

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday					
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports		
08.00																														
08.30																														
08.30																														
09.00																														
09.30																														
09.30							6-18 mo					6-18 mo				6-18 mo														
10.00		5-7 yrs			Crawler 6-18 mo	5-7 yrs				Walker 12-23 mo	5-7 yrs			Walker 12-23 mo	5-7 yrs				5-7 yrs		Jumper 24-35 mo			Sports U4/5	Crawler 6-18 mo					
10.30							19-35 mo					19-35 mo																		
11.00					Jumper 24-35 mo		Baby Jam 6-18 mo	Sports U3		Jumper 24-35 mo		Baby Dance 1-3 yrs	Sports U3	Jumper 24-35 mo		Baby Dance 1-3 yrs		Crawler 6-18 mo		Baby Dance 1-3 yrs	Sports U3		Baby Dance 1-3 yrs	Baby Dance 1-3 yrs		Walker 12-23 mo	Baby 2-3 yrs	Baby Jam 6-18 mo		
11.30	U4	4-5 yrs			4-5 yrs					4-5 yrs				4-5 yrs				4-5 yrs				U4				U5-7			U5-7	
11.30																														
12.00							Baby Dance 1-3 yrs	Sports U3							Baby Dance 1-3 yrs		Sports U3		Walker 12-23 mo		Baby 2-3 yrs			Sports U3	Move & Groove 3-5 yrs			P-Ballet ^{1/2}	Baby Dance 1-3 yrs	
12.30		3-4 yrs				3-4 yrs					3-4 yrs	2-3 yrs			3-4 yrs	2-3 yrs			3-4 yrs	2-3 yrs							3-5yrs	U9-18		
13.00																														
13.30			Baby Dance 1-3 yrs		Walker 12-23 mo		2-3 yrs	Sports U4/5				Move & Groove 3-5 yrs	Sports U4/5	Jumper 24-35 mo		Move & Groove 3-5 yrs				P-Ballet ^{1/2}										
14.00																														
14.30	Jumper 24-35 mo	5-7 yrs	Martial Arts 4-7 yrs	Sports U4/5		5-7 yrs	P-Ballet ^{1/2}	Sports U4/5			5-7 yrs	Martial Arts 4-7 yrs	Elite		5-7 yrs	Stage Studio U5-7		Jumper 24-35 mo	5-7 yrs	P-Ballet ^{1/2}			U5-18	Tkd. 6+ yrs			U8-18	Stage Studio U5-7		
15.00																														
15.30		Move & Groove 3-5 yrs				RockFit U5-7	Trad. Dance U7-18				Belly Dance U5-12				Sports U4/5				Sports U4/5	Primary				Tkd. 6+ yrs		Jumper 24-35 mo		Elite		
16.00																														
16.30			Tkd. 6+ yrs								Stage Studio U5-7	Muay Thai 6+ yrs	Elite		K-Pop U7-18	Martial Arts 4-7 yrs			K-Pop U7-18		Elite					Baby Dance 1-3 yrs		Girls U9-18		
17.00																														
17.30			Tkd. 6+ yrs	Elite																										
18.00	U8-18																													
18.30	Elite																													
19.00																														
19.30																														
20.00																														
20.30																														
21.00																														
21.30																														
INDEX: PRESCHOOL : LEARN & PLAY 1 LEARN & PLAY 2 SMART OLOGY 3 SMART OLOGY 4 KINDERGARTEN : Primary 5 Primary 6 Gymnastics Cheerleading Ballet Contemporary Dance Broadway Basketball Futsal Dance Taekwondo Elite : up to 90 min class																														

[illegible]

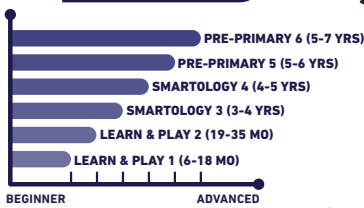
NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

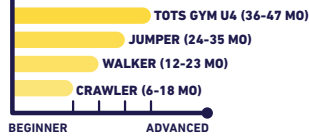
EARLY CHILDHOOD EDUCATION



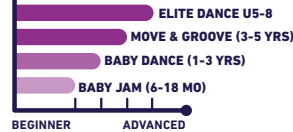
NEW ACADEMIC



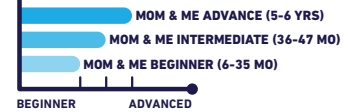
GYMNASTICS



DANCE



SWIMMING



YOGA



BALLET



MARTIAL ARTS



MULTI-SPORTS

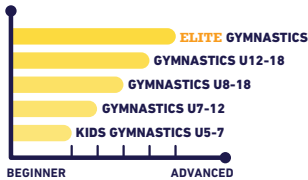


5-18
YRS

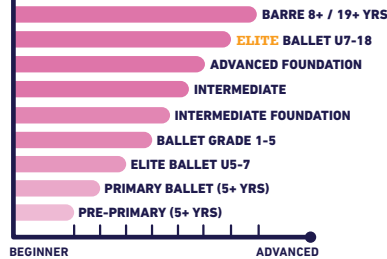
ACTIVITY CLASSES



GYMNASTICS



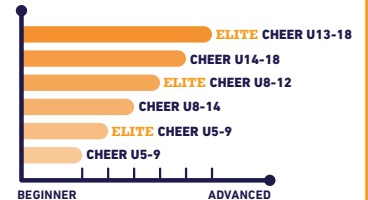
BALLET



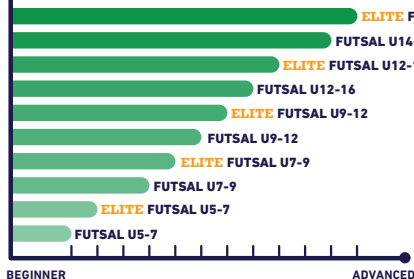
MARTIAL ARTS



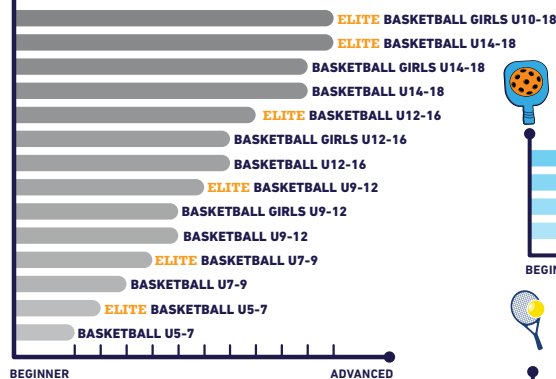
CHEERLEADING



FUTSAL



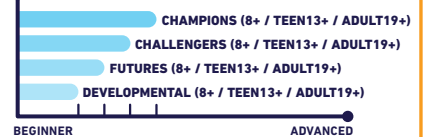
BASKETBALL



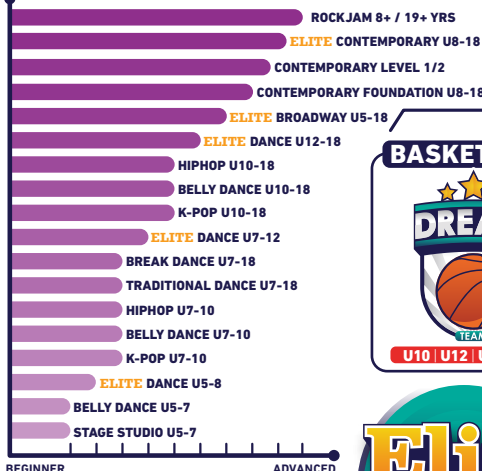
SWIMMING



PICKLEBALL



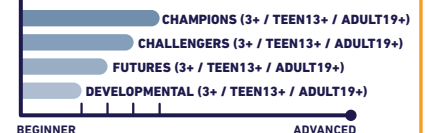
DANCE



NEW DREAM TEAM



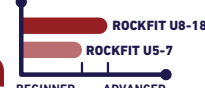
TENNIS



PARKOUR



ROCKFIT



YOGA



• UP TO 90 MIN CLASS
• PRE-QUALIFICATION IS REQUIRED
CHECK WITH ELITE CLASS INSTRUCTOR