



Rock Olympics ²⁰²⁶

RACE AGAINST YOURSELF!

**BALLET • DANCE
MULTI-SPORTS
BABY GYMNASTICS**

Event Guide

Welcome Note

Welcome to RockOlympics 2026!

Dear RockStars Parents & Students,

We are proud to present **RockOlympics 2026** — our most dynamic and competitive stage, where every challenge becomes an opportunity and every passion finds its moment to shine.

This is more than an event.

This is a movement.

This year, we introduce a powerful theme: **Race Against Yourself!**

At RockStar Academy, we believe the greatest competition is not against others — but **against who you were yesterday.**

For **students**, this is a journey of setting personal goals, pushing limits, and discovering how far they can go.

For **parents**, it is a moment to witness your child grow in **confidence, resilience, and discipline** — understanding that true success comes from continuous self-improvement.

RockOlympics 2026 sets a new benchmark for excellence:

- **Higher level competition** with more academies and athletes.
- **Baby Olympics** for our youngest champions starting from 6 months.
- **Expanded categories** and new divisions.
- **Enhanced rewards** and exciting new sponsors.
- **Premium venues** designed to inspire peak performance.
- Introduction of **Pickleball** to the RockOlympics arena.

This is your challenge.

This is your growth.

This is your moment.

Because true victory begins when you choose to **Race Against Yourself.**

See you in the arena!

Warmest regards,

John Franklin
CEO, RockStar Academy

Competition Stages

Competitions	System		Stages
	Individual	Team	
Ballet	Point-Based	Point-Based	Ind-Semi Final-Final, Team-Final
Dance	Knock-Out	Point-Based	Ind-Semi Final-Final, Team-Final
Multi-Sports	Knock-Out	X	Semi Final; Final
Baby Gym	Knock-Out	X	Semi Final; Final

Schedule & Venue Semi-Final

Date	Stage	Competition & Venue
9 May 2026	Semi-Final	BABY DANCE & MOVE N GROOVE (To Be Confirmed)
10 May 2026	Semi-Final	MULTI-SPORTS (Sports Court RSA Gajah Mada Plaza)
		BABY GYM (Gymnastics Studio RSA Gajah Mada Plaza)
		BABY BALLET & PRE-BALLET (To Be Confirmed)

Schedule & Venue Final

Date 17 May 2026	Stage Final	Competition & Venue BABY BALLET & PRE-BALLET (Fashion Atrium Kota Kasablanka)
Date 23 May 2026	Stage Final	Competition & Venue BABY DANCE & MOVE N GROOVE (GF Atrium Gajah Mada Plaza)
Date 24 May 2026	Stage Final	Competition & Venue MULTI-SPORTS (Sports Court RSA Gajah Mada Plaza) BABY GYM (Gymnastics Studio RSA Gajah Mada Plaza)

Events per genre

Genre	Category	Age group	Remarks	Registration Fees
Dance	Baby Dance	1-3 yrs	Individual	188,000 IDR per student
	Move & Groove	3-5 yrs	Individual	188,000 IDR per student
Ballet	Baby Ballet	2-3 yrs	Individual	188,000 IDR per student
	Pre-Ballet	4-5 yrs	Individual	188,000 IDR per student
Baby Gym	Baby Crawling 6-11 mo	6-11 mo	Individual	188,000 IDR per student
	Baby Walker 12-23 mo	12-23 mo	Individual	188,000 IDR per student
	Baby Jumper 24-35 mo	24-35 mo	Individual	188,000 IDR per student
	Tots 36-47 mo	36-47 mo	Individual	188,000 IDR per student
Multi-Sports	Sports U3 (2-3 yrs)	24-35 mo	Individual	188,000 IDR per student
	Sports U5 (4-5 yrs)	36-59 mo	Individual	188,000 IDR per student

Registration Period

Date	Event	Registration	Period
9 May 2026	Baby Dance & Move N Groove	Early Bird	1 April-3 May 2026
		Regular	4-8 May 2026
		Event Day	9 May 2026
Date	Event	Registration	Period
10 May 2026	Baby Ballet & Pre-Ballet	Early Bird	1 April-3 May 2026
	Baby Gym	Regular	4-9 May 2026
	Multi-Sports	Event Day	10 May 2026

Registration Fees

Memberships

Registration Period	VIP			Premiere		
	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only	All Academy Except PK & CS	23 Paskal Bandung Only	Ciputra World Surabaya Only
Early Bird	188,000 IDR	158,000 IDR	138,000 IDR	218,000 IDR	188,000 IDR	158,000 IDR
Regular	218,000 IDR	178,000 IDR	158,000 IDR	238,000 IDR	218,000 IDR	178,000 IDR
Event Day	238,000 IDR	198,000 IDR	178,000 IDR	258,000 IDR	238,000 IDR	198,000 IDR

Baby Dance Procedures



1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. Participants must register at the Front Office.
3. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
4. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
5. Participants must check and confirm the competition schedule.
6. Participants are required to wait at the designated area and wait to be called by the committee.
7. Disqualification will be given to participants who are:
 - Late and are not able to present themselves after being called three (3) times.
 - Not following Competition regulations.
 - Trying to approach judges (related to the parents as well).
 - Team using song with inappropriate words.
 - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

Point Deduction

1. Participation of non-listed performer (students/teacher/parents, etc) - 5 points.
2. Not following the rundown (late) - 5 points.
3. Usage of the equipment/accessories without written approval - 5 points.

Baby Dance Schedule

Semi-Final

Date	Time	Competitions
Saturday, 9 May 2026	10:00 - 12:00	Baby Dance
	13:00 - 15:00	Move n Groove

Final

Date	Time	Competitions
Saturday, 23 May 2026	10:00 - 10:45	Baby Dance
	10:45 - 11:30	Move n Groove
DANCE AWARDING		

System

Baby Dance & Move N Groove

1. There are 2 rounds: Semi Final - Final.
2. Students who are fit the age qualification for this category may register.
3. Semi Final Round for Dance Individual categories are Knock-Out Based System.

Event	Age Category (On The Day Of The Event)
Baby Dance	1 - 2 yrs 364 days
Move & Groove	3 - 4 yrs 364 days

System

1. Semi Final: participants will perform 4 songs following the instructor's guidance.
Final: participants who have passed semi-finals, will perform dance routine as at Semi Final.
2. Participants will be divided by groups.
3. An instructor will demonstrate dance movements and all the participants must follow.
4. Only (1) parent/guardian is allowed to assist the participant.
5. Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
6. Participants with the same points result will be invited for extra competition to verify winner.
7. All the participants have to follow the song that have been determined for this year Semi Final:

Baby Dance (1-3 yrs)

- All our Feelings are Okay
- Berry Strawberry
- Springtime Alive
- Spring Freeze

Move N Groove (3-5 yrs)

- ZOO
 - Soda Pop
 - Golden
8. Costume - free, comfortable. No jewelry, watches, bracelets are allowed.
 9. All judges' scores are final and unchangeable.

Awarding Ceremony

1. Awarding Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).

Baby Ballet Procedures



1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. Participants must register at the Front Office.
3. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
4. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
5. Participants must check and confirm the competition schedule.
6. Participants are required to wait at the designated area and wait to be called by the committee.
7. Disqualification will be given to participants who are:
 - Late and are not able to present themselves after being called three (3) times.
 - Not following Competition regulations.
 - Attend competition by wrong age category.
 - Trying to approach judges (related to the parents as well).
 - Team using song with inappropriate words.
 - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

Point Deduction

1. Overtime or Undertime duration - 3 points.
2. Participation of non-listed performer (students/teacher/parents, etc) - 5 points.
3. Not following the rundown (late) - 5 points.
4. Usage of the equipment/accessories without written approval - 5 points.

System & Procedures

Ballet Individual

1. There are 2 rounds: Semi-Final & Final.
2. Students who are fit the age qualification for this category may register for Semi-Final.
3. System - Points-Based.

<i>Event</i>	<i>Age Category (On The Day Of The Event)</i>
Baby Ballet	2 - 3 yrs
Pre-Ballet	4 - 5 yrs

1. Semi Final: participants will perform 3 songs following the instructor's guidance.
Final: participants who have passed semi-finals, will perform dance routine as at Semi Final.
2. Participants will be divided by groups. An instructor will demonstrate dance movements and all the participants must follow.
3. Participants will be divided by groups.
4. Adults are not allowed to accompany a child (only in case the students is crying).
5. Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
6. Participants with the same points result will be invited for extra competition to verify winner.
7. All the participants have to follow the song that have been determined for this year Semi Final:

Baby Ballet (2-3 yrs)

- One Little Finger
- Hockey Pokey
(Accessories, Flowers & Pom Pons)

Pre-Ballet (4-5 yrs)

- Run Into a Picture
- Feet Little Duck
(No Accessories)

Baby Ballet & Pre-Ballet Schedule

Semi-Final

Date	Time	Competitions
Sunday, 10 May 2026	10:00 - 13:00	Baby Ballet
	14:00 - 16:00	Pre-Ballet

Final

Date	Time	Competitions
Sunday, 17 May 2026	10:00 - 10:45	Baby Ballet
	10:00 - 10:45	Pre-Ballet
BABY BALLET & PRE-BALLET AWARDING		

Uniform

1. Any color of Ballet Leotard, Ballet Tutu or Wrap Skirt.
2. White/soft pink color Stocking, Ballet slippers.
3. Hair tight or in a bun, appropriate hair piece (no crown, no mickey mouse ears, etc.).
4. No accessories (necklace, bracelet, anklet, etc.).

Awarding Ceremony

1. Awarding Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).

Venue For Semi-Final

To Be Confirmed

*Coming Soon.
Stay Tuned.*

Venue For Final

Fashion Atrium, Kota Kasablanka



Multi-Sports Procedures



Registration

1. Participants must register at the Front Office. All Fees Are Non-Refundable.
2. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts.
3. Participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number
4. Participants must check and follow the competition schedule.
5. Participants are required to wait at the designated area and wait to be called by the committee.

Disqualification will be given to participants who are:

- Late and are not able to present themselves after being called three (3) times
- Not following Competition regulations
- Attend competition by the wrong age category
- Trying to approach judges (related to the parents as well)
- Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

Competition Rules & Regulations

1. All participants must wear a chest number.
2. The system is Time based (fastest with proper technique) .
3. All participants have to finish all tasks.
4. Adult supervision is only allowed in Sports U3. Only maximum of one adult will be allowed to guide each participant. Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
5. Participants with the same time result will be invited for extra competition to verify winner.
6. Strictly no food and drinks are allowed at the competition area.

Procedures

Semi-Finals → 20 finalists

Finals → 3 Winners

Skill & Stations

Semi Final → 3 rows of Obstacle Course + Station 1-4 + Bean Bags Toss.

Final → 3 rows of an obstacle course + Station 1-7 + Bean Bags Toss.

Sports U3 (2-3 yrs)

Participants will be divided into 3 groups to do courses accompanied by one (1) adult and 1 shadow teacher as a judge. There are seven (7) obstacles in a course.

Station 1: Participants will step over the hurdles.

Station 2: Participants will jump through hoops.

Station 3: Participants will step on the stepping stones.

Station 4: Participants will stand in one hoop, then receive the ball from the coach (participants will not continue to the next station before participants can receive the ball without any help from an adult). Station 5: Participants will shoot the ball into the mini basketball rim (participants will not continue to the next station before participants can shoot the ball into the rim from a certain distance).

Station 6: Participants will shoot (kick) the futsal ball into the mini-futsal goal (participants will not continue to the next station before participants can shoot the ball into the minifutsal goal from a certain distance).

Station 7: Participants run to the finished line

The first participant who finishes the line wins.

Sports U5 (4-5 yrs)

Participants will be divided into 3 groups to do courses accompanied by one (1) adult and 1 shadow teacher as a judge. There are eight (8) obstacles in a course.

Station 1: Participants will step over the hurdles.

Station 2: Participants will jump through hoops.

Station 3: Participants will step on the stepping stones.

Station 4: Participants will stand in one hoop, then receive the ball from the coach (participants will not continue to the next station before participants can receive the ball without any help from an adult). Station 5: Participants will shoot the ball into the mini basketball rim (participants will not continue to the next station before participants can shoot the ball into the rim from a certain distance).

Station 6: Participants will stop the ball using their feet.

Station 7. Shoot (kick) the ball into the mini-futsal goal (participants will not continue to the next station before participants can shoot the ball into the mini-futsal goal from a certain distance).

Station 8: Participants run to the finished line

The first participant who finishes the line wins.

Multi-Sports Schedule

Semi-Final

Date	Time	Competitions
Sunday, 10 May 2026	10:00 - 12:00	Multi-Sports U3
	13:00 - 15:00	Multi-Sports U5

Final

Date	Time	Competitions
Sunday, 24 May 2026	10:00 - 10:45	Multi-Sports U3
	MULTI-SPORT U3 AWARDING	
	11:00 - 11:45	Multi-Sports U5
	MULTI-SPORT U5 AWARDING	

Uniform

1. All participants and parents (adults) need to wear comfortable sports outfit.
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

Venue

Sports Court, Rockstar Academy Gajah Mada Plaza



Awarding Ceremony

1. Awarding Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).

Baby Gym Procedures



Registration

1. Participants must register at the Front Office. All Fees Are Non-Refundable.
2. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts.
3. Participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
4. Participants must check and follow the competition schedule.
5. Participants are required to wait at the designated area and wait to be called by the committee.
6. Disqualification will be given to participants who are:
 - Late and are not able to present themselves after being called three (3) times.
 - Not following Competition regulations.
 - Attend competition by the wrong age category.
 - Trying to approach judges (related to the parents as well)
 - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

Uniform

1. All participants and parents (adults) need to wear comfortable sports outfit.
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

Baby Gym Schedule

Semi-Final

Date	Time	Competitions
Sunday, 10 May 2026	10:00 - 11:00	Crawler 6-11 mo
	11:00 - 12:00	Walker 12-23 mo
	13:00 - 15:00	Jumper 24-35 mo
	15:00 - 17:00	Tots Gym 3-4 yrs

Final

Date	Time	Competitions
Sunday, 24 May 2026	10:00 - 10:20	Crawler 6-11 mo
	CRAWLER AWARDING	
	10:30 - 10:50	Walker 12-23 mo
	WALKER AWARDING	
	11:00 - 11:20	Jumper 24-35 mo
	JUMPER AWARDING	
	11:30 - 11:50	Tots Gym 3-4 yrs
	TOTS GYM AWARDING	

Competition Rules & Regulations

Baby Crawler

1. Babies between 6-11 months may enter the contest as long as they are not walking yet.
2. Babies below 6 months and above 12 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, can be encouraged to crawl to the finish line.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to food to lure.
6. Only maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Babies do not have to stay in their own lanes and rarely do.
12. Any baby standing up or begin to walk will be disqualified.
13. Any motivational strategy can be used: parents can wave toys, cell phones or keys to entice their little one to cross the finish line. No load or bad words are allowed.
14. Baby will start at the edge of the start line and first baby to crawl o the finish line wins! Baby must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
15. In case the final line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
16. Participants with the same time result will be invited for extra competition to verify winner.
17. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
18. Strictly no food and drinks are allowed at the competition area!

Competition Rules & Regulations

Baby Walker

1. Babies between 12-23 months may enter the contest as long as they have started walking.
2. Babies below 12 months and above 24 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, will start a bean bag race.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to use food to lure.
6. Only a maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on the competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Any motivational strategy can be used: parents can wave toys, cell phones or keys to entice their little one to cross the finish line. No loud or bad words are allowed.
12. Baby will start at the edge of the start line and first baby to pass the finish line wins! Baby must cross the finish line to be the winner. Each group has a max of 5 min to cross the finish line.
13. In case the finish line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 of the fastest winners of Semi-Finals will be qualified to the Finals.
14. Participants with the same time result will be invited for extra competition to verify the winner.
15. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
16. Strictly no food and drinks are allowed at the competition area!

Competition Rules & Regulations

Baby Jumper

1. Babies between 24-35 months may enter the contest as long as they are participate Jumper class.
2. Babies below 24 months and above 36 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, will start an obstacle bean bag race.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to food to lure.
6. Only maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Baby will start at the edge of the start line and first baby pass the finish line wins! Baby must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
12. In case the final line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
13. Participants with the same time result will be invited for extra competition to verify winner.
14. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
15. Strictly no food and drinks are allowed at the competition area!

Competition Rules & Regulations

Tots Gym

1. Kids between 36-47 months may enter the contest as long as they are participate Tots Gym class.
2. Kids below 36 months and above 48 months on the competition day will not be able to participate in the contest.
3. Kids will line up at the start line and at the signal, will start an obstacle bean bag race.
4. Parents/legal guardians are not allowed to enter the competition area.
5. Kids will start at the edge of the start line and first child pass the finish line wins! Kids must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
6. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
7. Participants with the same time result will be invited for extra competition to verify winner.
8. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
9. Strictly no food and drinks are allowed at the competition area!

Awarding Ceremony

1. Awarding Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).

Disclaimer of Liability

Participation in all sports and performing arts activities—including but not limited to gymnastics, swimming, basketball, futsal, multi-sports, pickleball, table tennis, tennis, martial arts, parkour, ballet, dance, Broadway, contemporary dance, and cheerleading—involves inherent risks of physical injury or health-related incidents.

While RockStar Academy and its event organizers take all reasonable precautions to create a safe and supportive environment—including the provision of qualified medical personnel on standby during events (where applicable)—we shall not be held liable for any injuries, accidents, or medical conditions that may arise during training sessions, rehearsals, or competitions.

By participating in any activity, members and their parents or legal guardians acknowledge and accept full responsibility for all associated risks and confirm that their participation is entirely voluntary.

Please ensure you have thoroughly reviewed the event guide. Submission of your registration and payment constitutes your full understanding and acceptance of all event terms and conditions.

We remain fully committed to safety and emergency readiness; however, the final responsibility lies with each participant and their parent or guardian.

RockStar Academy's Events / Competition Code of Conduct

To maintain the integrity and spirit of the RockStar Academy's Events (Testing / Recitals) & Competitions, all participants, parents, coaches, and supporters are required to adhere to the following guidelines:

1. Positive Conduct:

All communication, including on social media, must reflect positivity and respect. Negative, offensive, or harmful content directed at the competition, participants, staff, or organization will not be tolerated.

2. Judges' Decisions:

All judges' scores and decisions are final. Participants and supporters are expected to respect these outcomes without dispute.

3. Respect and Sportsmanship:

Competitors, parents, and coaches must demonstrate respect toward fellow participants, staff, and opponents at all times. Good sportsmanship is a core value of this competition.

4. Dispute Resolution:

Any disputes, concerns, or appeals must be submitted only by email (studentcare.id@rockstaracademy.com) to the designated competition address. Such matters must not be raised during event/competition time to ensure a smooth and professional event.

5. Compliance and Consequences:

Failure to comply with these guidelines may result in sanctions, including the disqualification of an individual or team, at the discretion of the organizing committee.

6. Agreement to Terms:

By submitting payment for the event/competition, participants and their representatives acknowledge and agree to all Terms & Conditions outlined in this Guide.



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