



# BINTARO XCHANGE

+6221 2986 4646

## Spring Term Schedule

Jan 22<sup>nd</sup> until Apr 21<sup>st</sup> 2024

Updated Feb 19<sup>th</sup>

SCAN FOR  
E-SCHEDULE



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday					
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports		
08.00																														
08.30																														
09.00																														
09.30		Primary 5				Primary 5	LEARN & PLAY 1 6-18 mo				Primary 5			Primary 5	LEARN & PLAY 1 6-18 mo			Primary 5												
10.00		5-6 yrs			Crawler 6-18 mo	5-6 yrs	LEARN & PLAY 2 19-35 mo			Walker 12-23 mo	5-6 yrs	LEARN & PLAY 2 19-35 mo		Walker 12-23 mo	5-6 yrs	LEARN & PLAY 2 19-35 mo		Crawler 6-18 mo	5-6 yrs			Jumper 24-35 mo			Sports U4/5	Crawler 6-18 mo				
11.00		SMART OLOGY 4			Jumper 24-35 mo	SMART OLOGY 4	Baby Jam 6-18 mo	Sports U3		Jumper 24-35 mo	SMART OLOGY 4	Baby Dance 1-3 yrs	Sports U3	Jumper 24-35 mo	SMART OLOGY 4		Sports U3		SMART OLOGY 4	Baby Dance 1-3 yrs	Sports U3		Baby Dance 1-3 yrs			Walker 12-23 mo	Baby 2-3 yrs	Baby Jam 6-18 mo		
11.30	U4	4-5 yrs				4-5 yrs					4-5 yrs				4-5 yrs				4-5 yrs			U4				U5-7			U5-7	
12.00		SMART OLOGY 3				SMART OLOGY 3	Baby Dance 1-3 yrs	Sports U3			SMART OLOGY 3	Baby 2-3 yrs	Sports U3		Baby Dance 1-3 yrs	Baby Dance 1-3 yrs		Walker 12-23 mo	SMART OLOGY 3	3-4 yrs			Sports U3	Move & Groove 3-5 yrs			P-Ballet <sup>1/2</sup>	Baby Dance 1-3 yrs		
12.30	U5-7	3-4 yrs				3-4 yrs					3-4 yrs				3-4 yrs				3-4 yrs									3-5yrs	U8-18	
13.00																														
13.30		Primary 6	Baby Dance 1-3 yrs		Walker 12-23 mo	Primary 6	Baby 2-3 yrs	Sports U4/5		Primary 6	Move & Groove 3-5 yrs	Sports U4/5		Primary 6	Move & Groove 3-5 yrs				Primary 6	Baby 2-3 yrs			Martial Arts 4-7 yrs	Elite U5-7				PP/P 5+ yrs	Move & Groove 3-5 yrs	
14.00	Jumper 24-35 mo	5-7 yrs	Martial Arts 4-7 yrs	Sports U4/5		5-7 yrs	P-Ballet <sup>1/2</sup>			5-7 yrs	Martial Arts 4-7 yrs	Elite		5-7 yrs	Stage Studio U5-7		Jumper 24-35 mo	5-7 yrs	P-Ballet <sup>1/2</sup>		U5-7		Tkd. 6+ yrs	U5-18			U4	Stage Studio U5-7		
14.30																														
15.00																														
15.30		Move & Groove 3-5 yrs	PP/P 5+ yrs			RockFit U5-7	Trad. Dance U7-18			Belly Dance U5-12	P-Ballet <sup>1/2</sup>			Sports U4/5		U5-9	U5-7		PP/P 5+ yrs	Sports U4/5			Tkd. 6+ yrs	Stage Studio U5-7		Jumper 24-35 mo		Elite		
16.00	U4			U5-7	U5-7			U5-7	U5-7	U5-7	3-5yrs	U5-8	U4	U5-9	U5-7	U5-7	U5-7	U5-7	5+ yrs	U5-7	U5-7	U8-18					U5-9			
16.30		Tkd. 6+ yrs				RockFit U8-18	Elite U5-7			Stage Studio U5-7	Muay Thai 6+ yrs	Elite		K-Pop U7-18	Martial Arts 4-7 yrs			K-Pop U7-18	Elite U5-7	Elite			Muay Thai 6+ yrs	RockFit U5-7			Baby Dance 1-3 yrs	Girls U8-18		
17.00	U5-7			U5-7	U8-18			U5-7	U8-18	U8-18		U5-7	U8-18												U5-7					
17.30		Tkd. 6+ yrs		Elite	Elite								U5-7	Elite	H-Hop U7-18	U8-18	U8-18								Elite	Elite			FREE PLAY U8-18	
18.00	U8-18																													
18.30	Elite	Poom-sae 6+ yrs	Elite	U5-12		Elite	Elite	Elite	Elite				U5-9	Elite	U7-16															
19.00																														
19.30																														
19.30																														
20.00																														
20.30																														
21.00																														
21.30																														

INDEX:

	Gymnastics		Cheerleading		Ballet		Contemporary Dance		Broadway		Basketball		Futsal		Dance		Taekwondo	Elite : up to 90 min class	
PRESCHOOL : LEARN & PLAY 1					LEARN & PLAY 2			SMART OLOGY 3			SMART OLOGY 4			KINDERGARTEN : Primary 5					Primary 6

REGISTRATION OPEN 1 MAY 2024

RockOlympics

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

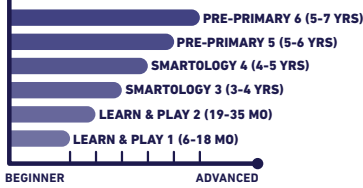
REGISTRATION OPENS  
1 MAY 2024

# NEW PROGRAM CLASSIFICATION & PROGRESSION

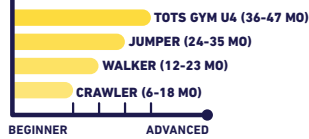
**6-6**  
MO YRS

## EARLY CHILDHOOD EDUCATION

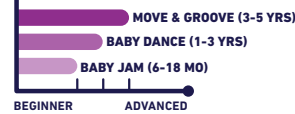
### NEW ACADEMIC



### GYMNASTICS



### DANCE



### SWIMMING



### BALLET



### YOGA



### MARTIAL ARTS



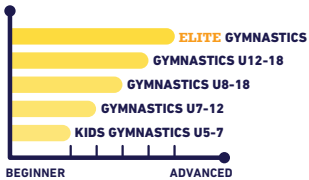
### MULTI-SPORTS



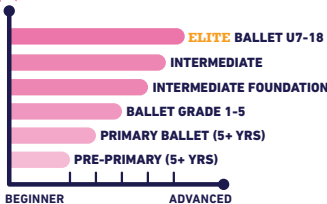
**5-18**  
YRS

## ACTIVITY CLASSES

### GYMNASTICS



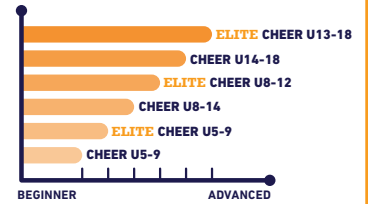
### BALLET



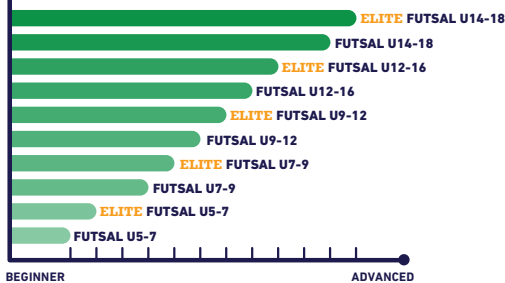
### MARTIAL ARTS



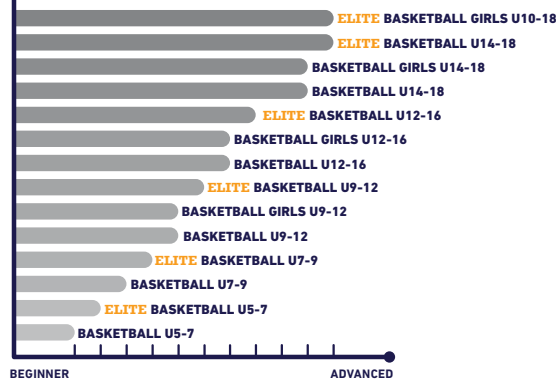
### CHEERLEADING



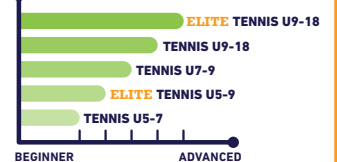
### FUTSAL



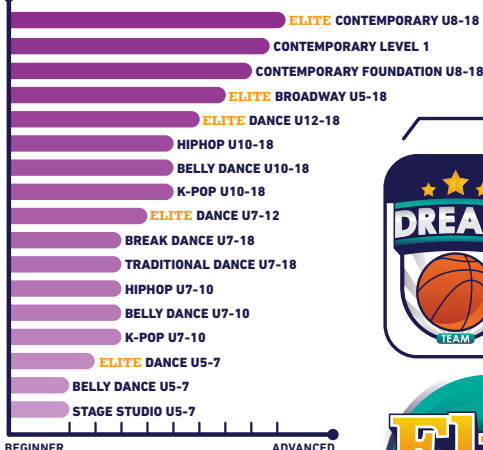
### BASKETBALL



### TENNIS



### DANCE



### NEW DREAM TEAM



### SWIMMING



### ROCKFIT



### PARKOUR



### YOGA



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



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SCAN FOR  
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Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2	Swim 1	Swim 2
09.00														
09.30														
09.30														
10.00														
10.30														
10.30					Swim M&M L1 6-35 mo				Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo		Swim M&M L1 6-35 mo	
11.00														
11.00														
11.30														
11.30											Stroke Dev. L1	Swim M&M L2 3-4 yrs	Stroke Dev. L1	Swim M&M L2 3-4 yrs
12.00														
12.30			Swim M&M L1 6-35 mo										Swim M&M L3 5-6 yrs	
12.30											Stroke Dev. L3			
13.00														
13.30											Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs		
13.30														
14.00														
14.30				Swim M&M L3 5-6 yrs			Swim M&M L1 6-35 mo					Swim M&M L3 5-6 yrs		
14.30														
15.00														
15.30			Swim M&M L2 3-4 yrs		Swim M&M L2 3-4 yrs				Swim M&M L2 3-4 yrs		Stroke Dev. L2		Stroke Dev. L1	
16.00														
16.30			Stroke Dev. L1		Swim M&M L3 5-6 yrs		Swim M&M L3 5-6 yrs		Stroke Dev. L1	Swim M&M L3 5-6 yrs	Stroke Dev. L1		Swim M&M L1 6-35 mo	Swim M&M L2 3-4 yrs
16.30														
17.00														
17.30			Stroke Dev. L2		Stroke Dev. L3				Stroke Dev. L2		Stroke Dev. L4		Stroke Dev. L2	
17.30														
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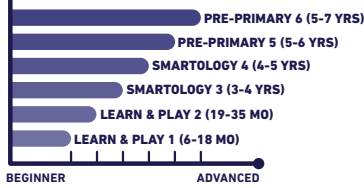


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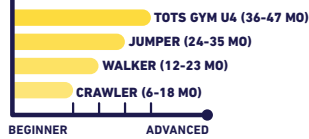
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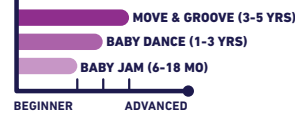
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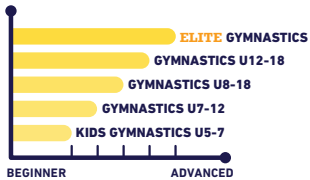
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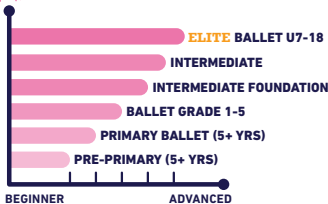
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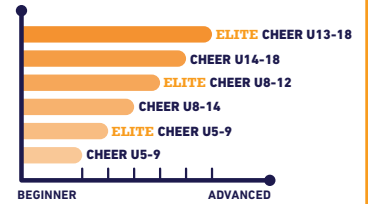
### BALLET



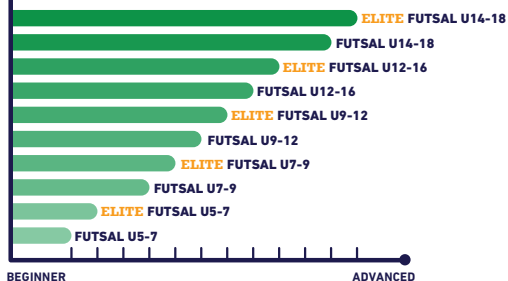
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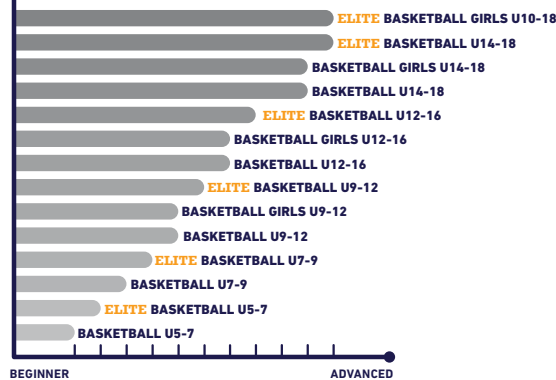
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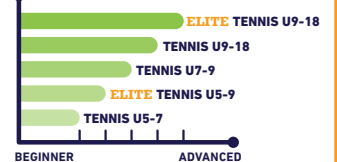
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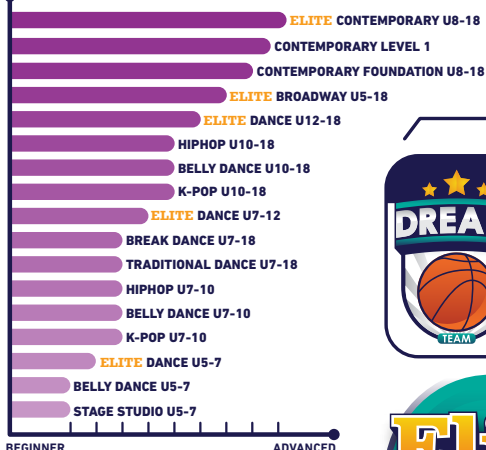
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