



# Rock Olympics <sup>2026</sup>

**RACE AGAINST YOURSELF!**

**BALLET • BROADWAY  
DANCE • CHEERLEADING  
CONTEMPORARY DANCE**

*Event Guide*

# Welcome Note

## Welcome to RockOlympics 2026!

Dear RockStars Parents & Students,

We are proud to present **RockOlympics 2026** — our most dynamic and competitive stage, where every challenge becomes an opportunity and every passion finds its moment to shine.

This is more than an event.

This is a movement.

This year, we introduce a powerful theme: **Race Against Yourself!**

At RockStar Academy, we believe the greatest competition is not against others — but **against who you were yesterday.**

For **students**, this is a journey of setting personal goals, pushing limits, and discovering how far they can go.

For **parents**, it is a moment to witness your child grow in **confidence, resilience, and discipline** — understanding that true success comes from continuous self-improvement.

**RockOlympics 2026** sets a new benchmark for excellence:

- **Higher level competition** with more academies and athletes.
- **Baby Olympics** for our youngest champions starting from 6 months.
- **Expanded categories** and new divisions.
- **Enhanced rewards** and exciting new sponsors.
- **Premium venues** designed to inspire peak performance.
- Introduction of **Pickleball** to the RockOlympics arena.

**This is your challenge.**

**This is your growth.**

**This is your moment.**

Because true victory begins when you choose to **Race Against Yourself.**

See you in the arena!

Warmest regards,

**John Franklin**  
CEO, RockStar Academy

## Competition Stages

Competitions	System		Stages
	Individual	Team	
Ballet	Point-Based	X	Indiv Baby: Semi-Final & Final
	Point-Based	X	Indiv Kids & Teens : Semi-Final & Final
	X	Point-Based	Team: Final
Dance	Knock-Out	Point-Based	Ind: Semi-Final & Final, Duo & Team: Final
Cheerleading	X	Point-Based	Final
Broadway	Point-Based	Point-Based	Individual: Semi-Final & Final, Duet: Semi-Final & Final
	X	Point-Based	Team: Final
Contemporary Dance	Point-Based	Point-Based	Indiv: Final, Team: Final

## Schedule & Venue

Date	Stage	Event	
9 May 2026	<i>Semi-Final</i>	Dance Individual	Main Atrium, Grand Metropolitan Bekasi
10 May 2026	<i>Semi-Final</i>	Broadway Individual & Duet	
23 May 2026	<i>Final</i>	Dance Individual, Duo & Team	GF Atrium, Gajah Mada Plaza
16 May 2026	<i>Final</i>	Cheerleading Team & Stunt	Fashion Atrium, Kota Kasablanka
16 May 2026	<i>Final</i>	Ballet Individual & Team	
17 May 2026	<i>Final</i>	Broadway Individual, Duet & Team	
17 May 2026	<i>Final</i>	Contemporary Dance Individual & Team	

## Registration Period

Date	Group	Event Fee	Period
9 May 2026	<i>Dance Individual (Semi-Final)</i>	Early Bird	1 April-3 May 2026
		Regular	4-8 May 2026
		Event Day	9 May 2026
Date	Group	Event Fee	Period
10 May 2026	<i>Broadway Individual &amp; Duet (Semi-Final)</i>	Early Bird	1 April-3 May 2026
		Regular	4-9 May 2026
		Event Day	10 May 2026
Date	Group	Event Fee	Period
16 May 2026	<i>Cheerleading Team &amp; Stunt Ballet Individual &amp; Team</i>	Early Bird	13 April-10 May 2026
		Regular	11-15 May 2026
		Event Day	16 May 2026
Date	Group	Event Fee	Period
17 May 2026	<i>Broadway Team, Broadway Individual &amp; Duet (Final) - No Registration Fee</i> <i>Contemporary Dance Individual &amp; team</i>	Early Bird	13 April-10 May 2026
		Regular	11-16 May 2026
		Event Day	17 May 2026
Date	Group	Event Fee	Period
23 May 2026	<i>Dance Individual (Final) No Registration Fee</i> <i>Dance Duo &amp; Team</i>	Early Bird	20 April-17 May 2026
		Regular	18-22 May 2026
		Event Day	23 May 2026

# Individual Competitions Registration Fees

## Memberships


Registration Period	VIP			Premiere		
	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only
Early Bird	188,000 IDR	158,000 IDR	138,000 IDR	218,000 IDR	188,000 IDR	158,000 IDR
Regular	218,000 IDR	178,000 IDR	158,000 IDR	238,000 IDR	218,000 IDR	178,000 IDR
Event Day	238,000 IDR	198,000 IDR	178,000 IDR	258,000 IDR	238,000 IDR	198,000 IDR


# Team Competitions Registration Fees

## Memberships


Registration Period	VIP			Premiere		
	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only
Early Bird	118,000 IDR	88,000 IDR	78,000 IDR	138,000 IDR	118,000 IDR	88,000 IDR
Regular	138,000 IDR	118,000 IDR	108,000 IDR	158,000 IDR	138,000 IDR	118,000 IDR
Event Day	158,000 IDR	138,000 IDR	118,000 IDR	188,000 IDR	158,000 IDR	138,000 IDR


# Event Per Genre


Genre	Category	Age Group	Remarks	Registration Fee	
	1. Elite Cheers 4-9 yrs	4-9.11 yrs	Team - Pre-selected	118,000 IDR	per student
	2. Elite Cheers 7+ yrs	7-18.11 yrs	Team - Pre-selected	118,000 IDR	per student
	3. Group Stunt 7-12 yrs	7-12.11 yrs	Team - Pre-selected	118,000 IDR	per student
	4. Group Stunt 12-15 yrs	12-15.11 yrs	Team - Pre-selected	118,000 IDR	per student

Genre	Category	Age Group	Remarks	Registration Fee	
	1. Baby Dance 1-3 yrs	1-2.11 yrs	Individual	188,000 IDR	per student
	2. Move & Groove 3-5 yrs	3-4.11 yrs	Individual	188,000 IDR	per student
	3. Dance Kids 4-7 yrs	4-7.11 yrs	Individual	188,000 IDR	per student
	4. Dance Tween 8-11 yrs	8-11.11 yrs	Individual	188,000 IDR	per student
	5. Dance Teen 12+ yrs	12-18.11 yrs	Individual	188,000 IDR	per student
	6. Dance Duo Kids 4-7 yrs	4-7.11 yrs	Small Group - Pre-selected	188,000 IDR	per student
	7. Dance Duo Tween 8-11 yrs	8-11.11 yrs	Small Group - Pre-selected	188,000 IDR	per student
	8. Dance Duo Teen 12+ yrs	12-18.11 yrs	Small Group - Pre-selected	188,000 IDR	per student
	9. Elite Dance Kids 4-8 yrs	4-8.11 yrs	Team - Pre-selected	118,000 IDR	per student
	10. Elite Dance Tween 7+ yrs	7-18.11 yrs	Team - Pre-selected	118,000 IDR	per student

## Event Per Genre

Genre	Category	Age Group	Remarks	Registration Fee	
 Ballet	1. Baby Ballet 2-3 yrs	2-3.11 yrs	Individual	188,000 IDR	per student
	2. Pre-Ballet 4-5 yrs	4-5.11 yrs	Individual	188,000 IDR	per student
	3. Ballet 5-7 yrs	5-7.11 yrs	Individual	188,000 IDR	per student
	4. Ballet 8-10 yrs	8-10.11 yrs	Individual	188,000 IDR	per student
	5. Ballet 11+ yrs (Soft Shoes)	11-18.11 yrs	Individual	188,000 IDR	per student
	6. Ballet 11-12 yrs (Pointe Shoes)	11-12.11 yrs	Individual	188,000 IDR	per student
	7. Ballet 13+ yrs (Pointe Shoes)	13-18.11 yrs	Individual	188,000 IDR	per student
	8. Elite Ballet 4-7 yrs	4-7.11 yrs	Team - Pre-selected	118,000 IDR	per student
	9. Elite Ballet 6+ yrs	6-18.11 yrs	Team - Pre-selected	118,000 IDR	per student

Genre	Category	Age Group	Remarks	Registration Fee	
 Contemporary Dance	1. Elite Contemporary 6+ yrs	6-18.11 yrs	Team - Pre-selected	118,000 IDR	per student
	2. Contemporary Solo 6-7 yrs	6-7.11 yrs	Individual	188,000 IDR	per student
	3. Contemporary Solo 8-10 yrs	8-10.11 yrs	Individual	188,000 IDR	per student
	4. Contemporary Solo 11+ yrs	11-18.11 yrs	Individual	188,000 IDR	per student

Genre	Category	Age Group	Remarks	Registration Fee	
 Broadway	1. Broadway 4-8 yrs	4-8.11 yrs	Individual	188,000 IDR	per student
	2. Broadway 9-12 yrs	9-12.11 yrs	Individual	188,000 IDR	per student
	3. Broadway 13-18 yrs	13-18.11 yrs	Individual	188,000 IDR	per student
	4. Broadway Duet 4-8 yrs	4-8.11 yrs	Small Group-Pre Selected	188,000 IDR	per student
	5. Broadway Duet 9-12 yrs	9-12.11 yrs	Small Group-Pre Selected	188,000 IDR	per student
	6. Broadway Duet 13-18 yrs	13-18.11 yrs	Small Group-Pre Selected	188,000 IDR	per student
	7. Elite Broadway 4-18 yrs	4-18.11 yrs	Team - Pre-selected	118,000 IDR	per student

# Cheerleading Procedures



1. Team members are pre-selected by invitation by instructor. Kindly confirm participation upon invitation.
2. Participants must register at the Front Office (see General Procedures).
3. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
4. For team competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest sticker. The captain of the team must ensure all participants are pre-registered, and receive an "Team Complete" card to be presented to the standby area committee.
5. Participants must check and confirm the competition schedule.
6. Participants are required to wait at the designated area and wait to be called by the
7. committee.

Disqualification will be given to participants who are:

- Late and are not able to present themselves after being called three (3) times.
- Attend competition by wrong age category.
- Attend more than 1 team in the same genre / age category.
- Trying to approach judges (related to the parents as well).
- Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

## Requirements

Event	Age Category (Age On The Day Of The Event)
Elite Team 4-9 yrs	4-9 yrs (4-9 yrs 11 mo)
Elite Team 7+ yrs	7+ yrs (7-18 yrs 11 mo)
Group Stunt 7-12 yrs	7-12 yrs (7-12 yrs 11 mo)
Group Stunt 12-15 yrs	12-15 yrs (12-15 yrs 11 mo)

# Competition Regulations & Procedures

1. Performance routine duration:
  - Elite Team: minimum 2:15 (two minutes & fifteen seconds) and maximum 2:30 (two minutes & thirty seconds).
  - Group Stunt: minimum 60 sec (sixty seconds) and maximum 65 (sixty-five seconds).
2. Any violation to the rules and compulsory element will be resulted in a 10-point deduction.
3. Compulsory Elements in the routine are as followed:
  - Minimum one (1) Cheer.
  - Minimum one (1) Sideline.
  - There must be minimum 2 sets x 4 (four) arm motions in a row which are done by all members of the team simultaneously on Cheer/Sideline part Every set must not be similar.
  - Both sets do not have to be done in sequence and may be done separately.
  - There must be a minimum one (1) Group/Partner Stunt.
  - There must be a minimum of one (1) Pyramid.
  - In Cheer, there must be a word that might be followed by audience and the team members.
  - In Sideline, there must be a repetition of a short sentence minimum twice (2).
  - Cheer and Sideline must be done without entering.

## Cheerleading Schedule Final

	Pre-registration	Competition	Category
<i>Saturday, 16 May 2026</i>	09.00 - 10.00	10.00 - 12.45	Cheerleading Team
	10.00 - 12.45	12.45 - 13.45	Cheerleading Stunt
<i>Awarding Cheerleading Team &amp; Stunt</i>			

# Group Rules

<i>Competition</i>	<i>Kids Cheer</i>	<i>Cheer Elite</i>
<i>Team Members</i>	<ul style="list-style-type: none"> <li>• Minimum 8 Students</li> <li>• Maximum 20 Students</li> </ul>	<ul style="list-style-type: none"> <li>• Minimum 8 Students</li> <li>• Maximum 20 Students</li> </ul>
<i>Compulsary Elements</i>	<ul style="list-style-type: none"> <li>• Minimum 1 Cheer</li> <li>• Minimum 1 Sideline</li> <li>• Minimum 2 Set X A Arm-Motion</li> <li>• Minimum 1 Partner/Group Stunt And 1 Pyramid</li> </ul>	<ul style="list-style-type: none"> <li>• Minimum 1 Cheer</li> <li>• Minimum 1 Sideline</li> <li>• Minimum 2 Set X A Arm-Motion</li> <li>• Minimum 1 Partner/Group Stunt And 1 Pyramid</li> </ul>
<i>Layer</i>	Maximum 2 Layers	Maximum 2 Layers
<i>Height</i>	Maximum 1,5 High	Maximum 2 High
<i>Spotter</i>	A Spotter Must Be Present In 'Hand-On Spotting' Position For Every Top Person At 1,5 High (For Example : Thigh Stand, There Has To Be More Than One Base Person, There Has To Be A Minimum 1 Spotter With 'Hands On Spotting' Position)	A Spotter Must Be Present In 'Hand-On Spotting' Position For Every Top Person At 2 High (For Example : Thigh Stand, There Has To Be More Than One Base Person, There Has To Be A Minimum 1 Spotter With 'Hands On Spotting' Position)
<i>Basket Toss</i>	Not Allowed	Not Allowed
<i>Climbing/Transition</i>	<ul style="list-style-type: none"> <li>• Twist Is Not Allowed</li> <li>• Flip/Rotation Is Not Allowed</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum 1 Twist</li> <li>• Flip/Rotation Is Not Allowed</li> </ul>
<i>Dismount</i>	<ul style="list-style-type: none"> <li>• Twist Is Not Allowed</li> <li>• Flip/Rotation Is Not Allowed</li> </ul>	<ul style="list-style-type: none"> <li>• Twist Is Not Allowed</li> <li>• Flip/Rotation Is Not Allowed</li> <li>• Direct Dismount To The Ground Is Not Allowed From 2 High</li> </ul>
<i>Tumbling</i>	Maximum Flip And 2 Twist	Maximum Flip And 2 Twist

## Group Stunt Rules

Rules	7-12 Years	12-18 Year Junior
Height	2 High	2,5 High (Allowed From Elevator Position (Ex: Press Up From Elevator, Stand Up From Elevator, Etc))
Elemen Wajib (Compulsory)	Heel Stretch (Shoulder Level. Climbingdan Dismount Bebas)	Extension Heel Stretch From Elevator (Dismount Bebas: Press Down, Craddle, DII)
Craddle Dismount	✗	✓
Basket Toss	✗	✗
Inversion	✗	✗
Notes	✗	All The Way Extension, Ground Up Extension Is Not Allowed. Everything Must Started From Elevator Level.

## Cheerleading Team Schedule

Saturday, 16 May 2026				
Cheerleading Team U8-18			Futures	
No	Time	Team Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

## Cheerleading Stunt Schedule

Saturday, 16 May 2026				
Cheerleading Stunt 7-12 Yrs			Futures	
No	Time	Team Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

## *Uniform*

1. Participants must fully dress in their Cheerleading uniform and complete attributes (costumes, make up, shoes, socks).
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

## *Awarding Ceremony*

1. Awarding Ceremony will be done at the end of Competition
2. Winners for each category per Division: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Futures (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Challengers (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Champions (Trophy).
3. Winners will receive a Trophy per team and Certificate of Achievement (Certificates will be distributed 1 month after the event).

# Dance Procedures



1. For individual & Duo competition, all students who fit the age qualification for the category may register and join the competition.
2. For team competition, team members are pre-selected by invitation by instructor. Kindly confirm participation upon invitation.
3. Participants must register at the Front Office.
4. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
5. For individual & Duo competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
6. For team competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest sticker. The captain of the team must ensure all participants are pre-registered, and receive an "Team Complete" card to be presented to the standby area committee.
7. Participants must check and confirm the competition schedule.
8. Participants are required to wait at the designated area and wait to be called by the committee.
9. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Attend more than 1 team in the same genre / age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - The usage of the exact same concept (songs or its mixing, choreography, movements routine) as any previous Event (Elite Championship or Recital).
  - Cheer negatively to the competitors. Be an encourager by supporting the others iperformance and competitions. Be a Team player!!

<i>Event</i>	<i>Age Category (Age On The Day Of The Event)</i>
Dance Individual Kids 4-7 yrs	4-7 yrs (4 – 7 yrs 11 mo)
Dance Individual Tween 8-10 yrs	8-11 yrs (8 – 11 yrs 11 mo)
Dance Individual Teen 12+ yrs	12+ yrs (12 – 18 yrs 11 mo)
Dance Duo Kids 4-7 yrs	4-7 yrs (4 – 7 yrs 11 mo)
Dance Duo Tween 8-11 yrs	8-18 yrs (7 – 18 yrs 11 mo)
Dance Duo Teen 12+ yrs	12-18 yrs (12 – 18 yrs 11 mo)

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## Points Deduction

1. Participation of non-listed performer (students/teacher/parents, etc) - 5 points.
2. Not following the rundown (late) - 5 points.
3. Usage of the equipment/accessories without written approval - 5 points.

## System Dance Individual

1. There are 2 rounds: Semi Final - Final.
2. Students who are fit the age qualification for this category may register.
3. Semi Final Round for Dance Individual categories are Knock-Out Based System.

## System Dance Duo

1. There is only one (1) round for all teams: Final.
2. Team must consist of 2 participants.
3. The maximum duration of music allowed is 2 minutes.
4. Scoring for Dance Team categories are based on point-based system.
5. Students who are fit the age qualification for this category may register.
6. Equipment usage is strictly prohibited and will be cause team disqualification. Any accessories usage must be fake (not real food, pets, drinks) & MUST GET APPROVAL (written letter) from the Event Manager. Parents are not allowed to help with accessoriespreparation. Parents must stand by in the audience area.

## Dance Individual Schedule

### Semi-Final

	Time	Category
Saturday, 9 May 2026	16.00 - 17.30	Dance Individual 4-7 yrs
	17.30 - 19.00	Dance Individual 8-11 yrs
	19.00 - 20.30	Dance Individual 12+ yrs

# Dance Individual, Duo & Team Schedule

*Final*

<i>Saturday, 23 May 2026</i>	Time	Category
	13.00 - 13.45	Dance Individual 4-7 yrs
	13.45 - 14.30	Dance Individual 8-11 yrs
	14.30 - 15.15	Dance Individual 12+ yrs
	15.15 - 16.00	Dance Duo 4-7 yrs
	16.00 - 16.45	Dance Duo 8-11 yrs
	16.45 - 17.30	Dance Duo 12+ yrs
	17.30 - 19.00	Elite Team Dance 4-8 yrs
	19.00 - 20.30	Elite Team Dance 7+ yrs
	<i>Dance Awarding</i>	

## Costumes & Routines

### *Dance Individual (4-7 yrs)*

**Gold & Silver Theme** – Wear costumes with glitter, sequins, metallic fabrics, or anything that sparkles and catches the spotlight. Shine bright on stage!



**Tutorial Video** ▶

<https://youtu.be/bP16Fd-mezU>

## Costumes & Routines

### Dance Individual (8-11 yrs)

**Rainbow Theme** – Your outfit should feature a vibrant combination of rainbow colors. Get creative with bold, eye-catching styles that stand out. Bring the color!



**Tutorial Video** ▶

<https://youtu.be/J4KCESkQAc0>

### Dance Individual (12+ yrs)

**Dark Theme** – Your outfit should be primarily black and silver. Get creative with edgy, dramatic details and sleek, striking designs. Embrace the power of the night!



**Tutorial Video** ▶

<https://youtu.be/Sev4A7AjByg>

## Procedures

1. Candidate must perform dance from the List above according with their age as per date of the semi-final.
2. Candidate must dance according to choreography shown on the video (see RSA video link).
3. Dance routine will not be learnt in the regular classes. Candidates should learn routines in private classes with RSA Dance teacher.
4. Age Limits: Participants should follow their proper age as at per date of the semi-final. Age will be checked during registration process. RSA has right to disqualify any participant that registered under the wrong age category.

## Procedures

5. All judges' scores are final and unchangeable.
6. In addition, the top 4 performers will have an additional competition in the form of Battle Dance, to determine the winners (1, 2, 3).
7. This system is not learning a choreography, but a freestyle dance in which 2 dancers will face each other 1 on 1 by showing off their dance skills through dance freestyle movements.
8. In Dance Battle judging system is Knock-Out system, no point-based system is required. It means the judges will directly choose the best dancer by pointing the winner in the battleground.
9. The skills that will be evaluated during the dance battle are:
  - Technique
  - Expression
  - Musicality

## System & Procedures Dance Team

1. There is only one (1) round for all teams: Final.
2. Team must consist min of 5 participants.
3. Scoring for Dance Team categories are based on point-based system.
4. Students who are fit the age qualification for this category may register.
5. Participants of kids' age category can join in Tween age with a special permission from the Instructor.
6. Participants of tween' age category CANNOT join in kids' age category.
7. Teams will be grouped by skills-based divisions (Futures, Challenges, & Champions), based on the scores from the Elite Championships Spring 2026.
8. Winners of the division will be automatically moved up to the higher division, and the weakest teams in each division will be automatically moved to the lower division.
9. All new teams (with 70% of the beginners) will be placed to the Futures. Teachers must send 2min video of the choreography D-24 to DM for the skills evaluation.
10. Any other new/changing names or instructor teams will be evaluated (by management) and placed in the skills-appropriated division.
11. Equipment usage is strictly prohibited and will be cause team disqualification. Any accessories usage must be fake (not real food, pets, drinks) & MUST GET APPROVAL (written letter) from the Event Manager. Parents are not allowed to help with accessories preparation. Parents must stand by in the audience area.

## Dance Duo Schedule

Saturday, 23 May 2026				
Dance Duo 4-7 yrs				
No	Time	Team Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

## Dance Team Schedule

Saturday, 23 May 2026				
Dance Team 4-8 yrs			Futures	
No	Time	Team Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

<i>Event</i>	<i>Age Category</i>
Elite Team 4-8 yrs	4-8.11
Elite Team 7+ yrs	7-18.11

## Dance Team Rules

### *Dance Kids (Team)*

- Time Length: Min. 3 mins - Max. 5 mins
- Min participants per team: 5
- Dress Code: Based on the concept that have been decided by the instructor (Free)

### *Dance Tween & Teens (Team)*

- Time Length: Min. 3 mins - Max. 5 mins
- Min participants per team: 5
- Dress Code: Based on the concept that have been decided by the instructor (Free)

*The skills that will be evaluated during the dance team competition are:*

- Choreography
- Technique
- Expression
- Additional score will be given to the number of participants in the group.

## Awarding Ceremony

1. Awarding Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze).
3. Winners for each category per Division: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Futures (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Challengers (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Champions (Trophy).
4. Winners will receive a Medal (Individual) and a Trophy (Team) Certificate of Achievement (Certificates will be distributed 1 month after the event).

## Ballet Procedures



### Registration

1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. For team competition, team members are pre-selected by invitation by instructor. Kindly confirm participation upon invitation.
3. Participants must register at the Front Office.
4. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
5. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
6. For team competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest sticker. The captain of the team must ensure all participants are pre-registered, and receive an "Team Complete" card to be presented to the standby area committee.
7. Participants must check and confirm the competition schedule.
8. Participants are required to wait at the designated area and wait to be called by the committee.
9. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Attend more than 1 team in the same genre / age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - The usage of the exact same concept (songs or its mixing, choreography, movements routine) as any previous Event (Elite Championship or Recital).
  - Cheer negatively to the competitors. Be an encourager by supporting the others performance and competitions. Be a Team player!!

## Points Deduction

1. Overtime or Undertime duration - 3 points.
2. Participation of non-listed performer (students/teacher/parents, etc) - 5 points.
3. Not following the rundown (late) - 5 points.
4. Usage of the equipment/accessories without written approval - 5 points.

## System & Procedures

1. There is only Final stage for the following ballet individual categories.
2. Students who are fit the age qualification for this category may register.
3. System - Points-Based.

<i>Event</i>	<i>Age Category (On The Day Of The Event)</i>
Ballet Individual 5-7 yrs	5-7 yrs (5 yrs – 7 yrs 365 days)
Ballet Individual 8-10 yrs	8-10 yrs (8 yrs – 10 yrs 365 days)
Ballet Individual 11+ yrs (Soft Shoes)	11-18 yrs (11 yrs – 18 yrs 365 days)
Ballet Individual 11-12 yrs (Pointe Shoes)	11-12 yrs (11 yrs – 12 yrs 365 days)
Ballet Individual 13+ yrs (Pointe Shoes)	13-18 yrs (13 yrs – 18 yrs 365 days)

## Ballet Individual & Team Schedule

<p><i>Saturday, 16 May 2026</i></p>	Time	Category
	15.00 - 15.30	Ballet Individual 5-7 yrs
	15.30 - 16.00	Ballet Individual 8-10 yrs
	16.00 - 16.30	Ballet Individual 11+ yrs (Soft Shoes)
	16.00 - 16.30	Ballet Individual 11-12 yrs (Pointe Shoes)
	16.00 - 16.30	Ballet Individual 13+ yrs (Pointe Shoes)
	<i>Ballet Individual Awarding</i>	
	16.45 - 17.45	Ballet Team U5-7 yrs
17.45 - 18.45	Ballet Team U8-18 yrs	
<i>Ballet Team Awarding</i>		

## Uniform & Routines

*Ballet Individual (5-7 yrs)*



*Bunny  
Variation*

**Tutorial Video ▶**

<https://youtu.be/CSgslJOYdwY>

*Ballet Individual (8-10 yrs)*



*Asian Doll  
Variation*

**Tutorial Video ▶**

<https://youtu.be/7mXiGxc9hBk>

*Ballet Individual Soft Shoes Girls (11+ yrs)*  
*Girls*



*Fairydoll  
Variation*

**Tutorial Video ▶**

<https://youtu.be/JnwwGAMFyG4>

*Ballet Individual Soft Shoes Boys (11+ yrs)*  
*Boys*



*Drummer Boy  
Variation*

**Tutorial Video ▶**

<https://youtu.be/6mEVfjE-XjU>

*Ballet Individual Pointe Shoes (11-12 yrs)*



*3<sup>rd</sup> Shades  
Variation*

**Tutorial Video ▶**

<https://youtu.be/5vR9qegorV8>

*Ballet Individual Pointe Shoes (13+ yrs)*



*2<sup>nd</sup> Shades  
Variation*

**Tutorial Video ▶**

<https://youtu.be/VZmWN1qLidw>

# System & Procedures

## *Ballet Individual*

1. Candidate must perform variations according with their age as per 16 May 2026.
2. Candidate must perform choreography according to video provided (see RSA video link).
3. Major alteration to original choreography will cost point deduction.
4. Variation cannot be changed once registration is submitted.
5. Variation will not be learnt in the regular classes. Candidates should learn routines in private classes with RSA Ballet teacher.
6. Pointe shoes usage are not allowed in these variations. Candidate must only use soft pink shoes.
7. Age Limits: Participants should follow their proper age as of 16 May 2026. Age will be checked during registration process. RSA may disqualify any participant that registered under the wrong age category.
8. Judges have right:  
The skills that will be evaluated during the Ballet Individual Competition are:
  - Technique
  - Expression
  - Musicality

# System & Procedures

## *Ballet Team Categories*

1. There is only one (1) round for all teams: Final.
2. Team must consist min of 5 participants.
3. Scoring for Ballet Team categories are based on point-based system.
4. Students who are fit the age qualification for this category may register.
5. Participants of kids' age category can join in Tween age with a special permission from the Instructor.
6. Participants of tween' age category CANNOT join in kids' age category.
7. Teams will be grouped by skills-based divisions (Futures, Challenges, & Champions), based on the scores from the Elite Championships Spring 2026. Winners of the division will be automatically moved up to the higher division, and the weakest teams in each division will be automatically moved to the lower division.
8. All new teams (with 70% of the beginners) will be placed to the Futures.
9. Any other new/changing names or instructor teams will be evaluated (by management) and placed in the skills-appropriated division.
10. Equipment usage is strictly prohibited and will be cause team disqualification. Any accessories usage must be fake (not real food, pets, drinks) & MUST GET APPROVAL (written letter) from the Event Manager.

## Venue For Final

Fashion Atrium, Kota Kasablanka



# Ballet Team Schedule

Saturday, 16 May 2026

Ballet Team U5-7			Futures	
No	Time	Team Name	Academy	Instructor
<p><i>Coming Soon. Stay Tuned.</i></p>				

<i>Event</i>	<i>Age Category</i>
Elite Team 4-7 yrs	4-7 yrs (4 yrs – 7 yrs 364 days)
Elite Team 6+ yrs	6-18 yrs (6 yrs – 18 yrs 364 days)

### *Ballet Kids (Team)*

- Time Length: Min. 3 mins - Max. 5 mins
- Min participants per team: 5
- Dress Code: Based on the concept that have been decided by the instructor (Free)

### *Ballet Tween & Teens (Team)*

- Time Length: Min. 3 mins - Max. 5 mins
- Min participants per team: 5
- Dress Code: Based on the concept that have been decided by the instructor (Free)

*The skills that will be evaluated during the ballet team competition are:*

- Choreography
- Technique
- Expression

## *Awarding Ceremony*

1. Awarding Ceremony will be done according with the rundown
2. Winners of Individual Categories: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze)
3. Winners for each category per Division: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Futures (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Challengers (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Champions (Trophy).
4. Winners will receive a Medal (Individual) and a Trophy (Team) Certificate of Achievement (Certificates will be distributed 1 month after the event)

# Contemporary Dance Procedures



## Registration

1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. For team competition, team members are pre-selected by invitation by instructor. Kindly confirm participation upon invitation.
3. Participants must register at the Front Office.
4. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts.
5. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
6. For team competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest sticker. The captain of the team must ensure all participants are pre-registered, and receive an "Team Complete" card to be presented to the standby area committee.
7. Participants must check and confirm the competition schedule.
8. Participants are required to wait at the designated area and wait to be called by the committee.
9. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Attend more than 1 team in the same genre / age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - Team - The usage of the exact same concept (songs or its mixing, choreography, movements (routine) as any previous Event (Elite Championship or Recital).
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

## Points Deduction

1. Overtime or Undertime duration - 3 points.
2. Participation of non-listed performer (students/teacher/parents, etc) - 5 points.
3. Not following the rundown (late) - 5 points.
4. Usage of the equipment/accessories without written approval - 5 points.

## System & Procedures

### Contemporary Dance Individual

1. There is only Final stage for the following Contemporary Dance individual categories.
2. Students who are fit the age qualification for this category may register.
3. System: Points-Based.

Event	Age Category (On The Day Of The Event)
Contemporary Dance Individual 6-7 yrs	6-7 yrs (6 yrs – 7 yrs 365 days)
Contemporary Dance Individual 8-10 yrs	8-10 yrs (8 yrs – 10 yrs 365 days)
Contemporary Dance Individual 11+ yrs	11-18 yrs (11 yrs – 18 yrs 365 days)

## Contemporary Dance Individual & Team Schedule

Sunday, 17 May 2026	Time	Category
	11.00 - 12.00	Contemporary Dance Individual 6-7 yrs
	11.00 - 12.00	Contemporary Dance Individual 8-10 yrs
	11.00 - 12.00	Contemporary Dance Individual 11+ yrs
	12.00 - 13.00	Contemporary Dance Team U8-18
Contemporary Dance Individual & Team Awarding		

## Uniform & Routines

### Contemporary Dance Solo (6-7 yrs)



*Breeze Solo*

**Tutorial Video** ▶

<https://youtu.be/8p42wz1kmeU>

### Contemporary Dance Solo (8-10 yrs)



*Golden Hour Solo*

**Tutorial Video** ▶

<https://youtu.be/Mt0JNEFsrkc>

### Contemporary Dance Solo (11+ yrs)



*River Solo*

**Tutorial Video** ▶

<https://youtu.be/mxgKD3VAESI>

# Procedures

## *Contemporary Dance Individual*

1. Candidate must perform variations according with their age as per 17 May 2026.
2. Candidate must perform choreography according to the video guide provided (see RSA video link).
3. Major alteration to original choreography will cost point deduction.
4. Variation cannot be changed once registration is submitted.
5. Variation will not be learnt in the regular classes. Candidates should learn routines in private classes with RSA Contemporary Dance teacher.
6. Age Limits: Participants should follow their proper age as of 17 May 2026. Age will be checked during registration process. RSA may disqualify any participant that registered under the wrong age category.
7. Judges have right:
  - Not to award all the prizes
  - To share prize among performers
8. All judges' scores are final and unchangeable.
9. The skills that will be evaluated during the Contemporary Dance Individual Competition are:
  - Technique
  - Expression
  - Musicality

# System & Procedures

## Contemporary Dance team

1. There is only one (1) round for all teams: Final.
2. Team must consist min of 5 participants.
3. Scoring for Contemporary Dance Team categories are based on point-based system.
4. Students who are fit the age qualification for this category may register.
5. Teams will be grouped by skills-based divisions (Futures, Challenges, & Champions), based on the scores from the Elite Championships Spring 2026. Winners of the division will be automatically moved up to the higher division, and the weakest teams in each division will be automatically moved to the lower division.
6. All new teams (with 70% of the beginners) will be placed to the Futures.
7. Any other new/changing names or instructor teams will be evaluated (by management) and placed in the skills-appropriated division.
8. Equipment usage is strictly prohibited and will be cause team disqualification. Any accessories usage must be fake (not real food, pets, drinks) & MUST GET APPROVAL (written letter) from the Event Manager.

<i>Event</i>	<i>Age Category (On The Day Of The Event)</i>
Contemporary Dance Team 6+ yrs	6-18 yrs (6 – 18 yrs 365 days)

### *Contemporary Dance (Team)*

- Time Length: Min. 3 mins - Max. 5 mins
- Min participants per team: 5
- Dress Code: Based on the concept that have been decided by the instructor (Free)

*The skills that will be evaluated during the Contemporary Dance team competition are:*

- Choreography
- Technique
- Expression

# Contemporary Dance Team Schedule

Sunday, 17 May 2026

Contemporary U8-18			Futures	
No	Time	Team Name	Academy	Instructor
<p><i>Coming Soon. Stay Tuned.</i></p>				

## Venue For Final

Fashion Atrium, Kota Kasablanka



## Awarding Ceremony

1. Awarding Ceremony will be done according with the rundown
2. Winners of Individual Categories: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze)
3. Winners for each category per Division: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Futures (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Challengers (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Champions (Trophy).
4. Winners will receive a Medal (Individual) and a Trophy (Team) Certificate of Achievement (Certificates will be distributed 1 month after the event)

# Broadway Procedures



## Registration

1. For individual & Duet competition, all students who fit the age qualification for the category may register and join the competition.
2. For team competition, team members are pre-selected by invitation by instructor. Kindly confirm participation upon invitation.
3. Participants must register at the Front Office.
4. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
5. For individual & Duet competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
6. For team competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest sticker. The captain of the team must ensure all participants are pre-registered, and receive an "Team Complete" card to be presented to the standby area committee.
7. Participants must check and confirm the competition schedule.
8. Participants are required to wait at the designated area and wait to be called by the committee.
9. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Attend more than 1 team in the same genre / age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - The usage of the exact same concept (songs or its mixing, choreography, movements routine) as any previous Event (Elite Championship or Recital).
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

# Points Deduction

1. Overtime or Undertime duration – 3 points.
2. Participation of non-listed performer (students/teacher/parents, etc) – 5 points.
3. Not following the rundown (late) – 5 points.
4. Usage of the equipment/accessories without written approval – 5 points.
5. Choreography not presented – 5 points.
6. Blocking not presented – 5 points.

# System & Procedures

## Broadway Individual

1. There is only Final stage for the following Broadway individual categories.
2. Students who are fit the age qualification for this category may register Individual categories that are Points-Based System.

<i>Event</i>	<i>Age Category (On The Day Of The Event)</i>
Broadway Individual Kids	4 - 8 yrs 11 mo
Broadway Individual Tween	9 - 12 yrs 11 mo
Broadway Individual Teen	13 - 18 yrs 11 mo
Broadway Duet 4-8 yrs	4 - 8 yrs 11 mo
Broadway Duet 9-12 yrs	9 - 12 yrs 11 mo
Broadway Duet 13-18 yrs	13 - 18 yrs 11 mo

### *Broadway Individual & Duet (4 - 8 yrs)*

- Any song (can be mixed , fit to the age ), costume - fit to the song theme

### *Broadway Individual & Duet (9-12 yrs)*

- Any song (can be mixed, fit to the age), costume - fit to the song theme

### *Broadway Individual & Duet (13+ yrs)*

- Any song (can be mixed, fit to the age), costume - fit to the song theme

## Broadway Individual & Duet Schedule

### *Semi-Final*

<i>Sunday, 10 May 2026</i>	<i>Time</i>	<i>Category</i>
	13:00 - 14:00	Broadway Individual 4-8 yrs
	14:00 - 15:00	Broadway Individual 9-12 yrs
	15:00 - 16:00	Broadway Individual 13-18 yrs
	16:00 - 17:00	Broadway Duet 4-8 yrs
	17:00 - 18:00	Broadway Duet 9-12 yrs
	18:00 - 19:00	Broadway Duet 13-18 yrs

## Broadway Individual, Duet & Team Schedule

### *Final*

<i>Sunday, 17 May 2026</i>	<i>Time</i>	<i>Category</i>
	14.00 - 14.50	Broadway Individual 4-8 yrs
	14.50 - 15.40	Broadway Individual 9-12 yrs
	15.40 - 16.30	Broadway Individual 13-18 yrs
	16.30 - 17.10	Broadway Duet 4-8 yrs
	17.10 - 17.50	Broadway Duet 9-12 yrs
	17.50 - 18.30	Broadway Duet 13-18 yrs
	18.55 - 21.10	Broadway Team 4-18 yrs
<i>Broadway Awarding</i>		

## Broadway Individual Schedule

Sunday, 17 May 2026

Broadway Individual 4-8 Yrs

No	Time	Kids Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

## Broadway Duet Schedule

Sunday, 17 May 2026

Broadway Duet 4-8 Yrs

No	Time	Kids Name	Academy	Instructor
<i>Coming Soon. Stay Tuned.</i>				

# System & Procedures

## Broadway Individual & Duet

1. Songs for individual & duet competition will not be learnt in the regular classes. Candidates should learn routines in private classes with RSA Broadway teacher.
2. Song must be sent in MP3 file submitted via RSA Instructor. Instructor must send the song to the Event Manager the latest on 8 May 2026. The song name must consist of Student's full name and Broadway category.
3. Age Limits: Participants should follow their proper age as of 17 May 2026. Age will be checked during registration process. RSA may disqualify any participant that registered under the wrong age category.
4. Judges have right:
  - Not to award all the prizes;
  - To share prize among performers;
5. Judges scores are final and unchangeable.  
The skills that will be evaluated during the Ballet Individual Competition are:
  - Technique
  - Expression
  - Musicality

## Broadway Team

1. There is only one (1) round for all teams: Final.
2. Team must consist min of 3 & max of 10 participants.
3. Scoring for Broadway Team categories are based on point-based system.
4. Students who are fit the age qualification for this category may register.
5. Teams will be grouped by skills-based divisions (Futures, Challenges, & Champions), based on the scores from the Elite Championships Spring 2026. Winners of the division will be automatically moved up to the higher division, and the weakest teams in each division will be automatically moved to the lower division.
6. All new teams (with 70% of the beginners) will be placed to the Futures.
7. Any other new/changing names or instructor teams will be evaluated (by management) and placed in the skills-appropriated division.
8. Equipment usage is strictly prohibited and will be cause team disqualification. Any accessories usage must be fake (not real food, pets, drinks) & MUST GET APPROVAL (written letter) from the Event Manager.

<i>Event</i>	<i>Age Category (On The Day Of The Event)</i>
Elite Broadway 4-18 yrs	4-18 yrs (4-18 yrs 365 days)

***Broadway Individual & Duet***

- Time Length: Min. 3 mins - Max. 5 mins
- Dress Code: Based on the concept that have been decided by the instructor (Free)

***Elite Broadway Team (4-18 yrs)***

- Time Length: Min. 3 mins - Max. 5 mins
- Participants per team: 3 to 10 kids
- Dress Code: Based on the concept that have been decided by the instructor (Free)

***Choreography and blocking is a must***

## *Venue For Semi-Final*

**Main Atrium, Grand Metropolitan Bekasi**



## Venue For Final

Fashion Atrium, Kota Kasablanka



## Awarding Ceremony

1. Awarding Ceremony will be done according with the rundown
2. Winners of Individual Categories: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze)  
Winners for each category per Division: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Futures (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Challengers
3. (Trophy), 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Champions (Trophy).  
Winners will receive a Medal (Individual) and a Trophy (Team) Certificate of Achievement
4. (Certificates will be distributed 1 month after the event)

## *Disclaimer of Liability*

Participation in all sports and performing arts activities—including but not limited to gymnastics, swimming, basketball, futsal, multi-sports, pickleball, table tennis, tennis, martial arts, parkour, ballet, dance, Broadway, contemporary dance, and cheerleading—involves inherent risks of physical injury or health-related incidents.

While RockStar Academy and its event organizers take all reasonable precautions to create a safe and supportive environment—including the provision of qualified medical personnel on standby during events (where applicable)—we shall not be held liable for any injuries, accidents, or medical conditions that may arise during training sessions, rehearsals, or competitions.

By participating in any activity, members and their parents or legal guardians acknowledge and accept full responsibility for all associated risks and confirm that their participation is entirely voluntary.

Please ensure you have thoroughly reviewed the event guide. Submission of your registration and payment constitutes your full understanding and acceptance of all event terms and conditions.

We remain fully committed to safety and emergency readiness; however, the final responsibility lies with each participant and their parent or guardian.

# *RockStar Academy's Events / Competition Code of Conduct*

To maintain the integrity and spirit of the RockStar Academy's Events (Testing / Recitals) & Competitions, all participants, parents, coaches, and supporters are required to adhere to the following guidelines:

**1. Positive Conduct:**

All communication, including on social media, must reflect positivity and respect. Negative, offensive, or harmful content directed at the competition, participants, staff, or organization will not be tolerated.

**2. Judges' Decisions:**

All judges' scores and decisions are final. Participants and supporters are expected to respect these outcomes without dispute.

**3. Respect and Sportsmanship:**

Competitors, parents, and coaches must demonstrate respect toward fellow participants, staff, and opponents at all times. Good sportsmanship is a core value of this competition.

**4. Dispute Resolution:**

Any disputes, concerns, or appeals must be submitted only by email ([studentcare.id@rockstaracademy.com](mailto:studentcare.id@rockstaracademy.com)) to the designated competition address. Such matters must not be raised during event/competition time to ensure a smooth and professional event.

**5. Compliance and Consequences:**

Failure to comply with these guidelines may result in sanctions, including the disqualification of an individual or team, at the discretion of the organizing committee.

**6. Agreement to Terms:**

By submitting payment for the event/competition, participants and their representatives acknowledge and agree to all Terms & Conditions outlined in this Guide.



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