



BINTARO XCHANGE

+6221 2986 4646

Spring Term Schedule

Jan 23rd until Apr 23rd 2023

Updated Feb 20th

SCAN FOR
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	
08.00																													
08.30																													
09.00																													
09.30		SMART OLOGY 3				SMART OLOGY 3	LEARN & PLAY 1			SMART OLOGY 3				LEARN & PLAY 1				SMART OLOGY 3											
10.00		3-4 yrs				3-4 yrs	6-18 mo			3-4 yrs				6-18 mo				3-4 yrs											
10.30					Crawler 6-18 mo	Move & Groove 3-5 yrs	LEARN & PLAY 2		Jumper 24-35 mo		LEARN & PLAY 2	Sports U4/5	Walker 12-23 mo		LEARN & PLAY 2		Crawler 6-18 mo		Move & Groove 3-5 yrs		Jumper 24-35 mo			Sports U4/5	Crawler 6-18 mo	P-Ballet ^{1/2}			
11.00	U4						19-35 mo																						
11.30		SMART OLOGY 4			Jumper 24-35 mo	SMART OLOGY 4	Baby Dance 1-3 yrs		Walker 12-23 mo	SMART OLOGY 4	Baby Dance 1-3 yrs		Jumper 24-35 mo	SMART OLOGY 4				SMART OLOGY 4	Baby Dance 1-3 yrs			Baby Dance 1-3 yrs			Walker 12-23 mo	Baby 2-3 yrs	Baby Jam 6-18 mo		
12.00		4-5 yrs				4-5 yrs				4-5 yrs				4-5 yrs				4-5 yrs			U4			U5-7		Elite			U5-7
12.30							Sports U4/5	Sports U3		Baby 2-3 yrs		Sports U3			Baby Dance 1-3 yrs		Walker 12-23 mo		Sports U3				Move & Groove 3-5 yrs						
13.00	U5-7																												
13.30		Baby Dance 1-3 yrs			Walker 12-23 mo	Move & Groove 3-5 yrs	Baby 2-3 yrs			Move & Groove 3-5 yrs	Sports U4/5		Jumper 24-35 mo					Baby Dance 1-3 yrs	Baby 2-3 yrs				Martial Arts 4-7 yrs	Elite	U5-7		PP/P 5+ yrs	Move & Groove 3-5 yrs	
14.00	Jumper 24-35 mo	Move & Groove 3-5 yrs	Martial Arts 4-7 yrs			P-Ballet ^{1/2} 3-5 yrs				P-Ballet ^{1/2} 3-5 yrs	Martial Arts 4-7 yrs	Elite		Move & Groove 3-5 yrs			Jumper 24-35 mo	Move & Groove 3-5 yrs	P-Ballet ^{1/2} 3-5 yrs			Tkd. 6+ yrs				U4	U8-18	Stage Studio U5-7	
14.30																													
15.00																													
15.30						Sports U4/5	Trad. Dance U7-18			Belly Dance U5-12				Sports U4/5				PP/P 5+ yrs	Sports U4/5			Tkd. 6+ yrs	Stage Studio U5-7		Jumper 24-35 mo			Elite	
16.00																													
16.30		Tkd. 6+ yrs				RockFit U5-7	Elite Dance U5-7			Stage Studio U5-7	Muay Thai 6+ yrs	Elite		K-Pop U7-18	Martial Arts 4-7 yrs			K-Pop U7-18		Elite	Elite		RockFit U5-7			Baby Dance 1-3 yrs		Girls U8-18	
17.00			Elite	Elite	Elite																								
17.30	U8-18						H-Hop U7-18																						
18.00																													
18.30																													
19.00																													
19.30																													
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20.00																													
20.30																													
20.30																													
21.00																													
21.30																													

REGISTRATION OPENS
1 MAY 2023

RockOlympics 2023

INDEX:

 Gymnastics

 Cheerleading

 Ballet

 Contemporary Dance

 Basketball

 Futsal

Elite : up to 90 min class

Early Childhood Education Classes :

LEARN & PLAY 1

LEARN & PLAY 2

SMART OLOGY 3

SMART OLOGY 4

Primary 5

Primary 6



INDEX:

Gymnastics | Cheerleading | Ballet | Contemporary Dance | Basketball | Futsal | Elite : up to 90 min class

Early Childhood Education Classes : LEARN & PLAY 1 | LEARN & PLAY 2 | SMART OLOGY 3 | SMART OLOGY 4 | Primary 5 | Primary 6

FOR EARLY CHILDHOOD EDUCATION CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

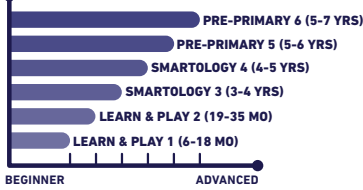
NEW PROGRAM CLASSIFICATION & PROGRESSION

**6-6
MO YRS**

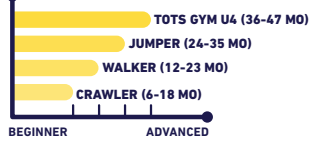
EARLY CHILDHOOD EDUCATION



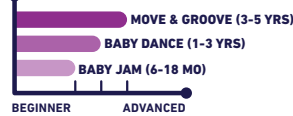
NEW ACADEMIC



GYMNASTICS



DANCE



SWIMMING



BALLET



YOGA



MARTIAL ARTS



MULTI-SPORTS

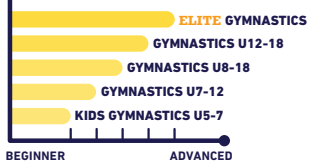


**5+
YRS**

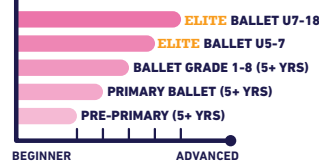
ACTIVITY CLASSES



GYMNASTICS



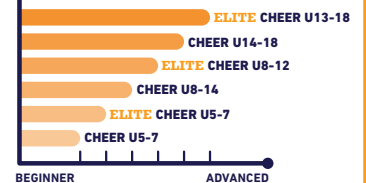
BALLET



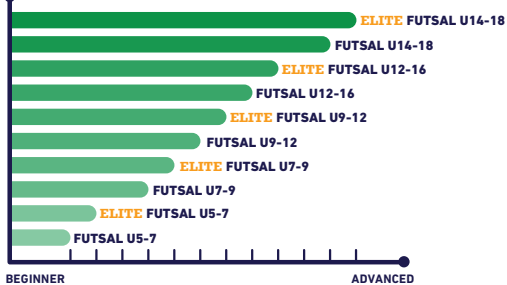
MARTIAL ARTS



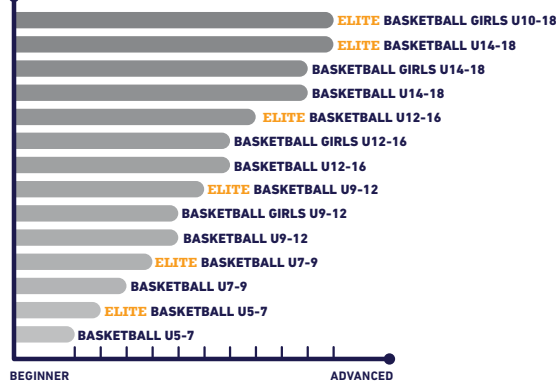
CHEERLEADING



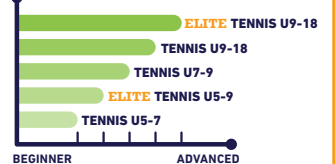
FUTSAL



BASKETBALL



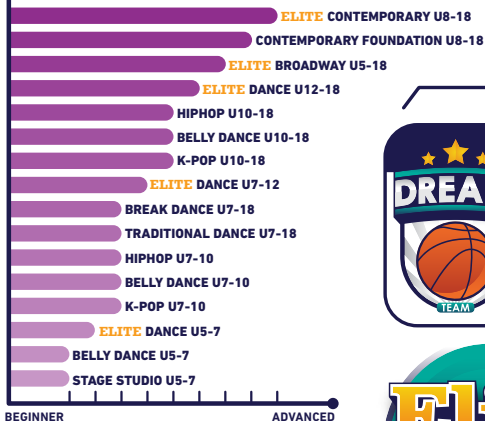
TENNIS



SWIMMING



DANCE



NEW

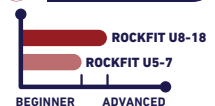
DREAM TEAM



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED.
- CHECK WITH ELITE CLASS INSTRUCTOR



ROCKFIT



PARKOUR



YOGA





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SCAN FOR
E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2
09.00														
09.30														
09.30														
10.00														
10.30														
10.30					Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs	Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
11.00														
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REGISTRATION OPENS

1 MAY 2023

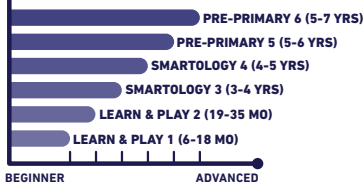


NEW PROGRAM CLASSIFICATION & PROGRESSION

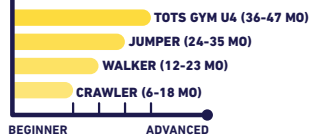
**6-6
MO YRS**

EARLY CHILDHOOD EDUCATION

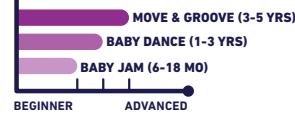
NEW ACADEMIC



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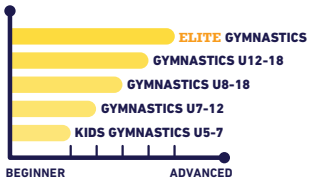
MULTI-SPORTS



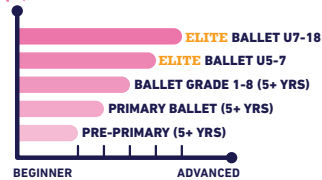
**5+
YRS**

ACTIVITY CLASSES

GYMNASTICS



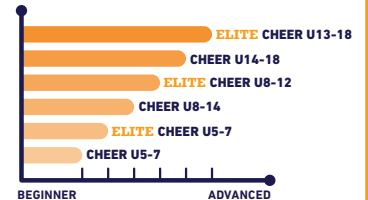
BALLET



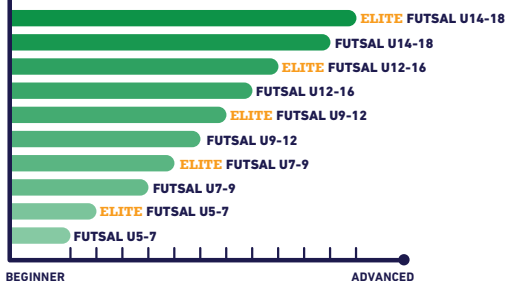
MARTIAL ARTS



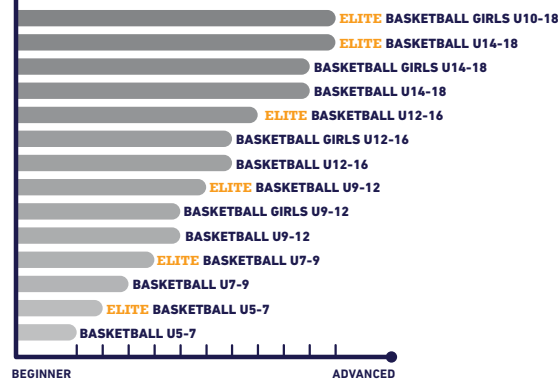
CHEERLEADING



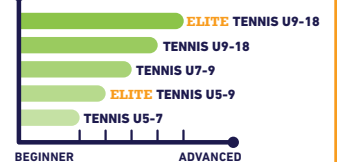
FUTSAL



BASKETBALL



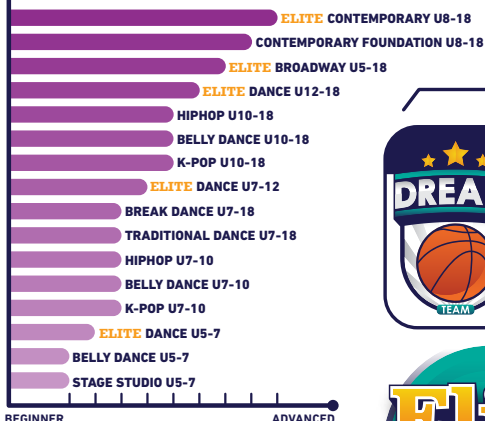
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