



AEON MALL DELTAMAS

+6221 3972 4242

Winter Term Schedule
19th Oct 2026 until 17th Jan 2027

SCAN FOR
E-SCHEDULE



Time	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4					
08.00																																			
08.30																																			
08.30																																			
09.00																																			
09.00																																			
09.30		Primary 5&6					Primary 5&6	LEARN & PLAY 1 6-18 mo				Primary 5&6					Primary 5&6	LEARN & PLAY 1 6-18 mo				Primary 5&6													
09.30		5-7 yrs					5-7 yrs	LEARN & PLAY 2 19-35 mo	Baby Dance 1-3 yrs			5-7 yrs	LEARN & PLAY 2 19-35 mo	Baby Dance 1-3 yrs			5-7 yrs	LEARN & PLAY 2 19-35 mo	Baby Dance 1-3 yrs																
10.00																																			
10.00																																			
10.30							Crawler 6-18 mo					Walker 12-23 mo					Crawler 6-18 mo									Sports U3	Walker 12-23 mo								
10.30																																			
11.00																																			
11.30		SMART OLOGY 3 3-4 yrs					Walker 12-23 mo	SMART OLOGY 3 3-4 yrs	Baby Jam 6-18 mo	Baby Dance 1-3 yrs		SMART OLOGY 3 3-4 yrs		Baby Dance 1-3 yrs		Jumper 24-35 mo		Barre Adult19+	Baby Jam 6-18 mo	Baby Dance 1-3 yrs		Jumper 24-35 mo	SMART OLOGY 3 3-4 yrs			Baby Dance 1-3 yrs	Jumper 24-35 mo		Baby Dance 1-3 yrs		Walker 12-23 mo				
12.00																																			
12.30	Walker 12-23 mo	SMART OLOGY 4 4-5 yrs					Jumper 24-35 mo	SMART OLOGY 4 4-5 yrs			Jumper 24-35 mo	SMART OLOGY 4 4-5 yrs					Walker 12-23 mo	SMART OLOGY 4 4-5 yrs				Sports U3			SMART OLOGY 4 4-5 yrs						Baby Dance 1-3 yrs				
12.30																																			
13.00																																			
13.30				Baby Dance 1-3 yrs			U4				Sports U3	U4					U4																		
13.30																																			
14.00																																			
14.30	Jumper 24-35 mo			Move& Groove 3-5 yrs							Sports U4/5																								
14.30																																			
15.00																																			
15.30	U4			Sports U3	Martial Arts 4-7 yrs	U5-7					U5-7		P-Ballet 3-5 yrs	Move& Groove 3-5 yrs		U5-7		P-Ballet 3-5 yrs		Martial Arts 4-7 yrs	U5-7				Move& Groove 3-5 yrs	U5-9	U8-18		Martial Arts 4-7 yrs	U5-7		Move& Groove 3-5 yrs			
16.00																																			
16.30	U5-7			Sports U4/5	Muay Thai 5+ yrs	U8-18					U8-18		Primary 5+ yrs	Stage Studio U5-7		U8-18		Primary 5+ yrs		Muay Thai 5+ yrs	U8-18				Break Dance U7-18	Stage Studio U5-7	U5-9	Parkour 7+ yrs				U8-18			
17.00																																			
17.30	U8-18			K-Pop U5-7	Tkd. 5+ yrs																														
17.30																																			
18.00																																			
18.00	Elite																																		
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21.00																																			

KINDERGARTEN : Primary 5Primary 6

PRESCHOOL : LEARN & PLAY 1LEARN & PLAY 2SMART OLOGY 3SMART OLOGY 4

Gymnastics

Cheerleading

Ballet

Broadway

Dance

Taekwondo

INDEX

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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SCAN FOR
E-SCHEDULE



Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong
08.00	Enjoy FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructions scheduled!																				
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21.00																					

INDEX: Basketball Futsal Tennis Pickleball Ping Pong **Elite** : up to 90 min class

PERFORMING ARTS
Preschool & KINDERGARTEN
BASKETBALL
FUTSAL ADULT19+

Elite
CHAMPIONSHIPS

GIMNASTICS
BABY GYM
PARKOUR
TENNIS PINGPONG
PICKLEBALL

NEW PROGRAM CLASSIFICATION & PROGRESSION

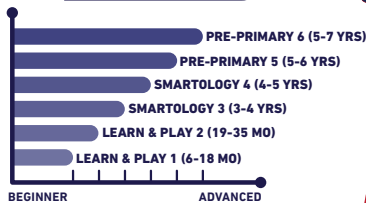
**6-6
MO YRS**

EARLY CHILDHOOD EDUCATION

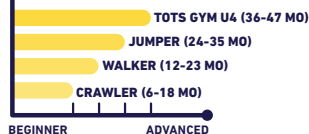


NEW!

ACADEMIC



GYMNASTICS



DANCE



SWIMMING



BALLET



NEW!

TENNIS



MARTIAL ARTS



MULTI-SPORTS

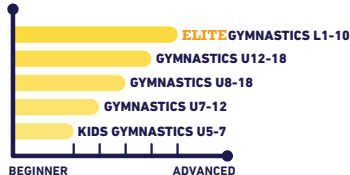


**5-18
YRS**

ACTIVITY CLASSES



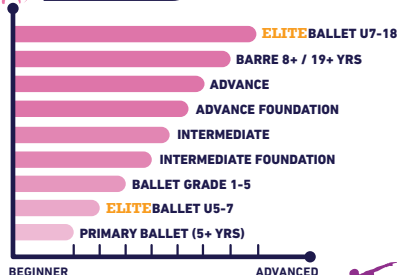
GYMNASTICS



SWIMMING



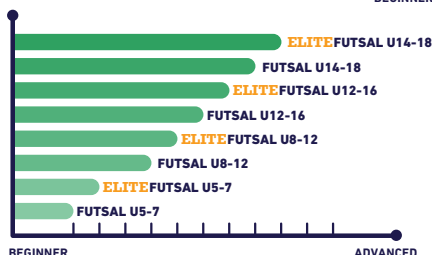
BALLET



CHEERLEADING



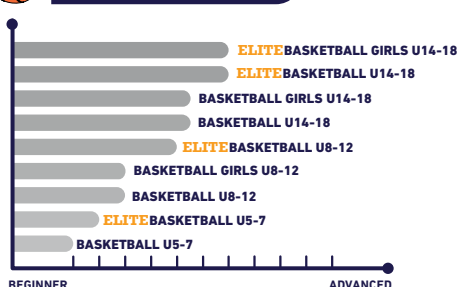
FUTSAL



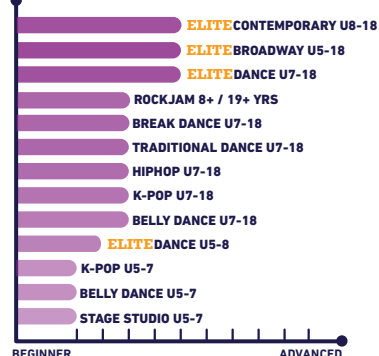
PARKOUR



BASKETBALL

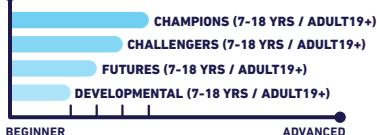


DANCE



NEW!

PICKLEBALL

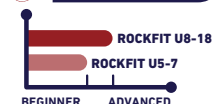


NEW!

PING PONG



ROCKFIT



- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR



MARTIAL ARTS



TENNIS





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DELTAMAS
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Winter Term Schedule
19th Oct 2026 until 17th Jan 2027
ADULT19+

SCAN FOR
E-SCHEDULE



	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
Time	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
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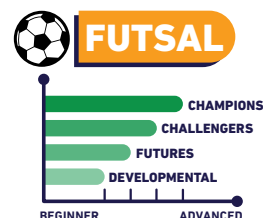
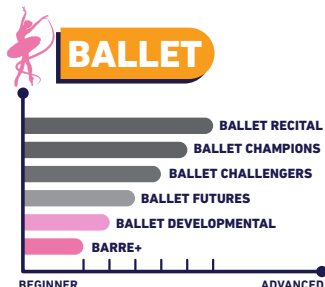
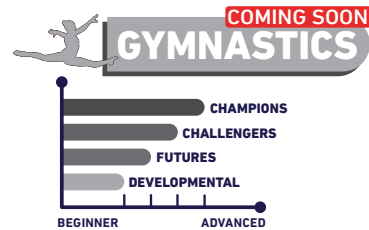
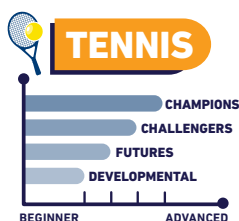
ADULT19+ Free Trial
Parents of RockStar Students:
30 Days FREE
Guests & New Members:
7 Days FREE

ADULT19+ SPORTS CLASSES
60 min of Drills and Technique training, followed by Ladder Play.
LADDER PLAY Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.
MATCH PLAY Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.
MATCH PLAY 60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships
RockJam High-energy fusion of dance fitness and PoundFit for a full-body workout.
Barre+ A ballet-inspired fitness class that blends strength, flexibility, and grace.

INDEX: Basketball Futsal Pickleball Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT 19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Dance Recital Ballet & Contemporary Recital

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult 19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.