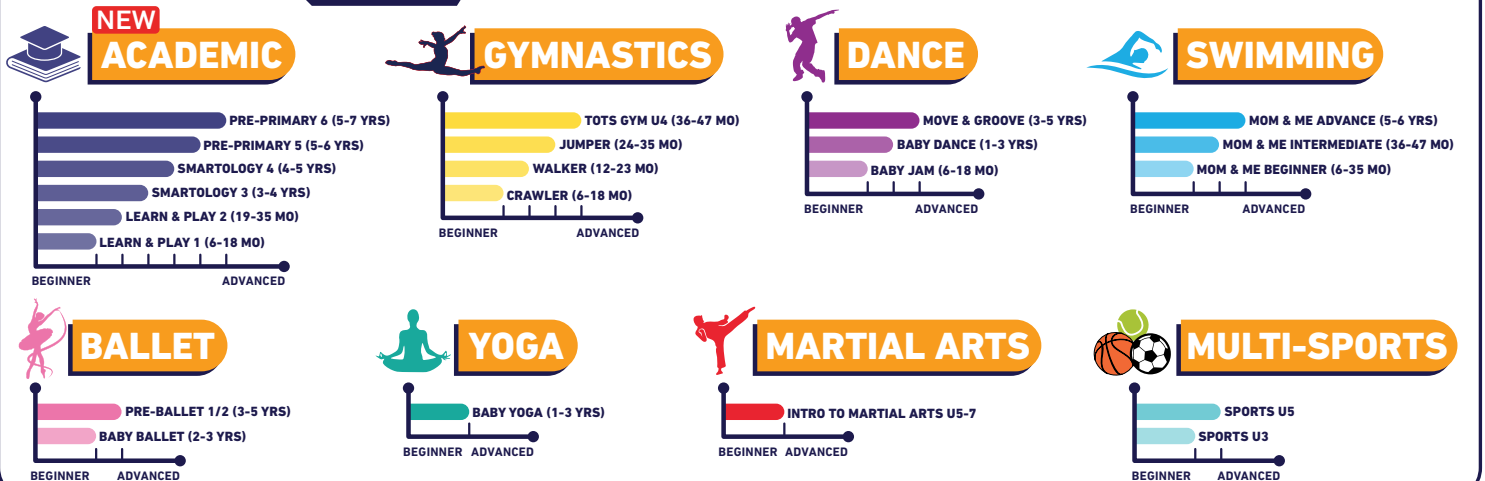
**Barre+ (Teen & Adults)** - Pilates & Ballet inspired Full Body Conditioning Training

PRESCHOOL : <b>LEARN &amp; PLAY 1</b>				<b>LEARN &amp; PLAY 2</b>				<b>SMART OLOGY 3</b>				<b>SMART OLOGY 4</b>				KINDERGARTEN : <b>Pre Primary 5</b>				<b>Pre Primary 6</b>							
INDEX:				Gymnastics				Cheerleading				Ballet				Contemporary Dance				Broadway				Basketball			
				Futsal				Dance				Taekwondo				Elite : up to 90 min class											

# NEW PROGRAM CLASSIFICATION & PROGRESSION

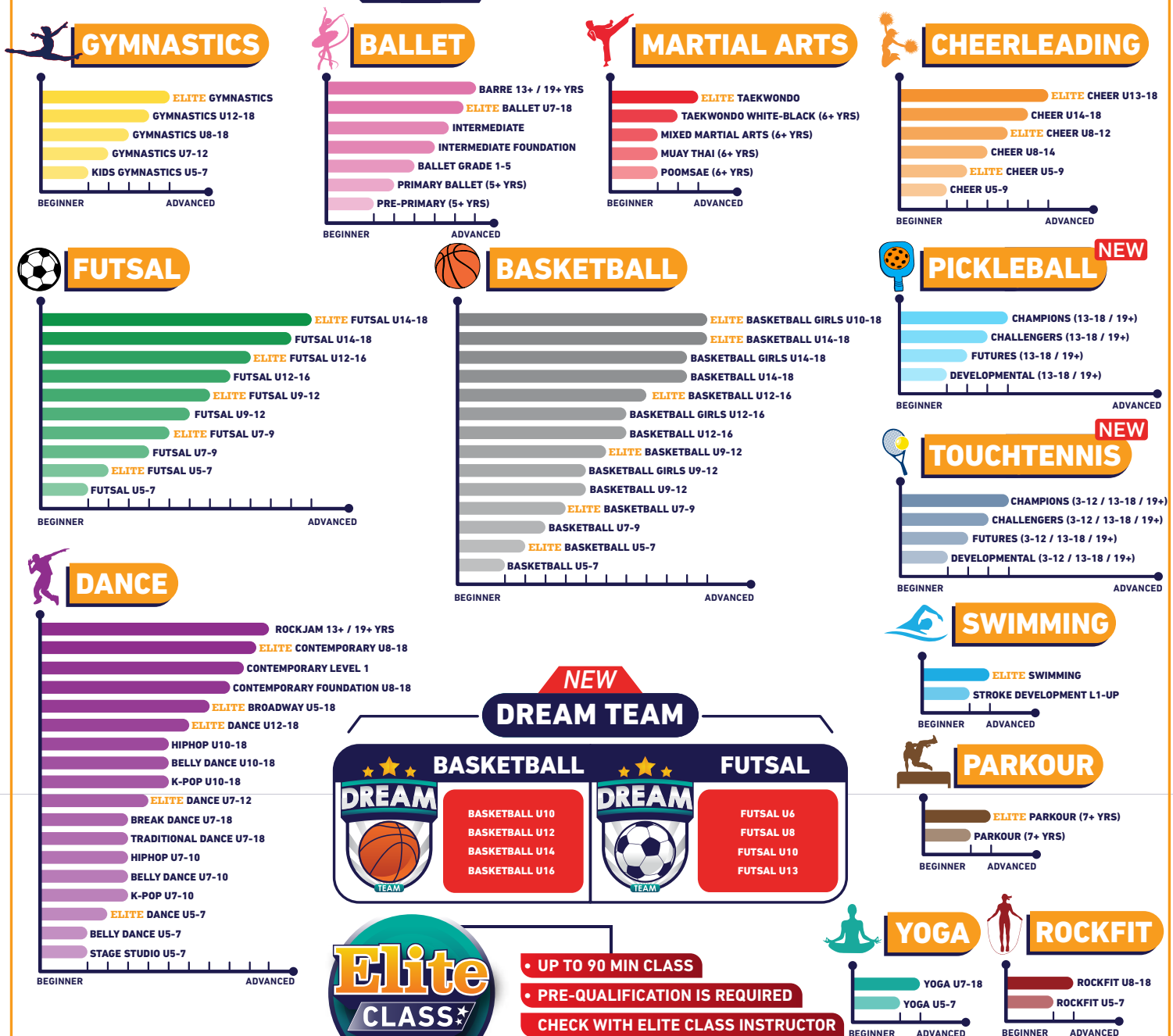
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION



**5-18**  
YRS

## ACTIVITY CLASSES





# GAJAH MADA PLAZA

+6221 3972 9888

## Sample Schedule

SCAN FOR  
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Time	Friday		Saturday		Sunday	
	Sports 1	Sports 2	Sports 1	Sports 2	Sports 1	Sports 2	Sports 1	Sports 2		Sports 1	Sports 2	Sports 1	Sports 2	Sports 1	Sports 2
06.00	<div><div><div>!</div></div><div>Proposed &amp; Not Final Schedule</div></div>								06.00			<div><div>FREE PLAY - Age Group Based Open Play for you &amp; your friends!</div><div><div><div><div></div></div><div><div></div></div><div><div></div></div><div><div></div></div></div></div></div>			
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10.00					10.00	<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>		10.00		<div><div></div></div> <div>FREE PLAY</div> <div>Adults 19+ yrs</div>					
10.30					10.30			10.30			<div><div></div></div> <div>FREE PLAY</div> <div>Adults 19+ yrs</div>	<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>			
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11.30		<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>		<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>	11.30	<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>		11.30		<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>		<div><div></div></div> <div>Developmental</div> <div>Adults 19+ yrs</div>		<div><div></div></div> <div>FREE PLAY</div> <div>Adults 19+ yrs</div>	
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21.00					21.00			21.00							
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INDEX:



Basketball



Futsal



Tennis



Pickleball

Elite : up to 90 min class

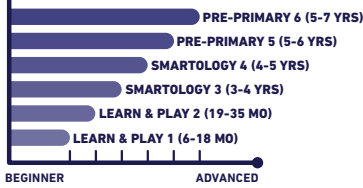
# NEW PROGRAM CLASSIFICATION & PROGRESSION

**6-6**  
MO YRS

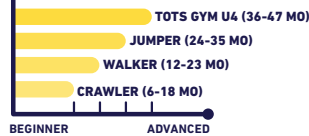
## EARLY CHILDHOOD EDUCATION



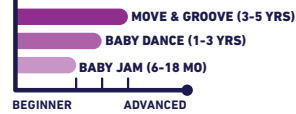
### NEW ACADEMIC



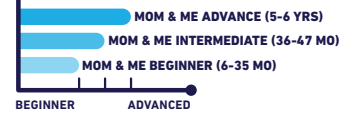
### GYMNASTICS



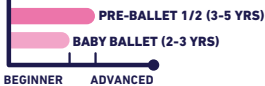
### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS



### MULTI-SPORTS

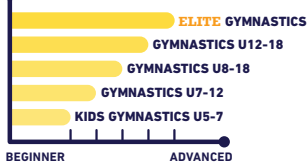


**5-18**  
YRS

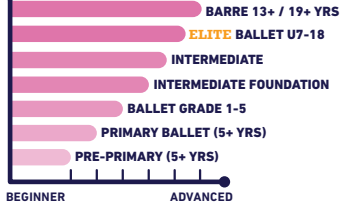
## ACTIVITY CLASSES



### GYMNASTICS



### BALLET



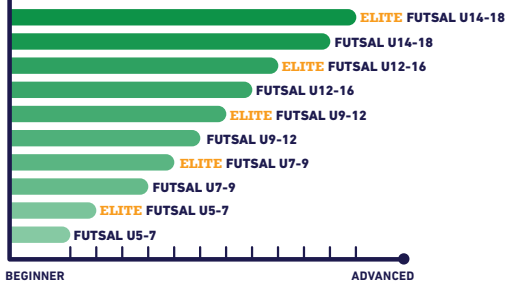
### MARTIAL ARTS



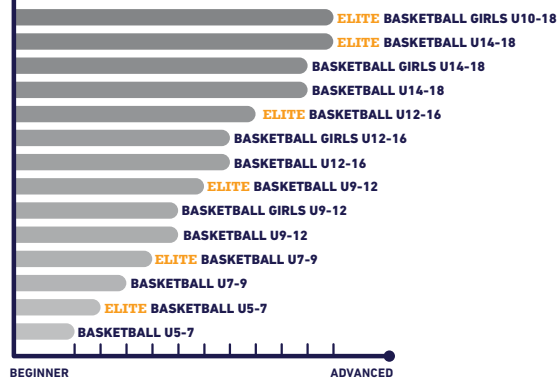
### CHEERLEADING



### FUTSAL



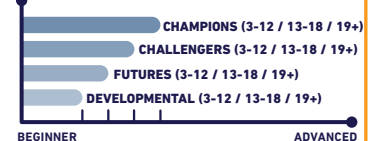
### BASKETBALL



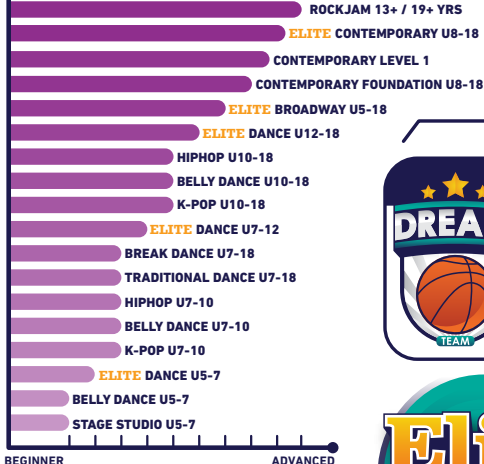
### PICKLEBALL



### TOUCH TENNIS



### DANCE



**NEW**

### DREAM TEAM



### SWIMMING



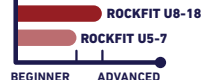
### PARKOUR



### YOGA



### ROCKFIT



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



# GAJAH MADA PLAZA

+6221 3972 9888

# Sample Schedule

SCAN FOR  
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2
06.00														
07.00														
07.00														
08.00														
08.00			Swim Adults 19+ yrs				Swim Adults 19+ yrs		Swim Adults 19+ yrs		Swim Adults 19+ yrs			
08.30														
09.00														
09.30														
09.30														
10.00														
10.00														
10.30			Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
10.30														
11.00														
11.00														
11.30														
11.30											Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs	
12.00														
12.00														
12.30														
12.30														
13.00														
13.00														
13.30														
13.30														
14.00														
14.00														
14.30														
14.30														
15.00														
15.00	Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs				Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
15.30														
15.30	Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs		Stroke Dev. L1		Stroke Dev. L1		Stroke Dev. L1	
16.00														
16.00														
16.30														
16.30														
17.00														
17.00														
17.30														
17.30														
18.00														
18.00														
18.30														
18.30			Swim Adults 19+ yrs				Swim Adults 19+ yrs							
19.00														
19.00														
19.30														
19.30														
20.00														
20.00														
20.30														

INDEX:





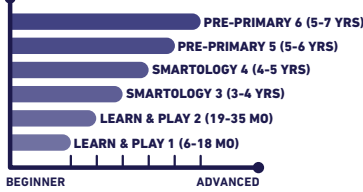
# NEW PROGRAM CLASSIFICATION & PROGRESSION

**6-6**  
MO YRS

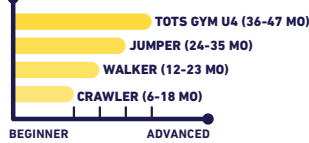
## EARLY CHILDHOOD EDUCATION



### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS



### MULTI-SPORTS

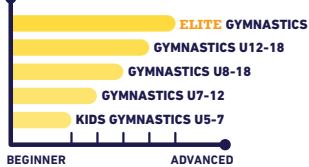


**5-18**  
YRS

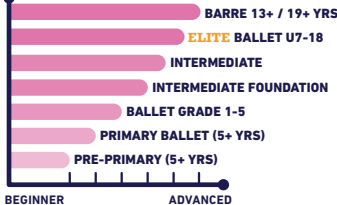
## ACTIVITY CLASSES



### GYMNASTICS



### BALLET



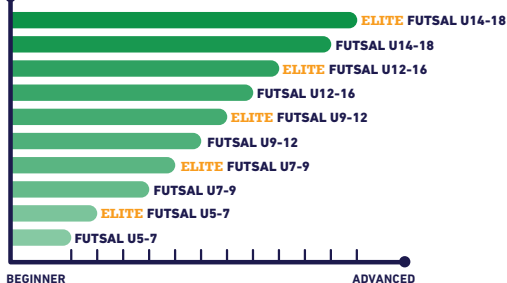
### MARTIAL ARTS



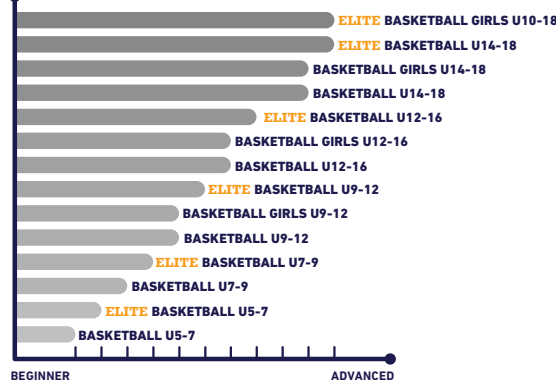
### CHEERLEADING



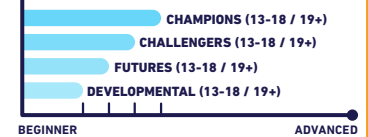
### FUTSAL



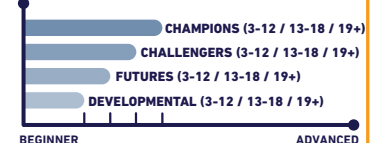
### BASKETBALL



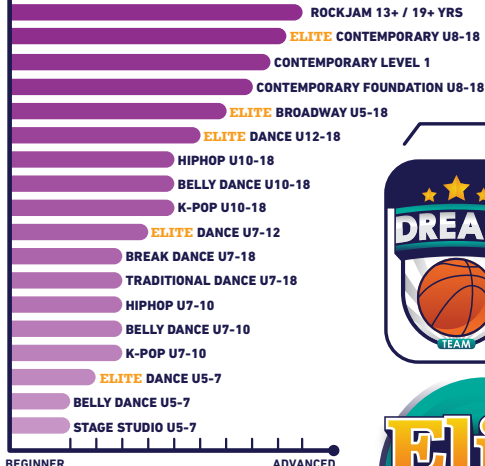
### PICKLEBALL



### TOUCH TENNIS



### DANCE



**NEW**

## DREAM TEAM



### BASKETBALL

BASKETBALL U10  
BASKETBALL U12  
BASKETBALL U14  
BASKETBALL U16



### FUTSAL

FUTSAL U6  
FUTSAL U8  
FUTSAL U10  
FUTSAL U13



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



### SWIMMING



### PARKOUR



### YOGA



### ROCKFIT

