

AEON MALL DELTAMAS

C +6221 3972 4242

Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

Updated Nov 17th

SCAN FOR E-SCHEDULE



		1	Monday	,			-	Tuesday	y		Wednesday					1	hursda	ıy				Friday			Sa	aturday		Sunday					
Time	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G	1	2	3	4	G 1	2 3	4	G	1 2	3 4		
08.00 08.30																																	
08.30																										וועם ו	$ \mathbf{Q}_{\mathcal{I}} $			REGRMING			
09.00																											בווו	(음)	() BA	SKETBALL Q	FUTSAL		
09.00								LEARN &PLAY										LEARN									טנב	<u> </u>	Presc	heel & KINDER	GARTEN		
09.30 09.30		Primary					Primary	&PLAY	\vdash			Primary					Primary	&PLAY				Primary				/CHAMP	IONSHII	S**/	GMN	IASTICS PICK	.EBALL®		
10.00		5&6					5&6	6-18 mo				5&6					5&6	6-18 mo				5&6						— 4					
10.00		5-7 yrs					5-7 yrs	LEARN				5-7 yrs	LEARN				5-7 yrs	LEARN				5-7 yrs											
10.30						Crawler 6-18		&PLAY 2	Baby Dance		Walker 12-23		LEARN &PLAY 2			Crawler 6-18		&PLAY	Baby Dance		Walker 12-23				Sports	Valker 12-23			Crawler				
10.30						mo		19-35 mo	1-3 yrs		mo		19-35 mo			mo		19-35 mo	1-3 yrs		mo				U3	mo			6-18 mo				
<u>11.00</u> 11.00								mo					mo															_					
11.30		SMART OLOGY				Walker	OLOGY		Baby Jam	Baby		SMART OLOGY		Baby		Jumper 24-35	SMARIF OLOGY	Barre	Baby Jam	Baby	Jumper	SMART OLOGY			Baby	lumper	Ba	ру	Walker	Ba Ja			
11.30		4				mo	4		6-18	Dance 1-3 yrs		4		Dance 1-3 yrs		mo	4	Adult19+	6-18	Dance 1-3 yrs	ma	4			Dance 1-3 yrs	24-35 mo	Dar 1-3		12-23 mo	6-	18		
12.00		4-5 yrs					4-5 yrs		mo			4-5 yrs					4-5 yrs		mo			4-5 yrs								n	0		
12.00	Walker	SMART				Jumper	SMART				Jumper	SMART				Walker						SMART				USA				Ba	hv		
12.30 12.30	12-23	OLOGY 3				Jumper 24-35 mo	OLOGY 3				24-35 mo	OLOGY 3				12-23						OLOGY 3						Sports U3		Da Da	nce -		
13.00	mo	3-4 yrs				1110	3-4 yrs				1110	3-4 yrs				mo						3-4 yrs				U4				1-3	yrs		
13.00						la .					ر ما		Baby			۔ ما		Baby															
13.30		Primary		Baby Dance		USA	□ re			Sports	USA	in (K	Sports		USA	D 19	K			USA	Primary					Mov Groo		Jumper 24-35		Sports U4/5		
13.30		5 & 6		1-3 yrs		U4	rimary 5&6			U3	U4	5 & 6	7	Ū3		U4	5 & 6	7			U4	5 & 6					3-5		mo		04/5		
14.00		5-7 yrs					5-7 yrs					5-7 yrs	2-3 yrs				5-7 yrs	2-3 yrs				5-7 yrs											
14.30	Jumper			Move&						Sports				Sports					Move&					RockFit	Sports	USA	Rock	Fit Sports	USA	St	ge dio Sports		
14.30	24-35 mo			Groove 3-5 yrs						U4/5				U4/5					Groove 3-5 yrs					U5-7	U4/5		U8-	18 U4/5		U!	-7 U3		
15.00				,																						U5-7	NE	N	U4				
15.00 15.30	USA				Martial	I			Move&		USA		P-Ballet	Move&		USA		P-Ballet		Martial	سعا			Move&	1	USA		Martia	l Kusa	Мо	/e&		
15.30				Sports U3	, , ;; , ,	USA			Groove				*	Groove				7	///	Artc	USA			Groove			K-P U7-	18 Arts	U5-7	Gro 3-5	ove		
16.00	U4			00	4-7 yrs	U5-7			3-5 yrs		U5-7		7\ 3-5 yrs	3-5 yrs		U5-7		3-5 yrs	U5-8	4-7 yrs	U5-7			3-5 yrs	U5-9	J8-18		4-7 yrs	U5-7	3-5	yı S		
16.00	1										سوا		Primary			سوا		Primary			la .			_	Elite				1.				
16.30	USA			Sports	Muay Thai	USA			Stage Studio		USA		*	Stage Studio		USA		*	H-Hop U7-18	Muay Thai	USA			Stage Studio		arkour 7+ yrs			USA				
16.30 17.00	U5-7			U4/5	6+ yrs	U8-18			U5-7		U8-18			U5-7		U8-18			07-10	6+yrs	U8-18			Studio U5-7	20	7+ yi 5			U8-18				
17.00					That	00 10							5+ yrs	NEW		Elite		5+ yrs Elite		71.1	Elite				U5-9	Elite							
17.30	USA			Stage Studio	Tkd.				Н-Нор		Parkour		*	K-Pop		Liite		b		Tkd.	Liite		Rock Jam	Н-Нор	U0-9	Parkour		Tkd. [] - [Parkour				
17.30	U8-18				6+ yrs				U7-18		7+ yrs		Gr.1	U7-18		USA		T U5-7		6+ yrs	USA		Adult19+	U7-18	Elite	7+ yrs		6+ yrs	7+ yrs				
18.00 18.00					NEW							(skill dep)	17124 -				/\			~				12	NEW							
18.30	Elite				Elite									Elite						Tkd.	NEW		Break		₹			Poom-					
18.30	USA																			6+ yrs			Dance U7-18		1)			sae 6+ yrs					
19.00	-X													K						NEW					U5-18			,,,,					
19.00 19.30					6+ yrs									U8-18																			
19.30																																	
20.00																					re	e		re							3000		
20.00	INDE	-Y-	PRESC	CHOOL	: LEA	RN&P	LAY1	L L	ARN &	PLAY	2 S	MART)LOG\	/3	SMARI	OLO	3Y 4	KIN	DERG/	ARTEN	: P r	imary 5	5	Prima	ry 6			الكا	SE	TERNO	BUNN		
21.00	INDE	-A.	G G	ymnast	ics	C he	erlead	ing 🛮 🧍	Balle	t 🖃	Cont	empora	ary Dan	ce 🏌	Broad	way	Da	ince 🍍	T aek	wondo	Eli	te:up	to 90 m	nin clas	s								



AEON MALL DELTAMAS

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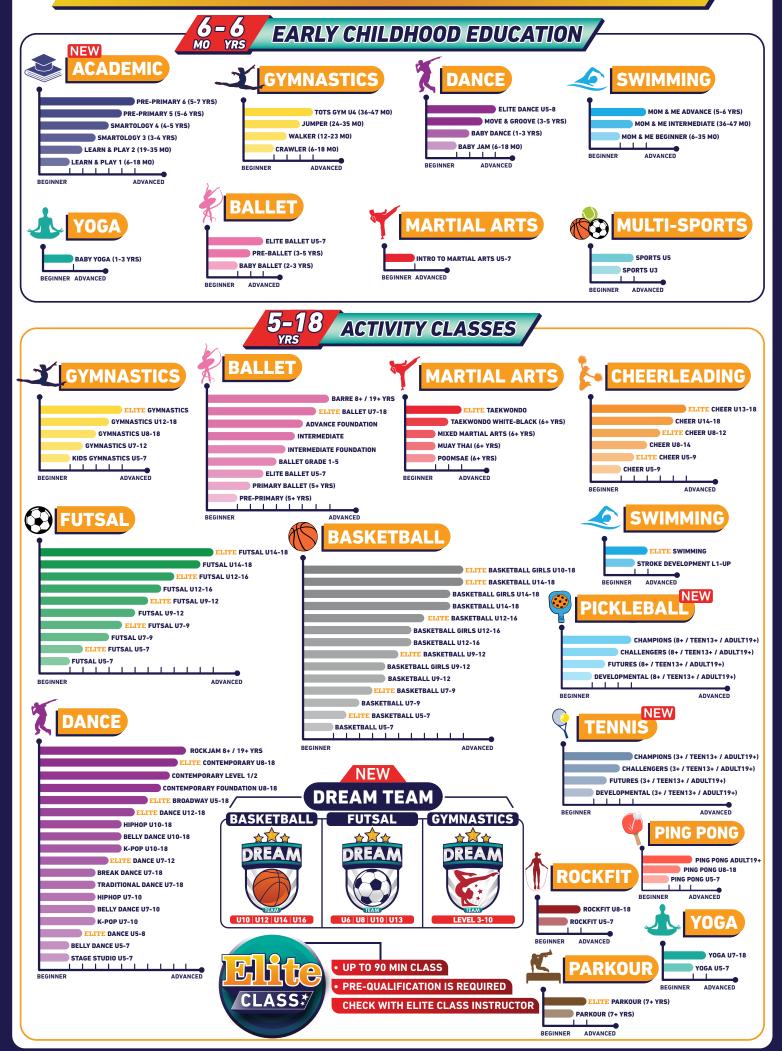
SCAN FOR E-SCHEDULE



Updated Nov 17th

[Monday Tuesday						Wednesday			Thursday			Friday			Saturday		Sunday			
Time	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong	Sports	Tennis & PB	Ping Pong
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08.30		ו לו לו	1 (<u>a)</u>	BASKETBALL QFUTSAL																	
09.00	ر ا	<u> </u>															Adult19+				
09.30	CHAMPIONSHIPS COMMASTICS PICKLERALIO														МАТСН						
09.30	CHAMPIUNSHIPS GMNASTICS PICKLEBALL®														PLAY						
10.00																					
10.00 10.30																					
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11.00					&						&					aff			Elite		
11.30					LADDER						LADDER								_		
11.30					PLAY						PLAY					U8-18					
12.00 12.00																16					
12.30																			U5-8		
12.30																Girls					
13.00																U9-18					
13.00																aff					
13.30		Q																w l	3		
13.30 14.00		3-7 yrs														U5-7	3-7 yrs	U8-18	U5-7	8-18 yrs	
14.00	_	3-7 yrs					_					<u>~</u> 0									
14.30																\mathcal{M}			3		
14.30								•						, ,		U7-18	1	1		1	ì
15.00	U5-7			U5-7			U5-7	3-7 yrs		U5-7		U5-7		3-7 yrs			8-18 yrs	U5-7	U7-18	3-7 yrs	
15.00	AFC)	9					1						AFC)						AFC)		
15.30 15.30		7			\(\frac{1}{2} \)			A						A							
16.00	U5-7	3-7 yrs		U5-7	8-18 yrs	U5-7	U5-7	8-18 yrs		U5-7		U8-18	U5-7	8-18 yrs		U5-7	U9-18		U7-18	U9-18	
16.00				16																	
16.30										atto											
16.30	U7-16	T			1		U7-16	1					U5-7			_			_		
17.00	07-16	U9-18		U7-18	3-7 yrs	U8-18		3-7 yrs		U7-16	3-7 yrs		05-7			U7-18	Adult19+		U5-7	Adult19+	
17.00 17.30	AFC)															Elite	LADDER		1	LADDER	
17.30											7						PLYAY		Reckettell	PLAY	
18.00	U7-16		Adult19+	U7-18		Adult19+	U7-16			U7-16	8-18 yrs		U7-16	U9-18			فكك	Adult19+	Adult19+		
18.00			&	Elite		&	Elite			Elite						U5-12		&	Elite		
18.30			LADDER			LADDER										NEW		LADDER	21100		
18.30			PLAY			PLAY	ato						U7-16			بهجنت		PLAY			
19.00 19.00				_				Adult19+					0, 10						_		
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20.30 21.00		A	ı		1 @	1 🦱		1 🛋		L —								R:	SUST	TERIX	PANA
21.00	INDEX:	Bas	ketball	Futsa	ι 🌳 Te	nnis 🧐	Pickleba	ll 🔰 🦞 F	ing Pong	Elite	: up to 90 n	nin class									

NEW PROGRAM CLASSIFICATION & PROGRESSION





AEON MALL DELTAMAS

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Winter Term Schedule 20th Oct 2025 until 18th Jan 2026

SCAN FOR E-SCHEDULE



Adult19+ Only

	Monday Time Studio Sports Tennis PingPong					Tues			Wednesday				Thursday						day			Satu			Sunday			
	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong	Studio	Sports	Tennis	PingPong
08.00 08.30																												
08.30																												
09.00																												
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12.30		AD				lder Pla		Techni	que tra	ıınıng,	followe	ea																
13.00		SPUK	TS CLAS	osts ·	Dy Luu	uei Fic	ıy.																					
13.00 13.30		Fast-paced 60-minute match play where the																										
13.30		PLAY Y winning/losing team moves up/down the ladder.																										
14.00																												
14.00		Longer match play where the winning/losing team Congression Congres																										
14.30																												
14.30	MATCH 60 Minute match play focusing on Technique, and																											
15.00 15.00		PL		769	Teamv	vork - i	deal pi	rep for t	the nex	ct Elite	Champ	pionshi	ps					-		-	-		_	-		-		
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15.30		7	Rock			oody w			ce jiuie	ess and	i Pouri	arıt jöi									İ							
16.00		17			u jun-k	ouy w	OI KOUL	•																				
16.00		2	- Dan		A balle	t-inspi	ired fiti	ness cla	ass tha	at blend	ds stre	ngth,																
16.30 16.30			Bar	ret	flexibil	ity, and	d grace	₽.													-						👀	
17.00	•																											
17.00																	Book.						Adult19+ &			16	Adult19+	
17.30																	Rock Jam						PLAY				PLAY	
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18.00 18.30				LADDER				LADDER																& LADDER				
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21.00	INDEX	· 8	Baske	tball (Fut	sal	Tenn	is 🧛	Picklel	ball I	Pine	g Pong																
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















Stills Leveling

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES** Beginner Leve

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:







Termly Competition where teams of equal skill divisions compete against each other. An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



Developmental : Introduction level will help to discover your passion and potential.

: Learn fundamentals & build a strong foundation. **Futures**

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. Champions

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 👂 🦠 🚯 🚱 🗻 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental