

AEON MALL BSD © +6221 3971 3777

Spring Term Schedule Jan 20th until Apr 20th 2025

SCAN FOR E-SCHEDULE



	Monday					Tuesday				Wednesday			Thursday			Friday			Saturday				Sunday					
Time 08.00	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3
08.00																							NII	DW!		10 -		
08.30																										ITI		
09.00 09.00								IFADNI								IFADNI							H		CHAM	DIONEIL	ne 🛂	
09.30			Primary				Primary	LEARN &PLAY			Primary				Primary	&PLAY			Primary						CHAM	PIUNSHI	PS &	
09.30 10.00			5 Tillilally				5 Illinary	6-18 mo			5 5				5 5	6-18 mo			5									
10.00	Jumper		5-6 yrs		Crawler	Baby	5-6 yrs	LEARN	Walker	Baby	5-6 yrs	LEARN	Crawler	Baby	5-6 yrs	LEARN	Jumper	Baby	5-6 yrs		Lumnan	Dahu			Crawle	-		
	24-35		,		6-18	Dance	,	&PLAY 2	12-23	Dance	,	&PLAY 2	6-18	Dance		&PLAY 2	24-35	Dance	, , , ,		Jumper 24-35				Crawler 6-18			
11.00	mo				mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs			mo	1-3 yrs			mo			
11.00 11.30	USA	Baby	SMART OLOGY		Jumper		SMART OLOGY	Baby	USA	Baby	SMART OLOGY	Rarre	Jumper	Baby Jam	SMART OLOGY		Walker	Baby	SMART OLOGY	Rock	Walker	Baby			Walker	-	Baby Jam	
11.30		Dance 1-3 yrs	4		24-35 mo	Dance 1-3 yrs	4	Dance 1-3 yrs		Dance 1-3 yrs	4	Adult19+	24-35 mo	6-18	4		12-23	Dance	4	Jam Adult19+	12-23 mo	Dance 1-3 yrs			12-23 mo		6-18	
12.00 12.00	-04	1 0 310	4-5 yrs		1110	Baby	4-5 yrs		1		4-5 yrs			mo	4-5 yrs		mo	1-3 yrs	-		1110	1-3 yrs		P-Ballet ^{1/2}	2		mo	
12.30	USA		SMART OLOGY		Walker 12-23	Laby	SMART OLOGY	LEARN &PLAY	USA		SMART OLOGY	&PLAY	Walker 12-23	Baby Dance		&PLAY			SMART OLOGY	Move& Groove			Sports	3 .			Baby Dance	
12.30 13.00	U5-7		3 3-4 yrs		mo	7 2-3 vrs	3 3-4 yrs	2	U5-7		3 3-4 yrs	2 19-35 ma	mo	1-3 yrs		2 19-35 mo			3 3-4 yrs	2 E			U3	3-5 vrs			1-3 yrs	
13.00		Dahu	0 4 JI 3		Jumper	P-Ballet ^{1/2}	3 4 yr 3	17-33 1110		Pahy	3 4 yr 3	Baby				17-331110			3 4 yi 3		10/			Baby			Moves	
	Walker 12-23	Baby Dance	Primary		24-35	*	Primary		Walker 12-23	Baby Dance	Primary	*	Jumper 24-35		Primary	Sports U4/5	Jumper 24-35		Primary		USA	Sports U4/5		- 4	Jumpe 24-35	r	Move& Groove	
14.00	mo	1-3 yrs	6		mo	3-5 yrs	6		mo	1-3 yrs	6	2-3 yrs	mo		6	04/5	mo		6		U4	04/3		2-3 yrs	mo		3-5 yrs	
14.00	Jumper	Move&	5-7 yrs		USA	PP/P	5-7 yrs	Sports	Jumper	Martial	5-7 yrs	Sports			5-7 yrs	Move&	USA		5-7 yrs	Daal Cit	USA	Muay	Move8	PP/P	USA			
14.30	24-35	Groove			AZU	F		U4/5	24-35	Arts		U4/5				Groove	AZU			RockFit U5-7	USA	Thai	Groove	e 🌽	USA	_	Sports _ U3	
15.00	mo	3-5 yrs		. Ma	U4	5+ yrs			mo	4-7 yrs		D D II 11/2				3-5 yrs	U4				U5-7	0+ yrs	3-5 yrs	5 + yrs	U4			
15.00 15.30	USA	Martial			USA	Elite	Move& Groove		USA	Muay	Stage Studio	P-Ballet ^{1/2}	USA	Sports		Stage	USA	Move&	RockFit		USA		Stage Studio	4	USA	Muay Thai	Stage	
15.30	U4	Arts 4-7 yrs			U5-7	7 U5-7	3-5 yrs		U4	Thai 6+ yrs	U5-7	7	U4	Ú4/5		Studio U5-7		Groove 3-5 yrs	117_10		U8-18		U5-7	Gr.1-5		6+ vrc	Studio - U5-7	
16.00 16.00	1.			U5-9 •	1	74	Chama		<u> </u>	,		3-5 yrs PP/P												(Skill dep	.,			
16.30	USA	Muay Thai	Trad. Dance	20	USA		Stage Studio	RockFit	USA	RockFit	Move& Groove	1	USA	Martial Arts	RockFit	K-Pop	USA	Stage	Martial Arts		AZU	Martial Arts	Н-Нор		USA	Poom- sae		
16.30 17.00	U5-7		117 10	U8-18	U8-18		U5-7	U7-18	U5-7	U7-18	3-5 yrs	5+ yrs	U5-7	4-7 yrs	07-18	U7-18	U8-18	U5-7	4-7 yrs		U8-18	4-7 yrs	U7-18	Founda- tion & L U8-18	U5-7	6+ yrs		
17.00	1	Tkd.	Stage		Elite	Elite		Elite		Tkd.	D 15::	Elite	USA	Muay		Elite	Elite		Tkd.				Elite	Elite		Tkd.		
17.30 17.30	USA		Studio			b/			USA	. 0	RockFit U5-7		USA	Thai	RockFit U5-7		le	H-Hop U7-18			Parkour 7+ yrs		1			- □- ■		
18.00	U8-18	6+ yrs	U5-7			*			U8-18	6+ yrs			U8-18	6+ yrs		U5-8	2		6+ yrs				!	1		6+ yrs		
18.00 18.30	Elite	Tkd.				/\ U7-18	Dance	118-18	Parkour	Tkd.		U8-18				Elite					Elite		U5-18	U8-18				
18.30	USA	- 6+ yrs				5. 10	Adult 19+ yrs	00-10	7+ yrs	- I 6+ yrs						T.								Ballet				
19.00 19.00		UT YIS					,,,,			J. 313						Λ								- Adult				
19.30																U5-18								19+ yr:	S			
19.30 20.00																												
20.00																								DEC	ICTL	ATT	ON OF	DENIC
20.30 20.30		DDE	CCHUOI	LILEAT	NODL	AV1	I EADNI 0	DI AV	0 04	NOT OL O	CV2	CMART	01.001/	, u	INDERC	ADTEN	re	I	□re					TUPG			4	
21.00	INDEX	PKE	SCHOOL		1		LEARN 8	- 4		RTOLO		a ,	OLOGY		/	ARTEN	T		Prim					5 St	¹' <u>/</u> ≜\∫E	भिक्षा	<u>L20</u>	125
		USA	Gymnas	stics	Cheer	leading	🕴 Ball	et 🗐	Conten	nporary [Dance	S Broadv	way	Dance	Ta	ekwondo	Eli	te : up to	90 min (class							_ ~~	



AEON MALL BSD C +6221 3971 3777

Spring Term Schedule Jan 20th until Apr 20th 2025

SCAN FOR E-SCHEDULE



	Monday		Tuesday		Wednesday		Thur	sday	т:	Fr	iday	Saturday		Sunday	
Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB
09.00 09.30									09.00 - 09.30	FMJ	OY FREE PL	DYI			
09.30									09.30	Available in Sports (
10.00									10.00		ever there ar				
10.00									10.00	classes or Private Instructions					
10.30			Sports						10.30		scheduled! /				
10.30			U3						10.30		scheduted:				
11.00				Adult19+				Adult19+	11.00				Adult19+		
11.00							Ct.		11.00						
11.30 11.30							Sports U3		11.30 11.30						
12.00							03		12.00						
12.00									12.00						
12.30			Sports		Sports				12.30	Sports					
12.30			U3		U3				12.30	U3				Elite	
13.00									13.00						
13.00 13.30	Sports								13.00 13.30	Sports		aff			
13.30	U4/5			+ A					13.30	U4/5	A		A	_	
14.00		3-7 yrs		3-7 yrs	Elite				14.00		3-7 yrs	U5-7	3-7 yrs	U5-7	3-7 yrs
14.00		. ,,		,			16		14.00		, ,				
14.30 14.30	③		15						14.30					③	
			_		U5-7			1	14.30				\ \\		
15.00	U5-7		U5-7				U5-7	3-7 yrs	15.00			U9-18	8-18 yrs	U5-7	U9-18
15.00					aff .				15.00	af C	G	\odot		③	
15.30 15.30				Y		Y	\odot	Y	15.30 15.30		A				
16.00	U8-16		U5-7	3-7 yrs	U5-7	3-7 yrs	U5-7	8-18 yrs	16.00	U5-7	8-18yrs	U5-7	U9-18	U8-16	
16.00	(6		,	16.00					(
16.30			15		③				16.30						
16.30	U5-7	ĕ U9-18	U9-18	0.10	U8-16	\ \			16.30	U5-7		U8-16	1	U9-18	
17.00 17.00		07-10		8-18 yrs		8-18 yrs	U9-18		17.00 17.00				Adult19+		Adult19+
17.30			\odot				\odot		17.30	15		Elite			
17.30									17.30						LADDER
18.00	U9-18		U7-16		U9-18	U9-18	U7-16		18.00	U9-18	U9-18			U5-7	Adult19+PLAY
18.00	Elite		Elite		Elite		Elite		18.00	Elite		U5-9		Elite	
18.30					Litte		_		18.30					Litte	
18.30			\odot	110.10	affe)				18.30	3		Elite		AFO.	
19.00 19.00				U9-18					19.00 19.00						
19.30	U5-7		U9-16		U9-18		U7-16		19.00	U9-16				U5-7	
19.30		7				7			19.30						
20.00		Adult19+				Adult19+			20.00		Adult19+	U9-18			
20.00									20.00				NEW!		
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20.30									20.30						
21.00 21.00									21.00					<u>CHAMPIONS</u>	IIPS 2
22.00									22.00						9 年
22.00									22.00				_		

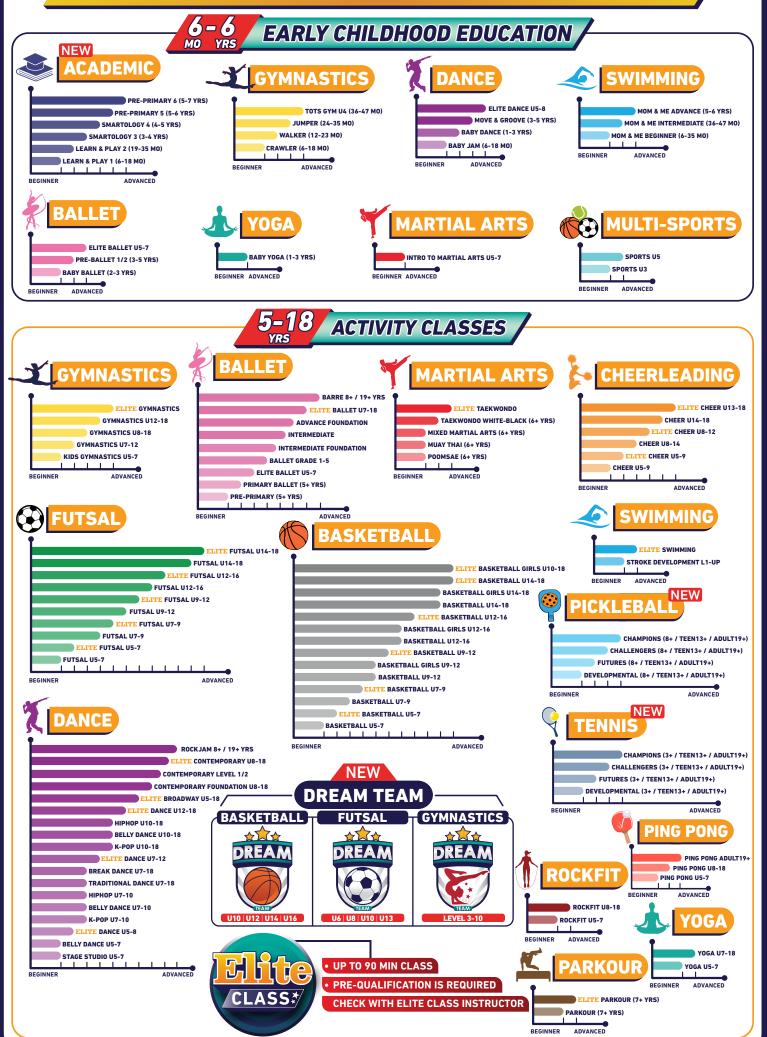








NEW PROGRAM CLASSIFICATION & PROGRESSION





AEON MALL BSD © +6221 3971 3777

Spring Term Schedule Jan 20th until Apr 20th 2025 Adult19+ Only

SCAN FOR E-SCHEDULE



T: [Mo	nday	Tue	sday	Wedn	esday	Thu	rsday	Fri	day	Satu	urday	Sunday		
Time	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	
09.00 09.30															
09.30															
10.00															
10.00															
10.30 10.30												- Y			
11.00				Adult19+				Adult19+				Adult19+			
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11.30					Barre+				RockJam Adult19+						
11.30 12.00				FREE PLAY	Adult19+			FREE PLAY	Adult 19+			FREE PLAY			
12.00				111001011				1 11001 0117				(
12.30															
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14.30 14.30		RECI	STRATI	ON OPE	NS				emphasizi	ng compet	titive gam	eplay and			
15.00							Min	lass		tegic skill c					
15.00		1 SIL		正202	25				Stru	tegic skill c	aevelopi i i	oric.			
15.30 15.30															
16.00															
16.00															
16.30 16.30												- 79			
17.00												Adult19+		Adult19+	
17.00															
17.30														Adult19+	
17.30 												FREE PLAY		LADDER PLAY	
18.00														T CAT	
18.30			Dance Adult												
18.30		Adult19+	19+ yrs			Advisac				Adult19+	Ballet				
19.00 19.00		Audil 17+	-			Adult19+				Additi7+	Adult				
19.30											19+ yrs				
19.30										17					
20.00		FREE PLAY				FREE PLAY				FREE PLAY					
20.00															
20.30															
21.00															
21.00															
22.00		<u> </u>													
	INDEX:	💡 Tennis 🛙 🧐	Pickleball												

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES Beginner Level**

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:









An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

Termly Competition where teams of



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. **Champions**

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 💡 🤊 🌀 🥹 🍣 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental