



CENTRAL PARK 2
(NEO SOHO)
+6221 5086 0730

Spring Term Schedule
19th Jan until 19th Apr 2026

**SCAN FOR
E-SCHEDULE**



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
Time	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2	G	1	2
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10.00	Pre Primary 5 & 6 5-7 yrs				Learn & Play 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs			Learn & Play 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs			Learn & Play 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs			Learn & Play 1 6-18 mo	Pre Primary 5 & 6 5-7 yrs			
10.30																					
10.30	Jumper 24-35 mo	Learn & Play 2 19-35 mo			Jumper 24-35 mo	Learn & Play 2 19-35 mo			Jumper 24-35 mo	Learn & Play 2 19-35 mo			Crawler 6-18 mo	Learn & Play 2 19-35 mo			Jumper 24-35 mo	Learn & Play 2 19-35 mo			
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Elite CHAMPIONSHIPS

PERFORMING ARTS
BASKETBALL FUTSAL
Preschool & KINDERGARTEN
GYMnASTICS BABY GYM
PICKLEBALL PINGPONG
ADULT 19+ PARKOUR

INDEX:

PRESCHOOL : LEARN&PLAY 1	LEARN&PLAY 2	SMARTOLOGY 3	SMARTOLOGY 4	KINDERGARTEN : Pre Primary 5	Pre Primary 6



CENTRAL PARK 2
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Pickleball

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E-SCHEDULE**



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball
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NEW PROGRAM CLASSIFICATION & PROGRESSION

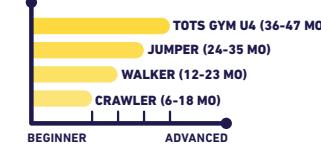
6-6
MO YRS

EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC



GYMNASICS



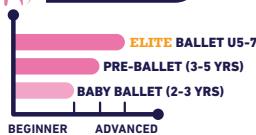
DANCE



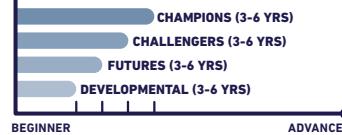
SWIMMING



BALLET



TENNIS



MARTIAL ARTS



MULTI-SPORTS



5-18
YRS

ACTIVITY CLASSES

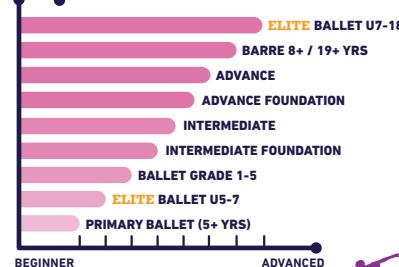
GYMNASICS



SWIMMING



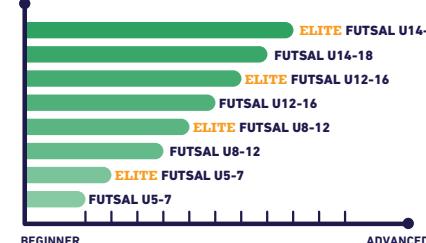
BALLET



CHEERLEADING



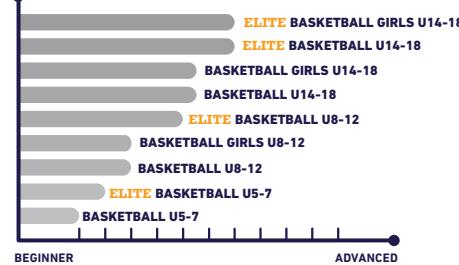
FUTSAL



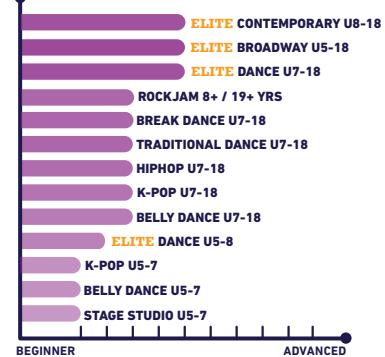
PARKOUR



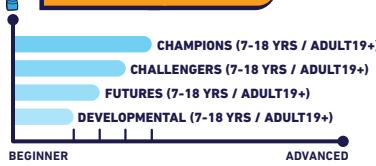
BASKETBALL



DANCE



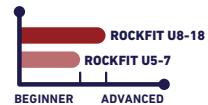
NEW! PICKLEBALL



NEW! PING PONG



ROCKFIT



NEW DREAM TEAM

BASKETBALL



FUTSAL



GYMNASICS



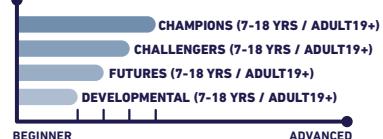
- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

Elite CLASS

MARTIAL ARTS



NEW! TENNIS





**CENTRAL PARK 2
(NEO SOHO)**
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Classes take place at the
pullman
HOTELS AND RESORTS
JAKARTA CENTRAL PARK

SCAN FOR
E-SCHEDULE



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09.00	Swimming Pool Pullman						
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ARRIVAL & CLASS ENTRY:

1. Arrive at Pullman Hotel Central Park - Enter through the main entrance & take the elevator.
2. Go to Level 1 at FIT&SPA.
3. Begin check-in at the Registration Desk handled by Hotel Staff.
4. Walk through the Area - Look for the staircase. Take the stairs to the L Floor - This leads directly to the Swimming Pool.
5. Changing rooms & Shower are available on Level 1 & at the pool area.
6. Bring your ID Card & tap at the pool entrance, where our Instructor & Class Assistant will welcome you.
7. Enjoy the Class!

Class Rules:

1. Only pre-registered students are allowed to join the class.
2. No walk-ins will be accepted.

CLASS REGISTRATION REQUIRED! PLEASE CONTACT ACADEMY MANAGER!

PROGRAM CLASSIFICATION & PROGRESSION

6 mo - 6 yrs



5 - 18 yrs



SWIMMING POOL RULES HEALTH RULES:

1. Please wear proper swimming attire. No nudity allowed.
2. Swimmers are requested to shower before using the swimming pool.
3. No cloth or disposable diapers will be allowed in the water.
4. No one with open sores or wearing bandages/band aids should enter the pool.
5. No one shall use the swimming pool while knowingly suffering from any contagious or skin disease.
6. No gum. No spitting. No food or drinks are to be taken into the water.
7. Only food and beverage served by the hotel may be consumed within the designated pool areas.
8. Please put litter in proper receptacles.

SAFETY RULES:

1. Children under 12 years old must be accompanied by an adult, who shall be responsible for their safety.
2. No pets allowed.
3. Nobody is allowed to swim when there is heavy-rain, thunderstorms or lightning. The swimming pool will be closed during these inclement conditions.
4. Guests using the swimming pool do so at their own risk. The hotel is not responsible for any injury or accident sustained by guests.
5. Guests are reminded not to leave their valuables unattended.
6. No diving allowed and no dunking or throwing people in the pool.

Please use the swimming pool at your own risk. No lifeguard on duty.



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ADULT19+

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INDEX: Pickleball