



AEON MALL BSD
+6221 3971 3777

Spring Term Schedule
19th Jan until 19th Apr 2026

**SCAN FOR
E-SCHEDULE**



Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday					
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09.00																														
09.30					Pre Primary 5&6																									
09.30																														
10.00																														
10.00	Jumper 24-35 mo		5-7 yrs			Crawler 6-18 mo	Baby Dance 1-3 yrs		5-7 yrs	Walker 12-23 mo	Baby Dance 1-3 yrs		5-7 yrs	LEARN & PLAY 2 19-35 mo		5-7 yrs	Crawler 6-18 mo	Baby Dance 1-3 yrs	LEARN & PLAY 2 19-35 mo		Jumper 24-35 mo	Baby Dance 1-3 yrs	5-7 yrs	Jumper 24-35 mo	Baby Dance 1-3 yrs		Crawler 6-18 mo			
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11.00																														
11.30	Baby Dance 1-3 yrs U4	SMART OLOGY 4 4-5 yrs	SMART OLOGY 3 3-4 yrs			Jumper 24-35 mo	Baby Dance 1-3 yrs	SMART OLOGY 4 4-5 yrs	SMART OLOGY 3 3-4 yrs	U4	Baby Dance 1-3 yrs	SMART OLOGY 4 4-5 yrs					Jumper 24-35 mo	Baby Jam 6-18 mo	SMART OLOGY 4 4-5 yrs	SMART OLOGY 3 3-4 yrs	Walker 12-23 mo	Baby Dance 1-3 yrs	SMART OLOGY 4 4-5 yrs	SMART OLOGY 3 3-4 yrs	Walker 12-23 mo	Baby Dance 1-3 yrs		Walker 12-23 mo	Baby Jam 6-18 mo	
11.30																														
12.00																														
12.00	Baby Dance 1-3 yrs U5-7	SMART OLOGY 3 3-4 yrs				Walker 12-23 mo	Baby 2-3 yrs	SMART OLOGY 3 3-4 yrs	LEARN & PLAY 2 19-35 mo	U5-7	SMART OLOGY 3 3-4 yrs	LEARN & PLAY 2 19-35 mo					Walker 12-23 mo	Baby Dance 1-3 yrs	LEARN & PLAY 2 19-35 mo											
12.30																														
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13.00																														
13.00	Walker 12-23 mo	Baby Dance 1-3 yrs	Pre Primary 5&6			Jumper 24-35 mo		Pre Primary 5&6	P-Ballet	Walker 12-23 mo	Baby Dance 1-3 yrs	Pre Primary 5&6	Baby 2-3 yrs				Jumper 24-35 mo		Pre Primary 5&6		U4	Sports U4/5		Baby 2-3 yrs	Jumper 24-35 mo	Move & Groove 3-5 yrs				
13.30																														
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14.00																														
14.00	Jumper 24-35 mo	Move & Groove 3-5 yrs	5-7 yrs			U4		5-7 yrs	Primary	Jumper 24-35 mo	Martial Arts 4-7 yrs	5-7 yrs	Sports U4/5					Move & Groove 3-5 yrs	U4	RockFit U5-7		U5-7	Move & Groove 3-5 yrs	U4		Move & Groove 3-5 yrs	U4	Sports U3		
14.30																														
14.30																														
15.00																														
15.30	B Martial Arts 4-7 yrs U4					U5-9	U5-7																							
15.30																														
16.00																														
16.00	B Muay Thai 6 yrs U5-7					U8-18	U8-18																							
16.30																														
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17.00																														
17.00	Tkd. 6+ yrs U8-18	Stage Studio U5-7	Elite	Elite																										
17.30																														
17.30																														
18.00	Elite					U5-9																								
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INDEX:	PRESCHOOL: LEARN & PLAY 1				LEARN & PLAY 2				SMART OLOGY 3				SMART OLOGY 4				KINDERGARTEN: Pre Primary 5				Pre Primary 6				PERFORMING ARTS					
		Gymnastics		Cheerleading		Ballet		Contemporary Dance		Broadway		Dance		Taekwondo		Elite	up to 90 min class													

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!



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	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball		Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball
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NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6
MO YRS

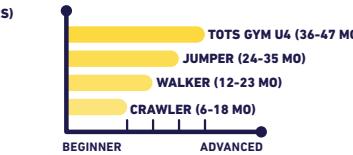
EARLY CHILDHOOD EDUCATION

NEW!

ACADEMIC



GYMNASICS



DANCE



SWIMMING



BEGINNER ADVANCED

BEGINNER ADVANCED

BEGINNER ADVANCED

BEGINNER ADVANCED

BALLET

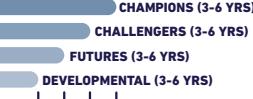


BEGINNER ADVANCED

BEGINNER ADVANCED

BEGINNER ADVANCED

TENNIS



MARTIAL ARTS



BEGINNER ADVANCED

MULTI-SPORTS

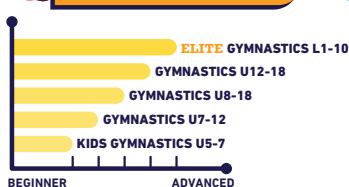


BEGINNER ADVANCED

5-18
YRS

ACTIVITY CLASSES

GYMNASICS



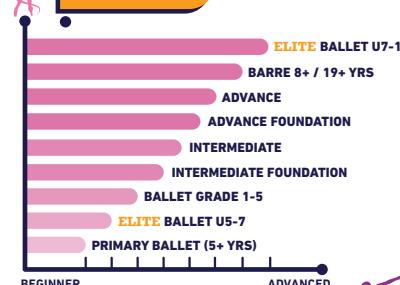
BEGINNER ADVANCED

SWIMMING



BEGINNER ADVANCED

BALLET



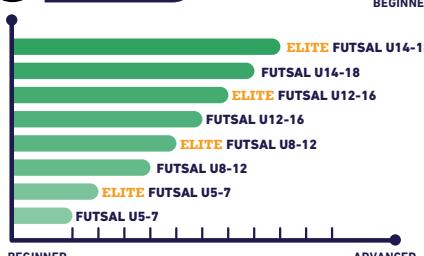
BEGINNER ADVANCED

CHEERLEADING



BEGINNER ADVANCED

FUTSAL



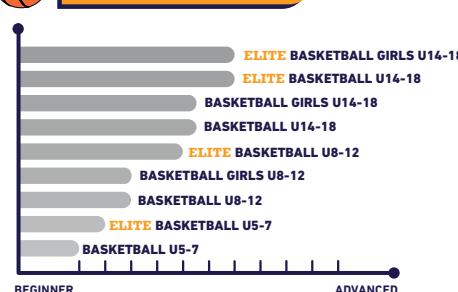
BEGINNER ADVANCED

PARKOUR



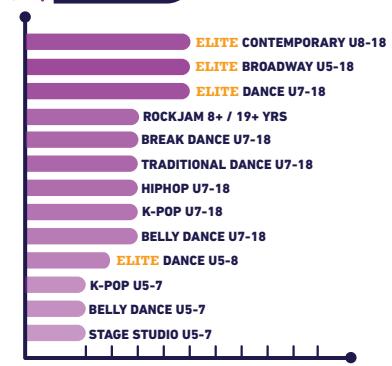
BEGINNER ADVANCED

BASKETBALL



BEGINNER ADVANCED

DANCE



BEGINNER ADVANCED

PICKLEBALL

NEW!

CHAMPIONS (7-18 YRS / ADULT19+)

CHALLENGERS (7-18 YRS / ADULT19+)

FUTURES (7-18 YRS / ADULT19+)

DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER ADVANCED



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ADULT19+

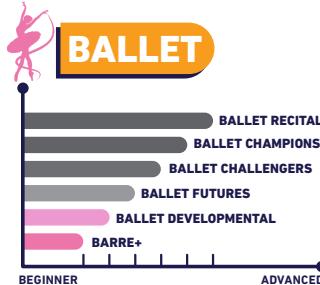
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Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball	Sports	Tennis & Pickleball
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14.00	ADULT19+ SPORTS CLASSES		60 min of Drills and Technique training, followed by Ladder Play.											
14.00	LADDER PLAY		Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.											
14.30	MATCH PLAY		Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.											
15.00	RockJam		High-energy fusion of dance fitness and PoundFit for a full-body workout.											
15.30	Barre+		A ballet-inspired fitness class that blends strength, flexibility, and grace.											
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NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barre+

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS
Advance Level

CHALLENGERS
Intermediate Level

FUTURES
Beginner Level

DEVELOPMENTAL
Introductory Level

Elite CHAMPIONSHIPS

Events & Competitions:



Termly Competition where teams of equal skill divisions compete against each other.

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:



- Developmental** : Introduction level will help to discover your passion and potential.
- Futures** : Learn fundamentals & build a strong foundation.
- Challengers** : Elevate your skills, refined techniques & challenge yourself.
- Champions** : Embark on a journey of artistry, mastering complex choreography & routines.
- Recital Adult19+** : Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.

Sports Team's Divisions:



- Champions** : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.
- Challengers** : Sharpen your skills, explore new tactics & enjoy friendly competitions.
- Futures** : Dive into the game basics, build a strong foundation & be part of developmental team.
- Developmental** : Introduction level will help you ease into the game, discovering your passion and potential.

Dance Recital

Ballet & Contemporary