



RAD

Ballet Testing

Syllabus 1

Competition Guide

Ballet Testing

Summer Term 2026

2nd - 3rd May 2026

Ground Floor Atrium, Gajah Mada Plaza Mall

Registration Period

At every Academy's Front Desk,
based on the level that students will get tested

Saturday, 2 May 2026
(Primary, Grades 3 & 4)

Membership

Registration Period		VIP		Premiere	
		All Academy except 23 Paskal	23 Paskal Bandung Only	All Academy except 23 Paskal	23 Paskal Bandung Only
Early Bird	10 April - 26 April 2026	228,000 IDR	178,000 IDR	248,000 IDR	228,000 IDR
Regular	27 April - 1 May 2026	248,000 IDR	198,000 IDR	288,000 IDR	248,000 IDR
Event Day	2 May 2026	268,000 IDR	228,000 IDR	338,000 IDR	288,000 IDR

Competition Guide: Syllabus 1 | Ballet Testing 2026

Sunday, 3 May 2026
(Grades 1, 2 & 5, Intermediate Foundation, Intermediate & Advance Foundation)

Membership

Registration Period		VIP		Premiere	
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About RAD Ballet Testing

1. RockStar Academy RAD Ballet Testing is a part of RockStar Academy commitment to facilitate our Ballet students to learn Vaganova Syllabus & experience the professional Ballet Exams to obtain Certification in Ballet.
2. Students perform Ballet syllabus 1 (Summer Term) and Ballet syllabus 2 (Winter Term)
3. Upon completion of the testing, students will receive a Gold, Silver or Bronze Pin and a Internal Certificate based on the results.
4. RockStar Academy RAD Ballet Testing is judged by a certified Ballet Instructor.

Scoring System

Score	Result	Award
75 – 100	Distinction	Gold
55 – 74	Merit	Silver
40 – 54	Pass	Bronze
0 – 39	Standard Not Attained	N/A

Certificate 1 (Summer Term)

Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Conditioning	Barre: Port de Bras	Barre: Demi-Plié	Barre: Plié	Barre: Plié & Port de bras	Barre: Grand Plié
Legs & Back	Barre: Demi-Plié	Barre: Tendu & Jeté	Barre: Tendu & Jeté	Barre: Tendu & Jete in poses	Barre: Tendu & Jeté
Plié	Barre: Tendu	Barre: Rond de jambe à terre & Port de bras	Barre: Rond de jambe à terre & Attitude	Barre: Fondu & Rond de jambe à terre	Barre: Double Fondu & Rond de jambe à terre
Tendu	Barre: Jeté & Passé	Barre: Fondu	Barre: Fondu & Doubles	Barre: Frappé & Rond En l'air	Barre: Rond En l'air & Petit battements
Port de Bras	Barre: Demi Rond & Arabesqué	Barre: Grand Battement	Barre: Frappés & Soutenu	Barre: Adagio	Barre: Adagio in Grand Poses
Transfer of Weight & Run	Chassé & Skips	Barre: Sauté & Changement	Barre: Grand Battement	Barre: Grand Battement in Grand Poses	Barre: Grand Battement & Fouettés
Allegro		Sauté & changement	Barre: Pointe Relevé	Barre: Pointe Relevé Echappé	Center Pointe: Echappé & Relevé
		Echappé & Assemblé	Barre: Pointe Echappé	Barre: Pointe Sissonne Par de bourrée	Center Pointe: Pas Sou-sous & Pas de bourrée

Intermediate Foundation	Intermediate	Advance Foundation
Barre: Plié	Barre: Grand Plié	Barre: Demi & Grand Plié
Barre: Tendu pour batterie & eté passé	Barre: Tendu & Jeté with fouetté	Barre: Battement tendu & Jeté
Barre: Rond de jambe à terre & Fouettés	Barre: Rond de jambe à terre & Grand Rond de jambe jeté	Barre: Rond de jambe à terre & Grand Rond de jambe jeté
Barre: Fondu in small poses	Barre: Fondu fouetté & Grand Fondu	Barre: Fondu fouetté & Grand Fondu
Barre: Rond En l'air & Petit battements	Barre: Rond En l'air & Tombe coupé	Barre: Rond En l'air & Tombé Fouetté
Barre: Adagio in Grand Poses	Barre: Developpé Tombé in Grand Poses	Barre: Adage
Barre: Grand Battement & Changements	Barre: Grand Battement & Pirouetté	Barre: Grand Battement & Grand Battement Developpé
Center Pointe: Echappé en tournant	Center Pointe: Echappé en tournant	Center Pointe: Echappé en tournant
Center Pointe: Sissonne Simple & Pas de bourrée	Center Pointe: Sissonne Simple & Pas de bourrée en tournant	Center Pointe: Sissonne Simple
Center Pointe: Pas Jeté	Center Pointe: Pas Ouverte & Pirouettés	Center Pointe: Pas Jete En tournant & Chaines
	Center Pointe: Pas Jete & Pirouettés	Center Pointe: Pas Jete & Pirouettés

Participant's Requirements

1. All RockStar Academy Students from Primary, Grades 1-5, Intermediate Foundation, Intermediate & Advance Foundation classes who passed on the performance week.
2. Long hair must be tied in a bun/short hair must be tie as neatly groomed and styled off the face and neck so that the line of the head and neck is not obscured.
3. All uniform should be clean and well-fitting, and underwear should not be visible.
4. Jewelry should not be worn, unless required for religious or cultural reasons.
5. Where used, makeup should be kept light and to a minimum.
6. Participants must use the Uniform accordingly with their level and RAD requirements:



Leotard - marine blue, short sleeves or sleeveless
Wrap skirt (color match to leotard)
 Pink socks.
 Soft shoes (prefer leather).
 No stockings needed.

Primary



Leotard - scooped neck baby pink, short sleeves or sleeveless, with or without elastic belt.
 Canvas or leather shoes.
 Soft pink tights.
 No skirt needed.

Grade 1



Leotard - scooped neck lavender, short sleeve or sleeveless, with or without elastic belt.
 Canvas or leather shoes (split sole is permitted).
 Soft pink tights.
 No skirt needed.

Grade 2



Leotard - scooped neck fuchsia pink, short sleeve or sleeveless, with elastic belt.
 Canvas or leather shoes (split sole is permitted).
 Soft pink tights.
 No skirt needed.

Grade 3



Leotard - scooped neck red, short sleeve or leevless with elastic belt. Canvas or leather shoes (split sole is permitted). Soft pink tights. No skirt needed.

Grade 4



Leotard - scooped neck navy, short sleeve or leevless with elastic belt. No skirt needed. Canvas or leather shoes (split sole is permitted). Soft pink tights. Pointe shoes (Intermediate & Above).

*Grade 5 / Intermediate Foundation
Intermediate / Advance Foundation*



Tutu - will be used during pointe shoes routines (supported by RockStar Academy - parents no need to buy)

Level 3 & Above

Rundown

Saturday, 2 May 2026

<i>RAD Grade</i>	<i>Academy</i>	<i>Pre-Registration</i>	<i>Testing</i>
<i>Primary</i>	<i>GM, KK, PA, CP, HS</i>	<i>09:00 - 10:00</i>	<i>10:00 - 12:00</i>
<i>Primary</i>	<i>KV, MI, GC, AD, LE</i>	<i>11:00 - 12:00</i>	<i>12:00 - 14:00</i>
<i>Break Time</i>			
<i>Primary</i>	<i>PV, LP, LB, TC, PS</i>	<i>14:00 - 15:00</i>	<i>15:00 - 17:00</i>
<i>Primary</i>	<i>LW, GB, AS, PK, AB</i>	<i>16:00 - 17:00</i>	<i>17:00 - 19:00</i>
<i>Grade 3 & 4</i>	<i>All Academy</i>	<i>18:00 - 19:00</i>	<i>19:00 - 20:00</i>

Sunday, 3 May 2026

<i>RAD Grade</i>	<i>Academy</i>	<i>Pre-Registration</i>	<i>Testing</i>
<i>Grade 5, Intermediate Foundation Intermediate, Advance Foundation</i>	<i>All Academy</i>	<i>09:00 - 10:00</i>	<i>10:00 - 12:00</i>
<i>Grade 1</i>	<i>GM, KV, KK, PA, PK, AS, TC</i>	<i>11:00 - 12:00</i>	<i>12:00 - 14:00</i>
<i>Break Time</i>			
<i>Grade 1</i>	<i>LB, PV, GC, GB, LP, AD</i>	<i>14:00 - 15:00</i>	<i>15:00 - 17:00</i>
<i>Grade 1</i>	<i>MI, CP, LW, AB, PS, HS, LE</i>	<i>16:00 - 17:00</i>	<i>17:00 - 19:00</i>
<i>Grade 2</i>	<i>All Academy</i>	<i>18:00 - 19:00</i>	<i>19:00 - 21:00</i>

General Procedures

1. All students who are registered in RockStar Academy Ballet Program are eligible to register for this testing.
2. Students must register based on their level. Kindly consult with your child's Ballet Instructor and ensure your child's ballet level before registering.
3. There is a different schedule for each level. Kindly check the schedule before registration.
4. Registration must be done at our Front Desk. No cash payment is allowed.
5. Parents will receive a receipt as a proof of payment which must be kept and presented during Pre-Registration process on the day of the event.
6. All registration fees are non-refundable.

Pre-registration

1. Student must pre-register at the registration area, minimum one (1) hour before testing.
2. Registration Room is located at GF Atrium, Gajah Mada Plaza.
3. Student must present the proof of payment/registration receipt to the committee on pre-registration and will receive a score card.
4. Committee will write the student's name on the score card.
5. Student must be ready in the correct costume according to the dress code provided in this booklet.

Testing Rundown

1. Student will standby at the designated location at the Testing Area 30 minutes before the testing time GF Atrium, Gajah Mada Plaza.
2. Student will be seated in the standby area and be provided with a chest number 30 minutes before Testing.
3. Student is required to wait at the designated space and wait to be called by the committee.
4. Students will perform the routines based on their grade/syllabus in a group.

Prize & Awards

1. After performing the routines in front of the Ballet Judge, each student will receive a final score.
2. Based on the score obtained, each student will receive a pin (Gold/Silver/Bronze), depending on the final result (check the scoring system).
3. Awarding Ceremony will be done after each individual student completes his/her testing.
4. All students will also receive a Certificate (Certificates will be distributed one month after the event):
 - Certificate of Achievement (1st Certificate of a Level)
 - Certificate of Graduation (2nd Certificate of a Level)
5. After receiving two (2) Certificates, students will be eligible move up level in RockStar Academy Ballet Program and, if wish so, to be prepared for any type of International Examination and/or Audition.
6. Please consult with your Ballet Instructor for further details.

Testing Venue

Ground Floor Atrium, Gajah Mada Plaza



REGISTRATION & PREPARATION AREA
Ground Floor Atrium, Gajah Mada Plaza



TESTING AREA
Ground Floor Atrium, Gajah Mada Plaza

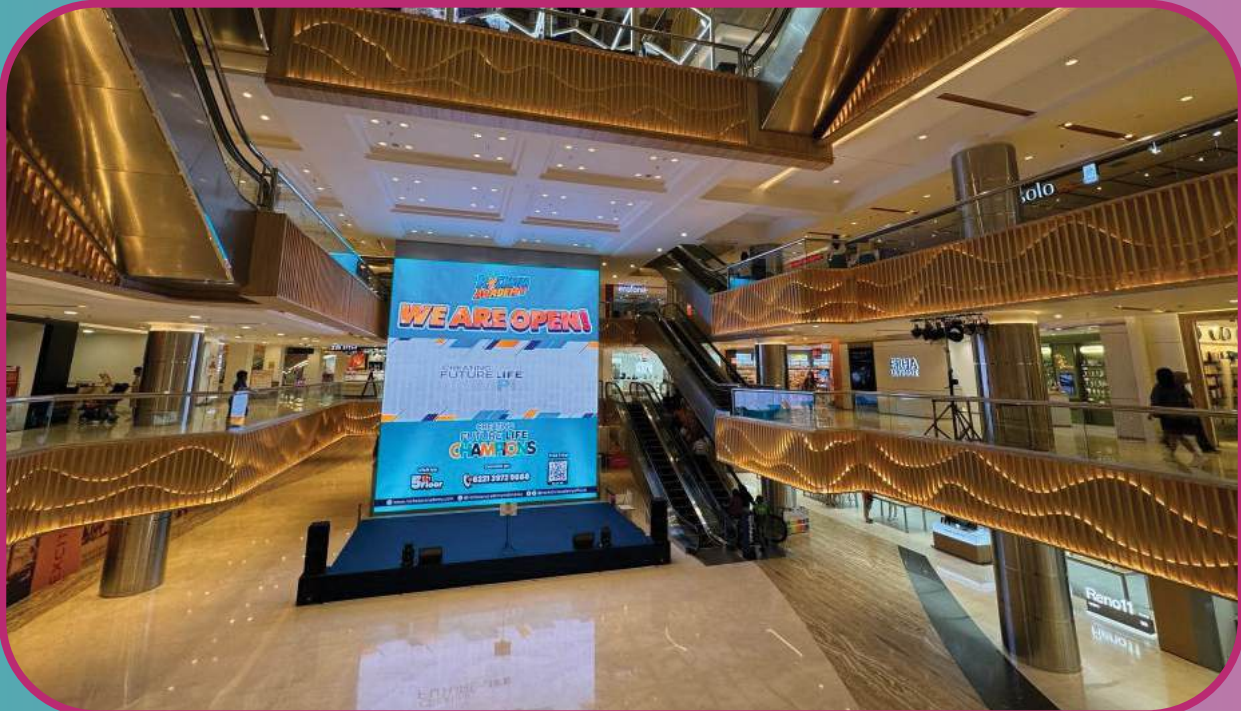


WAITING & STANDBY AREA
Ground Floor Atrium, Gajah Mada Plaza



PHOTOBOOTH & PIN PRESENTATION AREA
Ground Floor Atrium, Gajah Mada Plaza

Ground Floor Atrium, Gajah Mada Plaza Mall



Recommended Warm Up Routines



Split - 1 minute



Demi - Pliés - 10 times



Grand Pliés - 5 times



Relevés - 10 times

Emergency Procedures

The following procedures shall be implemented whenever a student is injured in the course of activities conducted at RAD Ballet Testing.

1. The instructor shall immediately notify the health personnel present at the activity and the health personnel shall assume responsibility for the emergency treatment of the student.
2. If no health personnel are present, or if none can be immediately summoned to the student's aid, the instructor shall administer such first aid as may be necessary.
3. If the student's injury requires more than routine first aid, the instructor shall:
 - Summon an emergency personnel
 - Arrange for the student's transportation to the nearest hospital
4. The instructor or his/her designee shall promptly notify the Event Manager, the Program Coordinator, and the student's parent(s) or legal guardian(s) of the student's injury and the condition and location of the student.
5. An injured student who has been transported away from the premises must be accompanied by the instructor, a member of the Event Organizer, and the parents/guardians.

Readmission to Competition Activities

A student injured in the course of a competition activity will be permitted to participate in the competition only on the written permission of the medical inspector or designated team doctor, designated school health personnel who must first examine the student to determine his/her fitness to participate in competitions. Written notice of that determination, signed by the medical inspector or designated team doctor as appropriate, shall be given to the student's parent(s) or legal guardian(s).

Disclaimer

The information provided in this Guide is of a general nature, and has been provided solely on the basis that users will be responsible for making their own assessment of it, having regard to their own circumstances, needs & requirements. While RockStar Academy endeavors to provide up to date information and guidance for your use, it may be open to misunderstanding or misinterpretation. Consequently, you should consult further with respective coordinators where you intend using this information. RockStar Academy expressly disclaims any liability associated with, or arising from the use or incorporation of the information provided in this Guide by the user.

Disclaimer Of Liability

Participation in all sports and performing arts activities—including but not limited to gymnastics, swimming, basketball, futsal, multi-sports, pickleball, table tennis, tennis, martial arts, parkour, ballet, dance, Broadway, contemporary dance, and cheerleading— involves inherent risks of physical injury or health-related incidents.

While RockStar Academy and its event organizers take all reasonable precautions to create a safe and supportive environment—including the provision of qualified medical personnel on standby during events (where applicable)—we shall not be held liable for any injuries, accidents, or medical conditions that may arise during training sessions, rehearsals, or competitions.

By participating in any activity, members and their parents or legal guardians acknowledge and accept full responsibility for all associated risks and confirm that their participation is entirely voluntary.

Please ensure you have thoroughly reviewed the event guide. Submission of your registration and payment constitutes your full understanding and acceptance of all event terms and conditions.

We remain fully committed to safety and emergency readiness; however, the final responsibility lies with each participant and their parent or guardian.

RockStar Academy's Events / Competitions Code of Conduct

To maintain the integrity and spirit of the RockStar Academy's Events (Testing / Recitals) & Competitions, all participants, parents, coaches, and supporters are required to adhere to the following guidelines:

1. Positive Conduct

All communication, including on social media, must reflect positivity and respect. Negative, offensive, or harmful content directed at the competition, participants, staff, or organization will not be tolerated.

2. Judges' Decisions

All judges' scores and decisions are final. Participants and supporters are expected to respect these outcomes without dispute.

3. Respect and Sportsmanship

Competitors, parents, and coaches must demonstrate respect toward fellow participants, staff, and opponents at all times. Good sportsmanship is a core value of this competition.

4. Dispute Resolution

Any disputes, concerns, or appeals must be submitted only by email (studentcare.id@rockstaracademy.com) to the designated competition address. Such matters must not be raised during event/competition time to ensure a smooth and professional event.

5. Compliance and Consequences

Failure to comply with these guidelines may result in sanctions, including the disqualification of an individual or team, at the discretion of the organizing committee.

6. Agreement to Terms

By submitting payment for the event/competition, participants and their representatives acknowledge and agree to all Terms & Conditions outlined in this Guide.



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