



# BINTARO XCHANGE

+6221 2986 4646

































































































































## Winter Term Schedule

Oct 23<sup>rd</sup> 2023 until Jan 21<sup>st</sup> 2024

Updated November 20<sup>th</sup>

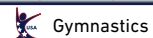
SCAN FOR  
E-SCHEDULE



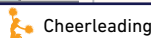
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday															
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports												
08.00																					<div><div> <b>KINDERGARTEN</b> </div><div><div> <b>Primary 5</b> 5-6 YEARS OLD</div><div> <b>Primary 6</b> 5-7 YEARS OLD</div><div></div></div></div>																			
08.30																																								
08.30																																								
09.00																																								
09.30		 <b>Primary 5</b>				 <b>Primary 5</b>	 <b>LEARN &amp; PLAY 1</b> 6-18 mo				 <b>Primary 5</b>				 <b>Primary 5</b>	 <b>LEARN &amp; PLAY 1</b> 6-18 mo				 <b>Primary 5</b>																				
09.30																																								
10.00																																								
10.30																																								
11.00																																								
11.30	 <b>U4</b>	 <b>SMART OLOGY 4</b> 4-5 yrs				 <b>U4</b>	 <b>SMART OLOGY 4</b> 4-5 yrs	 <b>Baby Jam</b> 6-18 mo	<b>Sports U3</b>		 <b>U4</b>	 <b>SMART OLOGY 4</b> 4-5 yrs	 <b>Baby Jam</b> 1-3 yrs	<b>Sports U3</b>		 <b>U4</b>	 <b>SMART OLOGY 4</b> 4-5 yrs	 <b>Baby Dance</b> 1-3 yrs	<b>Sports U3</b>		 <b>U4</b>	 <b>SMART OLOGY 4</b> 4-5 yrs	 <b>Baby Dance</b> 1-3 yrs	<b>Sports U3</b>		 <b>U4</b>	 <b>Baby Dance</b> 1-3 yrs		 <b>U5-7</b>	 <b>Walker</b> 12-23 mo	 <b>Baby</b> 2-3 yrs	 <b>Baby Jam</b> 6-18 mo	 <b>U5-7</b>							
12.00																																								
12.30																																								
12.30																																								
13.00																																								
13.30																																								
14.00																																								
14.30	 <b>U4</b>	 <b>Primary 5</b> 5-7 yrs	 <b>Martial Arts</b> 4-7 yrs	<b>Sports U4/5</b>		 <b>U4</b>	 <b>Primary 5</b> 5-7 yrs	 <b>Baby P-Ballet<sup>1/2</sup></b> 2-3 yrs	<b>Sports U4/5</b>		 <b>U4</b>	 <b>Primary 5</b> 5-7 yrs	 <b>Martial Arts</b> 4-7 yrs	<b>Elite</b>		 <b>U5-7</b>	 <b>Primary 5</b> 5-7 yrs	 <b>Stage Studio</b> U5-7			 <b>U4</b>	 <b>Primary 5</b> 5-7 yrs	 <b>Baby P-Ballet<sup>1/2</sup></b> 2-3 yrs			 <b>U5-7</b>	<b>Tkd. I</b> 6+ yrs	<b>U5-18</b>	 <b>U8-18</b>	 <b>U4</b>	 <b>U8-18</b>	 <b>Stage Studio</b> U5-7	 <b>U5-7</b>							
15.00																																								
15.30																																								
15.30	 <b>U4</b>	 <b>Move &amp; Groove</b> 3-5 yrs	 <b>PP/P</b> 5+ yrs	 <b>U5-7</b>		 <b>U5-7</b>	 <b>RockFit</b> U5-7	 <b>Trad. Dance</b> U7-18	 <b>U5-7</b>		 <b>U5-7</b>	 <b>Belly Dance</b> U5-12	 <b>P-Ballet<sup>1/2</sup></b> 3-5yrs	 <b>U5-8</b>		 <b>U4</b>	 <b>Sports U4/5</b>	 <b>U5-9</b>	 <b>U5-7</b>		 <b>U5-7</b>	 <b>PP/P</b> 5+ yrs	 <b>Sports U4/5</b>	 <b>U9-18</b>	 <b>U8-18</b>	<b>Tkd. I-I</b> 6+ yrs	 <b>Stage Studio</b> U5-7	 <b>U5-7</b>	 <b>Jumper</b> 24-35 mo	 <b>U5-9</b>		 <b>Elite</b>								
16.00																																								
16.30																																								
16.30	 <b>U5-7</b>	<b>Tkd. I</b> 6+ yrs	 <b>Gr. 1-4</b> (Skill dep.)	 <b>U5-7</b>		 <b>U8-18</b>	 <b>RockFit</b> U8-18	<b>Elite</b>	 <b>U5-7</b>		 <b>U8-18</b>	 <b>Stage Studio</b> U5-7	 <b>Muay Thai</b> 6+ yrs	<b>Elite</b>		 <b>U8-18</b>	 <b>K-Pop</b> U7-18	 <b>Martial Arts</b> 4-7 yrs	 <b>U5-7</b>			 <b>U8-18</b>	 <b>K-Pop</b> U7-18	 <b>Elite</b> U5-7	 <b>U5-7</b>		 <b>RockFit</b> U5-7	 <b>U8-18</b>	 <b>U5-7</b>	 <b>Baby Dance</b> 1-3 yrs		 <b>Girls U8-18</b>								
17.00																																								
17.30																																								
17.30	 <b>U8-18</b>	<b>Tkd. I-I</b> 6+ yrs	 <b>Foundation &amp; L1</b> U8-18	 <b>U5-12</b>		 <b>U8-18</b>		 <b>H-Hop</b> U7-18	 <b>U8-18</b>		 <b>U8-18</b>					 <b>Elite</b> U5-9	 <b>Elite</b> U8-18	<b>Tkd. I</b> 6+ yrs	 <b>U8-16</b>			 <b>U8-18</b>	 <b>Gr. 2-5</b> (Skill dep.)	 <b>U8-18</b>				 <b>Elite</b> U5-12												
18.00																																								
18.30																																								
18.30																																								
19.00																																								
19.00	 <b>U8-18</b>	 <b>Poomsae</b> 6+ yrs	 <b>Elite</b> U8-18																																					
19.30																																								
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21.30																																								
	 <b>Gymnastics</b>	 <b>Cheerleading</b>	 <b>Ballet</b>	 <b>Contemporary Dance</b>	 <b>Broadway</b>	 <b>Basketball</b>	 <b>Futsal</b>	 <b>Dance</b>	 <b>Taekwondo</b>	<b>Elite</b> : up to 90 min class																														



INDEX:



Gymnastics



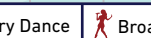
Cheerleading



Ballet



Contemporary Dance



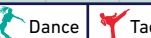
Broadway



Basketball



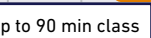
Futsal



Dance



Taekwondo



Elite : up to 90 min class

PRESCHOOL : LEARN & PLAY 1

LEARN & PLAY 2

SMART OLOGY 3

SMART OLOGY 4

KINDERGARTEN : Primary 5

Primary 6

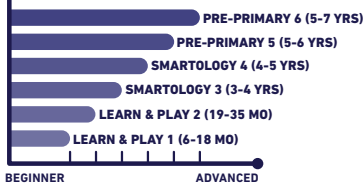
FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

# NEW PROGRAM CLASSIFICATION & PROGRESSION

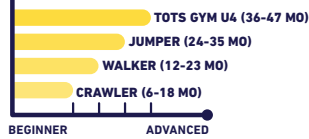
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

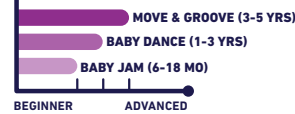
### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS



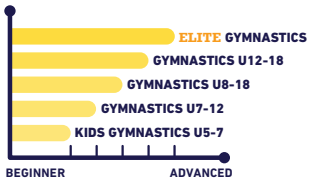
### MULTI-SPORTS



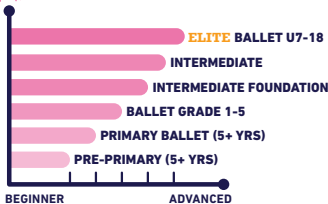
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



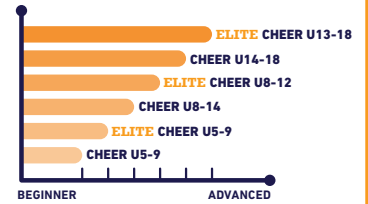
### BALLET



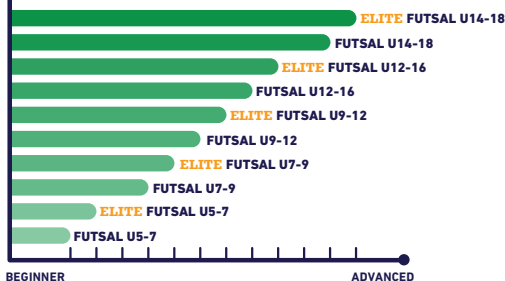
### MARTIAL ARTS



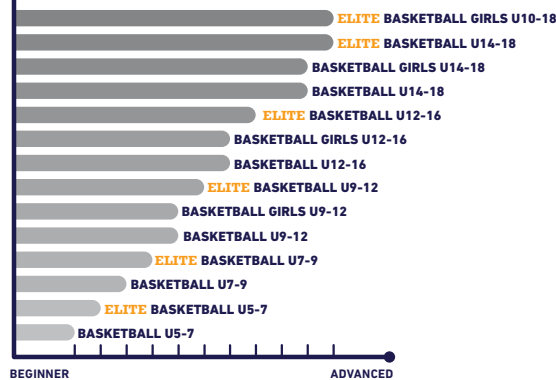
### CHEERLEADING



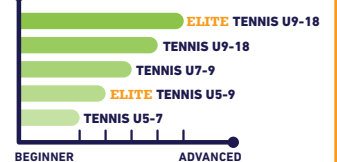
### FUTSAL



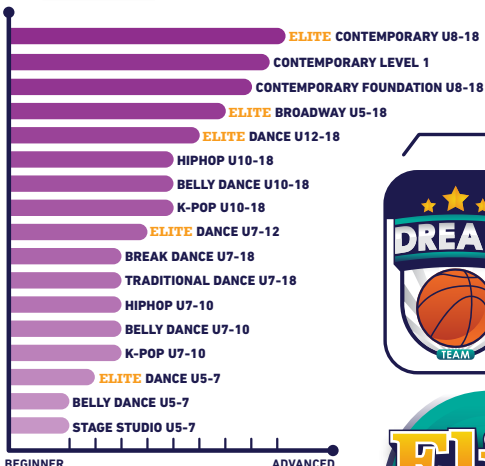
### BASKETBALL



### TENNIS



### DANCE



### NEW DREAM TEAM



### SWIMMING



### ROCKFIT



### PARKOUR



### YOGA



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR






# BINTARO XCHANGE

+6221 2986 4646

Winter Term Schedule  
Oct 23<sup>rd</sup> 2023 until Jan 21<sup>st</sup> 2024  
Updated November 20<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2
09.00	  													
09.30														
10.00														
10.30					Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
11.00														
11.30											Stroke Dev. L1	Swim M&M L2 3-4 yrs	Stroke Dev. L1	Swim M&M L3 5-6 yrs
12.00														
12.30			Swim M&M L1 6-35 mo									Stroke Dev. L3		
13.00														
13.30											Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs
14.00														
14.30							Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo			Swim M&M L3 5-6 yrs		
15.00														
15.30			Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs		Stroke Dev. L2		Stroke Dev. L1	
16.00														
16.30			Stroke Dev. L1		Swim M&M L3 5-6 yrs			Swim M&M L3 5-6 yrs	Stroke Dev. L1	Swim M&M L3 5-6 yrs	Stroke Dev. L1		Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
17.00														
17.30			Stroke Dev. L2		Stroke Dev. L3		Stroke Dev. L4		Stroke Dev. L2		Stroke Dev. L4		Stroke Dev. L2	
18.00														
18.30			Stroke Dev. L4											
19.00														
19.30														
20.00														
20.30														
21.00														
21.30														

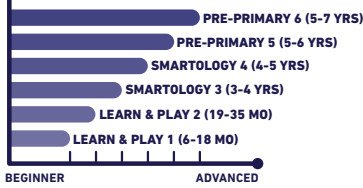


# NEW PROGRAM CLASSIFICATION & PROGRESSION

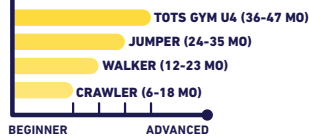
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

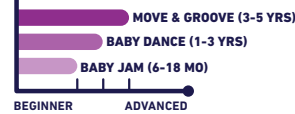
### NEW ACADEMIC



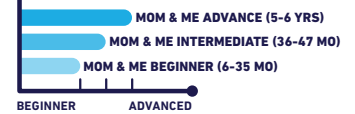
### GYMNASTICS



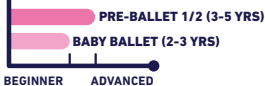
### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS



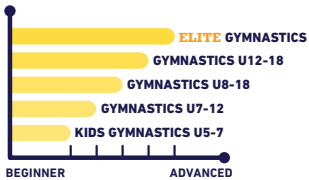
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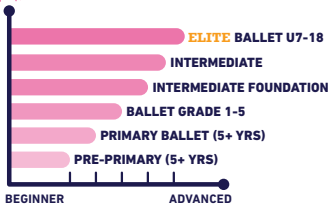
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



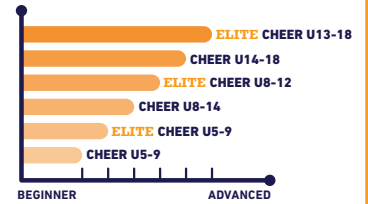
### BALLET



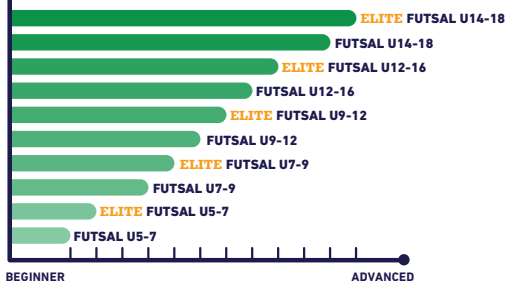
### MARTIAL ARTS



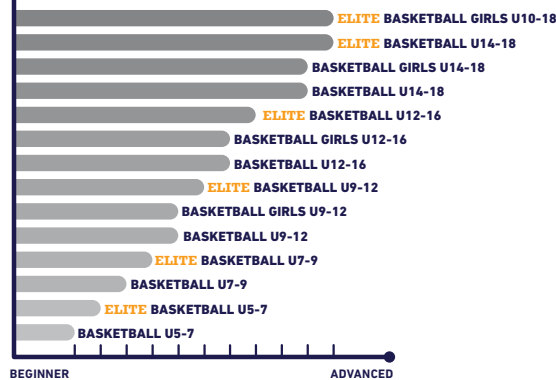
### CHEERLEADING



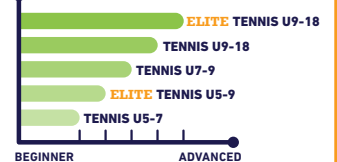
### FUTSAL



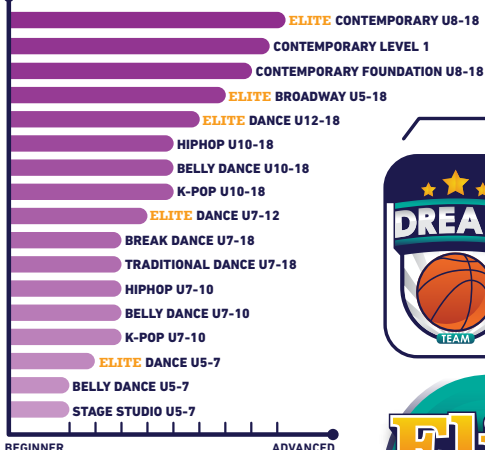
### BASKETBALL



### TENNIS



### DANCE



NEW

### DREAM TEAM



### SWIMMING



### ROCKFIT



### PARKOUR



### YOGA



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR