





# CIPUTRA WORLD SURABAYA

+631 3000 0200

## Spring Term Schedule

19<sup>th</sup> Jan until 19<sup>th</sup> Apr 2026

Updated Feb 16<sup>th</sup>

SCAN FOR E-SCHEDULE



| Time  | Monday   |        |        |          | Tuesday  |        |        |          | Wednesday |        |        |          | Thursday |        |        |          | Friday   |        |        |          | Saturday |        |        |          | Sunday   |        |        |          |  |  |  |  |  |  |  |  |
|-------|----------|--------|--------|----------|----------|--------|--------|----------|-----------|--------|--------|----------|----------|--------|--------|----------|----------|--------|--------|----------|----------|--------|--------|----------|----------|--------|--------|----------|--|--|--|--|--|--|--|--|
|       | Studio 5 | Sports | Tennis | PingPong | Studio 5 | Sports | Tennis | PingPong | Studio 5  | Sports | Tennis | PingPong | Studio 5 | Sports | Tennis | PingPong | Studio 5 | Sports | Tennis | PingPong | Studio 5 | Sports | Tennis | PingPong | Studio 5 | Sports | Tennis | PingPong |  |  |  |  |  |  |  |  |
| 08.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 08.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 09.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 09.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 10.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 10.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 11.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 11.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 12.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 12.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 13.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 13.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 14.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 14.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 15.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 15.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 16.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 16.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 17.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 17.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 18.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 18.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 19.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 19.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 20.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 20.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 21.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 21.30 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |
| 22.00 |          |        |        |          |          |        |        |          |           |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |          |        |        |          |  |  |  |  |  |  |  |  |

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | **Elite** : up to 90 min class

Registration Opens  
**April 2026**

# NEW PROGRAM CLASSIFICATION & PROGRESSION

**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

**NEW!**  
**ACADEMIC**

PRE-PRIMARY 6 (5-7 YRS)  
PRE-PRIMARY 5 (5-6 YRS)  
SMARTOLOGY 4 (4-5 YRS)  
SMARTOLOGY 3 (3-4 YRS)  
LEARN & PLAY 2 (19-35 MO)  
LEARN & PLAY 1 (6-18 MO)

BEGINNER ADVANCED

**GYMNASTICS**

TOTS GYM U4 (36-47 MO)  
JUMPER (24-35 MO)  
WALKER (12-23 MO)  
CRAWLER (6-18 MO)

BEGINNER ADVANCED

**DANCE**

ELITE DANCE U5-8  
MOVE & GROOVE (3-5 YRS)  
BABY DANCE (1-3 YRS)  
BABY JAM (6-18 MO)

BEGINNER ADVANCED

**SWIMMING**

MOM & ME ADVANCE (5-6 YRS)  
MOM & ME INTERMEDIATE (36-47 MO)  
MOM & ME BEGINNER (6-35 MO)

BEGINNER ADVANCED

**BALLET**

ELITE BALLET U5-7  
PRE-BALLET (3-5 YRS)  
BABY BALLET (2-3 YRS)

BEGINNER ADVANCED

**NEW!**  
**TENNIS**

CHAMPIONS (3-6 YRS)  
CHALLENGERS (3-6 YRS)  
FUTURES (3-6 YRS)  
DEVELOPMENTAL (3-6 YRS)

BEGINNER ADVANCED

**MARTIAL ARTS**

INTRO TO MARTIAL ARTS U5-7

BEGINNER ADVANCED

**MULTI-SPORTS**

SPORTS U5  
SPORTS U3

BEGINNER ADVANCED

**5-18**  
YRS

## ACTIVITY CLASSES

**GYMNASTICS**

ELITE GYMNASTICS L1-10  
GYMNASTICS U12-18  
GYMNASTICS U8-18  
GYMNASTICS U7-12  
KIDS GYMNASTICS U5-7

BEGINNER ADVANCED

**SWIMMING**

ELITE SWIMMING  
STROKE DEVELOPMENT L1-UP

BEGINNER ADVANCED

**BALLET**

ELITE BALLET U7-18  
BARRE 8+ / 19+ YRS  
ADVANCE  
ADVANCE FOUNDATION  
INTERMEDIATE  
INTERMEDIATE FOUNDATION  
BALLET GRADE 1-5  
ELITE BALLET U5-7  
PRIMARY BALLET (5+ YRS)

BEGINNER ADVANCED

**CHEERLEADING**

ELITE CHEER U13-18  
CHEER U13-18  
ELITE CHEER U8-12  
CHEER U8-12  
ELITE CHEER U5-9  
CHEER U5-9

BEGINNER ADVANCED

**FUTSAL**

ELITE FUTSAL U14-18  
FUTSAL U14-18  
ELITE FUTSAL U12-16  
FUTSAL U12-16  
ELITE FUTSAL U8-12  
FUTSAL U8-12  
ELITE FUTSAL U5-7  
FUTSAL U5-7

BEGINNER ADVANCED

**PARKOUR**

ELITE PARKOUR (7+ YRS)  
PARKOUR (7+ YRS)

BEGINNER ADVANCED

**BASKETBALL**

ELITE BASKETBALL GIRLS U14-18  
ELITE BASKETBALL U14-18  
BASKETBALL GIRLS U14-18  
BASKETBALL U14-18  
ELITE BASKETBALL U8-12  
BASKETBALL GIRLS U8-12  
BASKETBALL U8-12  
ELITE BASKETBALL U5-7  
BASKETBALL U5-7

BEGINNER ADVANCED

**DANCE**

ELITE CONTEMPORARY U8-18  
ELITE BROADWAY U5-18  
ELITE DANCE U7-18  
ROCKJAM 8+ / 19+ YRS  
BREAK DANCE U7-18  
TRADITIONAL DANCE U7-18  
HIPHOP U7-18  
K-POP U7-18  
BELLY DANCE U7-18  
ELITE DANCE U5-8  
K-POP U5-7  
BELLY DANCE U5-7  
STAGE STUDIO U5-7

BEGINNER ADVANCED

**NEW!**  
**PICKLEBALL**

CHAMPIONS (7-18 YRS / ADULT19+)  
CHALLENGERS (7-18 YRS / ADULT19+)  
FUTURES (7-18 YRS / ADULT19+)  
DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER ADVANCED

**NEW!**  
**PING PONG**

PING PONG ADULT19+  
PING PONG U8-18  
PING PONG U5-7

BEGINNER ADVANCED

**ROCKFIT**

ROCKFIT U8-18  
ROCKFIT U5-7

BEGINNER ADVANCED

**NEW DREAM TEAM**

**BASKETBALL**

U10 | U12 | U14 | U16

**FUTSAL**

U6 | U8 | U10 | U13

**GYMNASTICS**

LEVEL 3-10

**MARTIAL ARTS**

ELITE TAEKWONDO  
TAEKWONDO WHITE-BLACK (6+ YRS)  
MIXED MARTIAL ARTS (6+ YRS)  
MUAY THAI (6+ YRS)  
POOMSAE (6+ YRS)

BEGINNER ADVANCED

**NEW!**  
**TENNIS**

CHAMPIONS (7-18 YRS / ADULT19+)  
CHALLENGERS (7-18 YRS / ADULT19+)  
FUTURES (7-18 YRS / ADULT19+)  
DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER ADVANCED



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



# CIPUTRA WORLD SURABAYA

+631 3000 0200

## Spring Term Schedule

19<sup>th</sup> Jan until 19<sup>th</sup> Apr 2026

# ADULT19+

SCAN FOR E-SCHEDULE



| Time  | Monday |                     |           | Tuesday |                     |           | Wednesday |                     |           | Thursday |                     |           | Friday |                     |           | Saturday |                     |           | Sunday |                     |           |  |
|-------|--------|---------------------|-----------|---------|---------------------|-----------|-----------|---------------------|-----------|----------|---------------------|-----------|--------|---------------------|-----------|----------|---------------------|-----------|--------|---------------------|-----------|--|
|       | Sports | Tennis & Pickleball | Ping Pong | Sports  | Tennis & Pickleball | Ping Pong | Sports    | Tennis & Pickleball | Ping Pong | Sports   | Tennis & Pickleball | Ping Pong | Sports | Tennis & Pickleball | Ping Pong | Sports   | Tennis & Pickleball | Ping Pong | Sports | Tennis & Pickleball | Ping Pong |  |
| 08.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 08.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 09.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 09.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 10.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 10.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 11.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 11.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 12.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 12.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 13.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 13.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 14.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 14.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 15.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 15.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 16.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 16.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 17.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 17.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 18.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 18.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 19.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 19.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 20.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 20.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 21.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 21.30 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |
| 22.00 |        |                     |           |         |                     |           |           |                     |           |          |                     |           |        |                     |           |          |                     |           |        |                     |           |  |

**ADULT19+ SPORTS CLASSES** 60 min of Drills and Technique training, followed by Ladder Play.

**LADDER PLAY** Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.

**MATCH PLAY** Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.

Adult19+ & LADDER PLAY

Adult19+ & LADDER PLAY

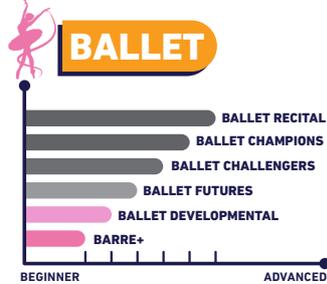
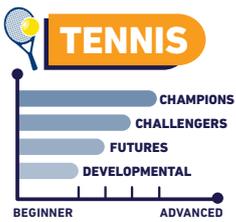
Adult19+ & LADDER PLAY

Adult19+ & LADDER PLAY

INDEX: Pickleball Ping Pong

# NEW PROGRAM CLASSIFICATION & PROGRESSION

## ADULT 19+



### Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

### Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

### Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

### RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

### Skills Leveling:

**CHAMPIONS**  
Advance Level

**CHALLENGERS**  
Intermediate Level

**FUTURES**  
Beginner Level

**DEVELOPMENTAL**  
Introductory Level

## Elite CHAMPIONSHIPS

### Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

## Dance Recital Ballet & Contemporary Recital

### Ballet & Dance Leveling:

- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

### Sports Team's Divisions:

- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.