

AEON MALL BSD © +6221 3971 3777

Fall Term Schedule Jul 21st until Oct 19th 2025

SCAN FOR E-SCHEDULE



3777 Updated Aug 18th

- .	Monday				Tuesday			Wednesday			Thursday		Friday			Saturday				Sun	•								
Time 08.00	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	
08.30																					IMPORTANT NOTICE								
08.30 09.00																													
09.00								LEARN								LEARN					Do NOT transfer money to any RockStar Academy employee's								
09.30			Primary				Primary	&PLAY			Primary				Primary	&PLAY			Primary		personal account.								
09.30 - 10.00			5&6				5&6	6-18 mo			5 % 6				5 & 6	6-18 mo			5 & 6					I					
10.00			5-7 yrs		Casulaa	Baby	5-7 yrs	IFARNI	Walker	Baby	5-7 yrs	LEARN	Casulaa	Dahii	5-7 yrs	LEARN	lumnor	Baby	5-7 yrs										
10.30 10.30	Jumper 24-35		3 / y13		Crawler 6-18	Dance	3 / yis	&PLAY	12-23	Dance	3 / yis	&PLAY	Crawler 6-18	Baby Dance	3-7 yrs	&PLAY	Jumper 24-35	Dance	3 / yi3		Jumper 24-35	Baby Dance			Crawler 6-18				
11.00	mo				mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs		19-35 mo	mo	1-3 yrs			mo	1-3 yrs			mo				
11.00		Baby	SMART OLOGY	SMART	Jumper	Baby	SMART	SMART	1	Baby	SMART OLOGY		Jumper	Baby	SMART	SMART	Walker	Baby	SMART	SMART	Walker	Baby			Walker		Baby		
11.30 11.30	USA	Dance	4	OLOGY 3	24-35	Dance	OLOGY 4	OLOGY 3	USA	Dance	ULUGY 4	Adult19+	24-35	Jam 6-18	OLOGY 4	OLOGY 3	12-23	Dance	OLOGY 4	3	12-23	Dance			12-23		Jam 6-18		
12.00	U4	1-3 yrs	4-5 yrs	3-4 yrs	mo	1-3 yrs	4-5 yrs	3-4 yrs	U4	1-3 yrs	4-5 yrs		mo	mo	4-5 yrs	3-4 yrs	mo	1-3 yrs	4-5 yrs	3-4 yrs	mo	1-3 yrs			mo		mo		
12.00 12.30	USA		SMART OLOGY		Walker	Baby	SMART OLOGY	LEARN &PLAY	USA		SMART OLOGY	LEARN &PLAY	Walker	Baby		LEARN &PLAY			SMART OLOGY	Move&			Sports	P-Ballet ^{1/2}			Baby		
12.30			3		12-23 mo	テ	3	erlar 2			3	2	12-23 mo	Dance		2			3	Groove 3-5 yrs			U3	1			Dance — 1-3 yrs		
13.00	U5-7		3-4 yrs			2-3 yrs	3-4 yrs	19-35 mo	U5-7		3-4 yrs	19-35 mo	1110	1-3 yrs		19-35 mo			3-4 yrs	3-3 yi s				3-5 yrs			1-3 yrs		
13.00 13.30	Walker	Baby	⊜ re		Jumper	P-Ballet ^{1/2}	97		Walker		⊜ re	Baby	Jumper				Jumper		Esre.		USA	Sports		Baby	Jumper		Move&		
13.30		Dance 1-3 yrs	Primary		24-35 mo	7	rimary		12-23 mo	Dance 1-3 yrs	Frimary	7	24-35 mo		Primary		24-35 mo		Primary			Ú4/5		7	24-35 mo		Groove — 3-5 yrs		
14.00 14.00		,	5&6			3-5 yrs Primary	5&6			,	5&6	2-3 yrs	1110		5&6		1110		5&6		U4			2-3 yrs Primary	1110		7		
14.30		Move&	5-7 yrs		USA	<u>k</u>	5-7 yrs			Martial Arts	5-7 yrs	Sports			5-7 yrs		USA		5-7 yrs	RockFit	AZU		Move&	b 1	USA		Sports		
14.30		Groove 3-5 yrs			U4	5+ yrs			24-35 mo	4-7 yrs		U4/5				Groove 3-5 yrs	U4			U5-7	U5-7		Groove 3-5 yrs	Ι Λ	U4		U3		
15.00 15.00	ے ما			*	1	0+ yrs	M 0		l a_		C.	P-Ballet ^{1/2}	10 -				1			Parte of	03-7	M		5+ yrs	04	Maria	Chana		
15.30	USA	Martial Arts		-	USA		Move& Groove		USA	Muay Thai	Stage Studio	1	USA			Stage Studio	USA	Move& Groove	RockFit	Zana	USA	Muay Thai	Stage Studio	7	USA	Muay Thai	Stage Studio —		
15.30 16.00	U4	4-7 yrs		U5-9	U5-7		3-5 yrs		U4	6+ yrs	U5-7	3-5 yrs	U4			U5-7	U5-7	3-5 yrs	07-18	U 5-7	U8-18	6+ yrs	U5-7	Gr.1-5 (Skill dep.)	U8-18	6+ yrs	U5-7		
16.00	USA	Muay		•	- le		Stage		- I		Move&	Primary		Martial			- I	Martial	Stage		1	Martial		JAME GEB.	- lov	Poom-			
16.30 16.30	USA	Thai			USA		Studio		USA	RockFit U7-18	Groove		USA	Arts	117_19	K-Pop U7-18	USA	Δrtc	Studio		USA	Arts	H-Hop U7-18	Founda-	USA	sae			
17.00	U5-7	6+ yrs		U8-18	U8-18		U5-7		U5-7	07 10	3-5 yrs	5+ yrs	U5-7	4-7 yrs		0, 10	U8-18	4-7 yrs	U5-/		U8-18	4-7 yrs	07-10	tion & L1 U8-18	U5-7	6+ yrs			
17.00	-	Tkd.	Stage	Recital	Elite		Recital		USA	Tkd.	RockFit	Recital		Muay	Dool: Eit		Elite	Tkd.	Rock		Parkour		Recttal	Recital		Tkd.			
17.30 17.30	JUSA	[]	Studio U5-7	*					USA	∐ - ■ 6+ yrs	U5-7	*	USA	Thai	RockFit U5-7			[] 6+ vrs	Jam Adult19+		7+ yrs		T.			[] - [
18.00	U8-18	6+ yrs	U5-7		<u> </u>				U8-18	0+ y15		-	U8-18	6+ yrs			2	0+ yı S					1	1		6+ yrs			
18.00 18.30	Elite	Tkd.		U5-9			U8-18		Parkour	Elite	Recital	U8-18									Elite		U5-18	U8-18					
18.30	USA	- 							7+ yrs	8	U5-8																		
19.00 19.00	-	6+ yrs									33																		
19.30										6+ yrs																			
19.30																													
20.00																													
20.30																	-re		-ro										
20.30	INDEX		ESCH00	L: LEAR	N&PL/	AY1	LEARN 8	PLAY	2 SM	RTOLO	GY3	SMART	OLOGY.	4 K	INDERG	ARTEN :	Prim	ary 5	Prim	ary 6									
		USA	Gymna	stics	Cheer	leading	F Ball	et 🔳	Conten	nporary [Dance	Rroad\	way 🤾	Dance	▼ Ta	ekwondo	Elit	e : up to	90 min c	lass									



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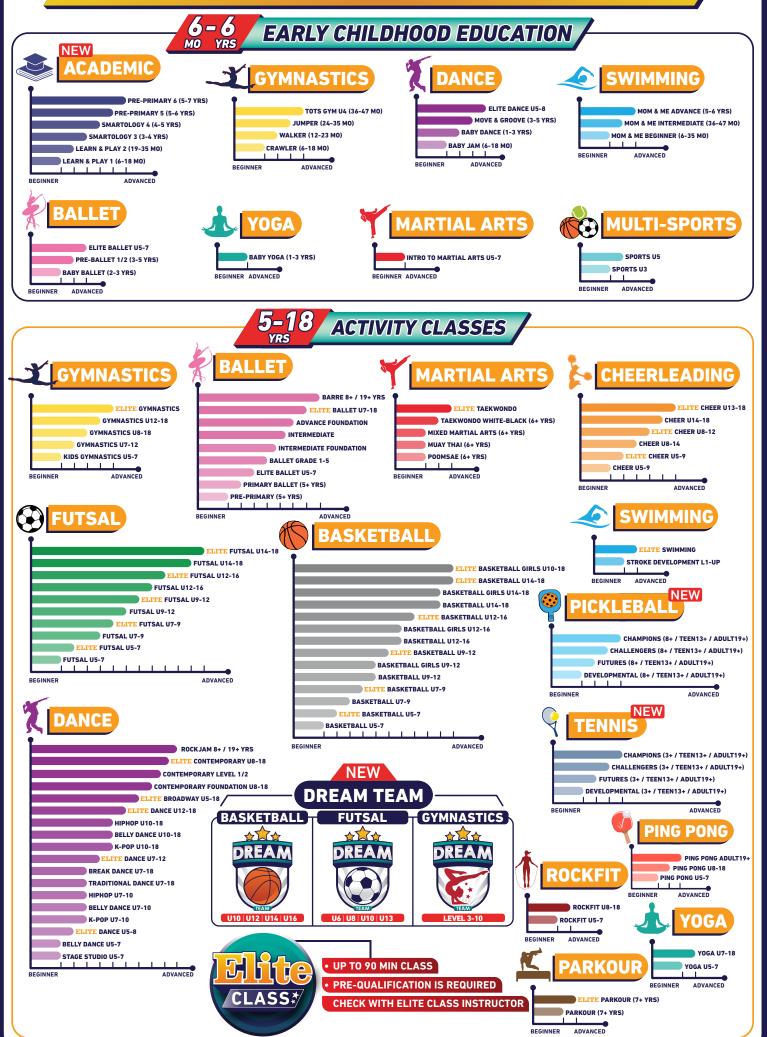
Fall Term Schedule Jul 21st until Oct 19th 2025 Updated Aug 18th

SCAN FOR E-SCHEDULE



Time	Monday		Tuesday		Wednesday		Thursday		Time	Friday		Saturday		Sur	nday
	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Time	Sports 1	Tennis & PB	Sports 1	Tennis & PB	Sports 1	Tennis & PB
08.00									08.00 - 08.30						
08.30 08.30					IMPOR	RTANT N	OTICE		08.30				🦻		
09.00						ransfer mone			09.00				Adult19+		
09.00					PockStor	Academy em	ey to any		09.00				1		
09.30						sonal accou			09.30				MATCH		
09.30					pei	Sorial accoun	it.		09.30				PLAY		
10.00 10.00									10.00						
10.30			Sports						10.00						
10.30			U3						10.30						
11.00				Adult19+				Adult19+ &	11.00						
11.00				LADDER			_	I/ADDER	11.00						
11.30 11.30							Sports U3		11.30 11.30						
12.00				PLAY			03	PLYAY	12.00			Elite			
12.00									12.00			S			
12.30			Sports		Sports				12.30	Sports					
12.30			U3		U3				12.30	U3		U5-7		Elite	
13.00 13.00									13.00 13.00						
13.30	Sports						Sports		13.30	Sports		AFC)			
13.30	U4/5	Y		Y	T2114 -		U4/5		13.30	Ú4/5			Y	U5-7	Y
14.00		3-7 yrs		3-7 yrs	Elite				14.00			U5-7	3-7 yrs	05-7	3-7 yrs
14.00			\$		③		A		14.00			A			
14.30 14.30				Sports				7	14.30 14.30		- Y		Y	\odot	
15.00	U5-7		U5-7	U4/5	U5-9		U5-7	3-7 yrs	15.00		3-7 yrs	U9-18	8-18 yrs	U5-7	U9-18
15.00									15.00				-		21.12
15.30	③		\odot				\odot		15.30			\odot		③	
15.30	U8-16		U5-7	2.7	U5-7	2.7		1	15.30		0.10	U5-7	110.10	U8-16	
16.00 16.00				3-7 yrs		3-7 yrs	U5-7	8-18 yrs	16.00 16.00	U5-7	8-18 yrs		U9-18		
16.30					③				16.30	③					
16.30		T		1		<i>Y</i>			16.30					_	
17.00	U5-7	U9-18	U9-18	8-18 yrs	U7-16	8-18 yrs	U9-18		17.00	U5-7	U9-18	U8-16	Adult19+	U5-7	Adult19+
17.00	AFC)				af C		③		17.00	af C		Elite	LADDER	AFC)	LADDER
17.30 17.30			\odot						17.30 17.30	1					
18.00	U9-18		U7-16		U9-18	U9-18	U7-16		18.00	U9-18			PLAY	U9-18	PLAY
18.00	Elite		Elite		Elite		Elite		18.00	Elite		U5-9		Elite	
18.30	Litte		BILLE		Eille		Liite		18.30	Eilfe		00-7		Elite	
18.30	AFC)	Adult19+		⊌ U9-18	AFC)	Adult19+			18.30	③	Adult19+			AFC)	
19.00 19.00		&		U7-18		&			19.00 19.00		&				
19.30	U5-7	LADDER	U8-16		U9-18	LADDER	U7-16		19.30	U9-16	LADDER			U9-18	
19.30		PLAY				PLAY			19.30		PLAY				
20.00									20.00						
20.00									20.00						
20.30									20.30						
21.00									21.00						
21.00	INDEX:	Basketball	Futsal	Fennis	Pickleball	Eliteum	to 90 min class		21.00						
22.00	INDEX.	Dasketbatt	Tutsat	4 Jennia	T ICKIEDAII	l Litte . up			22.00						

NEW PROGRAM CLASSIFICATION & PROGRESSION





Fickleball Pickleball

INDEX:

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Fall Term Schedule Jul 21st until Oct 19th 2025 Adult19+ Only

SCAN FOR E-SCHEDULE



Ties -	Мог	nday	Tue	sday	Wedn	nesday	Thui	rsday	Fri	iday	Satu	rday	Sunday		
Time	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	Studio	Tennis & PB	
08.00															
08.30															
08.30															
09.00 09.00												Adult19+			
09.30												MATCH			
09.30												TPLAY			
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10.00															
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10.30				Adult19+				Adult19+							
11.00				.				- &							
11.30				LADDER	Barre+			LADDER							
11.30				DIVAV	Adult19+			DIAV							
12.00															
13.00															
14.00															
14.00		JLT19 +	60 min of Dril	ls and Techni	aue trainina	followed									
15.00 15.00	SDODI	S CLASSES	by Ladder Pla		quo traninig,	jononou	_								
				·y·											
15.30 15.30	LADI		Fast-paced 6	0-minute mat	tch play whe	re the									
15.00			winning/losin	ng team moves	s up/down th	e ladder.									
15.00															
15.30	<u> MAT</u>			h play where t											
15.30 16.00	PLA	y 🏲 i	moves up/do	wn the ladder.	. Bring your f	riend/colleag	ue.								
16.00		<u> </u>			<i>c.</i> .	15. (5.									
16.30	1			fusion of dand	ce jitness an	a PounaFit Joi									
16.30			a full-body w	огкоит.								Adult19+			
17.00			∆ hallet_insni	ired fitness clo	nee that hien	de etrenath						Addit 17+		Adult19+	
17.00			flexibility, and		ass that blen	as strength,			RockJam			LADDER		I/ADDER	
17.30			ickibility, and	a graoc.					Adult19+						
17.30 									71441177						
18.00															
18.30		🚱													
18.30		Adult19+				Adult19+				Adult19+					
19.00		&				&				&					
19.00		LADDER				LADDER				LADDER					
19.30 19.30						DIAV				DIAV					
20.00															
20.00															
20.30															
20.30															
21.00															
21.00															
22.00															

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+



















CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

> **FUTURES Beginner Level**

DEVELOPMENTAL Introductory Level

Tennis

Fun racquet sport with elements of skill, strategy, & athleticism. Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball

Dynamic paddle sport with elements of Tennis, Badminton & Ping pong. Connect with other members & enjoy friendly matches.

Barret

Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam

High-energy workout with elements of Zumba, PoundFit & Cardio. Tone your muscles & prepare your body for dance leveling program.

Events&Competitions:









An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

Termly Competition where teams of



Developmental : Introduction level will help to discover your passion and potential.

Futures : Learn fundamentals & build a strong foundation.

Challengers : Elevate your skills, refined techniques & challenge yourself.

: Embark on a journey of artistry, mastering complex choreography & routines. **Champions**

Recital Adult19+ : Recital is a celebration of movement, creativity & dedication, where you will share your

passion with friends & family.

Sports Team's Divisions: 💡 🤊 🌀 🥹 🍣 🌱



Champions : Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.

Challengers : Sharpen your skills, explore new tactics & enjoy friendly competitions.

: Dive into the game basics, build a strong foundation & be part of developmental team. **Futures**

: Introduction level will help you ease into the game, discovering your passion and potential. Developmental