



Rock Olympics ²⁰²⁶

RACE AGAINST YOURSELF!

PARKOUR

SPEED & FREESTYLE

Event Guide

Welcome Note

Welcome to RockOlympics 2026!

Dear RockStars Parents & Students,

We are proud to present **RockOlympics 2026** — our most dynamic and competitive stage, where every challenge becomes an opportunity and every passion finds its moment to shine.

This is more than an event.

This is a movement.

This year, we introduce a powerful theme: **Race Against Yourself!**

At RockStar Academy, we believe the greatest competition is not against others — but **against who you were yesterday.**

For **students**, this is a journey of setting personal goals, pushing limits, and discovering how far they can go.

For **parents**, it is a moment to witness your child grow in **confidence, resilience, and discipline** — understanding that true success comes from continuous self-improvement.

RockOlympics 2026 sets a new benchmark for excellence:

- **Higher level competition** with more academies and athletes.
- **Baby Olympics** for our youngest champions starting from 6 months.
- **Expanded categories** and new divisions.
- **Enhanced rewards** and exciting new sponsors.
- **Premium venues** designed to inspire peak performance.
- Introduction of **Pickleball** to the RockOlympics arena.

This is your challenge.

This is your growth.

This is your moment.

Because true victory begins when you choose to **Race Against Yourself.**

See you in the arena!

Warmest regards,

John Franklin
CEO, RockStar Academy

Competition Stages

System			
Competitions	Individual	Team	Stages
Parkour	Knock-Out	X	Final

Schedule & Venue

Date	Stage	Venue
16 May 2026	Final	Gymnastic Studio, RockStar Academy Gajah Mada Plaza

Registration Period

Date	Event	Event Fee	Period
16 May 2026	Parkour	Early Bird	13 April-10 May 2026
		Regular	11-15 May 2026
		Event Day	16 May 2026

Registration Fees

Memberships

Registration Period	VIP			Premiere		
	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only
Early Bird	188,000 IDR	158,000 IDR	138,000 IDR	218,000 IDR	188,000 IDR	158,000 IDR
Regular	218,000 IDR	178,000 IDR	158,000 IDR	238,000 IDR	218,000 IDR	178,000 IDR
Event Day	238,000 IDR	198,000 IDR	178,000 IDR	258,000 IDR	238,000 IDR	198,000 IDR

Parkour Schedule Final

Date	Pre-registration	Category	Time
Saturday, 16 May 2026	09:00 - 10:30	Speed (7-9 yrs)	10:00 - 11:30
	10:30 - 11:30	Speed (10-12 yrs)	11:30 - 12:00
	11:00 - 12:00	Speed (13-18 yrs)	12:00 - 12:30
	<i>Speed Awarding</i>		
	12:00 - 13:00	Freestyle (7-9 yrs)	13:00 - 14:00
	13:00 - 14:00	Freestyle (10-12 yrs)	14:00 - 14:30
	13:30 - 15:00	Freestyle (13-18 yrs)	14:30 - 15:00
	<i>Freestyle Awarding</i>		


Venue

Gymnastics Studio, RockStar Academy Gajah Mada Plaza



Competition Guide: Parkour | *RockOlympics 2026*

Event Per Genre

Genre	Category	Age Group	Remarks	Registration Fee	
 Parkour	1. Speed 7-9 yrs	7-9.11 yrs	Individual	188,000 IDR	per student
	2. Speed 10-12 yrs	10-12.11 yrs	Individual	188,000 IDR	per student
	3. Speed 13+ yrs	13-18.11 yrs	Individual	188,000 IDR	per student
	4. Freestyle 7-9 yrs	7-9.11 yrs	Individual	188,000 IDR	per student
	5. Freestyle 10-12 yrs	10-12.11 yrs	Individual	188,000 IDR	per student
	6. Freestyle 13+ yrs	13-18.11 yrs	Individual	188,000 IDR	per student

Competition Regulations

Speed Competition

1. The competition will be a speed race.
2. The route will include obstacles and feature 3 checkpoints.
3. The fastest participant to complete the route will be declared the winner.
4. Each participant will be given a 30-second free trial to familiarize themselves with the route.
5. Each participant will have 2 attempts, with a 1-minute rest period between attempts.

Freestyle Competition

1. The competition will be a freestyle parkour event.
2. Participants will demonstrate free movements and paths through obstacles.
3. Participants in the 7-9 and 10-12 age categories must showcase 4 principal movements, while those in the 13+ age category must demonstrate 5 principal movements. Extra points will be awarded for perfect execution of these movements.
4. Each participant will have 30 seconds per round.
5. The competition will be assessed by 3 judges. Assessment categories include flow, creativity, execution, and mandatory skills.

Procedures

1. Participants must register at the Front Office.
2. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts and receive a cloth sticker.
3. Participants must check and confirm the competition schedule.
4. Participants are required to wait at the designated area and wait to be called by the committee.
5. Disqualification will be given to participants who are:
 - Late and are not able to present themselves after being called three (3) times
 - Not following the proper age category.
 - Inappropriate / bully behaviors: physical, emotional, taunting, calling names, talking about one another, etc. If you are a victim of this behavior, you must come to a teacher or Manager immediately so we can address this issue. Do not wait!

Awarding Ceremony

1. Awarding Ceremony will be done after each age category match.
2. Winners for each category: 1st Position (Gold), 2nd Position (Silver), 3rd Positions (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).

Freestyle Routines

Freestyle (7-9 yrs)



Tutorial Video:

<https://youtu.be/p6HomBIDeSU>

Freestyle (10-12 yrs)



Tutorial Video:

<https://youtu.be/DDNfn4FMvTw>

Freestyle (13-18 yrs)



Tutorial Video:

<https://youtu.be/1P-Gm0yO-qM>

Speed Routines

Speed (7-9 yrs)



Tutorial Video:

https://youtu.be/dUL_0-3gv4o

Speed (10-12 yrs)



Tutorial Video:

<https://youtu.be/0k5OicA0Alk>

Speed (13-18 yrs)



Tutorial Video:

<https://youtu.be/XZb6ZbGo7HI>

Disclaimer of Liability

Participation in all sports and performing arts activities—including but not limited to gymnastics, swimming, basketball, futsal, multi-sports, pickleball, table tennis, tennis, martial arts, parkour, ballet, dance, Broadway, contemporary dance, and cheerleading—involves inherent risks of physical injury or health-related incidents.

While RockStar Academy and its event organizers take all reasonable precautions to create a safe and supportive environment—including the provision of qualified medical personnel on standby during events (where applicable)—we shall not be held liable for any injuries, accidents, or medical conditions that may arise during training sessions, rehearsals, or competitions.

By participating in any activity, members and their parents or legal guardians acknowledge and accept full responsibility for all associated risks and confirm that their participation is entirely voluntary.

Please ensure you have thoroughly reviewed the event guide. Submission of your registration and payment constitutes your full understanding and acceptance of all event terms and conditions.

We remain fully committed to safety and emergency readiness; however, the final responsibility lies with each participant and their parent or guardian.

RockStar Academy's Events / Competition Code of Conduct

To maintain the integrity and spirit of the RockStar Academy's Events (Testing / Recitals) & Competitions, all participants, parents, coaches, and supporters are required to adhere to the following guidelines:

1. Positive Conduct:

All communication, including on social media, must reflect positivity and respect. Negative, offensive, or harmful content directed at the competition, participants, staff, or organization will not be tolerated.

2. Judges' Decisions:

All judges' scores and decisions are final. Participants and supporters are expected to respect these outcomes without dispute.

3. Respect and Sportsmanship:

Competitors, parents, and coaches must demonstrate respect toward fellow participants, staff, and opponents at all times. Good sportsmanship is a core value of this competition.

4. Dispute Resolution:

Any disputes, concerns, or appeals must be submitted only by email (studentcare.id@rockstaracademy.com) to the designated competition address. Such matters must not be raised during event/competition time to ensure a smooth and professional event.

5. Compliance and Consequences:

Failure to comply with these guidelines may result in sanctions, including the disqualification of an individual or team, at the discretion of the organizing committee.

6. Agreement to Terms:

By submitting payment for the event/competition, participants and their representatives acknowledge and agree to all Terms & Conditions outlined in this Guide.



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